COVID-19 causes a mild illness for most children.1 Many kids have no symptoms. Some kids have a sore throat, mild cough, and a stuffy or runny nose. Some kids have fever, fatigue, vomiting or diarrhea, or a more serious cough.

However, SOME children with COVID-19 have a severe illness.2

MIS-C Misultisystem inflammatory syndrome in children
A rare, but very serious condition. MIS-C causes inflammation of the heart, lungs, kidneys, brain, skin, eyes, and stomach.

“LONG” COVID
A condition where symptoms last for weeks, months, or longer after COVID-19 infection (e.g., tiredness, problems with breathing, muscle pain).

HOSPITALIZATION
Hospitalization in children with COVID-19 is rare, but it still happens. In Canada, thousands of children have been hospitalized because of COVID-19.3

DEATH
Death in children with COVID-19 is even rarer, but at least 19 children in Canada have died from COVID-19.4

Vaccines are the best way to protect your child from a severe illness.

COVID-19 vaccines are safe and approved for children.

Millions of children have been vaccinated against COVID-19.

Most COVID-19 vaccine side effects are mild.5

The Pfizer COVID-19 vaccine is safe and effective. It is approved for children aged 5 to 11 years in Canada.

If your child is sick, they should:
• stay home for 5 days
• not visit people at risk of getting very sick for 10 days.2

Vaccine appointment

COVID-19 in Children

February 9, 2022

COVID-19 in Children (aged 5 to 11 years)

If your child is sick, they should:
• stay home for 5 days
• not visit people at risk of getting very sick for 10 days.2

Caring for a Sick Child3

Vaccines are the best way to protect your child from a severe illness.

COVID-19 vaccines are safe and approved for children.

Millions of children have been vaccinated against COVID-19.

Most COVID-19 vaccine side effects are mild.7

The Pfizer COVID-19 vaccine is safe and effective. It is approved for children aged 5 to 11 years in Canada.

Click here to book a vaccine appointment


Developed by Adrian Poorn, BA; Kelly Grindrod, BScPharm, PharmD; Andrea Chittle, MD, CCFP; Noah Ivers, MD, PhD, CCFP; Samira Jeimy, MD, PhD, FRCPC; Kate Miller, MD, CCFP; Menaka Pai, MSc, MD, FRCPC; Sabina Vohra-Miller, MSc; Kristen Watt, BScPhm, RPh; Holly Witteman, PhD; Samantha Yammine, PhD. Reviewed by: Rosemary Kileen, BScPhm, PGCert, RPh. Financial contribution from Focused Communication Covid Caring for a Sick Child 3