

# “I got AstraZeneca for my first dose. Which vaccine should I get for my second?”

1 Getting AstraZeneca for your first dose was the **right** decision. It’s protecting you and others from severe Covid-19.

2 Now, it’s most important to **get a second dose of any vaccine**. Any second dose helps you be fully immunized and protects you better against the variants.

3 Deciding on either **AstraZeneca** or **Moderna or Pfizer\*** for your second dose:  
\*Moderna and Pfizer have similar benefits and side effects. It doesn’t matter which one you get.

## AstraZeneca

- A second dose of AstraZeneca may offer less protection against the variants than Moderna or Pfizer.
- It might be best to get AstraZeneca now if you have to wait several weeks for Moderna or Pfizer.
- The risk of a severe blood clotting disorder from the second dose of AstraZeneca is estimated to be 1 in 600,000.<sup>†</sup>

<sup>†</sup>This number may change as we learn more.

- With any vaccine you get for your second dose (**AstraZeneca, Moderna, or Pfizer**), you may feel more, the same, or fewer side effects than your first dose. Side effects can include a sore arm, fatigue, headache, body aches, and chills for 1-3 days.

## Moderna or Pfizer

- A second dose of Moderna or Pfizer may offer more protection against the variants than AstraZeneca.
- Canada has a large supply of Moderna and Pfizer. They may be easier to find than AstraZeneca.
- There is no known risk of blood clots with Moderna or Pfizer.



*Rest, fluids, and acetaminophen can help with common side effects from all vaccines. Some people may need to take 1-2 days off from usual activities.*



**This can be a tough choice. If you have questions about getting your second dose, ask your healthcare provider.**

→ Want more detail? Check out our [6-page summary](#).

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