

Intranasal Naloxone

is an antidote for opioids which can include:

- Codeine
- Demerol
- Hydromorphone
- Heroin
- Oxycodone
- Dilaudid
- Morphine
- Buprenorphine
- Fentanyl
- Methadone

1

Signs of an Overdose



Soft/no breath or snoring



Pinpoint pupils



Blue lips, nails, or skin



Cold, clammy skin



Limp body



Doesn't respond to shouting

2

Call 911

3

Give Naloxone



Peel the package open



Place your thumb on the plunger



Press plunger firmly into nostril

(after **step 4**)



If they aren't breathing after 2-3 min, give another dose

4

Check The Person's Breathing

Breathing



Put person in recovery position

- Hand supports head
- Knee stops body from rolling onto stomach

Not Breathing



Give compressions until help arrives

Push hard and fast in center of chest to the beat of *Stayin' Alive*

5

Stay Calm

Don't put them in a bathtub/shower
Don't stand them up

Don't inject stimulants (ie. meth)
Wait for help to arrive

More info:

<http://harmreduction.org/issues/overdose-prevention/overview/overdose-basics/>
<http://www.ccsa.ca/Resource%20Library/CCSA-CCENDU-Take-Home-Naloxone-Canada-2016-en.pdf>
<http://www.albertahealthservices.ca/info/page12491.aspx>
<http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6423a2.htm>