The Benefits of Vaccinating Children
Against COVID-19
(aged 5 to 11 years)

- Much lower risk of illness
- Lower risk of complications including MIS-C* and Long Covid
- Lower risk of spread to friends and family
- May not need to miss school or activities after an exposure
- Safely enjoy fun activities like hockey
- All kids can enjoy being kids again

All children deserve to safely enjoy school and activities. Vaccines help get us there.

COVID-19 can cause serious illness and death in any child. Social factors and health conditions mean that the risks for some children are higher. Getting vaccinated protects children and those around them.

*MIS-C (Multisystem Inflammatory Syndrome in children) is rare but very serious. It causes inflammation of the heart, lungs, kidneys, brain, skin, eyes, and stomach.

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