ASSESSING for Adaptation & Renewals

There are many ways to assess a patient in Ontario. Whatever your approach, remember to check on these 4 things!





ex. If a patient is given ramipril for hypertension, make sure they're responding well and take their blood pressure.

Any recent changes to their medical history?

ex. If the patient is taking levothyroxine, ask if they started taking a mineral supplement such as iron or calcium.



Any side effects?

ex. If the patient is taking simvastatin, do they have difficulty raising their arms or rising from a chair (myopathy)?

Any missed doses?

ex. How often does the patient skip a dose? Can they afford their pills?

