

PHARMACY PHILE

University of Waterloo Society of Pharmacy Students

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OPA CONFERENCE 2013... EXPECTATIONS BEATEN

*Andrew Hamilton, Student Observer
OPA Board of Directors*

I think I speak for many people when I say the 2013 OPA Conference took people's expectations, beat them, and then laughed as you stood there a little dazed. On the Thursday evening I saw OPA's CEO Dennis Darby proclaim with a big smile that this year's conference had the largest turnout in its history. A strong shout out goes to UW Pharmacy students who attended in considerable number. No official stats were given, but I'm pretty sure we beat out UofT students in attendance, even in their home turf.

Speaking of attendance, and absolutely worth mention, is the attendance of Health Minister Deb Matthews. She gave a great speech at Friday night's Wine and Cheese Reception, which laid out some of the government's appreciation for what pharmacists have accomplished since the rollout of the expanded scope of practice. It was also crystal clear that Deb Matthews appreciates the many ways that pharmacists are going to be able to improve healthcare in the future.

At the Saturday night Gala Awards Banquet, as if we were not already impressed, Ontario Premier Kathleen Wynne emerged onstage. Premier Wynne gave a

fantastic speech that impressed a lot of people in the audience including myself. The best part of her presence though was the significance behind it. Pharmacists and other attendees at the conference had a lot to say about how impressive it is to have both the Minister of Health AND the Premier attend our conference. This was outstanding. The general feeling was that our government had served notice that they know how important pharmacists are in the healthcare system they are building, and will have our back as we go forward in new roles.

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OPA Conference 2013...
Expectations Beaten
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The education and networking events at the OPA Conference were all first rate. The speaking events which took place during the day were fantastic opportunities to listen to colleagues share their ideas and continue to push our profession forward in new and exciting directions. There was definitely something for everybody, and this year even incorporated a stream geared toward hospital pharmacy. The networking events provided the ideal platform to meet future employers, brush shoulders with big pharma and key players in our industry, as well as meet and share some laughs with our future colleagues.

I'd like to take a moment to congratulate Kaitlin Bynkoski for representing UWaterloo very well and winning the Student of Distinction Award. Not only did she give a very empowering speech, but also her composure while speaking in front of 600+ people was downright commendable.

Overall I believe that every participant of the conference who is reading this is thinking back on the conference with a smile. Like any memorable experience, it is usually the people who make it great. This year's conference had no shortage of remarkable people. There was so much more to the event than there is space to write about here. In essence it was both educational and fun. Next year's conference will have very large shoes to fill. I cannot wait to attend and I hope you will attend as well.



SOPhS Council 2012-2013



SOPhS COUNCIL 2013-2014

- | | |
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| OPA Student Representative
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| OB-CSHP Representative
Arpita Desai | Faculty Advisor to Council
Roderick Slavcev |
| OB-CSHP Rep-Elect
Nandita Chhaniyara | |

MESSAGES FROM SOPHS COUNCIL

President & Vice-President

Dear Students, Faculty and Staff,

The halfway point of our Spring term is quickly approaching, and there are many updates to share. First off we would like to acknowledge all of the students who ran for this year's SOPhS elections, and congratulate all of those who were successful during the running. This year saw a large number of applicants who ran, an inspiring showing of student interest in getting involved with the student body. Please take a look at the student bios of your newly elected SOPhS committee and congratulate them when you get a chance. For those who were not successful during the elections, please do not get discouraged and continue to get involved with the school through attending events, volunteering your time or joining subcommittees.

This past month, our students have done a fantastic job representing the University of Waterloo Pharmacy program proudly on both a provincial and national level. In Prince Edward Island, students across Canada gathered for the annual CPhA conference. Speaking with students, the conference was a huge learning experience and we encourage all of you to attend similar events in the upcoming years. A large shout out goes to Marcus Walz, who represented our school this year by winning the Centennial leadership award - Awesome work Marcus!

Also in the past month was the Ontario Pharmacist Association conference. We are proud to say that over 130 of our students were at the conference in bright spirits displaying enthusiasm for the speeches and events taking place. The conference hosted many informative and entertaining presentations, given by some of the leading professionals in our field. A huge congratulations to Andrew Hamilton, who began the conference by receiving the honour of student OPA representative. Further honours were given to Kaitlin Bynkoski, who received the student of distinction award at the closing gala. Bynkoski's commitment to leadership over the past four years has positively impacted our program and student body. She is a benchmark for school pride and student success.

The remaining of the term is quickly coming to an end with many events planned. We look forward to joining you all in the upcoming Run for the Cure Sports Day and Pharmacy Formal. If you have any sugges-

tions or feedback for our council this term, please let us know. We will be hosting a town hall meeting in the end of July so you can always share your comments then.

Until next time,

Marcus Walz & Jonathan Potvin

GET TO KNOW YOUR NEW COUNCIL MEMBERS

President-Elect

I'm Jennifer MacKenzie and the SOPhS President Elect. My main goal for this year is to work closely with the VP Elect and Marketing Director to organize Phrosh Week 2014! I will be representing our school with pride and professionalism and will keep your best interests at heart!

Jennifer MacKenzie, Rx2016

Vice President-Elect

As the next Vice President I look forward to not only being able to voice my own opinion on matters but also be the voice of the students. I hope to bridge the gap between faculty and pupils, and make sure the needs of my classmates, whether academic or social, are met.

Samaira Hasan, Rx2016

Executive Secretary

My goals for the upcoming term are to work hard to fill the requirements of my SOPhS position as secretary. I will keep all council members up to date on events. I hope the rest of the council and I can make this upcoming year successful and fun for the entire student population.

Meredeth Ivall, Rx2016

Marketing Director

In my spare time, I like to cook, play music, and draw. I hope to apply my diverse talents to the council by maintaining sponsorship relationships and actively seeking out new partnership opportunities. As a first year, I look forward to meeting new friends and building my professional skills.

Elaine Dinh, Rx2016

Jr. Finance Director

My desire in this role is to give students more of a say in where their money goes by acting as a liaison between students and SOPhS specifically for financial matters, and to help increase transparency between SOPhS and students.

Meredeth Ivall, Rx2016

Jr. Communications Director

My goal is to learn as much as possible from the Sr. Communications Director and work in conjunction with her to make the Pharmacy Phile newsletter the best it can be. I also hope to help with the set up of the student housing database on the SOPhS website. As Junior Communications Director, I want to keep the student body informed about SOPhS initiatives and I want to promote the University of Waterloo School of Pharmacy.

Marissa Belcamino, Rx2016

Interprofessional Rep

For the upcoming year my goals are to ensure all students enjoy fun filled events and become more informed of the role of other health care professionals. I look forward to collaborating with students in other professional schools and building strong foundations for our future careers.

Tara Labate, Rx2016

OPA Student Rep

My name is Andrew Hamilton and I grew up on a Farm near Delhi Ontario. After completing my degree in Biochemistry at UWaterloo, I realized that pharmacy was the direction I wanted to pursue. Ultimately my goal with OPA is to represent our student voices and perspectives during board meetings, as well as increasing student participation with the Ontario Pharmacists Association.

Andrew Hamilton, Rx2015

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Messages from SOPhS Council

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FEDS Rep

My name is Linda Chen and I am excited to be your FEDS Rep for 2013-2014. In the past, I have worked with FEDS as the coordinator for a FEDS student service - Food Bank. I became familiarized with the student services and opportunities to get involved on main campus. As your Federation of Student Representative, I hope to improve communications between main campus and our school. If you ever have any questions related to main campus, feel free to send me an email at lindachen101@hotmail.com

Linda Chen, Rx2016

CSHP-OB Rep-Elect

My goals in this position are to communicate and raise awareness for Hospital Pharmacy roles, to aid in the education of Waterloo Pharmacy students about Residency Programs and to plan a seminar with Waterloo Pharmacy students and current Hospital Pharmacists and Residents. As the CSHP - OB student rep I want to be an approachable resource for our students and to provide guidance in the area of Hospital Pharmacy and to support and encourage students with their goals in Hospital Pharmacy.

Nandita Chhaniyara, Rx2015

Graduation Director

As the next graduation director, I look forward to providing Rx2014 with an eventful and memorial final year at the School of Pharmacy. I hold a sincere passion to organize several events that will allow us to celebrate our successes as pharmacy students and as future colleagues. I'm thrilled to have a great group of students that have joined the council that aim to provide Rx2014 with a memorable final year in a significant chapter of our their lives.

Lilly Yonadam, Rx2014

Yearbook Editor

My name is Marisa Ramandt and I am pleased to be your 2013 Yearbook Editor. A very important part of pharmacy is building professional relationships and having fun with your pharmacy friends! I'm working hard, along with your Yearbook

Committee, to bring you a creative and affordable yearbook to showcase your favorite pharmacy memories. Don't hesitate to send me photos (marisa.ramandt@gmail.com) because even though memories may fade, pictures last forever!

Marisa Ramandt, Rx2015

Recruitment Director

As an enthusiastic student who is passionate about pharmacy, I have been involved with a number of groups both within our school community and on a national level. I am continuously inspired by intelligence and creativity of my peers and feel fortunate to belong to the UW phamily. I happily promote both our students and our profession wherever I go - true story.

Danielle Paes, Rx2014

Rx2015 Class Rep

My name is Holly Meginnis and I am the 2015 Class Representative. I am from a small town but a big family and I have the cutest dog in the world! My main goal for this term is to make sure Rx2015 is satisfied with how the school term is running.

Holly Meginnis, Rx2015

Rx2016 Class Rep

During this term I want to get a calendar up using the SOPhS website. I want to make sure that every student is kept in the loop whether it is through social media or via email. I welcome every opportunity to represent the class and I can be contacted anytime.

Jacque Peters, Rx2016

Rx2016 Athletic Rep

I am very excited to represent the class of Rx 2016 as the Athletic Rep. My goal for this term is to increase the accessibility of athletics to our class. I am planning on organizing sporting events with our upper years, intramural teams, and hopefully get tickets to see Raptors or Blue Jays games. I am looking forward to an active and exciting term!

Taelor Tennant, Rx2016

Rx2016 Social Rep

As the Social rep for Rx2016 I want to try and put some fun events together for my class and peers. I look forward to taking input from everyone and making some magic happen!

Arvind Singh, Rx2016

Rx2016 SCAC Rep

SCAC is excited to be joining SOPhS! The student co-op advisory committee functions to keep students informed on the co-op process. Co-op is one of the best ways to learn about yourself, both personally and professionally. My goal is to help all students find this value in their work terms.

Ashlie Altman, Rx2016

Questions or concerns relating to issues that you feel can be addressed by SOPhS? Feel free to directly contact any SOPhS Council member or just send us an email at pharmsoc@uwaterloo.ca to be adequately redirected!

The Spring 2013 semester's Town Hall Meeting will be taking place on Monday, July 29th, 2013 at 8pm. Be sure to check your emails for more information in the coming weeks!



CPhA CONFERENCE... AN ADVENTURE OF A LIFETIME

It was a moment of nostalgia as I stepped off the plane in Charlottetown, PEI. This was not because I had ventured there in the past but because of how much this homely town reminded me of the place I grew up, my hometown of Sault Ste. Marie. Although my first perception of the town brought back familiarities of my childhood, nothing that was about to happen for the next week would remind me of anything I had experienced before.

As I stepped out of the cab that had just taken me to the beautiful old-fashioned hotel known as the Rodd, I was greeted with a sign that wrote, "Welcome Canadian Pharmacists' Association (CPhA) Conference Participants." As the recipient of the CPhA Centennial Leadership Award for the University of Waterloo School of Pharmacy, I was extremely excited for the week ahead of me that the CPhA set up for the award winners. This prestigious award is given to only one pharmacy student from each of the ten schools of pharmacy in Canada every year. The award is named so because of the year it was conceived, 1967, which also happens to be the centennial year of Canada. There have been many influential people in the field of pharmacy that have received this award, such as our very own Dr. David Edwards. I was very honoured, to say the least, to be selected to represent our school at the conference.

After acquainting myself with the town, I met up with the other award winners at one of the many amazing restaurants found throughout Charlottetown. While enjoying a meal filled with delicacies from the ocean with a new group of people, I quickly realized that I was about to spend the week with individuals that share very similar goals to myself and also see the profession in the same way as I do; with so much potential. What I was most amazed with was how culturally unique we all were from each other as we all grew up in different areas of Canada. However, our differences quickly



disappeared, as these individuals quickly turned into some of my best friends.

One of the many perks being a Centennial Award winner was the two days filled with team building events put together by the CPhA. Our first day began with a culinary adventure set in the sand dunes of PEI. Here, we were whisked away by boat to a secluded island where our group was split into two as we set out and traversed the sand in order to dig for cooking utensils. After finding our utensils, we were given cooking lessons from one of Eastern Canada's top culinary experts, Chef Ross. I was able to use my prior cooking knowledge to lead our team and create an exquisite dish inspired by the British, the sandwich. We also got to experience how to properly shuck an oyster as well as cook mussels. The day was absolutely gorgeous and a perfect way to begin our conference together.

The next day began at breakfast with the CPhA Board of Directors. It was very inspiring conversing with some of the leaders in our

field. Later on that day, we were taken on a tour of the town by Sir John A. MacDonald and discovered the rich history behind the buildings and landmarks that still stand strong despite their age. After the tour, we were taken on a Harbour Cruise where we spent a couple of hours on the ocean taking in some of the most beautiful views I have witnessed in my life. Throughout the pre-conference activities, our group was able to further build our friendship as well as experience the magnificent culture of Prince Edward Island together.

After our pre-conference activities concluded, the CPhA Conference began. On the first night of the conference during the Awards ceremony, we were serenaded by violin to our seats. It was an amazing experience accepting my award in front of others who have shaped our field into what it is today. We had many opportunities to network with other fellow pharmacists during the nighttime events as we got to experience how the hometown people celebrate.

Overall, the conference gave me a feeling of optimism towards our profession as well as respect for the leaders in pharmacy. Being able to spend so much time with such a strong group of individuals has made me extremely excited for what the future holds. I would consider each and every one of my fellow centennial award winners a good friend as we have all kept in touch since the conference. I am forever grateful to the CPhA for this opportunity and experience of a lifetime. I truly hope that my fellow classmates who are reading this article get a sense of the importance of involvement in our profession and also an understanding that these conferences truly highlight promise for our field. It was an absolute honour being able to represent the greatest pharmacy school in all of Canada by winning this prestigious award.

Marcus Walz, SOPhS President



UPDATES FROM CAPSI NATIONAL - CPhA CONFERENCE 2013

As many of you know, the Junior and Senior local CAPSI Representatives meet with CAPSI National bi-annually. This year, our first meeting was at CPhA Conference in Charlottetown, Prince Edward Island. As many exciting topics were discussed this year, we hope to give you a small taste of what was discussed at the CAPSI national meetings.

Our 2013-2014 National CAPSI Council has several new faces. First of all, we would like to congratulate the UW students who were elected into their positions on council: Saleema Bhaidani as VP Communications, Danielle Payes as CAPSIL Editor, Carly Stoneman as IPSF Liaison, and Holly Meginnis as Waterloo Junior Representative. Some UW students are completing their second year on CAPSI National: Cassandra McEwan as IPSF Student Exchange Officer, Micheal Kani as CPhA Student Liaison and Sarah Johnson as Senior Waterloo Representative. We would also like to congratulate Jaskiran Otal on being announced as the incoming CSHP Student Liaison on CAPSI National Council, and she will join our team this August. What an amazing representation of Waterloo students on council this year!

At our first meeting as a new council, we announced the topics for our upcoming yearly Health Campaign and symposiums. In January 2014, we will be hosting our HIV/AIDS Awareness Health Campaign as selected by International Pharmaceutical Students' Federation. In addition, UW CAPSI hosts two symposiums throughout the year and this year's topics include **Marketing**



Yourself and Continuity of Care. We look forward to hosting great guest lecturers for these events.

CAPSI National has announced we are participating in the annual Run for the Cure again this year. In previous years we have raised over \$5000 for this charity on a local level and over \$45,000 on a national level. If you are interested in running with us this year or donating, visit our page: http://www.runforthecure.com/site/TR/RunfortheCureFY14/Ontario?team_id=54927&pg=team&fr_id=1710). The event is being held in Kitchener October 6th, 2013 at Conestoga College Doon Park Location.

At each meeting, CAPSI National addresses key "hot topics" among pharmacy students and they work with stakeholders address these issues. This year we discussed the current entry job market, expanded scope, pharmacist NAPRA competencies and entry to practice PharmD. We also discussed up-

coming events such as PDW 2014 in Vancouver, PDW 2015 in Quebec City and PDW 2016 in Niagara Falls Ontario (hosted by UW CAPSI!). Be sure to watch out for upcoming applications for positions on the PDW 2016 council.

Finally, we are happy to announce that Melissa Li, rx 2014, won the cover design contest for our CAPSI Agendas and she won \$100 gift card to Mexx. Keep an eye out for this amazing design when the agendas are released this fall.

For more information about CAPSI National, check out capsi.ca. For information about our local council, friend us on facebook or follow us on twitter as well as check out our LEARN page. Finally, contact Sarah (waterloosr@capsi.ca) or Holly (waterloojr@capsi.ca) with any questions or if you are interested in joining CAPSI.

*Sarah Johnson and Holly Meginnis
UW CAPSI Sr. & Jr. Representatives*





MY CAPSI NATIONAL ADVENTURE ON THE EAST COAST

This June a group of us attended the annual CPhA Conference in Charlottetown PEI! The experience, much like most of my UW pharmacy adventures, was filled with intrigue, excitement, lots of learning and lots of fun! The East Coast was an awesome setting and the hospitality of the islanders was remarkable - honestly, I can't stop talking about how nice everyone was! Anyhow, somewhere between the lobster dinners, an IPFC exam, CAPSI activities and a scenic drive along the north coast, I managed to inject my pharmacy education with another dose of inspiration.

My time in Charlottetown was definitely highlighted by my introduction to the 2013-2014 CAPSI National Council; this conference marked my transition into the role of CAPSIL Editor. I sit on this council along with 6 other UW students - Carly, Cassandra, Sarah, Saleema, Holly and Mike. In our various roles we have the opportunity to interact with a group of very inspiring young people from universities across the country and provide a unified voice for Canadian pharmacy students. Our conference days were filled with many meetings and presentations; we discussed issues that ranged from the NAPRA competencies for pharmacists to plans for PDW 2014 in Vancouver, BC. Overall, many great ideas were generated at the round table talks, so you can look forward to many exciting things to come!

I have always been a strong believer in attending national conferences - they are a great forum for sharing research, keeping current with relevant pharmacy issues, learning about new therapies and meeting future colleagues from other provinces; this year I felt even more a part of the action

being on CAPSI council. It was also impressive to see all the work being done in academia, industry, hospital and community settings - while at the conference, I had the privilege of attending a practice research presentation by our own Nick Malian, as well as presenting a poster on the work Evan Steed and I did at the Bruyère Research Institute last term.

For those students who have never attended "CPhA", I would highly recommend it to add a little inspiration to your summer semester! Next year the conference will be in Saskatoon, Saskatchewan - I hope to see some of you there....perhaps as new CAPSI council members?!

Danielle Paes, Rx2014



A FIRST-TIMERS PERSPECTIVE ON CPhA

Prior to attending the CPhA Conference, I had heard only great things and was definitely not disappointed! From being in beautiful Charlottetown, PEI with true island hospitality, to educational sessions and meeting pharmacists from across the country, every aspect of the conference fully lived up to my expectations. While Rx2014 spent our spare time for the first half of the conference studying for our IPFC midterm, it was all worth it when we saw the room we were writing in... personal water pitchers and white tablecloths? Talk about service! Thanks to Dr. Edwards for taking the time to supervise us. Once that was over we were finally able to relax and fully partake in the remainder of the conference!

The days were jam packed with sessions of all kinds, and I came away feeling like I learned many valuable pearls. I really enjoyed the therapeutics sessions that were offered- some covered topics we've already learned about and some were topics that are yet to come, so it was nice to be able to reinforce some things and learn completely new information in others. Some of these included:

- An update and new tools from the 2013 Canadian Diabetes Association Guidelines
- Practical tips and guidelines for Parkinson's Disease, CKD and chronic pain
- Perspective on the risks vs. benefits of hormone therapy for menopause
- Behavioural and psychiatric symptom management in patients with dementia

There were also continuing education lunch and learns, including one about interpreting your balance sheet and income statement (Hello Pharm 350...)! A new addition to the sessions this year was one

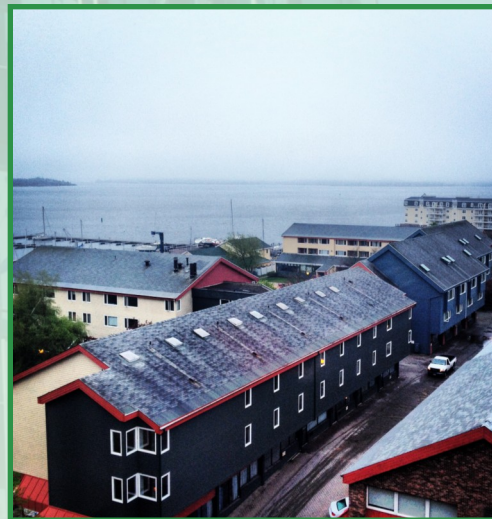


geared at students about debt management. Needless to say, the room was packed!

While the days were focused on filling our brains, the evenings were focused on filling up on the island food! You can't go to the east coast without having lobster (twice), right? A highlight of the conference was definitely the 'Bootlegger's Ball' (aka. a true east coast kitchen party), complete with a lobster feast, fantastic music and, of course, fiddling and step dancing! Islanders really do know how to have a good time!

My favourite speakers were the keynote and closing speakers, Globe and Mail columnist Jeffrey Simpson and author David Foote, known for his work on examining the baby boom, subsequent bust and the echo that are shaping our population today. These two gentlemen provided me with some profound insight. Dr. Foote took the demographics image that we've seen many times before and really got me thinking about what it actually means for the future of Canada and our health care system. As Mr. Simpson put it, health care in Canada will change more in the next 10 years than it has in the last few decades combined. CPhA 2013 left me feeling invigorated, excited for the future and proud to be a member of the amazing pharmacy community across Canada. See you in Saskatoon for CPhA 2014!

Allison Tario, Rx2014



MR. PHARMACY

The lights grow dim, with but a twinkle of the stage aglow. Anticipation rises as the moment we'd all been waiting for approaches. It's finally time to be introduced to the handsomeness that is UW School of Pharmacy.

Last month, UW CAPSI hosted our first ever Mr. Pharmacy event. For those who couldn't be there with us, imagine a classy 3-hour event, filled with grueling competition, unprecedented talent, a bounty of prizes, and last but not least, jaw dropping good looks!

With two guys representing each of the classes, we held an event mimicking that of a Miss Universe style pageant with the purpose to raise money for our local CAPSI chapter and a charity of the winner's choice.

Competitions included a wonderfully executed choreographed dance, a suave formal fashion show, and a tauntingly intriguing beachwear fashion show. This was then followed by the remarkable talent show. Words cannot describe how impressive our gentleman contestants were (I even overheard the bouncers commenting on how incredible the talents were!). 2016's Jody Brooks channeled a young Eminem in his pharmacy version of The Real Mr. Pharmacy, and Mark Bekhyt delivered a witty/hilarious/totally relatable stand-up comedy routine. I hate to say it, but these first years may have picked the wrong career as I feel these talents may just be their true calling. From the class of 2015, David Lopes so accurately portrayed the life of a pharmacy student through mime, I almost believed that's how we live every day (but then I remembered how much I talk and was convinced otherwise), while Ben Harper dazzled the audience and judges with the swift moves of one Napoleon Dynamite. It was no surprise the 2014's came to the stage to amaze us with their striking moves, from Adam Davidse doing the Dougie to Corey Tsang showing us how to pick up a girl at the gym...literally. And last, but certainly not



least, the 2013's who were more than ready to graduate from our school with a bang as Austen Finlay hugged out hearts with songs on the flute, and Julian Ellis kept us on the edges of our seats whilst playing Catchphrase (quite well, might I add) with a woman standing on his shoulders. I can't emphasize enough how impressive this portion of the show was! The final competitions included a PharmaFacts trivia challenge and the classic question-answer period. Video interviews of the contestants were played throughout the show to allow the audience to get to know the boys a little better.

The night ran smoothly with the help of our gorgeous Masters of Ceremony, Evan Steed and Jaskiran Otal. If there were an award for the most charming and clever hosts, these two would scoop it up! We were very fortunate to have a stellar panel of judges, as well! Representing UW Pharmacy Alumni - Jill Grocholsky; UW Faculty - Dr. Andrea Edginton; Waterloo Roche Rep - Paul Ewart; and from Shoppers Drug Mart - Christine Fielding. A big thank-you goes out to our judges for

being such good sports (though for this competition I'm sure that wasn't too hard), and especially to Paul and Christine for sponsoring the event and donating some fabulous prizes for the raffle!

While the night was a huge success and each of the contenders truly has a place in my heart (cue love-stricken sigh), we did name a winner. UW's first ever Mr. Pharmacy was presented to Julian Ellis, who chose to donate the proceeds to the Canadian Cancer Society Relay for Life. Congratulations, Julian! You represent the men of the school fantastically!

In the end, the event was a huge success as we were able to raise enough money not only to break even (phew!) but also to donate \$890 to Relay for Life. Thanks, again, to everyone who helped out on the committee, the judges, and those who came out and supported the boys and our local CAPSI chapter. Now, let the countdown begin for next year's Mr. Pharmacy event (I can hardly wait!).

Kacie Lunn, Rx2014



CPhA CONFERENCE PHOTOS



OPA CONFERENCE PHOTOS





SOPhS Communications

Have an opinion about our expanded scope of practice? Experience something on co-op that you'd like to share?

SOPhS encourages you to submit an article for the **Pharm Phile newsletter!** Submissions can be sent to pharmsoc@uwaterloo.ca by the end of every month for inclusion in the next edition!

If you have any interest in becoming involved with the SOPhS Communications Committee please send an email our way! We are especially looking for individuals interested in helping out with the SOPhS website.

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Please check out the calendar on the next page, or the weekly SOPhS Updates, for information about all of our events. If you have an event coming up that you would like to inform students about, please submit an article for a SOPhS Update to pharmsoc@uwaterloo.ca using the guidelines available on the SOPhS website (Communications, under Student Resources).



Society of Pharmacy Students (SOPhS)

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www.sophs.ca



SOPhS 6 WEEK CALENDAR

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 10	7	8	9	10	11	12	13
Week 11	14	15 Scotiabank Entrepreneurship Competition deadline	16	17	18 Teva Strategic Planning Seminar at the KW Conference Center at 7pm	19 Pharmacy Pub Crawl at 8pm	20 CAPSI/SOPhS Run for the Cure Sports Day at Bobby O'Briens
Week 12	21	22	23 Loblaw's Recruitment Event for Rx2013	24	25 CAPSI-DM Lecture at 7pm	26	27 SOPhS Pharmacy Phormal PCCA Student Boot Camp 9-10am
Week 13	28 PCCA Student Boot Camp 9-10am	29 Town Hall at 8pm	30 Lectures End	31	Aug 1	2	3
Exam Period	4	5	6 Exam period begins	7	8	9	10
Exam Period	11	12	13	14	15	16	17 Exam period ends

SOPhS Calendar Notes

Please note that event dates may be subject to change. Contact SOPhS if you are unsure of an event date.

You may also find this information on the class calendars on the SOPhS website (www.sophs.ca) class. It is our hope that these calendars will provide you with all of the event and deadline information you need during each term. If you would like to add an event to the SOPhS calendar please email the SOPhS Secretary at secretary@sophs.ca.