



AFFILIATED WITH THE UNIVERSITY OF WATERLOO

**Renison University College**  
Affiliated with the University of Waterloo  
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## **Renison University College Land Acknowledgement**

With gratitude, we acknowledge that Renison University College is located on the traditional territory of the Attawandaron (also known as Neutral), Anishinaabe, and Haudenosaunee peoples, which is situated on the Haldimand Tract, the land promised to the Six Nations that includes ten kilometres on each side of the Grand River.

### **Winter 2018**

**Course Code:** Psychology 257R  
**Course Title:** Psychopathology  
**Class Times:** Mondays, 6:30-9:30pm  
**Location:** REN 2102

**Instructor:** Dr. Rick Coupland, PhD, CPsych  
**Office Hours:** by appointment  
**Email:** [rcoupland@uwaterloo.ca](mailto:rcoupland@uwaterloo.ca)

### **Course Description**

Students will learn about various psychological disorders, including mood and anxiety disorders, disorders of childhood and adolescence, neurocognitive disorders, psychotic disorders, sexual and gender identity disorders, and more. Theoretical, research, and conceptual issues will be examined. Students will be introduced to issues relating to diagnosis and treatment. Lectures will be supplemented by videos, exposure to various mental health professionals, and case examples.

**Prerequisite:** Psych 120 & 121R or Psych 101    **Antirequisite:** Psych 323R  
*If you have a similar transfer credit from another university, please check to make sure that both credits will be allowed.*

## **Course Objectives**

To develop knowledge about psychopathology in general, as well as the assessment, treatment, and etiology of major psychological disorders.

## **Learning Outcomes**

1. Develop an understanding of the features, etiology, and treatment of a wide range of mental disorders.
2. Develop an awareness of ethical and professional issues related to the assessment and treatment of people with psychological disorders.
3. Develop an awareness of gender and cultural issues in psychopathology.
4. Be exposed to material that will assist in determining if one is interested in pursuing a profession that involves working with people with psychological disorders.
5. Identify and challenge stereotypes of people with psychological disorders.

## **Required Text**

Dozois, D. (2015). *Abnormal Psychology: Perspectives, DSM-5 Update edition* (5<sup>th</sup> edition). Toronto: Pearson.

This text is available in hardcover and softcover formats. Please purchase whichever format you prefer.

\*\*\*Please ensure you only purchase the **DSM-5 Update edition** of the 5<sup>th</sup> ed. published in 2014/15 and not the 2012 version of the 5<sup>th</sup> ed.\*\*\*

## **Class Format**

There are two sources of material for the course: the textbook and the lectures. The lectures will focus on specific topics and are not meant to provide coverage of all material in the text. Lectures will elaborate and build upon the text material. It is recommended that you attend the lectures and complete the readings beforehand. Lectures often include video clips that illustrate key features of psychological disorders. Guest speakers and lecturers from various mental health disciplines will also be attend specific lectures (see schedule for details).

## **Evaluation**

Tests (midterm and final) are comprised predominantly of multiple choice questions with a few short answer questions. Note: the tests will cover lecture material (including videos shown during class and material covered by guest speakers), as well as assigned textbook readings.

Final Exam will be scheduled by the Registrar during the April exam period. The Final Exam is non-cumulative and will cover only chapters 6, 9, 10, 12, 13, 14, 15, 16, 19

**Grade distribution:**

Midterm: 50%  
Final Exam: 50%  
Bonus SONA Marks: (up to 4%)

**Final Examination Policy**

For **Winter 2018**, the established examination period is **April 9-24, 2018**. The schedule will be available in February. Students should be aware that student travel plans are not acceptable grounds for granting an alternative final examination time (see:

<https://uwaterloo.ca/registrar/final-examinations>

**Accommodation for Illness or Unforeseen Circumstances:**

The instructor follows the practices of the University of Waterloo in accommodating students who have documented reasons for missing quizzes or exams. See

[http://www.registrar.uwaterloo.ca/students/accom\\_illness.html](http://www.registrar.uwaterloo.ca/students/accom_illness.html)

**Academic Integrity:**

In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect and responsibility. See the [UWaterloo Academic Integrity webpage \(https://uwaterloo.ca/academic-integrity/\)](https://uwaterloo.ca/academic-integrity/) and the [Arts Academic Integrity webpage \(https://uwaterloo.ca/arts/current-undergraduates/student-support/ethical-behaviour\)](https://uwaterloo.ca/arts/current-undergraduates/student-support/ethical-behaviour) for more information.

**Discipline:** Every student is expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for their own actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration, should seek guidance from the course professor, academic advisor, or Academic Dean. When misconduct has been found to have occurred, disciplinary penalties are imposed under the University of Waterloo Policy 71 – Student Discipline. For information on categories of offences and types of penalties, students should refer to [Policy 71 - Student Discipline](#). For typical penalties check [Guidelines for](#)

[the Assessment of Penalties \(https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/guidelines/guidelines-assessment-penalties\)](https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/guidelines/guidelines-assessment-penalties).

Students should also be aware that copyright laws in Canada prohibit reproducing more than 10% of any work without permission from its author, publisher, or other copyright holder. Waterloo's policy on Fair Dealing is available here: <https://uwaterloo.ca/copyright-guidelines/fair-dealing-advisory> Violation of Canada's Copyright Act is a punishable academic offence under Policy 71 – Student Discipline.

**Grievance:** A student who believes that a decision affecting some aspect of university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70 - Student Petitions and Grievances](https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-70), Section 4 (<https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-70>). When in doubt, please be certain to contact the department's administrative assistant, who will provide further assistance.

**Appeals:** A decision made or penalty imposed under Policy 70, Student Petitions and Grievances (other than a petition) or Policy 71, Student Discipline may be appealed if there are grounds. Students who believe they have grounds for an appeal should refer to [Policy 72, Student Appeals \(https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-72\)](https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-72).

**Academic Integrity website (Arts):**  
[http://arts.uwaterloo.ca/arts/ugrad/academic\\_responsibility.html](http://arts.uwaterloo.ca/arts/ugrad/academic_responsibility.html)

**Academic Integrity Office (uWaterloo):**  
<http://uwaterloo.ca/academic-integrity/>

### **Accommodation for Students with Disabilities:**

**Note for Students with Disabilities:** The [AccessAbility Services](#) office, located on the first floor of the Needles Hall extension (NH 1401), collaborates with all academic departments to arrange appropriate accommodations for students with disabilities, without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with the AAS office at the beginning of each academic term.

**Intellectual Property.** Students should be aware that this course contains the intellectual property of the instructor, which can include:

- lecture handouts and presentations (e.g., PowerPoint slides)
- lecture content, both spoken and written (and any audio or video recording thereof)
- questions from various types of assessments (e.g., assignments, quizzes, tests, final exams)
- work protected by copyright (i.e., any work authored by the instructor)

Making available the intellectual property of instructors without their express written consent (e.g., uploading lecture notes or assignments to an online repository) is considered theft of intellectual property and subject to disciplinary sanctions as described in Policy 71 – Student Discipline. Students who become aware of the availability of what may be their instructor’s intellectual property in online repositories are encouraged to alert the instructor.

### **Cross-Listed Course**

Please note that a cross-listed course will count in all respective averages no matter under which rubric it has been taken. For example, an SDS/RS cross-list will count in an SDS major average, even if the course was taken under the Religious Studies rubric.

### **Mental Health Support**

All of us need a support system. The faculty and staff in Arts encourage students to seek out mental health supports if they are needed.

### **On Campus**

- Counselling Services: [counselling.services@uwaterloo.ca](mailto:counselling.services@uwaterloo.ca) / 519-888-4567 xt 32655
- [MATES](#): one-to-one peer support program offered by Federation of Students (FEDS) and Counselling Services
- Health Services Emergency service: located across the creek from Student Life Centre

### **Off campus, 24/7**

- [Good2Talk](#): Free confidential help line for post-secondary students. Phone: 1-866-925-5454
- Grand River Hospital: Emergency care for mental health crisis. Phone: 519-749-433 ext. 6880
- [Here 24/7](#): Mental Health and Crisis Service Team. Phone: 1-844-437-3247

- [OK2BME](#): set of support services for lesbian, gay, bisexual, transgender or questioning teens in Waterloo. Phone: 519-884-0000 extension 213

Full details can be found online at the Faculty of ARTS [website](#)

Download [UWaterloo and regional mental health resources \(PDF\)](#)

Download the [WatSafe app](#) to your phone to quickly access mental health support information

### **A respectful living and learning environment for all**

1. It is expected that everyone living, learning or working on the premises of Renison University College will contribute to an environment of tolerance and respect by treating others with sensitivity and civility.
2. Harassment is unwanted attention in the form of jokes, insults, gestures, gossip, or other behaviours that are meant to intimidate. Some instances of harassment are against the law in addition to Renison University College policy.
3. Discrimination is treating people differently because of their race, disability, sex, sexual orientation, ancestry, colour, age, creed, marital status, or other personal characteristics. The Ontario Human Rights Code considers actions and behaviours rather than intentions.
4. If you experience or witness either harassment or discrimination, you may contact the Renison University College Interim Harassment and Discrimination Officer at [megan.collings-moore@uwaterloo.ca](mailto:megan.collings-moore@uwaterloo.ca) (519-884-4404, ext. 28604).

## Course Outline

<b>Wk</b>	<b>Date</b>	<b>Topic</b>	<b>Chapter</b>
1	Jan 1	New Years – NO CLASS	N/A
2	Jan 8	Intro to Course; Abnormal Behaviour; Research Lecturer: <i>course instructor</i>	1, 4
3	Jan 15	Understanding, Classifying, Assessing, & Treating Mental Disorders Guest Speaker: Sarah Reid, Mental Health Nurse	2, 3, 17
4	Jan 22	Anxiety and related Disorders Guest Speaker: SONA	5
5	Jan 29	Mood Disorders, Suicide, and Self-Injury Guest Speaker: Mary Jo Essau, Occupational Therapist	8
6	Feb 5	Addictions + Exam Q&A	11
7	Feb 12	<b>Midterm</b> – Ch 1,2,3,4,5,8,11,17	
	Feb 19-23	Reading Week – No classes	
8	Feb 26	Disorders with onset in Childhood & Adolescence Lecturer: Dr. Anna Polotskaia, Child Psychologist	14, 15
9	Mar 5	Psychotic and Eating Disorders Guest Speaker: Melissa Lowe, Social Worker & Addiction Counsellor	9, 10
10	Mar 12	Personality, Dissociative, and Somatic Disorders Guest Speaker: Shannon Macdonald, Recreation Therapist	6, 12
11	Mar 19	Sexual, Gender, & Paraphilic Disorders Lecturer: Ava Agar, Clinical Psych PhD Candidate	13
12	Mar 26	Neurocognitive Disorders Guest Speaker: Ram Kalap, Chaplain Psychotherapist	16
13	April 2	Mentally Disordered Offenders + Exam Q&A	19
	TBD - April	<b>Final Exam</b> – Ch 6,9,10,12,13,14,15,16,19	

**The loss of a Friday class on March 30 will be made up by following a Friday schedule on April 4**

\*Details of this outline are subject to change\*