

Department of Psychology
Psychology 336 – Fall 2006

Introduction to Clinical Psychology

THIS IS AN UNOFFICIAL SYLLABUS—See UWAcce for Official Transcript

1.0 CALENDAR DESCRIPTION

This course is designed to survey major aspects of clinical psychology such as historical background, assessment and intervention models, current trends and future directions in clinical research and practice.

[Note: this course counts as an Advanced Psychology course (Social Science) for Psychology Majors.]

Prereq: PSYCH 257 or 323R

Also offered at St. Jerome's University

2.0 COURSE INFORMATION

Time and Location of Lecture: Tuesday 2:30-5:20 p.m. PAS 2083

Instructor: Dr. Scott B. McCabe

Office and Phone Number: PAS 3037, 888-4567 ext. 35955

E-mail: smccabe@watarts.uwaterloo.ca

URL (Internet) <http://watarts.uwaterloo.ca/~smccabe>

Office Hours: Tuesday 1 p.m.-2 p.m. (or by appointment).

Teaching Assistants:

Jennifer Aquino, <mailto:jmaquino@artsmail.uwaterloo.ca>, PAS 3029, Office Hours: 1-2 M.

Jeff Paulitzki, <mailto:jrpaulit@watarts.uwaterloo.ca>, PAS 3203, Office Hours: 2-3 Th.

3.0 TEXTBOOKS

Trull, T.J. (2004). **Clinical Psychology. 7th Edition.** Wadsworth/Thompson Learning, Belmont, CA.

4.0 COURSE OBJECTIVES

The purpose of this course is to provide and overview the area of clinical psychology. Topics covered will include: definitions and activities of the clinical psychologist, diagnosis, assessment, intervention and some specialty area(s) of clinical psychology. Current issues in psychology will be presented and I will attempt to give students a sense of what it means to be a “clinical psychologist”.

5.0 EVALUATION

Students will be required to write one mid-term examination (up to 2 hours 20 minutes, worth 40% of the final grade), a final examination (up to 2.5 hours, worth 40% of the final grade) and a term paper (worth 20% of the final grade). On exams, students are responsible for all material

covered in lectures, videotape presentations and readings. The final exam will NOT be cumulative, but will cover only material presented after the midterm exam. It is important that students attend all classes and keep up on the text readings, since there will be topics covered in class that are not in the text, and vice versa. Please follow the course outline and read the assigned text chapter(s) before coming to each class. The term paper (8 pages minimum to 10 pages maximum) worth 20% of the final grade will be based on a topic of interest chosen by the student and approved by the instructor (approval MUST be given in discussion of topics with the instructor during office hours or by special arrangement, do not email me requesting topic approval—emailed requests will not be approved). The term paper is due as noted below and will be assigned a 5% penalty immediately following the due date for each day late. Papers will not be accepted following one week after the due date and will receive a grade of zero.

Students will be able to earn up to an additional 4% in the course by participating in 4 hours of psychological research or writing 4 critiques. Each critique will consist of a review of two papers on issues relevant to clinical psychology. If students choose to participate in the research, they are able to pick studies through the SONA system in the psychology department (a presentation by the TAs responsible for this will be made in an upcoming class). If students choose the comparison papers, they must be a minimum of 2 pages, double spaced, 1 inch margins using a 12 point font and are due at the beginning of class on November 14. No extensions for these bonus marks are possible! Note that this is a voluntary component of the course and students are not required to participate in the bonus credits. All studies will have been cleared through the Office of Research and any concerns about your participation in any of these studies should be directed to Dr. Susan Sykes, <mailto:ssykes@uwaterloo.ca> or phone (519)888-4567 ext. 36005.

6.0 ASSIGNMENT AND EXAMINATION SCHEDULE

Mid-term Examination: **October 24, 2006** (regular class time & room).

Final Exam: **Final Exam Period December 8-22, 2006** (date, time & location TBA).

Term Paper: **November 14, 2006 (must be received by beginning of class).**

7.0 LECTURE SCHEDULE (Date and topic may vary somewhat, some topics may be substituted for the topics in the existing list at a later date)

| | |
|----------------|--|
| Sept 12 | Course Overview |
| Sept. 19 | Chpt. 1 Clinical Psychology an Introduction—Lecture Chpt 2 Historical Overview—Read on your own |
| Sept. 26 | Chpt 3 Current Issues in Clinical Psychology—Lecture |
| Oct. 3 | Chpt 5 Diagnosis and Classification of Psychological Problems—Lecture |
| Oct. 10 | Chpt 6 The Assessment Interview—Lecture Chpt 7 The Assessment of Intelligence—Read on your own |
| Oct. 17 | Chpt 8 Personality Assessment—Lecture |
| Oct. 24 | Midterm Exam in regular class time and location |
| Oct. 31 | Chpt 10 Clinical Judgment—Lecture |
| Nov. 7 | Chpt 11 Psychological Interventions—Lecture Chpt 13 Psychotherapy: Phenomenological and Humanistic-Existential Perspectives-Read on your own |
| Nov. 14 | Term Paper & Bonus Essays Due by <u>Beginning</u> of Class |
| Nov. 14 | Chpt 14 Psychotherapy: Behavioural and Cognitive-Behavioural Perspectives— Lecture Chpt 17 Health Psychology and Behaviour Medicine—Read on your own |
| Nov. 21 | Chpt 18 Neuropsychology—Lecture |

Nov. 28 Chpt 19 Forensic Psychology—Lecture
Dec. 5 Special Topics &/or exam review

8.0 REQUESTS FOR DEFERMENT OF EXAMINATIONS OR EXTENSIONS ON ESSAYS

Students are entitled to a rescheduling of exams or an extension on the essay for legitimate medical, religious, or compassionate reasons. However, it is the student's responsibility to contact the instructor **prior** to the due date, to arrange a timely makeup, and, to provide acceptable documentation to support a medical or compassionate claim (see the University Undergraduate Calendar). Being busy with other coursework is **not** an acceptable excuse. I have always provided students with compassionate extensions in the past, and will continue to do so, but only if approached during the difficult period (see me individually to discuss this; I can see you in office hours or at an individually arranged time). I will no longer be able to allow students re-writes or extensions when they approach me after the fact. Your claim may be legitimate at the time, but I can no longer accommodate such post hoc requests.

If you feel that you have a medical or personal problem that is interfering with your work, you should contact your instructor and a physician for medical problems or Counseling Services in Needles Hall, 2080 for emotional problems as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. As described above retroactive requests for grade revisions on medical or compassionate grounds will not be considered.

Make-up Exams. Students failing to complete a test or examination at the scheduled time will receive a grade of zero. Special arrangements can only be made on religious, medical, or compassionate grounds if ***proper supporting documentation*** is provided ahead of time or as soon as possible following the exam. If nothing else, make sure you telephone and leave a message on my machine if you are still too ill to see me in person. Exams will ***not*** be rescheduled to accommodate students' travel or vacation plans ***under any circumstances***. **DO NOT BOOK YOUR HOLIDAY FLIGHTS UNTIL AFTER THE FINAL EXAM PERIOD!**

9.0 POLICY ON CHEATING & ACADEMIC MISCONDUCT

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and other academic offences. Students are urged to read the section on Student Academic Discipline (Policy #71) in the Undergraduate Academic Calendar. Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. In writing scholarly papers, you must keep firmly in mind the need to avoid plagiarism. Plagiarism is the unacknowledged borrowing of another writer's words or ideas. The following rules pertain to the acknowledgements necessary in academic papers: in using another writer's words, you must both place the words in quotation marks and acknowledge that the words are those of another writer; in adopting another writer's ideas, you must acknowledge that they are his/hers. If you are in doubt about whether what you are doing is inappropriate, consult your instructor or TA. A claim that "you didn't know it was wrong" will not be accepted as an excuse. The penalties for a student guilty of a scholastic offence may include any of the following: refusal of a passing grade in the assignment, refusal of a passing

grade in the course, suspension from the University, and expulsion from the University.

From the Faculty of Arts:

“Note on avoidance of academic offences: All students registered in the courses of the Faculty of Arts are expected to know what constitutes an academic offence, to avoid committing academic offences, and to take responsibility for their academic actions. When the commission of an offence is established, disciplinary penalties will be imposed in accord with Policy #71 (Student Academic Discipline). For information on categories of offences and types of penalties, students are directed to consult the summary of Policy #71 which is supplied in the Undergraduate Calendar (section 1; on the Web at http://www.adm.uwaterloo.ca/infoucal/UW/policy_71.html). If you need help in learning how to avoid offences such as plagiarism, cheating, and double submission, or if you need clarification of aspects of the discipline policy, ask your TA or course instructor for guidance. Other resources regarding the discipline policy are your academic advisor and the Undergraduate Associate Dean.”

Note: On November 18/02, Senate passed a motion that all course outlines also contain the following reference to the student’s right to grieve: *“Students who believe that they have been wrongfully or unjustly penalized have the right to grieve; refer to Policy #70, Student Grievance, <http://www.adm.uwaterloo.ca/infosec/Policies/policy70.html>.”*

For further information see the following: **“How to Avoid Plagiarism and Other Written Offences: A Guide for Students and Instructors”** (<http://watarts.uwaterloo.ca/~sager/plagiarism.html>).

10.0 PROCEDURES FOR APPEALING ACADEMIC EVALUATIONS

In the first instance, all appeals of a grade must be made to the course instructor (informal consultation). In all cases, the TA grading the questioned assignment will review the grading with the student. If unsatisfied, the student will return to the instructor who will review the work and assign a grade either the same, higher or lower than that assigned by the TA and that will be the grade submitted. The highest grade given by the instructor or TA cannot be chosen. The instructor's grade will be final. If still dissatisfied, for a psychology course, the student's next step would be to the undergraduate chair in psychology (see the Undergraduate Student Handbook for Psychology <http://watarts.uwaterloo.ca/~hsmith/Handbook0304.htm>). If the student is not satisfied with the decisions, the student grievance policy (Policy #70 of the Undergraduate Calendar) should be followed.

11.0 OTHER INFORMATION

All Policies are available electronically on the Web at the following address:
http://www.adm.uwaterloo.ca/infosec/Policies/Policies_index.html

- Course information, assignments and this syllabus are available on the instructor’s Internet address (<http://www.uwaterloo.ca/~smccabe/psych336/>).
- All students are encouraged to gain access to the computing facilities here at Waterloo. This course uses overhead presentations extensively and these overheads will be made available in the class web page for students who would rather listen in class than scramble trying to get down everything that is said and presented on the overhead (I recommend getting the overheads before class to assist in note-taking).
- There is a Newsgroup on the computer for Psychology Undergraduate students (uw.psychology.ugrad). A newsgroup is a bulletin board on the computer. Examples of postings include information on colloquia, changes to course offerings, career information,

deadlines for applying for scholarships, tips for applying to graduate school or faculties of education, exam preparation workshops, and available research assistant positions. Anyone (on or off campus) can read the news postings and anyone can post news that will be of interest to Psychology students. Psychology majors are strongly encouraged to read the Psychology Undergraduate Newsgroup at least once a week.