PSYCH 448R CLOSE RELATIONSHIPS  
Fall 2017  
Instructor: Dr. Denise Marigold

When: Tuesday 11:30am-2:20pm  
Room: REN 2918  
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Phone: 519-884-4404 ext. 28619  
Office Hours: Before or after class, or by appointment  
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COURSE DESCRIPTION AND LEARNING OBJECTIVES

This course will focus on the life cycle of adult close relationships, ranging from stages of initial attraction and the development of an attachment, to growth and maintenance of the relationship, to conflict and in some cases, dissolution. We will examine current theories and research in the social psychological study of close relationships to gain a better understanding of the basic processes involved in intimate relationships. The assignments in this seminar will help you develop more effective oral and written communication skills. More specifically, by the end of the course you should be able to:

1. Describe how relationships develop and change over time using the most influential theories and frameworks in relationships research.
2. Discuss the roles of individual and contextual factors in shaping relationship behaviour.
3. Critically evaluate and integrate research from various scientific sources.
4. Operationalize variables of interest and design studies to effectively answer questions about relationship behaviour.
5. Evaluate the accuracy of media claims about relationships (e.g. advice) using scientific sources.
6. Gain insight into your own relationships experiences by applying research on relationship processes.

REQUIRED READINGS:

The required readings for each week can be found on the Learn website.

ASSIGNMENTS AND EVALUATION:

1) Attendance and Participation  
   15%
2) Thought Papers and Questions  
   20%
3) Seminar Leadership  
   20%
4) Scenario Analysis Exam  
   20%
5) Outline of Final Paper  
   5%
6) Final Paper  
   20%
1) Attendance and Participation (15%)
DUE: Throughout the course

A seminar course is only successful if students attend and participate regularly. The criteria for evaluating class participation will be based on a student's understanding of material, the ability to foster discussion, demonstration of an understanding for others, and willingness to engage in seminar activities. Discussion is essential to the development and articulation of ideas. Discussion, like writing, is often hard work, requiring preparation and commitment. It also takes practice. Writing thought papers on the readings and attending class with several critical questions for that week’s theme may assist with participation. When you are uncertain about something, please say so during class. You will be helping the group as a whole clarify ideas. If you are having difficulties with participation or course material, do not hesitate to meet with me for strategies.

In the last hour of each class, students will be given a research question related to that week’s topic and asked to design a study that would effectively answer that question. In small groups you will then discuss your ideas and decide on one study which you will present briefly to the rest of the class for discussion. Students will evaluate their own and their group members’ contribution to the study design and this will form 5% of your participation mark. The remaining 10% will be based on your attendance and contributions to class-wide discussions.

2) Thought Papers and Questions (20%)
DUE: Midnight on each Sunday before class (submitted to Learn Discussion Forum)

Every other week each student will complete a half-page single-spaced thought paper in response to the required readings (a total of 4 thought papers throughout the term). Thought papers are an opportunity for you to describe your reactions to the readings, critique one or two points, or raise new questions. Although these are not meant to be formal papers, the quality of your writing will be considered in your grade so be sure to organize your thoughts and write clearly.

On alternate weeks each student will submit 2-3 questions for discussion based on that week’s readings (a total of 4 weeks throughout the term).

Students are expected to read each others’ thought papers and questions prior to class and be prepared to comment on others’ ideas to stimulate class discussion. Note that seminar leaders are not required to submit a thought paper. If your presentation falls on the same week your thought paper is due, you may skip that week.

3) Seminar Leadership (20%)
DUE: See schedule of readings

In groups of 2 to 4, students will be responsible for leading one hour of the seminar during the term (starting in Week 3). Each member will present a summary of one of the articles listed in the course outline for their chosen week. The summary should include a short description of the background of the topic, explanation of the methods and results (presenting these in graphs or tables is helpful), and some conclusions. Seminar leaders should prepare some questions based on their article to generate class discussion. Each article presentation should take no longer than 10 minutes. In addition, each leader should provide a one page summary of their presented article to classmates.

Although each member of the group is responsible for presenting an article individually, group members should work together to come up with examples from television, film, music, books, news media, internet, or other “lay” sources where this topic is represented to examine how scientific research results compare to popular notions of relationship processes. Class activities (e.g. questionnaires,
demonstrations, role-plays) may be incorporated in the presentation in addition to the class discussion. Students may use Powerpoint if they wish. Together, group members should present a conclusion that summarizes the articles' findings and includes concrete suggestions for future research.

Seminar leadership will be evaluated according to: demonstrated knowledge and understanding of the topic, critical examination of readings/resources, communication of the material (presentation and summary hand-out), and engagement level of the class (activity). I will provide you with more detailed evaluation criteria early in the course.

4) Scenario Analysis – Open-Book Exam (20%)
DATE: Nov. 28 (Week 12)

Students will be given stories of several couples’ relationship trajectories (circumstances around the initiation, growth, and maintenance or dissolution of their relationships). You will use the theories discussed in the course to explain the couples’ perceptions and behaviours, and suggest reasons why the relationship progressed as it did. You must cite specific articles from the course (either the required reading or seminar leaders’ articles) to back up your analysis. You may bring all the articles to the exam with you. If you do the weekly readings, attend class, and participate in discussions, you should be well-prepared for this exam.

5) Final Paper: Thriving Relationships or Research Proposal (25%)
DUE: December 10 before midnight

For the final paper, you will write an article geared towards a popular Psychology magazine (e.g., Psychology Today). The question you are trying to answer for readers is “What makes close relationships thrive?” You may choose any topic in the relationships literature to focus on. You will need to concisely communicate the findings of at least three empirical articles on your topic (only one of the articles may be on the course reading list). You will integrate these findings, and any related theories or frameworks, to convey to your ‘lay’ audience practical advice for facilitating a thriving relationship. Use personal anecdotes, hypothetical scenarios, and media representations of your phenomena to make your article engaging for the reader, while still maintaining scientific integrity.

Alternatively, you can choose to write a research proposal. You will write the introduction and methods sections of an empirical journal article, and a limited discussion section (as you will not have actual results to discuss). You must reference at least three different articles.

5% of the 25% for this assignment will come from a one-page outline you will submit by November 19th. This outline should include your topic, a few sentences on your approach to the paper, and your three chosen articles. I can give you feedback in the dropbox or you can set up a meeting with me to discuss.

Your final paper should be about 5 pages double-spaced. APA format is required.

Assignment Deadlines

You are responsible for informing me in advance if you are unable to complete an assignment by the scheduled date. Missed due dates are only acceptable in the case of health problems (with a note from a doctor or counsellor). Late submissions, without advance permission, will be given a 10% reduction in the total possible grade for each 24 hours after the due date. No assignments will be accepted if submitted more than one week after the deadline.
**WEEK 1 – Sept. 12: Introduction**


**WEEK 2 – Sept. 19: Relationship Initiation**

**Required Reading:**


**Professor’s Articles:**


**WEEK 3 – Sept. 26: Attachment Style**

**Required Reading:**


**Seminar Leaders’ Articles:**


**WEEK 4 – Oct. 3: Commitment**

**Required Reading:**


**Seminar Leaders’ Articles:**


**WEEK 5 – No Class – Professor away**

Read ahead!

**WEEK 6 – Oct. 17: Marriage**

**Required Reading:**


**Seminar Leaders’ Articles:**


WEEK 7 – Oct. 24: Sex

**Required Reading:**


**Seminar Leaders’ Articles:**


WEEK 8 – Oct. 31: Relationship Maintenance

**Required Reading:**


**Seminar Leaders’ Articles:**


WEEK 9 – Nov. 7: Insecurity and Self-Fulfilling Prophecies

Required Reading:


Seminar Leaders’ Articles:


WEEK 10 – Nov. 14: Conflict and Aggression

Required Reading:


Seminar Leaders’ Articles:


WEEK 11 – Nov. 21: Interventions and Dissolution

Required Reading:


Seminar Leaders’ Articles:


WEEK 12 – Nov. 28: Scenario Analysis (Open-Book Exam)

No readings
Renison University College Land Acknowledgement
With gratitude, we acknowledge that Renison University College is located on the traditional territory of the Attawandaron (also known as Neutral), Anishinaabe, and Haudenosaunee peoples, which is situated on the Haldimand Tract, the land promised to the Six Nations that includes ten kilometres on each side of the Grand River.

Accommodation for Illness or Unforeseen Circumstances
The instructor follows the practices of the University of Waterloo in accommodating students who have documented reasons for missing quizzes or exams. See http://www.registrar.uwaterloo.ca/students/accom_illness.html

Academic Integrity
**Academic Integrity:** In order to maintain a culture of academic integrity, members of the University of Waterloo are expected to promote honesty, trust, fairness, respect and responsibility.

**Discipline:** A student is expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for his/her actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration should seek guidance from the course professor, academic advisor, or the Undergraduate Associate Dean. When misconduct has been found to have occurred, disciplinary penalties will be imposed under Policy 71 – Student Discipline. For information on categories of offenses and types of penalties, students should refer to Policy 71 - Student Discipline, http://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71.

**Grievance:** A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read Policy 70 - Student Petitions and Grievances, Section 4, http://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70. In addition, consult http://arts.uwaterloo.ca/student-grievances-faculty-arts-processes for the Faculty of Arts’ grievance processes.

**Appeals:** A student may appeal the finding and/or penalty in a decision made under Policy 70 - Student Petitions and Grievances (other than regarding a petition) or Policy 71 - Student Discipline if a ground for an appeal can be established. Read Policy 72 - Student Appeals, http://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-72.

**Academic Integrity website (Arts):** http://arts.uwaterloo.ca/arts/ugrad/academic_responsibility.html

**Academic Integrity Office (uWaterloo):** http://uwaterloo.ca/academic-integrity/

Accommodation for Students with Disabilities
The AccessAbility Services (AS) Office, located in Needles Hall, Room 1401, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with the AS Office at the beginning of each academic term.

Electronic Device Policy
The use of mobile computing devices (e.g., cell phones, laptops) in the classroom is limited to note-taking and accessing course materials. Personal surfing of the internet, downloading of non-course related material, use of messaging software, or gaming is not to take place.

Audio and video recordings of classroom lectures or activities must be approved by the professor prior to the beginning of the scheduled session. Recordings may only be used for individual study of materials presented during class and may not be published or distributed without the consent of the
professor. Videos that contain images of other students may not be published or distributed without the consent of all students depicted in the video.

Information on Plagiarism Detection
Plagiarism detection software (Turnitin) will be used to screen assignments in this course. This is being done to verify that use of all material and sources in assignments is documented. In the first week of the term, details will be provided about the arrangements for the use of Turnitin in this course. Note: students must be given a reasonable option if they do not want to have their assignment screened by Turnitin. See http://uwaterloo.ca/academic-integrity/integrity-waterloo-faculty/turnitin-waterloo for more information.

Intellectual Property
Students should be aware that this course contains the intellectual property of their instructor, TA, and/or the University of Waterloo. Intellectual property includes items such as:

- Lecture content, spoken and written (and any audio/video recording thereof);
- Lecture handouts, presentations, and other materials prepared for the course (e.g., PowerPoint slides);
- Questions or solution sets from various types of assessments (e.g., assignments, quizzes, tests, final exams); and
- Work protected by copyright (e.g., any work authored by the instructor or TA or used by the instructor or TA with permission of the copyright owner).

Course materials and the intellectual property contained therein, are used to enhance a student’s educational experience. However, sharing this intellectual property without the intellectual property owner’s permission is a violation of intellectual property rights. For this reason, it is necessary to ask the instructor, TA and/or the University of Waterloo for permission before uploading and sharing the intellectual property of others online (e.g., to an online repository).

Please alert the instructor if you become aware of intellectual property belonging to others (past or present) circulating, either through the student body or online.

Mental Health Support
All of us need a support system. The faculty and staff in Arts encourage students to seek out mental health supports if they are needed.

On Campus
- Counselling Services: counselling.services@uwaterloo.ca / 519-888-4567 xt 32655
- MATES: one-to-one peer support program offered by Federation of Students (FEDS) and Counselling Services
- Health Services Emergency service: located across the creek form Student Life Centre

Off campus, 24/7
- Good2Talk: Free confidential help line for post-secondary students. Phone: 1-866-925-5454
- Grand River Hospital: Emergency care for mental health crisis. Phone: 519-749-433 ext. 6880
- Here 24/7: Mental Health and Crisis Service Team. Phone: 1-844-437-3247
- OK2BME: set of support services for lesbian, gay, bisexual, transgender or questioning teens in Waterloo. Phone: 519-884-0000 extension 213

Full details can be found online at the Faculty of ARTS website
Download UWWaterloo and regional mental health resources (PDF)
Download the WatSafe app to your phone to quickly access mental health support information
A respectful living and learning environment for all.

1. It is expected that everyone living, learning or working on the premises of Renison University College will contribute to an environment of tolerance and respect by treating others with sensitivity and civility.

2. Harassment is unwanted attention in the form of jokes, insults, gestures, gossip, or other behaviours that are meant to intimidate. Some instances of harassment are against the law in addition to Renison University College policy.

3. Discrimination is treating people differently because of their race, disability, sex, sexual orientation, ancestry, colour, age, creed, marital status, or other personal characteristics. The Ontario Human Rights Code considers actions and behaviours rather than intentions.

4. If you experience or witness either harassment or discrimination, you may contact the Renison University College Harassment and Discrimination Officer at megan.collings-moore@uwaterloo.ca (519-884-4404, ext. 28604).