

## PSYCHOLOGY 101

Section 02  
Winter 2007

*Professor:* Colin MacLeod  
*Office:* PAS 4024  
*Phone:* 888-4567 ext. 32922  
*Office hours:* Tues 1:30–3:30 PM  
(or by appointment)

*Class:* Tues/Thur 8:30-9:50 AM  
*Location:* Humanities Theatre (HH 159)

*TAs:* Stephen Risavy and Emiko Yoshida (office hours TBA)

*Course Website:* <http://www.arts.uwaterloo.ca/~cmacleod/psych101>  
[to download lecture overheads: *user* = intropsy *password* = madeit]

*Course e-mail:* [psy10102@watarts.uwaterloo.ca](mailto:psy10102@watarts.uwaterloo.ca)

*Textbook:* *Psychology: Myers in Modules (8th ed.)* by David G. Myers (Worth Publishers)  
[cost = \$110.25 + \$6.62 (GST) = \$116.87; includes Study Guide and Reader]

### Course Description & Objectives

#### *Course Description:*

This is a general survey course designed to provide you with an understanding of the basic concepts and techniques of modern psychology as a behavioural science. You will study the theories, principles, and methods of contemporary psychology with the goal of understanding how organisms—human and infrahuman—perceive their environments, how their behaviour is modified by experience, and how their activities are initiated, sustained, and directed. Topics will include: history and methods; the nervous system; lifespan development; sensing and perceiving; consciousness; learning; remembering; thinking, language, and intelligence; motivation; emotion; personality; psychological disorders; therapy; social behaviour.

#### *Course Objectives:*

1. to become familiar with the broad range of topics that make up the discipline of psychology;
2. to become familiar with the methods of investigation used in psychology, and the strengths and limitations of these methods;
3. to develop an understanding of the vocabulary and concepts of psychology that will allow you to study further in advanced courses or through independent reading;
4. to develop the ability to relate the findings of psychological research to your life and to important issues in our society and the world at large.

### Course Requirements & Grading

#### *Requirements:*

1. *Exams:* You will have three multiple-choice tests in this course, with each covering one third of the course and being worth 32% of the final grade. These exams will cover material that is presented in the text and in lectures. In general, there will be no make-up exams but, in cases of illness or other extenuating circumstances (appropriately documented), a make-up exam will be offered. *Everyone must take all three exams.* The first two exams will take place during class times (see the syllabus for dates); the third exam will take place during the final exams period (this date will be announced under "News" on the website as soon as it is available).

2. *Psychological experiments/studies you participate in/article reviews*: During the term, you will have opportunities to participate in studies that are being conducted by University of Waterloo researchers. Your participation is voluntary. To receive credit for participating in an experiment, you simply need to take part in the experiment. During the second week of this course, there will be a mass testing questionnaire done on the internet, which also counts for bonus credit. All of this is described much more thoroughly on the course website.

Please note that you do not have to participate in experiments/studies if you do not wish to. Alternatively (or in addition), you may write up short reviews of newspaper/magazine articles that are relevant to psychology. Articles that you review must be serious (e.g., a news report of a study that has genuine relevance to psychology) rather than frivolous. You *must* check first with me or a TA about the appropriateness of any article that you are thinking about summarizing.

The remaining 4% of your grade comes from experimental participation. Experiments are typically a half hour. Each experiment (or review) will be worth .5% of your grade for a total of 4% if you did all 8 participations. In addition, you *may* participate in 4 additional experiments (or article reviews) for an additional 2% total extra credit. Theoretically, then, you could earn 102% (but the highest grade I can give is 100). There will be no other ways to earn extra credit.

#### *Grading:*

Each exam will be worth 32% of your grade, and experimental participation/article summaries will be worth 4% of your grade, for a total of 100% (not counting the 2% bonus for extra experimental participation that you may choose to do).

#### **Academic Offense**

The following statement must be included in all course outlines at the University of Waterloo. It is *important*; please read it. You should also consult the Faculty of Arts web page on plagiarism [<http://watarts.uwaterloo.ca/~sager/plagiarism.html>], and you should feel free to talk to me or one of the TAs if you have any questions.

“All students registered in the courses of the Faculty of Arts are expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for their actions. When the commission of an offence is established, disciplinary penalties will be imposed in accord with Policy #71 (Student Academic Discipline). For information on categories of offences and types of penalties, students are directed to consult the summary of Policy #71 which is supplied in the Undergraduate Calendar (section 1; on the Web at [www.adm.uwaterloo.ca/infousec/Policies/policy71.htm](http://www.adm.uwaterloo.ca/infousec/Policies/policy71.htm)). If you need help in learning what constitutes an academic offence; how to avoid offences such as plagiarism, cheating, and double submission; how to follow appropriate rules with respect to “group work” and collaboration; or if you need clarification of aspects of the discipline policy, ask your TA and/or your course instructor for guidance. Other resources regarding the discipline policy are your academic advisor and the Undergraduate Associate Dean.”

#### **Students with Disabilities**

The Office for Persons with Disabilities (OPD), located in Needles Hall, Room 1132, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with the OPD at the beginning of each academic term.

**PSYCHOLOGY 101 – Section 02**  
**Winter 2007 Syllabus**

WEEK	TUESDAY	THURSDAY	MODULES
Jan 2 & 4	<b>NO CLASS</b>	Course Introduction History & Scope	1, 2
Jan 9 & 11	Research Methods Neural Systems	The Brain Motivation & Hunger	3; 4, 5; 34, 35
Jan 16 & 18	Sensation & Perception Hearing	Vision The Other Senses	12, 13, 14, 15
Jan 23 & 25	Perceptual Organization Perceptual Interpretation	Classical Conditioning Operant Conditioning	16,17; 21, 22
Jan 30/Feb 1	Learning by Observation Hypnosis	<b>FIRST EXAM</b>	23; 19
Feb 6 & 8	Sleep & Dreaming Drugs & Consciousness	Prenatal & Newborn Infancy & Childhood	18, 20; 8, 9
Feb 13 & 15	Adolescence Adulthood	Working Memory Encoding into Memory	10, 11; 24, 25, 26
<b>Feb 19-23</b>	<b>READING WEEK!!</b>		
Feb 27/Mar 1	Retrieval from Memory Forgetting & Amnesia	Thinking Language & Thought	27, 28; 29, 30
Mar 6 & 8	Understanding Intelligence Measuring Intelligence	<b>SECOND EXAM</b>	31, 32
Mar 13 & 15	Social Thinking Social Influence Social Relations	Industrial/Organizational	55, 56, 57, 58; 37
Mar 20 & 22	Understanding Emotion Experiencing and Expressing Emotion	Personality: Psychoanalytic Personality: Humanistic Personality: Contemporary	38, 39, 40; 44, 45, 46
Mar 27 & 29	Psychological Disorders Anxiety Disorders Personality Disorders	Mood Disorders Schizophrenia	47, 48, 49, 50, 51
Apr 3	Psychological Therapies Evaluating Therapies Biomedical Therapies	<b>NO CLASS</b>	52, 53, 54

Seven text modules—6, 7, 33, 36, 41, 42, and 43—will not be covered in class or on any exam. Each exam covers the preceding 4 weeks. The third exam will be during the final exam period.