



| Week 2 | Module 02:<br>Stats and<br>Research<br>Designs | Introduction to<br>Psychology:<br>• <u>History of</u><br><u>Psychology</u>        | Week 2 Quiz<br>( <u>Weekly</u><br><u>Quizzes</u> )  | Friday, May<br>11, 2018 at<br>11:55 PM                   | 3% |
|--------|--|---|---|--|----|
| Week 3 | Module 03:<br>Evolution and<br>Psychology      | Introduction to<br>Psychology:<br>• <u>Neurons</u><br>• <u>The Nervous System</u> | Feedback<br>Available: Week<br>1 and Week 2<br>Quiz | Check after<br>Monday,<br>May 14,<br>2018 at<br>12:01 AM |    |

| Spring 2018 |   | PSYCH 101 Online  |   | University of Waterloo                                   |                           |
|-------------|---|---|---|--|---------------------------|
|             |   |   | Groups for<br>Introduce<br>Yourself will be<br>created by<br>Technical<br>Support.                          | Check after<br>Monday,<br>May 14,<br>2018 at 4:30<br>PM  |                           |
|             |   |   | Introduce<br>Yourself   | Friday, May<br>25, 2018 at<br>11:55 PM                   | Non-<br>completion<br>-2% |
|             |   |   | Week 3 Quiz<br>( <u>Weekly</u><br><u>Quizzes</u> )  | Friday, May<br>25, 2018 at<br>11:55 PM                   | 3%                        |
| Week 4      | Module 04:<br>Visual<br>Perception        | Introduction to<br>Psychology:<br>• <u>Hearing</u><br>• <u>Taste and Smell</u><br>• <u>Touch and Pain</u> | Week 4 Quiz<br>( <u>Weekly</u><br><u>Quizzes</u> )  | Friday, May<br>25, 2018 at<br>11:55 PM                   | 3%                        |
|             |   | Weeks 5 to 8  | 3   |  |                           |
|             |   |   |   |  |                           |
| Week 5      | <u>Module 05:</u><br><u>Consciousness</u> | Introduction to<br>Psychology:<br>• <u>States of</u><br><u>Consciousness</u>                              | Feedback<br>Available: Week<br>3 and Week 4<br>Quiz   | Check after<br>Monday,<br>May 28,<br>2018 at<br>12:01 AM |                           |
| Week 5      |   | Psychology:<br>• <u>States of</u>   | Feedback<br>Available: Week<br>3 and Week 4   | Monday,<br>May 28,<br>2018 at                            |                           |
| Week 5      |   | Psychology:<br>• <u>States of</u>   | Feedback<br>Available: Week<br>3 and Week 4<br>Quiz<br>Begin working<br>on <u>Article</u><br><u>Summary</u> | Monday,<br>May 28,<br>2018 at                            | 3%                        |

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|-------------|--|--|--|---|-----|
|             |  |  | <ul> <li>Library Skills<br/>Quiz</li> </ul>  |   |     |
|             |  |  | Week 6 Quiz<br>( <u>Weekly</u><br><u>Quizzes</u> )   | Friday, June<br>8, 2018 at<br>11:55 PM                    | 3%  |
| Week 7      | Module 07:<br>Emotion                            | Introduction to<br>Psychology:<br>• <u>Drive States</u><br>• <u>Industrial/Organizational</u><br>(I/O) Psychology                      | Feedback<br>Available: Week<br>5 and Week 6<br>Quiz  | Check after<br>Monday,<br>June 11,<br>2018 at<br>12:01 AM |     |
|             |  |  | Article Summary<br>Assignment  | Monday,<br>June 11,<br>2018 at<br>11:55 PM                | 15% |
|             |  |  | Week 7 Quiz<br>( <u>Weekly</u><br><u>Quizzes</u> )   | Friday, June<br>22, 2018 at<br>11:55 PM                   | 3%  |
| Week 8      | <u>Module 08:</u><br><u>Development</u>          | Introduction to<br>Psychology:<br>• Cognitive Development<br>in Childhood <sup>[7]</sup><br>• Adolescent<br>Development <sup>[3]</sup> | Begin working<br>on the Concept<br>Map portion of<br>the <u>Concept</u><br>Map and<br><u>Reflection</u><br>assignment. |   |     |
|             |  |  | Week 8 Quiz<br>( <u>Weekly</u><br><u>Quizzes</u> )   | Friday, June<br>22, 2018 at<br>11:55 PM                   | 3%  |
|             |  | Weeks 9 to 1   | 2  |   |     |
| Week 9      | Module 09:<br>Freudian and<br>Humanist<br>Theory | Introduction to<br>Psychology:<br>• Personality<br>Assessment<br>• Personality Traits  | Begin working<br>on the<br>Reflection<br>portion of the<br><u>Concept Map</u><br><u>and Reflection</u><br>assignment.  |   |     |

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|         |   |  | Feedback<br>Available: Week<br>7 and Week 8<br>Quiz   | Check after<br>Monday,<br>June 25,<br>2018 at<br>12:01 AM |     |
|---------|---|--|---|---|-----|
|         |   |  | Week 9 Quiz<br>( <u>Weekly</u><br><u>Quizzes</u> )    | Friday, July<br>6, 2018 at<br>11:55 PM                    | 3%  |
| Week 10 | <u>Module 10:</u><br><u>Behaviour in</u><br><u>Groups</u> | Introduction to<br>Psychology:<br>• <u>Social Cognition and</u>  | Concept Map<br>and Reflection                         | Wednesday,<br>July 4, 2018<br>at 11:55 PM                 | 20% |
|         |   | <ul> <li>Attitudes </li> <li>Persuasion: So Easily</li> <li>Fooled </li> <li>Prejudice,</li> <li>Discrimination, and</li> <li>Stereotyping </li> </ul> | Week 10 Quiz<br>( <u>Weekly</u><br><u>Quizzes</u> )   | Friday, July<br>6, 2018 at<br>11:55 PM                    | 3%  |
| Week 11 | Module 11:<br>Depression<br>and Anxiety                   | Introduction to<br>Psychology:<br>• <u>History of</u><br><u>Mental Illness</u>   | Feedback<br>Available: Week<br>9 and Week 10<br>Quiz  | Check after<br>Monday,<br>July 9, 2018<br>at 12:01 AM     |     |
|         |   | <ul> <li>Autism: Insights from<br/>the Study of the Social<br/>Brain</li> <li>Psychopathy</li> </ul>   | Week 11 Quiz<br>( <u>Weekly</u><br><u>Quizzes</u> )   | Friday, July<br>20, 2018 at<br>11:55 PM                   | 3%  |
| Week 12 | <u>Module 12:</u><br>Psychological<br><u>Therapy</u>      | Introduction to<br>Psychology:<br>• <u>The Healthy Life</u>  | Week 12 Quiz<br>( <u>Weekly</u><br><u>Quizzes</u> )   | Friday, July<br>20, 2018 at<br>11:55 PM                   | 3%  |
|         |   |  | Feedback<br>Available: Week<br>11 and Week 12<br>Quiz | Check after<br>Monday,<br>July 23,<br>2018 at<br>12:01 AM |     |
|         |   |  | SONA<br>Participation<br>Bonus                        | Wednesday,<br>July 25,<br>2018 at<br>11:55 PM             | 3%  |

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|-----------------------------|--|------------------|--|---|-----|
|                             |  |                  | <u>Study Skills</u><br><u>Quizzes</u> close. | Wednesday,<br>July 25,<br>2018 at<br>11:55 PM |     |
| <u>Final</u><br>Examination |  |                  |  |   | 25% |

### FINAL EXAMINATION ARRANGEMENTS AND SCHEDULE

Please carefully review the information about <u>writing exams</u> for online courses, including dates, locations, how to make examination arrangements, writing with a proctor, and deadlines.

If you are taking **any on-campus courses**, you will automatically be scheduled to write your exam on campus. No action is required.

If you are taking only online courses, do one of the following:

- If your **address in QUEST is within 100 km** of an <u>examination centre</u> <sup>[]</sup>, you must choose an exam centre in <u>Quest</u> <sup>[]</sup> by **Sunday, May 13, 2018**. This must be done each term.
- If your address in Quest is more than 100 km from an exam centre, you must arrange for a proctor. Please review the guidelines and deadlines for writing with a proctor ☑. This must be done each term.

Your online course exam schedule will be available in Quest approximately four weeks before your exam date(s). Instructions on how to find your schedule are posted on the Quest Help page.

University of Waterloo Senate-approved <u>academic regulations related to assignments, tests, and final</u> <u>exams</u> can be found on the Registrar's website.

#### OFFICIAL GRADES AND COURSE ACCESS

Official Grades and Academic Standings are available through Quest 2 .

Your access to this course will continue for the duration of the current term. You will not have access to this course once the next term begins.





#### **ANNOUNCEMENTS**

Your instructor uses the Announcements widget on the Course Home page during the term to communicate new or changing information regarding due dates, instructor absence, etc. You are expected to read the announcements on a regular basis.

To ensure you are viewing the complete list of announcements, you may need to click Show All Announcements.

#### DISCUSSIONS

One challenge of online course work can be the absence of a social network. What if you have questions about course content or need help? How do you get feedback on your understanding of the material? How do you form study groups? There are two discussion boards set up for you to communicate with your classmates to facilitate your success in the course.

The first is a Peer Group Discussion Board. Each student has been assigned to a group with approximately 7 other students. This should be your first stop for eliciting information. In the event that your peer group is unsure of the information (or are unresponsive), there is a second discussion board for communicating with the whole class: Whole Class Discussion Board. Please be generous in your participation on these discussion boards, returning occasionally to read and respond to your classmates. Please note that these are student forums. As such, the instructor and TAs do not typically post or respond to posts on these forums (although we do monitor them).

If you have a question that remains unanswered after visiting the student forums, the next step is to post on the Ask the Instructor board. Responses will usually appear within 24 hours (Mon to Fri). However, before posting on the forum, be sure to check earlier posts in the event that your question has already been answered. I know this all sounds like we are trying to avoid talking to you, but I assure you that is definitely NOT the case. The goal here is to facilitate communication between students and to reduce redundancies in correspondence, which can be overwhelming in online formats.

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Who and Why **Contact Details** Post your course-related questions to the Ask the Instructor discussion topic\*. This allows other students to benefit from your question as well. Questions of a personal nature can be directed to your instructor or your TA. Instructor: Paul Wehr Instructor and TA pwehr@uwaterloo.ca Course-related questions TA: Anna Hudson (e.g., course content, a3hudson@uwaterloo.ca deadlines, assignments, etc.) Questions of a personal TA: Sean Griffin nature sa3griffin@uwaterloo.ca TA: Mahsa Sadeghi m9sadegh@uwaterloo.ca Your instructor checks email and the Ask the Instructor discussion topic\* frequently and will make every effort to reply to your questions within 24-48 hours, Monday to Friday. learnhelp@uwaterloo.ca Technical Support, Include your full name, WatIAM user ID, student number, and course Centre for Extended Learning name and number. Technical problems with Technical support is available during regular business hours, Monday to Waterloo LEARN Friday, 8:30 AM to 4:30 PM (Eastern Time). **LEARN Help Student Documentation Student Resources** Learner Support Services, Centre for Extended Learning extendedlearning@uwaterloo.ca +1 519-888-4002 General inquiries • WatCards (Student ID Cards) Examination information Include your full name, WatIAM user ID, student number, and course name and number.

\*Discussion topics can be accessed by clicking Connect and then Discussions on the course navigation bar above.



### **C**OURSE **D**ESCRIPTION

Psychology allows us to better understand the human condition by studying behaviour using the scientific method. Psychology 101 will introduce students to the fundamental theories, concepts, methods, and issues encountered in the field of psychology. In addition to learning the core concepts of the field, this course is also meant to instruct the student in the scientific method (as it is used in the social sciences), to give students insight into themselves and their relationships with others, and to develop skills that will help students be successful in university and beyond.

## LEARNING OUTCOMES

By the end of the course, you should be able to do the following:

- A. Explain and apply the core concepts of psychology. This will provide a foundation of knowledge upon which you can build in upper year psychology courses.
- B. Gain an appreciation for the role of science in learning about human behaviour:
  - 1. Appraise research conducted in psychology.
  - 2. Participate in psychological research.
- C. Gain greater insight into yourself, others, and the human condition:
  - 1. Apply core concepts to yourself and others.
  - 2. Recognize and value human diversity.
- D. Develop professional skills that will enhance your success in university and beyond:
  - 1. Recording and organizing information.

- 2. Implementing strategies for memorization.
- 3. Asking meaningful questions.
- 4. Expressing your thoughts with precision and clarity.

This online course was developed by Paul Wehr, with instructional design and multimedia development support provided by the Centre for Extended Learning. Further media production was provided by Instructional Technologies and Multimedia Services.



## COURSE AUTHOR — PAUL WEHR

#### **Teaching Interests**

My passion is for undergraduate instruction and support. Trained as a scientist in evolutionary psychology, I have the background and experience to teach a large number of core undergraduate courses including Introductory Psychology, Research Methods, Statistics, Social Psychology, Cultural psychology, and a number of evolutionary themed upper level psychology courses. Presently, my focus is on course development, and the use of student response systems (SRS) in the classroom. Some pedagogical techniques I utilize in addition to SRS include scaffolding assignments, team-teaching, and problem-focused instruction.



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In terms of student support, I focus on skills training and undergraduate advising. In addition to an official advising role within the Psychology Department, I consult on a variety of topics — such as note taking, exam prep, library research, and scientific writing — that help students to adapt and succeed in university and beyond. I encourage student-instructor interaction by making myself more accessible to students during extended weekly office hours.



# Техтвоок(s)

#### Required

 Wehr, P. (2018). *Introduction to psychology*. 
 Retrieved from http://nobaproject.com/textbooks/paul-wehr-new-textbook

### Resources

- Library services for co-op students on work term and distance education students
- Get mental health support when you need it

# WRITING CENTRE

The Writing Centre, located on the second floor of South Campus Hall, works across all faculties to help students clarify their ideas, develop their voices, and communicate in the style appropriate to their disciplines. Writing Centre staff offer one-on-one support in planning assignments, using and documenting research, organizing papers and reports, designing presentations and e-portfolios, and revising for clarity and coherence.

You can make multiple appointments throughout the term, or drop in at either the Dana Porter or Davis Centre libraries for quick questions or feedback. Group appointments for team-based projects, presentations, and papers are also available. To book a 50-minute appointment and to see drop-in hours, visit:

#### Writing and Communication Centre



The following table represents the grade breakdown of this course.

| Activities and Assignments            | Weight (%)         |
|---------------------------------------|--------------------|
| Introduce Yourself                    | Non-completion -2% |
| Weekly Quizzes                        | 36% (3% x 12)      |
| Study Skills Quizzes                  | 4% (1% each)       |
| Article Summary Assignment            | 15%                |
| Concept Map and Reflection Assignment | 20%                |
| SONA Participation Bonus              | 3%                 |
| Final Examination                     | 25%                |





## **C**OURSE **P**OLICIES

#### **Missed Quizzes**

Missed quizzes will receive a score of zero. If you miss an assessment deadline with for a legitimate reason (e.g., illness or kidnapping), contact the instructor as soon as possible! Weekly Quizzes may be reactivated after the appropriate documentation has been submitted to the instructor (e.g., verification of illness form or ransom note).

#### Late Assignments

Late assignments will be accepted up to 10 days after due date with a 10% penalty accumulating after every second day. Extensions for extenuating circumstances may be granted at the discretion of the instructor.



## **SUBMISSION TIMES**

Please be aware that the University of Waterloo is located in the **Eastern Time Zone** (GMT or UTC-5 during standard time and UTC-4 during daylight saving time) and, as such, the time that your activities and/or assignments are due is based on this zone. If you are outside the Eastern Time Zone and require assistance with converting your time, please try the <u>Ontario, Canada Time Converter</u> .

### ACCOMMODATION DUE TO ILLNESS

If your instructor has provided specific procedures for you to follow if you miss assignment due dates, term tests, or a final examination, adhere to those instructions. Otherwise:

#### **Missed Assignments/Tests/Quizzes**

Contact the instructor as soon as you realize there will be a problem, and preferably within 48 hours, but no more than 72 hours, have a medical practitioner complete a <u>Verification of Illness Form</u> .

**Email** a scanned copy of the Verification of Illness Form to your instructor. In your email to the instructor, provide your name, student ID number, and exactly what course activity you missed.

Further information regarding Management of Requests for Accommodation Due to Illness can be found on the <u>Accommodation due to illness</u> page.

#### **Missed Final Examinations**

If this course has a final exam and if you are unable to write a final examination due to illness, seek medical treatment and have a medical practitioner complete a <u>Verification of Illness Form</u> I. Email a scanned copy to the Centre for Extended Learning (CEL) at <u>extendedlearning@uwaterloo.ca</u> within 48 hours of your missed exam. Make sure you include your name, student ID number, and the exam(s) missed. You will be REQUIRED to hand in the original completed form before you write the make-up examination.

After your completed Verification of Illness Form has been received and processed, you will be emailed your alternate exam date and time. This can take up to 2 business days. If you are within **150 km** of Waterloo you should be prepared to write in Waterloo on the additional CEL exam dates **1** . If you live outside the 150 km radius, CEL will work with you to make suitable arrangements.

Further information about <u>Examination Accommodation Due to Illness</u> regulations is available in the Undergraduate Calendar.

## ACADEMIC INTEGRITY

In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. If you have not already completed the online tutorial regarding academic integrity you should do so as soon as possible. Undergraduate students should see the Academic Integrity Tutorial and graduate students should see the Graduate Students and Academic Integrity website.

Proper citations are part of academic integrity. Citations in CEL course materials usually follow CEL style, which is based on APA style. Your course may follow a different style. If you are uncertain which style to use for an assignment, please confirm with your instructor or TA.

For further information on academic integrity, please visit the Office of Academic Integrity

### TURNITIN

**Turnitin.com**: Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students' submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin® in this course.

It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit the alternate assignment.

## DISCIPLINE

A student is expected to know what constitutes <u>academic integrity</u> to avoid committing an academic offence, and to take responsibility for his/her actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about "rules" for group work/collaboration, should seek guidance from the course instructor, academic advisor, or the undergraduate Associate Dean. For information on categories of offences and types of penalties, students should refer to <u>Policy 71 - Student Discipline</u> . For typical penalties, check <u>Guidelines for</u> <u>the Assessment of Penalties</u>.

## **A**PPEALS

A decision made or penalty imposed under <u>Policy 70 - Student Petitions and Grievances</u>  $\square$ , (other than a petition) or <u>Policy 71 - Student Discipline</u>  $\square$ , may be appealed if there is a ground. A student who believes he/she has a ground for an appeal should refer to <u>Policy</u> <u>72 - Student Appeals</u>  $\square$ .



A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read <u>Policy 70 -</u> <u>Student Petitions and Grievances</u> , Section 4. When in doubt please be certain to contact the department's administrative assistant who will provide further assistance.

## FINAL GRADES

In accordance with <u>Policy 46 - Information Management</u> , Appendix A - Access to and Release of Student Information, the Centre for Extended Learning does not release final examination grades or final course grades to students. Students must go to <u>Quest</u> to see all final grades. Any grades posted in Waterloo LEARN are unofficial.

## ACCESSABILITY SERVICES

AccessAbility Services I , located in Needles Hall, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodation to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term and for each course.

## ACCESSIBILITY STATEMENT

The Centre for Extended Learning strives to meet the needs of all our online learners. Our ongoing efforts to become aligned with the <u>Accessibility for Ontarians with Disabilities Act</u> (<u>AODA</u>) are guided by University of Waterloo accessibility <u>Legislation</u> and policy and the <u>World Wide Web Consortium's (W3C) Web Content Accessibility Guidelines (WCAG)</u> 2.0 d. The majority of our online courses are currently delivered via the Desire2Learn Learning Environment. Learn more about <u>Desire2Learn's Accessibility Standards</u> <u>Compliance</u>.

### Use of Computing and Network Resources

Please see the Guidelines on Use of Waterloo Computing and Network Resources

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