Important: ALL TIMES EASTERN - Please see the University Policies section of your Syllabus for details

| Week | Module | Readings and Other Assigned Material | Activities and Assignments | End/Due Date | Weight (%) |
|---|---|---|---|---|---|
| **Weeks 1 to 4** | | | | | |
| Week 1 | Module 01: Memory | Introduction to Psychology:<br>• Conditioning and Learning | Study Skills Quizzes<br>• Online Readiness Quiz<br>• Metacognition Quiz | (suggested completion date) Friday, September 17, 2021 at 11:55 PM | 5% |
| | | | Week 1 Quiz (Weekly Quizzes) | Friday, September 17, 2021 at 11:55 PM | 4.58% |
| Week 2 | Module 02: Stats and Research Designs | Introduction to Psychology:<br>• History of Psychology<br>• Research Designs | Week 2 Quiz (Weekly Quizzes) | Friday, September 17, 2021 at 11:55 PM | 4.58% |
| | | | Groups for Introduce Yourself will be created by Technical Support. | Check after Friday, September 17, 2021 at 4:30 PM | |
| Week 3 | Module 03: Evolution and Psychology | Introduction to Psychology:<br>• Neurons<br>• The Nervous System | Feedback Available: Week 1 and Week 2 Quiz | Check after Monday, September 20, 2021 at 12:01 AM | |
| | | | Introduce Yourself | Friday, October 1, 2021 at 11:55 PM | Non-completion -2% |
| | | | Week 3 Quiz (Weekly Quizzes) | Friday, October 1, 2021 at 11:55 PM | 4.58% |
| | | Introduction to Psychology: | | | |

| Week 4 | Module 04: Visual Perception | • Hearing <br> • Taste and Smell <br> • Touch and Pain | Week 4 Quiz (Weekly Quizzes) | Friday, October 1, 2021 at 11:55 PM | 4.58% |
|---|---|---|---|---|---|

| Weeks 5 to 8 |
|---|

| Week 5 | Module 05: Consciousness | Introduction to Psychology: <br> • States of Consciousness | Feedback Available: Week 3 and Week 4 Quiz | Check after Monday, October 4, 2021 at 12:01 AM | |
| | | | Begin working on Article Summary Assignment | | |
| | | | Week 5 Quiz (Weekly Quizzes) | Friday, October 22, 2021 at 11:55 PM | 4.58% |

| Reading Week (Saturday, October 9, 2021 to Sunday, October 17, 2021) |
|---|

| Week 6 | Module 06: Problem Solving | Introduction to Psychology: <br> • Language and Language Use <br> • Intelligence | Study Skills Quizzes <br> • Peer Feedback Quiz <br> • Library Skills Quiz | (suggested completion date) Friday, October 22, 2021 at 11:55 PM | 5% |
| | | | Week 6 Quiz (Weekly Quizzes) | Friday, October 22, 2021 at 11:55 PM | 4.58% |
| Week 7 | Module 07: Emotion | Introduction to Psychology: <br> • Drive States <br> • Industrial/Organizational (I/O) Psychology | Feedback Available: Week 5 and Week 6 Quiz | Check after Monday, October 25, 2021 at 12:01 AM | |
| | | | Article Summary Assignment | Monday, October 25, 2021 at 11:55 PM | 15% |
| | | | Week 7 Quiz (Weekly Quizzes) | Friday, November 5, 2021 at 11:55 PM | 4.58% |
| Week 8 | Module 08: Development | Introduction to Psychology: <br> • Cognitive Development in Childhood <br> • Adolescent Development | Begin working on the Concept Map portion of the Concept Map and Reflection assignment. | | |
| | | | Week 8 Quiz (Weekly Quizzes) | Friday, November 5, 2021 at 11:55 PM | 4.58% |

| Weeks 9 to 12 |
|---|

| | | | | | |
|---|---|---|---|---|---|
| | | | Begin working on the Reflection portion of the [Concept Map and Reflection](#) assignment. | | |
| Week 9 | Module 09: [Freudian and Humanist Theory](#) | Introduction to Psychology: <br><br> • [Personality Assessment](#) <br> • [Personality Traits](#) | Feedback Available: Week 7 and Week 8 Quiz | Check after Monday, November 8, 2021 at 12:01 AM | |
| | | | Week 9 Quiz ([Weekly Quizzes](#)) | Friday, November 19, 2021 at 11:55 PM | 4.58% |
| Week 10 | Module 10: [Behaviour in Groups](#) | Introduction to Psychology: <br><br> • [Social Cognition and Attitudes](#) <br> • [Persuasion: So Easily Fooled](#) <br> • [Prejudice, Discrimination, and Stereotyping](#) | [Concept Map and Reflection](#) | Wednesday, November 17, 2021 at 11:55 PM | 20% |
| | | | Week 10 Quiz ([Weekly Quizzes](#)) | Friday, November 19, 2021 at 11:55 PM | 4.58% |
| Week 11 | Module 11: [Depression and Anxiety](#) | Introduction to Psychology: <br><br> • [History of Mental Illness](#) <br> • [Autism: Insights from the Study of the Social Brain](#) <br> • [Psychopathy](#) | Feedback Available: Week 9 and Week 10 Quiz | Check after Monday, November 22, 2021 at 12:01 AM | |
| | | | Week 11 Quiz ([Weekly Quizzes](#)) | Monday, December 6, 2021 at 11:55 PM | 4.58% |
| | | | Week 12 Quiz ([Weekly Quizzes](#)) | Monday, December 6, 2021 at 11:55 PM | 4.58% |
| Week 12 | Module 12: [Psychological Therapy](#) | Introduction to Psychology: <br><br> • [The Healthy Life](#) | Feedback Available: Week 11 and Week 12 Quiz | Check after Thursday, December 9, 2021 at 12:01 AM | |
| | | | [SONA Participation](#) | Wednesday, December 7, 2021 at 11:55 PM | + 3% bonus |
| | | | | Wednesday, | |

PSYCH 101 Online Study Skills Quizzes close. December 7, 2021 at 11:55 PM University of Waterloo

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# ANNOUNCEMENTS

Your instructor uses the Announcements widget on the Course Home page during the term to communicate new or changing information regarding due dates, instructor absence, etc. You are expected to read the announcements on a regular basis.

To ensure you are viewing the complete list of announcements, you may need to click Show All Announcements.

# DISCUSSIONS

One challenge of online course work can be the absence of a social network. What if you have questions about course content or need help? How do you get feedback on your understanding of the material? How do you form study groups? There are two discussion boards set up for you to communicate with your classmates to facilitate your success in the course.

The first is a Peer Group Discussion Board. Each student has been assigned to a group with approximately 7 other students. This should be your first stop for eliciting information. In the event that your peer group is unsure of the information (or are unresponsive), there is a second discussion board for communicating with the whole class: Whole Class Discussion Board. Please be generous in your participation on these discussion boards, returning occasionally to read and respond to your classmates. Please note that these are student forums. As such, the instructor and TAs do not typically post or respond to posts on these forums (although we do monitor them).

If you have a question that remains unanswered after visiting the student forums, the next step is to post on the Ask the Instructor board. Responses will usually appear within 24 hours (Mon to Fri). However, before posting on the forum, be sure to check earlier posts in the event that your question has already been answered. I know this all sounds like we are trying to avoid talking to you, but I assure you that is definitely NOT the case. The goal here is to facilitate communication between students and to reduce redundancies in correspondence, which can be overwhelming in online formats.

# CONTACT US

| Who and Why | Contact Details |
|---|---|
| | Post your course-related questions to the [Ask the Instructor](#) discussion topic*. This allows other students to benefit from your question as well.<br><br>Questions of a personal nature can be directed to your instructor or your TA. |
| **Instructor and TA**<br><br>• Course-related questions (e.g., course content, deadlines, assignments, etc.)<br>• Questions of a personal nature | Instructor: Paul Wehr<br>[pwehr@uwaterloo.ca](mailto:pwehr@uwaterloo.ca)<br><br>Teaching Assistants:<br><br>Baaba Dadzie: [bbdadzie@uwaterloo.ca](mailto:bbdadzie@uwaterloo.ca)<br><br>Anna Murynka: [amurynka@uwaterloo.ca](mailto:amurynka@uwaterloo.ca)<br><br>Julia Schirmeister: [jschirmeister@uwaterloo.ca](mailto:jschirmeister@uwaterloo.ca)<br><br>Your instructor checks email and the [Ask the Instructor](#) discussion topic* frequently and will make every effort to reply to your questions within 24–48 hours, Monday to Friday. |
| **Technical Support,<br>Centre for Extended Learning**<br><br>• Technical problems with Waterloo LEARN | [learnhelp@uwaterloo.ca](mailto:learnhelp@uwaterloo.ca)<br><br>Include your full name, WatIAM user ID, student number, and course name and number.<br><br>Technical support is available during regular business hours, Monday to Friday, 8:30 AM to 4:30 PM (Eastern Time).<br><br>[IST Knowledge Base: For Students](#)<br>[Student Resources](#) |
| **Learner Support Services,<br>Centre for Extended Learning**<br><br>• General inquiries<br>• Examination information | [extendedlearning@uwaterloo.ca](mailto:extendedlearning@uwaterloo.ca)<br><br>Include your full name, WatIAM user ID, student number, and course name and number. |

*Discussion topics can be accessed by clicking Connect and then Discussions on the course navigation bar above.

# COURSE DESCRIPTION

Psychology allows us to better understand the human condition by studying behaviour using the scientific method. Psychology 101 will introduce students to the fundamental theories, concepts, methods, and issues encountered in the field of psychology. In addition to learning the core concepts of the field, this course is also meant to instruct the student in the scientific method (as it is used in the social sciences), to give students insight into themselves and their relationships with others, and to develop skills that will help students be successful in university and beyond.

# LEARNING OUTCOMES

By the end of the course, you should be able to do the following:

A. Explain and apply the core concepts of psychology. This will provide a foundation of knowledge upon which you can build in upper year psychology courses.
B. Gain an appreciation for the role of science in learning about human behaviour:
    1. Appraise research conducted in psychology.
    2. Participate in psychological research.
C. Gain greater insight into yourself, others, and the human condition:
    1. Apply core concepts to yourself and others.
    2. Recognize and value human diversity.
D. Develop professional skills that will enhance your success in university and beyond:
    1. Recording and organizing information.

2. Implementing strategies for memorization.

3. Asking meaningful questions.

4. Expressing your thoughts with precision and clarity.

*This online course was developed by Paul Wehr, with instructional design and multimedia development support provided by the Centre for Extended Learning. Further media production was provided by Instructional Technologies and Multimedia Services.*

# Course Author — Paul Wehr

## Teaching Interests

My passion is for undergraduate instruction and support. Trained as a scientist in evolutionary psychology, I have the background and experience to teach a large number of core undergraduate courses including Introductory Psychology, Research Methods, Statistics, Social Psychology, Cultural psychology, and a number of evolutionary themed upper level psychology courses. Presently, my focus is on course development, and the use of student response systems (SRS) in the classroom. Some pedagogical techniques I utilize in addition to SRS include scaffolding assignments, team-teaching, and problem-focused instruction.

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In terms of student support, I focus on skills training and undergraduate advising. In addition to an official advising role within the Psychology Department, I consult on a variety of topics — such as note taking, exam prep, library research, and scientific writing — that help students to adapt and succeed in university and beyond. I encourage student-instructor interaction by making myself more accessible to students during extended weekly office hours.

# TEXTBOOK

Required

- Wehr, P. (2018). *Introduction to psychology.* Retrieved from http://nobaproject.com/textbooks/paul-wehr-new-textbook

# RESOURCES

- Library services for Co-op students on work term and Extended Learning students
- Get mental health support when you need it

# WRITING CENTRE

The Writing Centre, located on the second floor of South Campus Hall, works across all faculties to help students clarify their ideas, develop their voices, and communicate in the style appropriate to their disciplines. Writing Centre staff offer one-on-one support in planning assignments, using and documenting research, organizing papers and reports, designing presentations and e-portfolios, and revising for clarity and coherence.

You can make multiple appointments throughout the term, or drop in at either the Dana Porter or Davis Centre libraries for quick questions or feedback. Group appointments for team-based projects, presentations, and papers are also available. To book a 50-minute appointment and to see drop-in hours, visit:

Writing and Communication Centre

The following table represents the grade breakdown of this course.

| Activities and Assignments | Weight (%) |
|---|---|
| Introduce Yourself | Non-completion -2% |
| Weekly Quizzes | 55% (4.58% x 12) |
| Study Skills Quizzes | 10% (2.5% x 4) |
| Article Summary Assignment | 15% |
| Concept Map and Reflection Assignment | 20% |
| SONA Participation | + 3% bonus |

# OFFICIAL GRADES AND COURSE ACCESS

Official Grades and Academic Standings are available through [Quest](Quest).

# Course Policies

## Missed Quizzes

Missed quizzes will receive a score of zero. If you miss an assessment deadline for a legitimate reason (e.g., illness or kidnapping), contact the instructor as soon as possible! Weekly Quizzes may be reactivated after the appropriate documentation has been submitted to the instructor (e.g., verification of illness form or ransom note).

## Late Assignments

Late assignments will be accepted up to 10 days after due date with a 10% penalty accumulating after every second day. Extensions for extenuating circumstances may be granted at the discretion of the instructor.

# SUBMISSION TIMES

Please be aware that the University of Waterloo is located in the Eastern Time Zone (GMT or UTC-5 during standard time and UTC-4 during daylight saving time) and, as such, the time that your activities and/or assignments are due is based on this zone. If you are outside the Eastern Time Zone and require assistance with converting your time, please try the [Ontario, Canada Time Converter](#).

# ACCOMMODATION DUE TO ILLNESS

If your instructor has provided specific procedures for you to follow if you miss assignment due dates, term tests, or a final examination, adhere to those instructions. Otherwise:

### Missed Assignments/Tests/Quizzes

Contact the instructor as soon as you realize there will be a problem, and preferably within 48 hours, but no more than 72 hours, have a medical practitioner complete a [Verification of Illness Form](#).

Email a scanned copy of the Verification of Illness Form to your instructor. In your email to the instructor, provide your name, student ID number, and exactly what course activity you missed.

Further information regarding Management of Requests for Accommodation Due to Illness can be found on the [Accommodation due to illness](#) page.

# ACADEMIC INTEGRITY

In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. If you have not already completed the online tutorial regarding academic integrity you should do so as soon as possible. Undergraduate students should see the [Academic Integrity Tutorial](#) and graduate students should see the [Graduate Students and Academic Integrity](#) website.

Proper citations are part of academic integrity. Citations in CEL course materials usually follow CEL style,

which is based on APA style. Your course may follow a different style. If you are uncertain which style to use for an assignment, please confirm with your instructor or TA.

For further information on academic integrity, please visit the Office of Academic Integrity.

# TURNITIN

Turnitin.com: Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students' submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin® in this course.

It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit the alternate assignment.

Turnitin® at Waterloo

# DISCIPLINE

A student is expected to know what constitutes academic integrity to avoid committing an academic offence, and to take responsibility for his/her actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about "rules" for group work/collaboration, should seek guidance from the course instructor, academic advisor, or the undergraduate Associate Dean. For information on categories of offences and types of penalties, students should refer to Policy 71 - Student Discipline. For typical penalties, check Guidelines for the Assessment of Penalties.

# APPEALS

A decision made or penalty imposed under Policy 70 - Student Petitions and Grievances, (other than a petition) or Policy 71 - Student Discipline, may be appealed if there is a ground. A student who believes he/she has a ground for an appeal should refer to Policy 72 - Student Appeals.

# GRIEVANCE

A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read Policy 70 - Student Petitions and Grievances, Section 4. When in doubt please be certain to contact the department's administrative assistant who will provide further assistance.

# FINAL GRADES

In accordance with [Policy 46 - Information Management](), Appendix A - Access to and Release of Student Information, the Centre for Extended Learning does not release final examination grades or final course grades to students. Students must go to [Quest]() to see all final grades. Any grades posted in Waterloo LEARN are unofficial.

# ACCESSABILITY SERVICES

[AccessAbility Services](), located in Needles Hall, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodation to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term and for each course.

# ACCESSIBILITY STATEMENT

The Centre for Extended Learning strives to meet the needs of all our online learners. Our ongoing efforts to become aligned with the [Accessibility for Ontarians with Disabilities Act (AODA)]() are guided by University of Waterloo accessibility [Legislation]() and policy and the [World Wide Web Consortium's (W3C) Web Content Accessibility Guidelines (WCAG) 2.0](). The majority of our online courses are currently delivered via the Desire2Learn Learning Environment. Learn more about [Desire2Learn's Accessibility Standards Compliance]().

# USE OF COMPUTING AND NETWORK RESOURCES

Please see the [Guidelines on Use of Waterloo Computing and Network Resources]().

# COPYRIGHT INFORMATION

UWaterloo's Web Pages

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Other Sources

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If there are any questions about this notice, please contact the University of Waterloo, Centre for Extended Learning, Waterloo, Ontario, Canada, N2L 3G1 or [extendedlearning@uwaterloo.ca](mailto:extendedlearning@uwaterloo.ca).