

Course Schedule



Important: ALL TIMES EASTERN - Please see the [University Policies](#) section of your Syllabus for details

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Week	Module	Readings and Other Assigned Material	Activities and Assignments	End/Due Date	Weight (%)
Weeks 1 to 4					
Week 1	Module 01: Memory	Introduction to Psychology: <ul style="list-style-type: none"> Conditioning and Learning 	Study Skills Quizzes <ul style="list-style-type: none"> Online Readiness Quiz Metacognition Quiz 	(suggested completion date) Friday, January 14, 2022 at 11:55 PM	5%
Week 2	Module 02: Stats and Research Designs	Introduction to Psychology: <ul style="list-style-type: none"> History of Psychology Research Designs 	Week 1 Quiz (Weekly Quizzes) Week 2 Quiz (Weekly Quizzes) Groups for Introduce Yourself will be created by Technical Support.	Friday, January 14, 2022 at 11:55 PM Friday, January 14, 2022 at 11:55 PM Check after Friday, January 14, 2022 at 4:30 PM	4.25%
Week 3	Module 03: Evolution and Psychology	Introduction to Psychology: <ul style="list-style-type: none"> Neurons The Nervous System 	Feedback Available: Week 1 and Week 2 Quiz Introduce Yourself	Check after Monday, January 17, 2022 at 12:01 AM Friday, January 28, 2022 at 11:55 PM	Non-completion -2%
Week 4	Module 04: Visual Perception	Introduction to Psychology: <ul style="list-style-type: none"> Hearing Taste and Smell Touch and Pain 	Week 3 Quiz (Weekly Quizzes) Week 4 Quiz (Weekly Quizzes)	Friday, January 28, 2022 at 11:55 PM	4.25%
Weeks 5 to 8					
Week 5	Module 05:	Introduction to Psychology: <ul style="list-style-type: none"> States of 	Feedback Available: Week 3 and Week 4 Quiz Begin working on Article	Check after Monday, January 31, 2022 at 12:01 AM	

[Consciousness](#)[Consciousness](#)[Summary Assignment](#)

			Week 5 Quiz (Weekly Quizzes)	Friday, February 11, 2022 at 11:55 PM	4.25%
			Study Skills Quizzes	(suggested completion date)	
Week 6	Module 06: Problem Solving	Introduction to Psychology:	<ul style="list-style-type: none"> Peer Feedback Quiz Library Skills Quiz 	Friday, February 11, 2022 at 11:55 PM	5%
			Week 6 Quiz (Weekly Quizzes)	Friday, February 11, 2022 at 11:55 PM	4.25%
			Feedback Available: Week 5 and Week 6 Quiz	Check after Monday, February 14, 2022 at 12:01 AM	
Week 7	Module 07: Emotion	Introduction to Psychology:	<ul style="list-style-type: none"> Drive States Industrial/Organizational (I/O) Psychology 	Monday, February 14, 2022 at 11:55 PM	15%
			Article Summary Assignment		
			Week 7 Quiz (Weekly Quizzes)	Friday, March 4, 2022 at 11:55 PM	4.25%

Reading Week (Sunday, February 19, 2022 to Saturday, February 27, 2022)

Week 8	Module 08: Development	Introduction to Psychology:	<ul style="list-style-type: none"> Cognitive Development in Childhood Adolescent Development 	Begin working on the Concept Map portion of the Concept Map and Reflection assignment.	
			Week 8 Quiz (Weekly Quizzes)	Friday, March 4, 2022 at 11:55 PM	4.25%

Weeks 9 to 12

Week 9	Module 09: Freudian and Humanist Theory	Introduction to Psychology:	<ul style="list-style-type: none"> Personality Assessment Personality Traits 	Begin working on the Reflection portion of the Concept Map and Reflection assignment.	
			Feedback Available: Week 7 and Week 8 Quiz	Check after Monday, March 7, 2022 at 12:01 AM	
			Week 9 Quiz (Weekly Quizzes)	Friday, March 18, 2022 at 11:55 PM	4.25%
Week 10	Module 10: Behaviour in	Introduction to Psychology:	<ul style="list-style-type: none"> Social Cognition and Attitudes Persuasion: So Easily 	Concept Map and Reflection	Wednesday, March 16, 2022 at 11:55 PM
					20%
				Friday, March	

	Groups	<ul style="list-style-type: none"> • Fooled • Prejudice, Discrimination, and Stereotyping 	Week 10 Quiz (Weekly Quizzes)	18, 2022 at 11:55 PM	4.25%
Week 11	Module 11: Depression and Anxiety	Introduction to Psychology:	Feedback Available: Week 9 and Week 10 Quiz	Check after Monday, March 21, 2022 at 12:01 AM	
		<ul style="list-style-type: none"> • History of Mental Illness • Autism: Insights from the Study of the Social Brain • Psychopathy 	Week 11 Quiz (Weekly Quizzes)	Monday, April 4, 2022 at 11:55 PM	4.25%
			Week 12 Quiz (Weekly Quizzes)	Monday, April 4, 2022 at 11:55 PM	4.25%
Week 12	Module 12: Psychological Therapy	Introduction to Psychology:	Feedback Available: Week 11 and Week 12 Quiz	Check after Thursday, April 7, 2022 at 12:01 AM	
		<ul style="list-style-type: none"> • The Healthy Life 	SONA Participation	Tuesday, April 5, 2022 at 11:55 PM	4% + 2% bonus
			Study Skills Quizzes close.	Tuesday, April 5, 2022 at 11:55 PM	

Contact Information



Announcements

Your instructor uses the **Announcements** widget on the **Course Home** page during the term to communicate new or changing information regarding due dates, instructor absence, etc. You are expected to read the announcements on a regular basis.

To ensure you are viewing the complete list of announcements, you may need to click **Show All Announcements**.

Discussions

One challenge of online course work can be the absence of a social network. What if you have questions about course content or need help? How do you get feedback on your understanding of the material? How do you form study groups? There are two **discussion boards** set up for you to communicate with your classmates to facilitate your success in the course.

The first is a [Peer Group Discussion Board](#). Each student has been assigned to a group with approximately 7 other students. This should be your first stop for eliciting information. In the event that your peer group is unsure of the information (or are unresponsive), there is a second discussion board for communicating with the whole class: [Whole Class Discussion Board](#). Please be generous in your participation on these discussion boards, returning occasionally to read and respond to your classmates. Please note that these are student forums. As such, the instructor and TAs do not typically post or respond to posts on these forums (although we do monitor them).

If you have a question that remains unanswered after visiting the student forums, the next step is to post on the [Ask the Instructor](#) board. Responses will usually appear within 24 hours (Mon to Fri). However, before posting on the forum, be sure to check earlier posts in the event that your question has already been answered. I know this all sounds like we are trying to avoid talking to you, but I assure you that is definitely **NOT** the case. The goal here is to facilitate communication between students and to reduce redundancies in correspondence, which can be overwhelming in online formats.

Contact Us

Who and Why

Contact Details

Instructor and TA

- Course-related questions (e.g., course content, deadlines, assignments, etc.)
- Questions of a personal nature

Post your course-related questions to the [Ask the Instructor](#) discussion topic*. This allows other students to benefit from your question as well.

Questions of a personal nature can be directed to your instructor or your TA.

Instructor: Megan McCarthy
m5mccart@uwaterloo.ca

Your instructor checks email and the [Ask the Instructor](#) discussion topic* frequently and will make every effort to reply to your questions within 24–48 hours, Monday to Friday.

learnhelp@uwaterloo.ca

Technical Support,
Centre for Extended Learning

- Technical problems with Waterloo LEARN

Include your full name, WatIAM user ID, student number, and course name and number.

Technical support is available during regular business hours, Monday to Friday, 8:30 AM to 4:30 PM (Eastern Time).

[IST Knowledge Base: For Students](#)

[Student Resources](#)

extendedlearning@uwaterloo.ca

Learner Support Services,
Centre for Extended Learning

- General inquiries
- Examination information

Include your full name, WatIAM user ID, student number, and course name and number.

*Discussion topics can be accessed by clicking **Connect** and then **Discussions** on the course navigation bar above.

Course Description and Learning Outcomes



Course Description

Psychology allows us to better understand the human condition by studying behaviour using the scientific method. Psychology 101 will introduce students to the fundamental theories, concepts, methods, and issues encountered in the field of psychology. In addition to learning the core concepts of the field, this course is also meant to instruct the student in the scientific method (as it is used in the social sciences), to give students insight into themselves and their relationships with others, and to develop skills that will help students be successful in university and beyond.

Learning Outcomes

By the end of the course, you should be able to do the following:

- A. Explain and apply the core concepts of psychology. This will provide a foundation of knowledge upon which you can build in upper year psychology courses.
- B. Gain an appreciation for the role of science in learning about human behaviour:
 - 1. Appraise research conducted in psychology.
 - 2. Participate in psychological research.
- C. Gain greater insight into yourself, others, and the human condition:
 - 1. Apply core concepts to yourself and others.
 - 2. Recognize and value human diversity.
- D. Develop professional skills that will enhance your success in university and beyond:
 - 1. Recording and organizing information.
 - 2. Implementing strategies for memorization.
 - 3. Asking meaningful questions.
 - 4. Expressing your thoughts with precision and clarity.

This online course was developed by Paul Wehr, with instructional design and multimedia development support provided by the Centre for Extended Learning. Further media production was provided by Instructional Technologies and Multimedia Services.

About the Course Author



Course Author — Paul Wehr

Teaching Interests



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My passion is for undergraduate instruction and support. Trained as a scientist in evolutionary psychology, I have the background and experience to teach a large number of core undergraduate courses including Introductory Psychology, Research Methods, Statistics, Social Psychology, Cultural psychology, and a number of evolutionary themed upper level psychology courses. Presently, my focus is on course development, and the use of student response systems (SRS) in the classroom. Some pedagogical techniques I utilize in addition to SRS include scaffolding assignments, team-teaching, and problem-focused instruction.

In terms of student support, I focus on skills training and undergraduate advising. In addition to an official advising role within the Psychology Department, I consult on a variety of topics — such as note taking, exam prep, library research, and scientific writing — that help students to adapt and succeed in university and beyond. I encourage student-instructor interaction by making myself more accessible to students during extended weekly office hours.

Materials and Resources



Textbook

Required

- Wehr, P. (2018). [Introduction to psychology](http://nobaproject.com/textbooks/paul-wehr-new-textbook). Retrieved from <http://nobaproject.com/textbooks/paul-wehr-new-textbook>

Resources

- [Library services for Co-op students on work term and Extended Learning students](#)
- [Get mental health support when you need it](#)

Writing Centre

The Writing Centre, located on the second floor of South Campus Hall, works across all faculties to help students clarify their ideas, develop their voices, and communicate in the style appropriate to their disciplines. Writing Centre staff offer one-on-one support in planning assignments, using and documenting research, organizing papers and reports, designing presentations and e-portfolios, and revising for clarity and coherence.

You can make multiple appointments throughout the term, or drop in at either the Dana Porter or Davis Centre libraries for quick questions or feedback. Group appointments for team-based projects, presentations, and papers are also available. To book a 50-minute appointment and to see drop-in hours, visit:

[Writing and Communication Centre](#)

Grade Breakdown



Grade Breakdown

The following table represents the grade breakdown of this course.

Activities and Assignments	Weight (%)
Introduce Yourself	Non-completion -2%
Weekly Quizzes	51% (4.25% x 12)
Study Skills Quizzes	10% (2.5% x 4)
Article Summary Assignment	15%
Concept Map and Reflection Assignment	20%
SONA Participation	4% + 2% bonus

Official Grades and Course Access

Official Grades and Academic Standings are available through [Quest](#).

Course Policies



Course Policies

Missed Quizzes

Missed quizzes will receive a score of zero. If you miss an assessment deadline for a legitimate reason (e.g., illness or kidnapping), contact the instructor as soon as possible! Weekly Quizzes may be reactivated after the appropriate documentation has been submitted to the instructor (e.g., verification of illness form or ransom note).

Late Assignments

Late assignments will be accepted up to 10 days after due date with a 10% penalty accumulating after every second day. Extensions for extenuating circumstances may be granted at the discretion of the instructor.

University Policies

