

Course Schedule

Important: ALL TIMES EASTERN - Please see the [University Policies](#) section of your Course Outline for details.

Week	Readings and Other Assigned Material	Activities and Assignments	Due Date	Weight (%)
		Groups for Post-Scale Weekly Discussions will be created by Technical Support	Check after Wednesday, January 5, 2022 at 4:30 PM	
<u>Week 1: Introduction to Personality Theory and Research</u>	<i>The Personality Puzzle</i> , Chapter 1	Introductory Discussion (Initial Post)	Friday, January 7, 2022 at 11:55 PM	
		Introductory Discussion (Reply Post) (Complete 6 of the 10 Weekly Discussions)	Sunday, January 9, 2022 at 11:55 PM	(complete 6 of 10, 16% total)
		Post-Scale Weekly Discussion , Parts 1 and 2 (Initial Posts)	Wednesday, January 12, 2022 at 11:55 PM	(complete 6 of 10, 16% total)
<u>Week 2: Research Methods 1</u>		Post-Scale Weekly Discussion , Parts 1 and 2 (Reply Posts)	Sunday, January 16, 2022 at 11:55 PM	
	<i>The Personality Puzzle</i> , Chapters 2, 3, and 4	Begin working on the Research Methods Worksheet		
	<i>The Personality Puzzle</i> , Chapter 5	Weekly Thought Paper (Complete 6 of 8 Weekly Thought Papers throughout the term)	Tuesday, January 18, 2022 at 11:55 PM	(complete 6 of 8, 24% total)
		Post-Scale Weekly Discussion , Parts 1 and 2 (Initial Posts)	Wednesday, January 19, 2022 at 11:55 PM	(complete 6 of 10, 16% total)
<u>Week 3: Research Methods 2</u>		Post-Scale Weekly Discussion , Parts 1 and 2 (Reply Posts)	Sunday, January 23, 2022 at 11:55 PM	

Continue working on the
[Research Methods Worksheet](#)

[Post-Scale Weekly Discussion](#),
Parts 1 and 2 (Initial Posts)

Wednesday,
January 26, 2022
at 11:55 PM

(complete 6
of 10, 16%
total)

[Post-Scale Weekly Discussion](#),
Parts 1 and 2 (Reply Posts)

Sunday, January
30, 2022 at
11:55 PM

[Week 4: The Big Five Personality Factors](#) *The Personality Puzzle*,
Chapter 4 (Review)

[Weekly Thought Paper](#)

Tuesday, February
1, 2022 at
11:55 PM

(complete 6
of 8, 24%
total)

Submit the [Research Methods Worksheet](#)

Tuesday, February
1, 2022 at
11:55 PM

10%

*****If you wish to receive feedback on your participation, you can send an email to your instructor*****

[Post-Scale Weekly Discussion](#),
Parts 1 and 2 (Initial Posts)

Wednesday,
February 2, 2022
at 11:55 PM

(complete 6
of 10, 16%
total)

[Week 5: Using Personality Traits to Understand Behaviour](#)

[Post-Scale Weekly Discussion](#),
Parts 1 and 2 (Reply Posts)

Sunday, February
6, 2022 at
11:55 PM

The Personality Puzzle,
Chapter 6

[Weekly Thought Paper](#)

Tuesday, February
8, 2022 at
11:55 PM

(complete 6
of 8, 24%
total)

[Post-Scale Weekly Discussion](#),
Parts 1 and 2 (Initial Posts)

Wednesday,
February 9, 2022
at 11:55 PM

(complete 6
of 10, 16%
total)

[Week 6: Personality, Stability, Development, and Change](#)

[Post-Scale Weekly Discussion](#),
Parts 1 and 2 (Reply Posts)

Sunday, February
13, 2022 at
11:55 PM

The Personality Puzzle,
Chapter 7

[Weekly Thought Paper](#)

Tuesday, February 15, 2022 at 11:55 PM (complete 6 of 8, 24% total)

[Week 7: Work on Personality of a Public Figure Paper](#)

Continue working on the [Personality of a Public Figure Paper](#)

Reading Week (Saturday, February 19, 2022 to Sunday, February 27, 2022)

[Week 8: Work on Personality of a Public Figure Paper](#)

Submit the [Personality of a Public Figure Paper](#)

Friday, March 4, 2022 at 11:55 PM **25%**

[Post-Scale Weekly Discussion,](#)
Parts 1 and 2 (Initial Posts)

Wednesday, March 9, 2022 at 11:55 PM (complete 6 of 10, 16% total)

[Week 9: Personality, Genes, and Evolution](#)

[Post-Scale Weekly Discussion,](#)
Parts 1 and 2 (Reply Posts)

Sunday, March 13, 2022 at 11:55 PM

The Personality Puzzle,
Chapter 9

[Weekly Thought Paper](#)

Tuesday March 15, 2022 at 11:55 PM (complete 6 of 8, 24% total)

[Post-Scale Weekly Discussion,](#)
Parts 1 and 2 (Initial Posts)

Wednesday, March 16, 2022 at 11:55 PM (complete 6 of 10, 16% total)

[Week 10: Self-Esteem](#) *No textbook reading this week*

[Post-Scale Weekly Discussion,](#)
Parts 1 and 2 (Reply Posts)

Sunday, March 20, 2022 at 11:55 PM

[Weekly Thought Paper](#)

Tuesday, March 22, 2022 at 11:55 PM (complete 6 of 8, 24% total)

[Post-Scale Weekly Discussion,](#)
Parts 1 and 2 (Initial Posts)

Wednesday, March 23, 2022 at 11:55 PM (complete 6 of 10, 16%)

total)

Week 11: Personality Processes[Post-Scale Weekly Discussion,](#)
Parts 1 and 2 (Reply Posts)Sunday, March 27,
2022 at 11:55 PM*The Personality Puzzle (8th Edition),* Chapter 14; (7th Edition, Chapter 14 and 15)[Weekly Thought Paper](#)

Tuesday, March 29, 2022 at 11:55 PM

(complete 6 of 8, 24% total)

[Post-Scale Weekly Discussion,](#)
Parts 1 and 2 (Initial Posts)

Wednesday, March 30, 2022 at 11:55 PM

(complete 6 of 10, 16% total)

[Post-Scale Weekly Discussion,](#)
Parts 1 and 2 (Reply Posts)

Sunday, April 3, 2022 at 11:55 PM

Week 12: Personality Disorders and Health*The Personality Puzzle,* Chapter 17[Weekly Thought Paper](#)

Tuesday, April 5, 2022 at 11:55 PM

(complete 6 of 8, 24% total)

[Personality Concepts in My Life Paper](#)

Saturday, April 11, 2022 at 11:55 PM

25%**Final Examination**

There is no final examination for this course.

Contact Information

Announcements

Your instructor uses the **Announcements** widget on the **Course Home** page during the term to communicate new or changing information regarding due dates, instructor absence, etc., as needed. You are expected to read the announcements on a regular basis.

To ensure you are viewing the complete list of announcements, you may need to click **Show All Announcements**.

Discussions

A [General Discussion](#) topic* has also been made available to allow students to communicate with peers in the course. Your instructor may drop in at this discussion topic.

Contact Us

Who and Why

Contact Details

Post your course-related questions to the [Ask the Instructor](#) discussion topic*. This allows other students to benefit from your question as well.

Questions of a personal nature can be directed to your instructor.

Instructor

- Course-related questions (e.g., course content, deadlines, assignments, etc.)
- Questions of a personal nature

Instructor: Christine Logel
clogel@uwaterloo.ca

Office hours are available by appointment - that just means that if you want a phone call or Zoom meeting, you can email Dr. Logel and she will work with you to find a time ASAP that will work for both of you.

TAs:

Linda Sosa Hernandez Linda.sosa.hernandez@uwaterloo.ca

Emily Sara Stillitano esstilli@uwaterloo.ca

Your instructor checks email and the [Ask the Instructor](#) discussion topic* frequently and will make every effort to reply to your questions within 24–48 hours, Monday to Friday.

learnhelp@uwaterloo.ca

Technical Support, Centre for Extended Learning

- Technical problems with Waterloo LEARN

Include your full name, WatIAM user ID, student number, and course name and number.

Technical support is available during regular business hours, Monday to Friday, 8:30 AM to 4:30 PM (Eastern Time).

[IST Knowledge Base: For Students](#)

Learner Support Services,
Centre for Extended Learning

[Student Resources](#)

extendedlearning@uwaterloo.ca

- General inquiries
- Examination information

Include your full name, WatIAM user ID, student number, and course name and number.

*Discussion topics can be accessed by clicking **Connect** and then **Discussions** on the course navigation bar above.

Course Description and Learning Outcomes

Course Description

Personality

This course addresses the science of measuring and explaining patterned individual differences in behaviour, including temperaments and traits; values, goals, and personal strivings; and meaning systems and self-narratives. Topics include behavioural, physiological, genetics, and cultural studies of personality; continuity and change in personality over the lifespan; and personality disorders.

Learning Outcomes

- To develop an in-depth knowledge of the psychological study of personality.
- To be able to apply psychological research to assess peoples' personality for research and applied purposes.
- To understand the current issues, methods, and topics in personality psychology.
- To develop the ability to relate the findings of personality research to your life and to important issues in our society and the world at large.
- To build and improve writing skills.
- To build and improve skills at having substantive online discussions.

This online course was developed by Christine Logel, with instructional design and multimedia development support provided by the Centre for Extended Learning. Further media production was provided by Instructional Technologies and Multimedia Services.

About the Course Author and Instructor - Dr. Christine Logel

Educational Background

Dr. Logel has enduring ties to University of Waterloo. She completed her BA in Psychology and Applied Studies Co-op — a program which has now evolved into Arts and Business Co-op — and then did her PhD in Social Psychology at Waterloo as well, under the supervision of Dr. Steven J. Spencer. After a SSHRC-funded postdoctoral fellowship at University of Colorado Boulder and Stanford University, she returned to Waterloo for a CIHR-funded postdoctoral fellowship in Chronic Disease Prevention. She was hired as an Assistant Professor at Renison in 2011 and promoted to Associate Professor of Social Development Studies in 2016.



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Current Research

Dr. Logel studies social psychological processes that contribute to social problems and negatively impact individual well-being. One particular focus has been the effects on people when they are judged in light of negative group stereotypes. Currently, she focuses on developing and rigorously testing brief, targeted social psychological interventions that guide people to face challenges with the most adaptive mindset — one that allows them to tap into the resources available to them, both in their environment and inside themselves.

Teaching Background

Dr. Logel has taught Introductory Psychology, Social Cognition, Personality Psychology, Social Psychology, and Honours Seminars on Race and Gender Equality and on Psychological Interventions. She applies what she learns in her research, focusing on guiding students on how to equip themselves with the skills and resources that can help them flourish in their education and beyond.

Outside of Work

Dr. Logel is a big fan of trampolines, winter jogging, the entire Bachelor franchise, and the Social Development Studies program. Where appropriate, she tells people about her invisible disabilities — a chronic illness in addition to an anxiety disorder — so others know they are not alone.

Materials and Resources

Textbook

Required

Funder, David C. (2019). *The Personality Puzzle (8th Edition)*. W.W. Norton and Company.

Used versions of the 7th Edition (2015) are available from a variety of sources. The 8th edition is not hugely different from the 7th but you are responsible for making sure you are reading the correct topics.

For textbook ordering information, please contact the [W Store | Course Materials + Supplies](#)

For your convenience, you can compile a list of required and optional course materials through [BookLook](#) using your Quest userID and password. If you are having difficulties ordering online and wish to call the Waterloo Bookstore, their phone number is +1 519-888-4673 or toll-free at +1 866-330-7933. Please be aware that textbook orders **CANNOT** be taken over the phone.

Course Reserves

Course Reserves can be accessed using the **Library Resources** widget on the **Course Home** page.

Resources

- Library services for [Co-op students on work term and students taking online courses](#)

Grade Breakdown

The following table represents the grade breakdown of this course.

Activities and Assignments	Weighting Description	Weight (%)
Introductory Discussion (x1)	You choose 6 of the 10 Weekly Discussions to participate in and be marked on (2.67% each). If you complete more than 6, we will mark the first 6.	16%
Post-Scale Weekly Discussions (x9)		
Weekly Thought Papers (x8)	You choose 6 of the 8 thought papers to complete and be marked on (4% each). If you complete more than 6, we will mark the first 6.	24%
Research Methods Worksheet		10%
Personality of a Public Figure Paper		25%
Personality Applied to Yourself Paper		25%

Official Grades

Official Grades and Academic Standings are available through [Quest](#).

Course Policies

Late Penalties

The official policy is that there will be a late penalty of five percent per day for Activities and Assignments submitted late. Any assignment over one week late will receive a grade of zero. However, we understand that life happens, especially during a pandemic, and so there may be some instances when we can offer flexibility. If you are struggling with the course, or with any particular assignment, please email your instructor and together you can determine appropriate supports and, if absolutely necessary, documentation. We are here to support your learning, growth, and success, however you define success.

Caregiver Responsibilities Policy

We have great respect for students who are balancing their pursuit of education with the responsibilities of caring for children or other family members. If you run into challenges that require you to miss scheduled assignments, or if your caregiving responsibilities are interfering with your ability to engage in remote learning, please contact the instructor or the TA. There may be some instances of flexibility we can offer to support your learning.

School-Life Conflict

Many students face obstacles to their education as a result of work or family obligations or unforeseen personal difficulties. If you are experiencing challenges throughout the term that are impacting your ability to succeed in this course, or in your undergraduate career more broadly, please reach out to your instructor immediately so that you can work together to form a plan for your academic success.

Planning Ahead for Additional Accommodations

Regular life can be challenging enough. Life during a pandemic can be overwhelming. Please contact your instructor ahead of time if you foresee significant challenges this term so that you can, together, plan accommodations ahead of time. This course is designed to allow for challenges (i.e. students only complete 6 of 10 Discussions and 6 of 8 Thought Papers so they could, in theory, skip entire weeks of the course) but if other barriers are cropping up, we will support you to the extent that we are able.

Group Work

Please contact your discussion group members to let them know when you are not participating in a discussion that week, even if that nonparticipation is part of the course structure (i.e. there are 10 discussions and each student only does six) or has been approved by the course instructor.

This way, group members can contact the instructor if they somehow find themselves with only two people in their group, making it difficult for them to complete the discussions.

University Policies

Mental Health Support

All of us need a support system. The faculty and staff in Arts encourage students to seek out mental health supports if they are needed.

On Campus

- Counselling Services: counselling.services@uwaterloo.ca / 519-888-4567 ext. 32655
- [MATES](#): one-to-one peer support program offered by the Waterloo Undergraduate Student Association (WUSA) and Counselling Services
- Health Services Emergency service: located across the creek from Student Life Centre

Off campus, 24/7

- [Good2Talk](#): Free confidential help line for post-secondary students. Phone: 1-866-925-5454
- [Empower Me](#): Confidential, multilingual, culturally sensitive, faith inclusive mental health and wellness service.
- Grand River Hospital: Emergency care for mental health crisis. Phone: 519-749-4300 ext. 6880
- [Here 24/7](#): Mental Health and Crisis Service Team. Phone: 1-844-437-3247
- [OK2BME](#): set of support services for lesbian, gay, bisexual, transgender or questioning teens in Waterloo. Phone: 519-884-0000 extension 213

Full details can be found online at the Faculty of ARTS [website](#)

Download [UWaterloo and regional mental health resources \(PDF\)](#)

Download the [WatSafe app](#) to your phone to quickly access mental health support information

Submission Times

Please be aware that the University of Waterloo is located in the **Eastern Time Zone** (GMT or UTC-5 during standard time and UTC-4 during daylight saving time) and, as such, the time that your activities and/or assignments are due is based on this zone. If you are outside the Eastern Time Zone and require assistance with converting your time, please try the [Ontario, Canada Time Converter](#).

Accommodation Due to Illness

If your instructor has provided specific procedures for you to follow if you miss assignment due dates, term tests, or a final examination, adhere to those instructions. Otherwise:

Missed Assignments/Tests/Quizzes

Contact the instructor as soon as you realize there will be a problem, and preferably within 48 hours, but no more than 72 hours, have a medical practitioner complete a [Verification of Illness Form](#).

Email a scanned copy of the Verification of Illness Form to your instructor. In your email to the instructor, provide your name, student ID number, and exactly what course activity you missed.

Further information regarding Management of Requests for Accommodation Due to Illness can be found on the [Accommodation due to illness](#) page.

Missed Final Examinations

Your faculty determines academic accommodation; therefore we advise you to speak with your professor if you anticipate being unable to fulfill academic requirements due to illness or other extenuating circumstances.

Further information about Examination [Accommodations](#) is available in the Undergraduate Calendar.

Academic Integrity

In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. See the [UWaterloo Academic Integrity webpage \(https://uwaterloo.ca/academic-integrity/\)](https://uwaterloo.ca/academic-integrity/) and the [Arts Academic Integrity webpage \(https://uwaterloo.ca/arts/current-undergraduates/student-support/ethical-behaviour\)](https://uwaterloo.ca/arts/current-undergraduates/student-support/ethical-behaviour) for more information.

Discipline: Every student is expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for their own actions. [Check [the Office of Academic Integrity \(https://uwaterloo.ca/academic-integrity/\)](https://uwaterloo.ca/academic-integrity/) for more information.] A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration, should seek guidance from the course professor, academic advisor, or Academic Dean. When misconduct has been found to have occurred, disciplinary penalties are imposed under the University of Waterloo Policy 71 – Student Discipline. For information on categories of offences and types of penalties, students should refer to [Policy 71 - Student Discipline \(https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71\)](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71). For typical penalties check [Guidelines for the Assessment of Penalties \(https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/guidelines/guidelines-assessment-penalties\)](https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/guidelines/guidelines-assessment-penalties).

Students should also be aware that copyright laws in Canada prohibit reproducing more than 10% of any work without permission from its author, publisher, or other copyright holder. Waterloo’s policy on Fair Dealing is available here: <https://uwaterloo.ca/copyright-guidelines/fair-dealing-advisory> Violation of Canada’s Copyright Act is a punishable academic offence under Policy 71 – Student Discipline.

Discipline

Every student is expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for their own actions. [Check [the Office of Academic Integrity \(https://uwaterloo.ca/academic-integrity/\)](https://uwaterloo.ca/academic-integrity/) for more information.] A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration, should seek guidance from the course professor, academic advisor, or Academic Dean. When misconduct has been found to have occurred, disciplinary penalties are imposed under the University of Waterloo Policy 71 – Student Discipline. For information on categories of offences and types of penalties, students should refer to [Policy 71 - Student Discipline \(https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71\)](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71). For typical penalties check [Guidelines for the Assessment of Penalties \(https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/guidelines/guidelines-assessment-penalties\)](https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/guidelines/guidelines-assessment-penalties).

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permission from its author, publisher, or other copyright holder. Waterloo's policy on Fair Dealing is available here: <https://uwaterloo.ca/copyright-guidelines/fair-dealing-advisory> Violation of Canada's Copyright Act is a punishable academic offence under Policy 71 – Student Discipline.

Appeals

A decision made or penalty imposed under [Policy 70 - Student Petitions and Grievances](#), (other than a petition) or [Policy 71 - Student Discipline](#), may be appealed if there is a ground. A student who believes he/she has a ground for an appeal should refer to [Policy 72 - Student Appeals](#).

Grievance

A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70 - Student Petitions and Grievances](#), Section 4. When in doubt please be certain to contact the department's administrative assistant who will provide further assistance.

Final Grades

In accordance with [Policy 46 - Information Management](#), Appendix A - Access to and Release of Student Information, the Centre for Extended Learning does not release final examination grades or final course grades to students. Students must go to [Quest](#) to see all final grades. Any grades posted in Waterloo LEARN are unofficial.

AccessAbility Services

[AccessAbility Services](#), located in Needles Hall, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodation to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term and for each course.

Accessibility Statement

The Centre for Extended Learning strives to meet the needs of all our online learners. Our ongoing efforts to become aligned with the [Accessibility for Ontarians with Disabilities Act \(AODA\)](#) are guided by University of Waterloo accessibility [Legislation](#) and policy and the [World Wide Web Consortium's \(W3C\) Web Content Accessibility Guidelines \(WCAG\) 2.0](#). The majority of our online courses are currently delivered via the Desire2Learn Learning Environment. Learn more about [Desire2Learn's Accessibility Standards Compliance](#).

Contingency Planning

Inclement Weather

In the event of a short-term campus closure or the cancellation of an in-person class due to snow or inclement weather, online and remote classes will not be affected.

Interruption or Cancellation of In-Person Classes

In the event of a pandemic-related interruption of in-person classes, including a 'pivot' to remote learning, your Instructor will post details in LEARN. Please check the Announcements section of the course homepage in LEARN for updates.

Interruption or Cancellation of In-Person Examinations

In the event of a pandemic-related interruption of in-person exams, your Instructor will post details in LEARN. Please

check the Announcements section of the course homepage in LEARN for updates.

Absence Due to Influenza-like Illness or Required Self-Isolation

If you need to be absent due to influenza-like illness or due to mandatory self-isolation, please complete an [Illness Self Declaration](#). The form is available in the Personal Information section of Quest. Accommodations may be made for students who have completed an Illness Self Declaration without the need for a medical note.

Use of Computing and Network Resources

Please see the [Guidelines on Use of Waterloo Computing and Network Resources](#).

Intellectual Property. Students should be aware that this course contains the intellectual property of the instructor, which can include:

- lecture handouts and presentations (e.g., PowerPoint slides)
- lecture content, both spoken and written (and any audio or video recording thereof)
- questions from various types of assessments (e.g., assignments, quizzes, tests, final exams)
- work protected by copyright (i.e., any work authored by the instructor)

Making available the intellectual property of instructors without their express written consent (e.g., uploading lecture notes or assignments to an online repository) is considered theft of intellectual property and subject to disciplinary sanctions as described in Policy 71 – Student Discipline. Students who become aware of the availability of what may be their instructor’s intellectual property in online repositories are encouraged to alert the instructor.

Copyright Information

UWaterloo’s Web Pages

All rights, including copyright, images, slides, audio, and video components, of the content of this course are owned by the course author, unless otherwise stated. These web pages are owned or controlled by the University of Waterloo, Centre for Extended Learning. By accessing the web pages, you agree that you may only download the content for your own personal, non-commercial use. You are not permitted to copy, broadcast, download, store (in any medium), transmit, show or play in public, adapt, or change in any way the content of these web pages for any other purpose whatsoever without the prior written permission of the course author and the University of Waterloo, Centre for Extended Learning.

Other Sources

Respect the copyright of others and abide by all copyright notices and regulations when using the computing facilities provided for your course of study by the University of Waterloo. No material on the Internet or World Wide Web may be reproduced or distributed in any material form or in any medium, without permission from copyright holders or their assignees. To support your course of study, the University of Waterloo has provided hypertext links to relevant websites, resources, and services on the web. These resources must be used in accordance with any registration requirements or conditions which may be specified. You must be aware that in providing such hypertext links, the University of Waterloo has not authorized any acts (including reproduction or distribution) which, if undertaken without permission of copyright owners or their assignees, may be infringement of copyright. Permission for such acts can only be granted by copyright owners or their assignees.

If there are any questions about this notice, please contact the University of Waterloo, Centre for Extended Learning, Waterloo, Ontario, Canada, N2L 3G1 or extendedlearning@uwaterloo.ca.

