

University of Waterloo
Department of Psychology
Psych 207
Cognitive Processes
Winter 2019
Tuesdays and Thursdays 11:30 AM - 12:50 PM
AL 116

Instructor: Shane Littrell

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Office Phone: N/A

Office Hours: Mondays, 2:30 PM – 4:30 PM (by appointment)

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TA	Email	Office hours	Location
Laura Bianchi	ljbianch@uwaterloo.ca	Tuesdays 10:30 AM – 11:30 AM	PAS 4211
Martin Turpin	mhturpin@uwaterloo.ca	Fridays 11:30 AM – 12:30 PM	PAS 4043
Alanna Valcke	avalcke@uwaterloo.ca	Thursdays 10 AM – 11 AM	PAS 3203

Course Description

Psychology 207 should be a fun, interesting introduction to some of the main areas that cognitive psychologists study. Although cognition is probably not what most of you thought of when you first became interested in psychology, it is arguably the most important sub-discipline in the field. Essentially everything you do (other than breathing and your heartbeat) involves cognition. How you perceive, read, remember, think, argue, speak, understand, learn, make decisions, and solve problems – all of these (and many other skills) involve cognition. Basically, the goal of this class is to give you a broad idea of how your brain works.

Because of the large number of students in the class, I will spend most of class time lecturing. However, I do encourage discussion and questions to clarify material. I think the class will be much better if you participate by asking, and answering, questions. As well, because cognitive psychology is a science, the course will focus on discussing research, critical thinking, and being scientifically-minded – all of which should give you a good foundation for other psychology courses such as *Memory* and *Decision Making*. I hope that you enjoy your Introduction to *Cognitive Processes* and go on to enjoy more specialized courses in the area of cognitive psychology.

Required Text

Stolz, J., Fugelsang, J., & Fernandes, M. (2018). *Cognitive Psychology: In and Out of the Laboratory*. Edition 2. Kendall-Hunt (currently \$90 as 12/12/2018). I may also assign supplemental articles (posted on LEARN).

The textbook is available at: <https://he.kendallhunt.com/stolz>

Information Available on LEARN

The course web page can be found on [LEARN](#). Here, you will find links to the syllabus, my lecture slides (posted AFTER the corresponding lecture), and to important announcements. Supplemental readings will be posted here as well.

Course Goals and Learning Outcomes

Upon completion of this course, students should be able to:

- A. Explain how the mind works in basic terms, including
 - how we perceive people, events, and things
 - how we encode and remember information
 - how we mentally organize information
 - how we call on our mental information and resources to make important decisions

- B. Describe how context shapes and constrains cognition, which involves
 - recognizing that cognitive phenomena occur in a context, and this context both fosters and constrains how the cognitive operations are implemented
 - recognizing that universal cognitive mechanisms assumed or generalized from the laboratory do not always translate to every person in every situation

Course Requirements and Assessment

QUIZZES (8 quizzes total 20% of final grade): There will be **8 timed quizzes** (usually around 5 to 10 questions long) throughout the term covering material from lectures and readings. All quizzes will be administered via our course [LEARN](#) page and **must be completed by 11:59 PM on the assigned due dates** (see course calendar for dates). The purpose of these quizzes is to reinforce what you've learned from the lectures/readings, help you to be better prepared for the exams, and encourage you to keep up on the course material.

EXAMS (4 tests total 80% of final grade): There will be **4 non-cumulative tests**, each worth 20% of the final grade (see dates below). The tests will be predominately made up of multiple-choice questions and a short answer concept question.

Assessment	Date of Evaluation (tentative)	Weighting
Quizzes	Check calendar	20%
Test #1	January 24 rd , 2019	20%
Test #2	February 14 th , 2019	20%
Test #3	March 14 th , 2019	20%
Test #4	April 4 rd , 2019	20%
Total		100%

Students can also earn up to 4% extra credit points via "Research Experience Marks" as described on page 4 of this syllabus under the heading, "Research Experience Marks."

General Course Outline

This outline is tentative. Major changes in the schedule will be announced in class, by email, and/or on LEARN.

<u>Week</u>	<u>Date</u>	<u>Topic</u>	<u>Textbook Chapters</u>
1	1/8 1/10 1/13	Syllabus, Course Overview History Quiz #1 due	Chapter 1
2	1/15 1/17 1/20	The Brain Perception Quiz #2 due	Chapter 2 Chapter 3
3	1/22 1/24	Perception – continued **EXAM #1 (Chps. 1, 2, & 3)**	Chapter 3
4	1/29 1/31 2/3	Attention Quiz #3 due	Chapter 4
5	2/5 2/7 2/10	Memory Structures Quiz #4 due	Chapter 5
6	2/12 2/14	Attn/Memory special topics and review **EXAM #2 (Chps. 4 & 5)**	Chapters 4 & 5
7	2/26 2/28 3/3	Memory Processes Quiz #5 due	Chapter 6
8	3/5 3/7 3/10	Visual Imagery and spatial cognition Quiz #6 due	Chapter 8
9	3/12 3/14	Mem. Processes/visual cognition review **EXAM #3 (Chps. 6 & 8)**	Chapters 6 & 8
10	3/19 3/21 3/24	Language Thinking and Problem Solving Quiz #7 due	Chapters 9 & 10
11	3/26 3/28 3/31	Thinking and Problem Solving Decision Making Quiz #8 due	Chapters 10 & 11
12	4/2 4/4	Decision Making cont'd **EXAM #4 (Chps. 9, 10, & 11)**	Chapter 11

Quizzes and their corresponding due dates are in blue.

Exams and their corresponding due dates are in red.

Research Experience Marks

Information and Guidelines: Experiential learning is considered an integral part of the undergraduate program in Psychology. Research participation is one example of this, article review is another. A number of undergraduate courses have been expanded to include opportunities for Psychology students to earn grades while gaining research experience.

Since experiential learning is highly valued in the Department of Psychology, students may earn a **"bonus" grade of up to 4%** in this course through research experience. Course work will make up 100% of the final mark and a "bonus" of up to 4% may be earned and will be added to the final grade if/as needed to bring your final grade up to 100%. The two options for earning research experience grades (participation in research and article review) are described below. Students may complete any combination of these options to earn research experience grades.

Option 1: Participation in Psychology Research: Research participation is coordinated by the Research Experiences Group (REG). Psychology students may volunteer as research participants in lab and/or online (web-based) studies conducted by students and faculty in the Department of Psychology. Participation enables students to learn first-hand about psychology research and related concepts. Many students report that participation in research is both an educational and interesting experience. Please be assured that all Psychology studies have undergone prior ethics review and clearance through the Office of Research Ethics.

Educational focus of participation in research: To maximize the educational benefits of participating in research, students will receive feedback information following their participation in each study detailing the following elements:

- Purpose or objectives of the study
- Dependent and independent variables
- Expected results
- References for at least two related research articles
- Provisions to ensure confidentiality of data
- Contact information of the researcher should the student have further questions about the study
- Contact information for the Director of the Office of Research Ethics should the student wish to learn more about the general ethical issues surrounding research with human participants, or specific questions or concerns about the study in which s/he participated.

Participation in these studies is worth 0.5 participation credits (grade percentage points) for each 30-minutes of participation. Researchers will record student's participation and will advise the course instructor of the total credits earned by each student at the end of the term.

How to participate?

Study scheduling, participation and grade assignment is managed using the SONA online system. All students enrolled in this course have been set up with a SONA account. You must get started early in the term. Information about the REG/Sona program is available at the link below:

<https://uwaterloo.ca/research-experiences-group/welcome-research-experiences-group-and-sona/sona-information>

*** Please do not ask the Course Instructor or REG Coordinator for information unless you have first thoroughly read the information provided on this website. ***

Option 2: Article Review as an alternative to participation in research: Students are not required to participate in research, and not all students wish to do so. As an alternative, students may opt to gain research experience by writing short reviews (1½ to 2 pages) of research articles (i.e., scientific journal articles) relevant to Cognitive Psychology. *You must contact your Instructor to get approval for the article you have chosen before writing the review.* Each review article counts as one percentage point. To receive credit, you must follow specific guidelines. The article review must:

- **Be submitted before the last lecture. Late submissions will NOT be accepted under ANY circumstances.**
- Be typed (double-spaced, 1-inch margins, 12 point Times New Roman font)
- Fully identify the title, author(s), source and date of the article. A copy of the article must be attached.
- Identify the psychological concepts in the article and indicate the pages in the textbook that are applicable. Critically evaluate the application or treatment of those concepts in the article. If inappropriate or incorrect, identify the error and its implications for the validity of the article. You may find, for example, misleading headings, faulty research procedures, alternative explanations that are ignored, failures to distinguish factual findings from opinions, faulty statements of cause-effect relations, errors in reasoning, etc. Provide examples whenever possible.
- Clearly evaluate the application or treatment of those concepts in the article.
- Keep a copy of your review in the unlikely event we misplace the original.

Academic Integrity

Academic Integrity: In order to maintain a culture of academic integrity, members of the University of Waterloo are expected to promote honesty, trust, fairness, respect and responsibility. See the [Waterloo Academic Integrity webpage](#) and the [Arts Academic Integrity webpage](#) for more information.

Discipline: A student is expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for his/her actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration should seek guidance from the course professor, academic advisor, or the Undergraduate Associate Dean. When misconduct has been found to have occurred, disciplinary penalties will be imposed under Policy 71 – Student Discipline. For information on categories of offenses and types of penalties, students should refer to [Policy 71 - Student Discipline](#). For typical penalties check [Guidelines for the Assessment of Penalties](#).

Concerns About a Course Policy or Decision

Informal Stage. We in the Psychology Department take great pride in the high quality of our program and our instructors. Though infrequent, we know that students occasionally find themselves in situations of conflict with their instructors over course policies or grade assessments. If such a conflict arises, the Associate Chair for Undergraduate Affairs (Richard Eibach) is available for consultation and to mediate a resolution between the student and instructor: Email: reibach@uwaterloo.ca; Ph 519-888-4567 ext. 38790

Grievance: A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70 - Student](#)

[Petitions and Grievances](#), Section 4. When in doubt, please be certain to contact [Richard Eibach](#), the Associate Chair for Undergraduate Affairs who will provide further assistance.

Appeals: A decision made or penalty imposed under Policy 70 - Student Petitions and Grievances (other than a petition) or Policy 71 - Student Discipline may be appealed if there is a ground. A student who believes he/she has a ground for an appeal should refer to [Policy 72 - Student Appeals](#).

Accommodation for Students with Disabilities

Note for students with disabilities: The [AccessAbility Services](#) office, located on the first floor of the Needles Hall extension (1401), collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with the AS office at the beginning of each academic term.

Accommodation for course requirements

- Students requesting accommodation for course requirements (assignments, midterm tests, final exams, etc.) due to illness should do the following:
 - Consult the University's [examination regulations](#) for information about procedures and policies for requesting accommodations
 - seek medical treatment as soon as possible
 - obtain documentation of the illness with a completed uWaterloo [Verification of Illness Form](#)
 - submit that form to the instructor within 48 hours. Students in Centre for Extended Learning (CEL) courses must submit their confirmation of the illness to CEL.
 - (if possible) inform the instructor by the due date for the course requirement that you will be unable to meet the deadline and that documentation will be forthcoming.
- In the case of a missed final exam, the instructor and student will negotiate an extension for the final exam, which will typically be written as soon as possible, but no later than the next offering of the course.
- In the case of a missed assignment deadline, midterm test, or quiz, the instructor will either:
 - waive the course component and re-weight remaining term work as he/she deems fit according to circumstances and the goals of the course, or
 - provide an extension.
- In the case of bereavement, the instructor will provide similar accommodations to those for illness. Appropriate documentation to support the request will be required.
- Students who are experiencing extenuating circumstances should also inform their academic advisors regarding their personal difficulties.
- Elective arrangements such as travel plans are not acceptable grounds for granting accommodations to course requirements per the [uWaterloo Examination Regulations and Related Matters](#).

Official version of the course outline

If there is a discrepancy between the hard copy outline (i.e., if students were provided with a hard copy at the first class) and the outline posted on LEARN, the outline on LEARN will be deemed the official version. Outlines on LEARN may change as instructors develop a course, but they become final as of the first class meeting for the term.

Cross-listed course

Please note that a cross-listed course will count in all respective averages no matter under which rubric it has been taken. For example, a PHIL/PSYCH cross-list will count in the Philosophy major average, even if the course was taken under the Psychology rubric.

Mental Health Services

Mental Health Services aim is to provide holistic programming and services to help you lead a healthy and balanced life. We strive to provide a secure, supportive environment for students of all orientations and backgrounds.

Students suffering from problems with anxiety, depression, problems with sleep, attention, obsessions or compulsions, relationship difficulties, severe winter blues, etc., may make an appointment by phone or in person. Appointments are usually available within two days of initial contact with one of our medical doctors. All contacts are completely confidential.

Contact Health Services

[Health Services Building](#)

Call 519-888-4096 to schedule an appointment

Call 1-866-797-0000 for free 24/7 advice from a health professional

Contact Counselling Services

[Needles Hall Addition, NH 2401](#)

Call 519-888-4567 x 32655 to schedule an appointment

counserv@uwaterloo.ca

Territorial Acknowledgement

We acknowledge that we are living and working on the traditional territory of the Attawandaron (also known as Neutral), Anishinaabe and Haudenosaunee peoples. The University of Waterloo is situated on the Haldimand Tract, the land promised to the Six Nations that includes six miles on each side of the Grand River.