

**Psychology 257: Introduction to Abnormal Psychology**  
**Tuesday & Thursday 2:30-3:50 pm**  
**Winter 2006**

**Instructors:** Jennifer Davidson-Harden, PAS 3206, jmedavid@watarts.uwaterloo.ca  
Khush Amaria, PAS 3202, PAS 3202, kamaria@watarts.uwaterloo.ca

**Time & Location:** Tuesday & Thursday 2:30 – 3:50 pm  
RCH 101

**Office hours:** Jennifer Davidson-Harden, Thursday 1:00-2:00 pm\*  
Khush Amaria, Tuesday 1:00-2:00 pm\*

**TAs:** Carolyn Wilson, Monday 12:00-1:00 pm  
Kathy Smolewska, Friday 12:00-1:00 pm

\*Instructors are also available by appointment.

**Text**

Oltmanns, T. F., Emery, R. E., & Taylor, S. (2006). *Abnormal Psychology*, 2<sup>nd</sup> Canadian Edition. Toronto: Pearson Prentice Hall.

**Course Content**

This course offers an introduction to psychological approaches to understanding, defining and treating mental illness. The course focuses mainly on adult disorders, although there is some discussion of disorders of childhood. Students will be expected to learn the strengths and weaknesses of diagnostic systems, and learn psychological theories of understanding the development, persistence and treatment of various psychological disorders.

**Course Structure**

Some portion of each lecture may draw from the textbook; however, lectures will also present a range of new material. Additional material presented in lectures will not be available from the textbook, and it is therefore strongly recommended that you attend the lectures. Additional readings may be assigned.

**Evaluation**

Your grade for the course will be based on the following:

1. Three term tests:

We will administer three non-cumulative multiple-choice and short answer tests throughout the term, during class time:

Term Test 1	30%
Term Test 2	45%
Term Test 3	25%

**Make-ups or rewrites will not be considered in the absence of a documented medical, religious or compassionate (i.e. family emergency) reason, submitted within a week of the test date, with no exceptions.**

### A Few Administrative Details

1. Lectures account for a substantial amount of the course material. Therefore, a large portion of the material presented in lectures will not be available in the textbook. We will supply an outline of the lectures (i.e., lecture slides) at least a week prior to the lecture; however, these do not include all relevant material and will not be a substitute for attendance.
2. Note on avoidance of academic offences: All students registered in the courses of the Faculty of Arts are expected to know what constitutes an academic offence, to avoid committing academic offences, and to take responsibility for their academic actions. When the commission of an offence is established, disciplinary penalties will be imposed in accord with Policy #71 (Student Academic Discipline). For information on categories of offences and types of penalties, students are directed to consult the summary of Policy #71 (Student Academic Discipline) which is supplied in the Undergraduate Calendar. If you need help in learning how to avoid offences such as plagiarism, cheating, and double submission, or if you need clarification of aspects of the discipline policy, ask your course instructor for guidance. Other resources regarding the discipline policy are your academic advisor and the Undergraduate Associate Dean.
3. Cheating on tests is unacceptable. Allowing another to copy one's work is an academic offence just as is copying from someone else.

### Course Outline

Date	Topic	Chapter(s)	Lecturer
Jan 3	Introduction to Course		Jennifer D.-H. and Khush A.
Jan 5	Introduction to Abnormal Psychology	1	Jennifer D.-H.
Jan 10 & 12	Diagnosis, Classification, and the DSM-IV	4	Jennifer D.-H.
Jan 17 & 19	Psychological Interventions	3	Khush A.
Jan 24	Canadian Mental Health Perspectives	18	Jennifer D.-H.
Jan 26	<b>1<sup>st</sup> Test (30%)</b>		
Jan 31 & Feb 2	Anxiety Disorders	6	Khush A.
Feb 7 & 9	Mood Disorders	5	Jennifer D.-H.
Feb 14	Eating Disorders	10	<i>Jenn Harrington</i>
Feb 16	PTSD and Dissociative Disorders	7	Khush A.
Feb 28 & Mar 2	Childhood Disorders	15, 16	Khush A.
Mar 7	<b>2<sup>nd</sup> Test (45%)</b>		
Mar 9	Schizophrenia Disorders	13	<i>Kathy Smolewska</i>
Mar 14	Sexual Disorders	12	Jennifer D.-H.
Mar 16 & 21	Personality Disorders	9	<i>Kathy Smolewska</i>
Mar 23	Substance Use Disorders	11	Jennifer D.-H.
Mar 28	Ethics of Clinical Psychology	TBA	Khush A.
Mar 30	<b>3<sup>rd</sup> Test (25%)</b>		