

St. Jerome's in the University of Waterloo
Department of Psychology
Psychology 315 – Adolescence
Fall 2014: Thursday 6:00 – 8:50, STJ 2017

Instructor: Dr. M. Drysdale **Phone:** 884-8111, EXT. 28288
Office: STJ 2020 **Email:** mdrysdal@uwaterloo.ca
Office Hours: Thursday 3:30 – 4:30, or by appointment
Teaching Assistants: STJ 2021 – Kalen Orme, BA, korme@uwaterloo.ca; Margaret McBeath, BA, mlmcbeath@uwaterloo.ca;

Course Overview:

This course introduces students to the nature of this interaction as well as the various aspects of adolescent development. Topics to be covered include: the biological, cognitive, social, and emotional changes that take place during the adolescent and emerging adult period; psychosocial development; and the difficulties of adolescence. The course is also developed to foster critical and incisive thinking about current adolescent and emerging adulthood issues. The way adolescents are portrayed in the media and the effects of those portrayals on today's adolescents will also be emphasized.

Learning Objectives:

At the end of this course, students will have an understanding of:

- the process and importance of theoretical foundations in the investigation of adolescent development
- aspects of physical development, health issues, sexuality, body image, and physical appearance
- the process of cognitive development
- the processes and problems of developing a strong identity
- the role of family and peer relationships
- school-to-school and school-to-work transitions
- challenges and problems faced by adolescents
- the portrayal of adolescent development in the media
- professional and scholarly writing, presentations, and debates on current adolescent issues

Required Text:

Serafini, T., Rye, B.J., & Drysdale, M. (2013). *Taking Sides: Clashing Views in Adolescence* (3rd edition). Dubuque: M^cGraw-Hill.

NOTE: As an upper level psychology course, students are expected to evaluate critically the literature on the topics presented. It is important to keep up with the readings so you are prepared for in-classroom discussions and assignments. There are many written components for this course. Students are expected to write in a professional scholarly fashion.

Correspondence:

All correspondence and announcements will be posted on Learn. Students must have 'fees arranged' to have access to the course. Students using the telephone to contact Dr. Drysdale **must** include their first and last names, student number, and course in which they are enrolled. Please address me as Professor or Dr. Drysdale in emails and on the phone. All emails should be respectful, polite, professional, and structured in the following way:

Begin with greeting (*Dear Professor, or Dr., or the TAs name*); **State purpose** (*"I am writing to"*); **Include a closing remark** (*"Thank you for"*); **End with closing before signature** (*"Best regards," "Sincerely"*)

Please allow at least 24 hours for an email sent between Monday & Thursday and allow the weekend for a response to an inquiry made on Friday, Saturday, or Sunday. For content related questions, request for extra help with the content, or to go over one of your exams, please contact a TA. For all other inquiries, please contact me (missing exam, problems with the course, or extra help if a TA is not available).

If you miss a lecture, the best way to get notes is with a request (using Learn) to the entire class.

Do not email or telephone asking for grades. For security reasons, grades are not released over the telephone or by email. All grades will be posted on Learn.

If my door is open, outside of office hours, feel free to approach. If I am busy, I will let you know. Please don't be offended if I can't drop what I am doing to talk. I will schedule a convenient time for both of us.

EVALUATIONS:

Exam 1:	20%	October 2
Exam 2:	20%	October 30
Exam 3:	20%	November 27
Critical Position Paper:	25%	November 13, 6:15pm
Class Assignments:	15% (6 x 2.5%)	See dates on course schedule
Bonus Marks Presentation:	up to 5%	Deadline to sign up – October 30 – See details below

EXAM & DUE DATES ARE FINAL: DO NOT REQUEST ALTERNATE DATES or TIMES (exceptions excluded, see below). REQUESTS FOR CHANGING WEIGHTINGS WILL NOT BE CONSIDERED.

EXAMS:

- The exams will cover the lecture material, video material, and all assigned Issues in Taking Sides.
- Exams 1 and 2 will consist of multiple choice questions and 1 short essay
- Exam 3 will consist of two short essays
- The essay questions will be comprehensive and will require you to pull together all content covered.
- The exams are not cumulative - however the 3rd exam will be comprehensive, meaning that any major theories learned throughout the course will be incorporated into the essay questions.
- Writing style is very important. Spelling, grammar, punctuation, and sentence structure count. Point form is not permitted. Legibility is important.
- Each exam will be structured so that it can be completed in less than two hours.
- There will be no lecture after the exam.

CRITICAL POSITION PAPERS:

- Students will select and write **a scholarly critical position paper on an issue currently faced by adolescents.**
- Students will argue **ONE** side of the issue selected. Presenting evidence from the ‘other’ side will be necessary in order to counter the arguments and defend your position – however adopting an ‘either/or’ position is not acceptable. *Sitting on the fence is not acceptable.* Students must choose a position regarding the issue and defend that position.
- Arguments must be supported with sound empirical evidence.
- There is no limit on the number of sources (i.e., research articles) you use to support your argument. Fewer than five sources will be seen as weak.
- Gathering strong sources takes time. It is best not to leave the research to the week before papers are due.
- Topics must be submitted to Dr. Drysdale by the end of class on September 25th.
- Suggested topics include:
 - Use of performance-enhancing drugs
 - Surgical and non-surgical cosmetic enhancements
 - Female drive for thinness
 - Adolescent pregnancy & parenting
 - Choosing a career and becoming financially independent from parents
 - School to work transitions, skill acquisition, unemployment
 - Boomerang kids and independence
 - Conflict with parents about any one of the following: sexuality, religious identity, career choice, etc...
 - Sexual orientation and discrimination
 - Health hazards of cell phones and other electronic devices
 - Depression, suicide, & anxiety problems
 - Addictions such as gambling, online video games, or social networking sites
 - Sense of entitlement
 - Digital literacy or use of technology in schools
 - Cyber-bullying
- Professional, scholarly writing, and APA style formatting are mandatory
 - Spelling, grammar, punctuation, and professional appearance will be graded. Please refer to the APA Manual for guidelines and writing style.
 - This is a good source for following APA guidelines:
<http://elmd.ccu.edu.tw/download/APA%20Basic.pdf>
 - Title page formatted according to APA guidelines is mandatory
- Empirical evidence **must** be current – nothing before 2008 unless used for theoretical foundation of the topic.
- Length and format:
 - 1800 – 2200 words (not including references). **Use of quotations is not recommended.**
 - 12-point serif typeface (Times New Roman or Courier), double-spaced, 1” margins
- Late papers will be given a penalty of **10% per day – starting at 6:16pm on November 13.** No papers will be accepted if they are 7 or more days late.

- **Turnitin.com:** Plagiarism detection software (Turnitin) will be used to screen assignments in this course. This is being done to verify that use of all material and sources in assignments is documented. Students will be given an option if they do not want to have their assignment screened by Turnitin. In the first week of the term, details will be provided about the arrangements for the use of Turnitin in this course.
- **Avoid plagiarism – give credit where credit is due. Any information in your paper that did not come from your own mind belongs to someone else. This means it needs to be cited in the text and included in a reference list. Failure to do this is plagiarism and you will fail the paper. No exemptions to this rule. Be sure to check every sentence to make sure you are not claiming to be the author of an idea that is not your own.**

In-Class Assignments:

- Towards the end of class, students will be given a question to answer regarding the readings and/or class content for that week.
- Responses will not be more than two neatly handwritten double-spaced pages or one typed page double-spaced. Typed assignments are preferred. A dropbox will be created on LEARN.
- Critically evaluating the readings will be necessary to answer the questions. Students can discuss the question in groups, but individual responses must be submitted.
- Assignments are due at the end of the class in which they are assigned and not later than 9:15pm. Class ends at 8:50 – however Dr. Drysdale and/or a TA will stay until 9:15 should students want extra time to complete the assignments. Assignments should not take more than 20 minutes to complete, meaning that 15% of your final grade is based on approximately 2 hours (6 x 20 minutes) of work.
- Each of the 6 required assignments is worth a maximum of 2.5% for a total of 15% Therefore to get full marks, you must submit 6 high quality well-written scholarly assignments. There are 7 assignments scheduled but only 6 are required. You are permitted to do all 7 and keep the 6 highest scores.
- Attendance is mandatory to receive marks for in-class assignments. Attendance will be taken during each class. Students caught submitting an assignment without having attended the class and/or adding a classmates name to an assignment will receive a zero and be disciplined under the Policy on Academic Responsibility and Integrity.

Paper Discussions – Bonus marks:

- Students have the opportunity to earn up to 5% bonus marks.
- To earn bonus marks, students must prepare a summary of their paper topic - which includes statements on why it is important that the topic be examined and argued. In other words, why is it important to write about the issue? How can we benefit from knowing more about your topic?
- Students will have 1 minute to present their summary and the rationale for examining it. Be convincing! This requires presenting some empirical evidence in your rationale.
- The 1-minute presentation will be followed with questions from Dr. Drysdale and the TA(s).
- A maximum of 5 minutes will be allocated to each student.
- Bonus marks will be allocated according to the summary, the strength of the rationale, and the responses to the questions.
- This is an excellent way to gain experience on defending your position and your work.
- This discussion class is scheduled two weeks before papers are due – hence forcing you to start working on your paper in advance.
- Students must sign up by October 30th if they want to participate. No late signups will be permitted. A schedule will then be made (organized by topics) and announced the day of the discussions.
- If you sign up and miss the discussion date, you miss the opportunity for bonus marks.

POLICY REGARDING CHEATING

CHEATING WILL NOT BE TOLERATED. Students are referred to the university policy on academic offences. Looking at the test of another student, allowing another student to view your exam, obtaining information about a test in advance, having crib/cheat notes, and/or having information written on your body or in your phone are all examples of cheating. Students found cheating will (1) receive a zero (0%) on the test and be asked to leave the room if cheating materials cannot be confiscated OR (2) have cheating materials and the answer booklet/scantron confiscated and be given a new exam that must be completed in the time allotted.

A number of safeguards will be employed to discourage cheating. For example, invigilators of the tests can ask students to move to another seat during the exam, cover their paper, avert their eyes from other students' papers, remove baseball caps, check for crib/cheat notes, etc. This is not meant as a personal affront or as an accusation of cheating, rather as vigilant attempts at proctoring. It is strongly recommended that you **do not** sit with friends during the examinations. All incidences of cheating will be reported to the Department Chair and the Dean.

POLICY REGARDING ILLNESS OR ACCOMMODATION – University of Waterloo

The University of Waterloo Examination Regulations (www.registrar.uwaterloo.ca/exams/ExamRegs.pdf) state that:

- A medical certificate presented in support of an official petition for relief from normal academic requirements must provide all of the information requested on the “University of Waterloo Verification of Illness” form or it will not be accepted. This form can be obtained from Health Services or at www.healthservices.uwaterloo.ca/Health_Services/verification.html.
- If a student has a test/examination deferred due to acceptable medical evidence, he/she normally will write the test/examination at a mutually convenient time, to be determined by the course instructor.
- The University acknowledges that, due to the pluralistic nature of the University community, some students may on religious grounds require alternative times to write tests and examinations.
- Elective arrangements (such as travel plans) are not considered acceptable grounds for granting an alternative examination time.

If you feel that you have a medical or personal problem that is interfering with your work, you should contact your instructor and the Academic Counselling Office as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. Retroactive requests for grade revisions on medical or compassionate grounds will not be considered (University of Waterloo Calendar).

DR. DRYSDALE’S POLICY REGARDING ILLNESS

Deferrals of exams and papers are decided by the instructor and ARE NOT AUTOMATIC (see Dr. Drysdale’s Policy below). A make-up exam or change of paper due date will be refused if Dr. Drysdale’s policy is not followed. If a student completes an exam while ill, the grade stands. False claims of illness and/or submitting false documentation constitutes an academic offense that is subject to disciplinary action under Policy #71.

Only on the documented basis of illness or other extreme circumstance will students be permitted to write a make-up exam or be given an extension for a paper.

- **In all cases (e.g., death in the family, illness) it is the student's responsibility to inform Dr. Drysdale BEFORE the exam or paper due date and time.** Failure to contact Dr. Drysdale before the exam or due date forfeits a right to a make-up or extension. The voice mail stamps the date and time of telephone calls.
- **In the case of illness, the student must provide an *official “Verification of Illness” certificate* from the University of Waterloo - which states that, due to medical reasons, it was IMPOSSIBLE for the student to write the exam (i.e., severe illness) or complete the paper by the due date. The verification of illness form MUST be completed by UW Health Services **BEFORE OR ON THE SAME DAY** as the scheduled exam or due date. Once the student has been seen by a health professional at UW Health Services, and the VIF has been completed, the student must inform Dr. Drysdale by email or phone. A form completed after the day and time of the exam or due date **WILL NOT BE ACCEPTED**. The completed form must be submitted to Dr. Drysdale within 24 hours of the exam or due date – a photo of the VIF can be emailed as soon as it is received at Health Services (see below for submitting the hard copy). Doctors’ notes created by a physician or clinic, or notes scribbled on a prescription pad are not acceptable medical certificates.**
- **DEFERRED OF EXAM: All make-up exams will be offered on the first Friday following the exam from 11:30 – 2:30, in room SJU 2009. If a copy of the VIF was emailed to Dr. Drysdale, students must submit the original hard copy at the time of the make-up exam.**
- **EXTENSION FOR THE PAPER: To receive an extension due to illness or other extenuating circumstance, students must submit a VIF, their outline, and a draft of the paper completed up to the point of becoming ill. Dr. Drysdale will determine the length of an approved extension. If a copy of the VIF was emailed to Dr. Drysdale, students must attach the original hard copy to the final paper. Failure to submit by the new due date will result in a zero.**

- **In the case of an immediate family members' illness or hospitalization, documentation from the hospital or attending physician is required. Deferrals will only be granted for immediate family member illnesses. An immediate family member is defined as (and limited to) a student's: spouse/common-law partner, child, parent, grandparent, sibling, mother-in-law, father-in-law, brother-in-law, and sister-in-law.**
- **In the case of a death in the family, documentation must be provided indicating your relationship to the deceased, the date and time of the funeral service, and an official letter or certificate from the funeral home or organization handling the arrangements. Deferrals will only be granted for a partner's death or an immediate family member's death.**
- **FAILURE TO FOLLOW THE ABOVE REQUIREMENTS WILL FORFEIT YOUR RIGHT TO A MAKE-UP EXAM OR EXTENSION. If you are ill and you contact me after the exam or due date, you will NOT be permitted to write the test or your paper will not be accepted.** You will receive a '0' on that assessment. Exception to this: if you are involved in an accident on your way to the exam or class (documentation required) and as a result you are not able to call me – however Dr. Drysdale must be notified and a request for a make-up/extension must be received no later than 12 hours after the test or due date. If you are extremely incapacitated, in hospital, or have had an unexpected death in the family within 24 hrs prior to the exam or due date, then have a friend or family member call ASAP and no later than 24 hours after the test.
- Any student missing an exam with a valid reason and having followed policy must write a make-up exam. A make-up exam may differ in format from the original exam (e.g., an entire essay exam).
- Please note that the following are **NOT** valid reasons for rescheduling an exam or requesting an extension:
 - Travel plans (athletic or personal – weddings included), missing your bus or ride, work overload, sleeping-in or alarm clock problems, or forgetting you had an exam or presentation.

RELEASE OF GRADES:

When exams and assignments are graded, the results will be posted on Learn. Grades are not released over email or telephone. Do not send an email to the Instructor or TA regarding “when will the grades be posted?” We endeavour to complete the grading as quickly as possible. Normally grades are posted within a week of the exam or assignment.

ACADEMIC RESPONSIBILITY, INTEGRITY, DISCIPLINE, AND GRIEVANCE

Academic Integrity: In order to maintain a culture of academic integrity, members of the University of Waterloo and its Federated University and Affiliated Colleges are expected to promote honesty, trust, fairness, respect and responsibility.

Discipline: All students are expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for their actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration should seek guidance from the course professor, academic advisor, or the Associate Dean. When misconduct has been found to have occurred, disciplinary penalties will be imposed under the [St. Jerome's University Policy on Student Discipline](#). For information on categories of offenses and types of penalties, students should refer to Policy 71 - Student Discipline, [University of Waterloo Policy 71 \(Student Discipline\)](#).

Grievance: A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Students who decide to file a grievance should refer to [University of Waterloo Policy 70 \(Student Petitions and Grievances\)](#). For more information, students should contact the Associate Dean of St. Jerome's University.

Appeals: A student may appeal the finding and/or penalty in a decision made under the St. Jerome's University Policy on Student Discipline or University of Waterloo Policy 70 (Student Petitions and Grievances) if a ground for an appeal can be established. In such a case, read [St. Jerome's University Policy on Student Appeals](#).

OTHER INFORMATION

- **Note for Students with Disabilities:** The [AccessAbility Services \(AS\) Office](#), located in Needles Hall, Room 1132, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with the AS Office at the beginning of each academic term.
- **Electronic Device Policy: Laptops and tablets are permitted for note-taking purposes ONLY during the lectures. Other usage is not permitted (e.g., Facebook, Skype, Internet searches, streaming, gaming, etc.). If you are caught using your computer for anything besides note-taking, you will be asked to leave the room and disciplined under University Policy 33 (“Ethical Behaviour”) which states that “no member of the University community (faculty, staff, student) unduly interfere with the study, work, or working environment of other members of the University, or any aspect of another’s University activity.” Laptops and other electronic devices are NOT PERMITTED during course videos and movies.**
- **Absolutely no cellular telephones and/or headphones are permitted during the lectures, videos, or examinations.**
- **Student ID Cards are necessary for examinations. Baseball caps are not to be worn during examinations.**
- **Backpacks must be stored at the front or back of the classroom during examinations.**
- **Students who are dissatisfied with their academic achievement are *strongly* encouraged to seek advice from a study skills counsellor at Needles Hall (888-4567, Ext. 32655), the teaching assistant, or the professor *prior* to their next exam(s).**

Date	Topic	Taking Sides Issues
September 11	Introduction, Historical Perspective Adolescents in the 21 st Century The Science of Adolescent Development Documentary - Teenage	Introduction
September 18	Puberty, Physical Development, & Physical Health Video - HPV The Brain & Cognitive Development Adolescent Problems – Delinquency In-Class Assignment 1	Issues 2, 3, 5, 10, 18 Body Image HPV Vaccine BMI & Obesity Muscularity Juvenile Offenders
September 25	Videos In-Class Assignment 2	
October 2	Exam 1 (20%)	
October 9	The Self, Identity, & Emotions Peers Social Networking Sites Documentary - Facebook In-Class Assignment 3	Issues 15, 17 Cyber Bullying Social Networking Sites
October 16	Families, Schools, Transitions, & Careers In-Class Assignment 4	Issues 11, 13 Same-Sex Parenting Alcohol Consumption
October 23	Sexuality & Romantic Relationships In-Class Assignment 5	Issues 7, 8, 9, 14 Sexual Orientation Sexual Standards Teen Pregnancy & Abortions
October 30	Exam 2 (20%) Final sign up sheet for Paper Discussions	
November 6	Paper Discussions (Up to 5% Bonus)	
November 13	Depression & Suicide Risky Behaviour Video - Suicide In-Class Assignment 6 Papers Due (25%)	Issues 1, 13, 15, 18 Depression Alcohol Consumption Cyber Bullying Juvenile Offenders
November 20	Documentary In-Class Assignment 7	
November 27	Exam 3 (20%)	