



**Introduction to Clinical Psychology
Psychology 336 – Section 001
Course Syllabus
Fall 2015**

CALENDAR DESCRIPTION

This course is designed to survey major aspects of clinical psychology such as historical background, assessment and intervention models, current trends and future directions in clinical practice.

Prerequisite(s): Psychology 257/323R – Psychopathology
Antirequisites: None
Time Requirements: 3 lecture hours per week for 12 weeks (36 hours)
Credits: 0.5/half credit course

COURSE INFORMATION

Instructor: Dr. Pamela Seeds
Office: PAS 3040
Telephone: 519-888-4567 extension 38132
Email: pamela.seeds@uwaterloo.ca **
Office hours: Wednesdays 9:00 to 10:00 a.m. or by appointment

Time and location of lectures: Mondays and Wednesdays; 1:00 to 2:20 p.m.
Psychology, Anthropology, Sociology (PAS) Room 2083

Teaching Assistants (TAs):

Name:	Ami Rints	Mengran Xu	Nick Zabara
Office:	PAS 3275	PAS 3205	PAS 3029
Office Hours:	Tuesdays 11:00-12:00	Fridays 2:00-3:00	Mondays 11:00-12:00
Email:	arints@uwaterloo.ca	m44xu@uwaterloo.ca	nzabara@uwaterloo.ca

Course website through [LEARN](#).

Grades will be posted on [LEARN](#).

****NOTE:** Please write Psychology 336 in the subject line of all emails to the Instructor or TAs.

Students are responsible for all e-mail that is sent to the official UW email address. Check e-mail regularly for important and time sensitive messages. See "[Official Student E-mail Address](#)" for further details (*e.g., procedures and warnings regarding forwarding e-mail to other accounts*).

TEXTBOOK

Required: Hunsley, J. & Lee, C. M. (2014). *Introduction to Clinical Psychology: An Evidence-Based Approach* (3rd Edition). Mississauga, ON: John Wiley & Sons Canada Ltd.
ISBN: 978-1-118-62461-6

The text is available at the University of Waterloo Book Store and on 3-hour reserve at the University of Waterloo Dana Porter Library.

Please note that there are many American editions and two previous Canadian editions of this textbook. This course is covering the material from the third Canadian edition, so please make sure that you are using the correct edition.

COURSE STRUCTURE AND OBJECTIVES

The goals of Psychology 336 are to provide students with an overview of the field of clinical psychology, including:

1. Definitions and history of clinical psychology
2. Clinical psychology research methods
3. Psychopathology and abnormal behaviour
4. Clinical assessment including clinical diagnosis and the assessment of intelligence, personality and behaviour
5. Intervention methods used by clinical psychologists
6. A review of subspecialties within clinical psychology including health, neuropsychology, forensics, paediatric and child psychology
7. Professional issues and training in clinical psychology.

Students are expected to attend every class and come prepared to discuss the chapter material. This course will be interactive, and students are expected to offer their opinions, perspective, and answers when invited to by the instructor. There will also be demonstrations and opportunities for class participation. Overall, students will develop an appreciation for the ethical, moral, and practical issues that influence how clinical psychology is conducted.

As participation is a key element in this course, it is important that we foster and maintain an atmosphere of respect and civility. All class members have a role in creating this type of an atmosphere, which includes minimizing distractions (e.g., cell phones ringing, texting, sleeping, using laptops for non-class related activity), responding to comments with interest, and allowing all students to participate. It is my hope that we can all work together to make the learning environment as positive as possible.

Because students often express an interest in careers in the mental health field, we will be discussing *Appendix 2: Applications to Graduate School* from the text throughout the term. We will also be discussing the role and training of other disciplines (e.g., medicine, social work, nursing, occupational therapy, physiotherapy, speech-language pathology, child and youth workers, child life specialists) who are also part of interdisciplinary mental health care teams. Please bring any questions that you have to class or email me in advance of the lecture so that I can prepare materials as needed based on student interest.

I consider it an honour and privilege to teach you about my chosen career path in clinical psychology and will share with you my personal experiences with education, research, and clinical work. Please make the most of this opportunity by attending class regularly and participating. Thank you.

EVALUATION FORMAT AND SCHEDULE

Evaluation for this course will be based on the various components of your research report, two midterm tests, and one final exam. You may also earn bonus credits for participation in research (see additional handout entitled “Research Experience Marks” for details).

Student grades for each component will be posted on [LEARN](#).

	Lectures/Chapters Covered	Due Dates	% of Grade
Research Report – Topic for Approval		September 30, 2015	1%
Research Report – Thesis Paragraph and Annotated Bibliography		October 26, 2015	4%
Research Report – Draft Submission		November 16, 2015	Optional (no grade assigned; for feedback only)
Research Report – Final Draft Submission		November 30, 2015	20%
Midterm Test #1	Lectures 1 through 6 Chapters 1, 2, & 3	October 5, 2015	20%
Midterm Test #2	Lectures 7 through 14 Chapters 5, 6, 7, 8, & 9	November 9, 2015	25%
Final Exam (Test #3)	Lectures 15 through 22 Chapters 10, 11, 12, 13, 14 & 15	Date and time TBA by the Registrar’s Office (December 8 - 22, 2015)	30%
Research Participation Bonus Credits (Optional)		December 4, 2015 (Last Day of Classes)	4% (Bonus) **Please note: Students cannot earn more than 100% in the course so not all earned credits may be applied to final grade

RESEARCH REPORT

You will have the opportunity to prepare a research report on a contemporary controversial topic in the area of Clinical Psychology. This assignment will be scaffolded so that you work on it throughout the semester. You will be responsible for a) selecting a topic and getting it approved by the course instructor and/or TAs; b) preparing a thesis paragraph that summarizes what your paper will cover and an annotated bibliography

with a minimum of 5 peer-reviewed sources; c) submitting an optional draft of your research report for detailed feedback from the course TAs; and d) submitting a final draft of your research report for evaluation. Early submissions are welcome for all steps of the process (e.g., you can get your topic approved before September 30, 2015 if you choose). Each component will be due at the start class on its given due date. *Late assignments will receive 5% reduction in the grade each day that it is late* (i.e., if the final draft of the paper is 2 days late the maximum grade possible will be 90%). Please refer to handout entitled "PSYCH 336 Research Paper Guidelines and Information" for more specific details regarding the expectations this assignment.

MIDTERM TESTS AND FINAL EXAM

Both midterm tests and the final exam will be composed of multiple-choice and short answer questions and are designed to evaluate your knowledge and understanding of the course material. Any material assigned as reading may be tested on the tests or exam, regardless of whether it was also covered in lecture. All material covered in lecture that is not in the textbook readings may also be tested on the tests or final exam.

The midterm tests will occur during class time (80 minutes) and the final exam will be scheduled during the final exam period (2.5 hours; December 8 to 22, 2015). Further details regarding the midterm tests and final exam will be provided in class, during the lecture that immediately precedes each evaluative component, respectively.

Students must bring proper identification (student ID card) to the midterm tests and final exam.

No electronic devices, including cell phones, will be allowed during midterm tests or final exam.

*****NOTE: Midterm tests and the final exam are non-cumulative.** Each test and exam will only cover material from the text and lectures as outlined.

To ensure fairness, final grades in this course are based exclusively on students' performance on the components of their research report (topic submission, thesis paragraph and annotated bibliography, and final submitted document), two midterm tests, and one final exam. Tests/exams may not be re-written, nor will the tests/exams be re-weighted in calculating final grades. Grades will not be adjusted on the basis of need, and students will not be able to improve their marks by completing additional assignments.

RESEARCH PARTICIPATION BONUS CREDITS (OPTIONAL)

Students in this course are also offered the opportunity to earn up to 4% "bonus" credits by participating in psychology research and/or submitting article reviews. *Please note: Students cannot earn more than 100% in the course so not all earned credits may be applied to final grade.* All bonus opportunities must be completed by the last day of classes (December 4, 2015). Please refer to the handout entitled "Research Experience Marks Information and Guidelines" for more details.

LECTURE OUTLINE AND SCHEDULE

Date	Lecture	Topic	Chapter
Monday, September 14	1	Course Introduction, Syllabus Review	
Wednesday, September 16	2	The Evolution of Clinical Psychology	1
Monday, September 21	3	Contemporary Clinical Psychology	2
Wednesday, September 23	4	Contemporary Clinical Psychology	2
Monday, September 28	5	Classification and Diagnosis	3
Wednesday, September 30	6	Classification and Diagnosis Research Report - Topic Due at start of class	3
Monday, October 5	N/A	MIDTERM TEST 1 (IN CLASS)	1, 2, 3
Wednesday, October 7	7	Guest speaker: Tim Ireland Finding Journal Articles, Creating an Annotated Bibliography, and How To Reference in APA Style	Readings TBA
Monday, October 12	N/A	NO CLASS – THANKSGIVING HOLIDAY	
Wednesday, October 14	8	Guest speaker: Dr. Ben McCutchen Assessment: Overview	5
Monday, October 19	9	Assessment: Interviewing and Observation	6
Wednesday, October 21	10	Assessment: Interviewing and Observation Assessment: Intellectual and Cognitive Measures	6 & 7
Monday, October 26	11	Assessment: Intellectual and Cognitive Measures Research Report - Thesis Paragraph and Annotated Bibliography Due at start of class	7
Wednesday, October 28	12	Assessment: Self-Report and Projective Measures	8
Monday, November 2	13	Assessment: Self-Report and Projective Measures	8
Wednesday, November 4	14	Assessment: Integration and Clinical Decision-Making	9
Monday, November 9	N/A	MIDTERM TEST 2 (IN CLASS)	5, 6, 7, 8 & 9
Wednesday, November 11	15	Prevention	10
Monday, November 16	16	Intervention: Overview Research Report – Draft Submission Due at start of class (Optional)	11
Wednesday, November 18	17	Intervention: Adults and Couples	12

Date	Lecture	Topic	Chapter
Saturday, November 21 <i>**make-up day for Thanksgiving Monday</i>	18	Intervention: Adults and Couples	12
Monday, November 23	19	Intervention: Children and Adolescents	13
Wednesday, November 25	20	Intervention: Children and Adolescents	13
Monday, November 30	21	Intervention: Identifying Key Elements of Change Clinical Health Psychology, Clinical Neuropsychology, and Forensic Psychology Research Report – Final Draft Due <i>at start of class</i>	14 & 15
Wednesday, December 2	22	Guest speaker: Dr. Carolyn Wilson Clinical Health Psychology, Clinical Neuropsychology, and Forensic Psychology	15
Friday, December 4		Final Day to complete Research Participation Bonus Credits	
December 2015 final exam period (Dec. 8 - 22)		FINAL EXAM (DURING FINAL EXAM PERIOD) Date, time, and location TBA by the Registrar's Office	10, 11, 12, 13, 14 & 15

Note. Any material assigned as reading may be tested on the tests/exams, regardless of whether it was also covered in lecture. All material covered in lecture that is not in the readings may also be tested on the tests/exams.

ACCOMMODATIONS TO COURSE REQUIREMENTS

If, on medical, religious, or compassionate grounds, you are unable to write a midterm test or final examination or complete coursework on the scheduled date, please follow the instructions presented here. All issues are dealt with on a case-by-case basis, according to UW and Departmental policies and regulations. You should understand that academic accommodations will not be granted automatically upon request. Please read the instructions below carefully. **In all cases, action must be taken at the earliest possible opportunity, preferably prior to the scheduled assignment, test, or exam.** Instructors are under no obligation to offer more than one opportunity to write a make-up exam.

Students who are requesting accommodation for course requirements (*assignments, midterm tests, final exams, etc.*) due to illness should do the following:

- seek medical treatment as soon as possible and obtain a completed [UW Verification of Illness Form](#)
- submit that form to the instructor **within 48 hours.**
- (preferably) inform the instructor by the due date for the course requirement that you will be unable to meet the deadline and that documentation will be forthcoming.

In the case of a missed final exam, the instructor and student will negotiate an extension for the final exam which will typically be written as soon as possible, but no later than the next offering of the course.

In the case of a missed assignment deadline or midterm test, the instructor will either:

1. waive the course component and re-weight remaining term work as he/she deems fit according to circumstances and the goals of the course; or
2. provide an extension.

In the case of bereavement, the instructor will provide similar accommodations to those for illness. Appropriate documentation to support the request will be required.

Students who are experiencing extenuating circumstances should also inform their academic advisors regarding their personal difficulties.

Students requesting accommodation based on religious or cultural grounds must contact the Associate Dean of Arts, in writing, by the following deadlines:

- for the final exam: within one week of the [final exam schedule being posted by the Registrar’s Office](#)
- for tests or assignments: before the ‘drop – no penalty period’ ends (Friday, October 2, 2015)

The Associate Dean will contact Dr. Seeds to make alternate arrangements.

The following includes occasions and observances for Fall 2015 that might warrant accommodation on religious/cultural grounds:

Dates	Religious holiday
Sunday, September 13 (sundown) Monday, September 14 Tuesday September 15 (sundown)	Rosh Hashanah (Jewish)
Tuesday, September 22 (sundown) Wednesday, September 23 (sundown)	Yom Kippur (Jewish)
Wednesday, September 23	Eid-ul-Adha (Islam)*
Sunday, September 27 (sundown) Monday, September 28 Tuesday, September 29 (sundown)	Sukkot (Jewish)
Sunday, October 6 (sundown) Monday, October 7 Tuesday, October 8 (sundown)	Shemini Atzeret and Simhat Torah (Jewish)
Friday, October 23	Ashura (Islam)*
Wednesday, November 11	Diwali (Sikh, Hindu)
Wednesday, November 25	Guru Nanak’s Birthday (Sikh)

* Tentative: *The actual timing of Muslim events is subject to the sighting of the moon immediately before.*

Elective arrangements (e.g., travel plans), co-op interviews, and employment are not considered acceptable grounds for granting accommodations for academic course requirements.

If you miss a class due to a minor illness or other problems, please check your course outline for information regarding attendance requirements and make sure that you are not missing a test/exam. Cover any readings and arrange to borrow notes from a classmate; professors can’t give personalized lectures for students who miss class. (If you miss class for a legitimate reason – e.g., death in the family, illness – Dr. Seeds would of course be pleased to answer any questions during her office hours *after* you have borrowed and reviewed lecture notes from a classmate.)

THE WRITING CENTRE

[The Writing Centre](#) works across all faculties to help students clarify their ideas, develop their voices, and write in the style appropriate to their disciplines. Writing Centre staff offer one-on-one support in planning assignments and presentations, using and documenting research, organizing and structuring papers, and revising for clarity and coherence.

You can make multiple appointments throughout the term, or drop in at the Library for quick questions or feedback. To book a 50-minute appointment and to see drop-in hours, visit www.uwaterloo.ca/writing-centre. Group appointments for team-based projects, presentations, and papers are also available.

Please note that writing specialists guide you to see your work as readers would. They can teach you revising skills and strategies, but will not proof-read or edit for you. Please bring hard copies of your assignment instructions and any notes or drafts to your appointment.

THE OFFICIAL VERSION OF THE COURSE OUTLINE

If there is a discrepancy between the hard copy outline (*i.e., if students were provided with a hard copy at the first class*) and the outline posted on LEARN, the outline on LEARN will be deemed the official version. Outlines on LEARN may change as instructors develop a course, but they become final as of the first class meeting for the term.

ACCOMMODATION FOR STUDENTS WITH DISABILITIES

Note for students with disabilities: The [AccessAbility Services](#) office, located on the first floor of the Needles Hall extension, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with the AS office at the beginning of each academic term.

CONCERNS ABOUT THE COURSE OR INSTRUCTOR (INFORMAL STAGE)

We in the Psychology Department take great pride in the high quality of our program and our instructors. Though infrequent, we know that students occasionally find themselves in situations of conflict with their instructors over course policies or grade assessments. If such a conflict arises, the Associate Chair for Undergraduate Affairs ([Richard Eibach](#) as of July 1, 2014) is available for consultation and to mediate a resolution between the student and instructor. Contact information is as follows:

Richard Eibach
Email: reibach@uwaterloo.ca
Phone: 519-888-4567 ext. 38790

A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. See Policy 70 and 71 below for further details.

ACADEMIC INTEGRITY, ACADEMIC OFFENSES, GRIEVANCE, AND APPEALS

Academic Integrity: In order to maintain a culture of academic integrity, members of the University of Waterloo are expected to promote honesty, trust, fairness, respect and responsibility.

Discipline: A student is expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for his/her actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration should seek guidance from the course professor, academic advisor, or the Undergraduate Associate Dean. When misconduct has been found to have occurred, disciplinary penalties will be imposed under Policy 71 – Student Discipline. For information on categories of offenses and types of penalties, students should refer to [Policy 71 - Student Discipline](#).

Grievance: A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70 - Student Petitions and Grievances](#), Section 4.

Appeals: A student may appeal the finding and/or penalty in a decision made under Policy 70 - Student Petitions and Grievances (other than regarding a petition) or Policy 71 - Student Discipline if a ground for an appeal can be established. Read [Policy 72 - Student Appeals](#).

Other sources of information for students:

[Academic Integrity website \(Arts\)](#)

[Academic Integrity Office \(uWaterloo\)](#)

OTHER HELPFUL INFORMATION

University of Waterloo [Department of Psychology](#)

University of Waterloo [Registrar’s Office](#)

[Canadian Psychological Association](#)

[Ontario Psychological Association](#)

[The Canadian Council of Professional Psychology Programs](#)

[The College of Psychologists of Ontario](#)

[Society for a Science of Clinical Psychology](#)

[Society of Clinical Psychology](#)

[Society of Clinical Child & Adolescent Psychology](#)

[Canadian Association for Cognitive and Behavioural Therapies](#)

[Association for Behavioral and Cognitive Therapies](#)

[Association for Psychological Science](#)

[American Psychological Association](#)

[Canadian Register of Health Service Psychologists](#)