

1079 PSYCH 336: Introduction to Clinical Psych

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Location PAS 2083
Times Tues. 2:30-5:20

Required Text

Trull, T.J. (2004). *Clinical Psychology*. 7th Edition. Wadsworth/Thompson Learning, Belmont, CA.

Course Description

This course is designed to survey major aspects of clinical psychology such as historical background, assessment and intervention models, current trends and future directions in clinical research and practice.

Course Objectives

The purpose of this course is to provide and overview the area of clinical psychology. Topics covered will include: definitions and activities of the clinical psychologist, diagnosis, assessment, intervention and some specialty area(s) of clinical psychology. Current issues in psychology will be presented and I will attempt to give students a sense of what it means to be a "clinical psychologist".

Tentative Schedule

(Date and topic may vary somewhat, some topics may be substituted for the topics in the existing list at a later date)

Sept. 11
Course Overview

Sept. 18
Chpt 1 Clinical Psychology an Introduction—Lecture
Chpt 2 Historical Overview—Read on your own

Sept. 25
Chpt 3 Current Issues in Clinical Psychology—Lecture

Oct. 2
Chpt 5 Diagnosis and Classification of Psychological Problems—Lecture

Oct. 9
Chpt 6 The Assessment Interview—Lecture
Chpt 7 The Assessment of Intelligence—Read on your own

Oct. 16

Chpt 8 Personality Assessment—Lecture

Oct. 23

Midterm Exam in regular class time and location

Oct. 30

Chpt 10 Clinical Judgment—Lecture

Nov. 6

Chpt 11 Psychological Interventions—Lecture

Chpt 13 Psychotherapy: Phenomenological and Humanistic-Existential Perspectives-Read on your own

Nov. 13

Term Paper & Bonus Essays Due by Beginning of Class

Nov. 13

Chpt 14 Psychotherapy: Behavioural and Cognitive-Behavioural Perspectives—Lecture

Chpt 17 Health Psychology and Behaviour Medicine—Read on your own

Nov. 20

Chpt 18 Neuropsychology—Read on your own

Chpt 19 Forensic Psychology-Lecture

Nov. 27

Special Topics &/or Exam Prep

Grading Policy

Students will be required to write one mid-term examination (up to the full regular class time, worth 40% of the final grade), a final examination (up to 2.5 hours, worth 40% of the final grade) and a term paper (worth 20% of the final grade). On exams, students are responsible for all material covered in lectures, videotape presentations and readings. The final exam will NOT be cumulative, but will cover only material presented after the midterm exam. It is important that students attend all classes and keep up on the text readings, since there will be topics covered in class that are not in the text, and vice versa. Please follow the course outline and read the assigned text chapter(s) before coming to each class. The term paper (8 pages minimum to 10 pages maximum) worth 20% of the final grade will be based on a topic of interest chosen by the student and approved by the instructor or TA (approval MUST be given in discussion of topics with the instructor or TA during office hours or by special arrangement, do not email me requesting topic approval—emailed requests will not be approved). The term paper is due as noted below and will be assigned a 5% penalty immediately following the due date for each day late. Papers will not be accepted following one week after the due date and will receive a grade of zero.

Students will be able to earn up to an additional 5% in the course by participating in research or alternatives. Please see below in the section following TA information.

Attendance Policy

Attendance will not be taken but students are expected to attend class regularly. Material that is not in the text and not available anywhere else will be covered in class and will be part of the material tested in exams.

Academic Integrity

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and

other academic offences. Students are urged to read the section on Student Academic Discipline (Policy #71) in the Undergraduate Academic Calendar. Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. In writing scholarly papers, you must keep firmly in mind the need to avoid plagiarism. Plagiarism is the unacknowledged borrowing of another writer's words or ideas. The following rules pertain to the acknowledgements necessary in academic papers: in using another writer's words, you must both place the words in quotation marks and acknowledge that the words are those of another writer; in adopting another writer's ideas, you must acknowledge that they are his/hers. If you are in doubt about whether what you are doing is inappropriate, consult your instructor or TA. A claim that "you didn't know it was wrong" will not be accepted as an excuse. The penalties for a student guilty of a scholastic offence may include any of the following: refusal of a passing grade in the assignment, refusal of a passing grade in the course, suspension from the University, and expulsion from the University.

From the Faculty of Arts:

"Note on avoidance of academic offences: All students registered in the courses of the Faculty of Arts are expected to know what constitutes an academic offence, to avoid committing academic offences, and to take responsibility for their academic actions. When the commission of an offence is established, disciplinary penalties will be imposed in accord with Policy #71 (Student Academic Discipline). For information on categories of offences and types of penalties, students are directed to consult the summary of Policy #71 which is supplied in the Undergraduate Calendar (section 1; on the Web at http://www.adm.uwaterloo.ca/infoucal/UW/policy_71.html). If you need help in learning how to avoid offences such as plagiarism, cheating, and double submission, or if you need clarification of aspects of the discipline policy, ask your TA or course instructor for guidance. Other resources regarding the discipline policy are your academic advisor and the Undergraduate Associate Dean."

Note: On November 18/02, Senate passed a motion that all course outlines also contain the following reference to the student's right to grieve: "Students who believe that they have been wrongfully or unjustly penalized have the right to grieve; refer to Policy #70, Student Grievance, <http://www.adm.uwaterloo.ca/infosec/Policies/policy70.html>."

For further information see the following: "How to Avoid Plagiarism and Other Written Offences: A Guide for Students and Instructors" (<http://watarts.uwaterloo.ca/~sager/plagiarism.html>).

Teaching Assistants

Bianca Bucarelli, <mailto:brbucare@artsmail.uwaterloo.ca>, PAS 3035, Office Hours T 10-11.

Walter Foddis, <mailto:wffoddis@watarts.uwaterloo.ca>, PAS 3205, Office Hours Th 10-11.

Participation in Psychology Research: Guidelines for Psychology Undergraduate Courses

Experiential learning is considered an integral part of the undergraduate program in Psychology. Participation in research is one example of this. A number of undergraduate courses have been expanded to include opportunities for Psychology students to volunteer as research participants enabling them to learn first-hand about psychology research and related concepts. Many students report that participation in research is both an educational and interesting experience.

Student participants may earn up to 5 percentage points towards their final mark in Psychology 336 by participating in studies conducted by students and faculty in the Department of Psychology. Participation is worth .5 participation credits (percentage points) for each half hour session. Researchers will record student's participation and will advise the course instructor of the total points earned by each student at the end of the term. Students who do not wish to participate in research may choose an alternative approach to earning the same number of points; this is explained below in "Alternative to participating in

research”.

Since experiential learning is highly valued in the Department of Psychology, students can earn a "bonus" of 5% by participating in these experiments (i.e., the maximum possible final grade is 105%).

Please note that all Psychology studies have undergone prior ethics review and clearance through the Office of Research Ethics.

Educational focus of participation in research

To maximize the educational benefits of participating in research, students will receive feedback information following their participation in each study detailing the following elements:

- Purpose or objectives of the study
- Dependent and independent variables
- Expected results
- References for at least two related research articles
- Provisions to ensure confidentiality of data
- Contact information of the researcher should the student have further questions about the study
- Contact information for the Director of the Office of Research Ethics should the student wish to learn more about the general ethical issues surrounding research with human participants, or specific questions or concerns about the study in which sh/he participated.

Alternative to participating in research

Students are not required to participate in research, and not all students wish to do so. As an alternative to participation in research, students may opt to review articles relevant to psychology and write a short 1 page review. Each review articles counts as one percentage point. Articles will not be provided but are up to the student to find articles that are relevant to the interest they have.

The review must:

- Be submitted by Nov 13
- Be typed
- Include title, author, source and date of the article. A copy of the article must be attached.
- Identify the psychological concepts in the article and indicate the pages in the text that are applicable.
- Clearly evaluate the application or treatment of those concepts in the article.

Students may complete any combination of a) participation in research or b) article review up to a total of 5% points.

How do I sign up?

REG has created an account for you on SONA (our web-based Study Sign-Up system) at <http://uwaterloo.sona-systems.com>. User ID is your Quest ID (eg. j2smith), temporary password is your Student ID (eg 2001234). Log in to your account, read/acknowledge the ORE "Human Subjects/Privacy Policy" then complete a very brief (5-10 minute) "Prescreen" questionnaire to provide basic demographic info. You won't receive a credit for this and you may decline if you wish however completing it will increase your eligibility for other studies. Once you have completed (or declined) the Prescreen questionnaire you should go to "My Profile" and enter your preferred (Alternate) email address. Then you can go to "Study Sign-Up" and select a Psych 336-eligible study that interests you and a day/time that fits your schedule. You'll receive a confirmation email and a reminder the day before the study. Upon completion of the study you are granted your Study Credit and given feedback about the study hypothesis, design and predictions. You can use this to complete the Experimental Write-Up (the professor will explain this).

When should I sign up?

Right away, the sooner the better!!! The On-line study "Mass Testing Survey F07" (one full credit) will only be offered for a few weeks and you should do this study as soon as possible. Researchers often select participants based on their responses and doing this survey increases your eligibility for other studies. Note that you can only do this survey if you have completed the Prescreen questionnaire. We'd appreciate it if you'd do both.

Are there any restrictions to the studies I can sign up for?

Yes ... i) the study must be eligible for a credit in this class (as noted in the study description) ii) only 2 of your 5 credits can be for On-line studies and iii) you should try to spread your participation out over the term. The last day to participate for credit is Dec 3. You can participate for pay anytime.

Where can I get more information, instructions, help with login problems etc?

REG website: <http://www.arts.uwaterloo.ca/~regadmin/regparticipant>

REG Coordinator: <mailto:regadmin@watarts.uwaterloo.ca>

Requests for Deferment of Examinations or Extension on Essays

Students are entitled to a rescheduling of exams or an extension on the essay for legitimate medical, religious, or compassionate reasons. However, it is the student's responsibility to contact the instructor prior to the due date, to arrange a timely makeup, and, to provide acceptable documentation to support a medical or compassionate claim (see the University Undergraduate Calendar). Being busy with other coursework is not an acceptable excuse. I have always provided students with compassionate extensions in the past, and will continue to do so, but only if approached during the difficult period (see me individually to discuss this; I can see you in office hours or at an individually arranged time). I will no longer be able to allow students re-writes or extensions when they approach me after the fact. Your claim may be legitimate at the time, but I can no longer accommodate such post hoc requests.

If you feel that you have a medical or personal problem that is interfering with your work, you should contact your instructor and a physician for medical problems or Counseling Services in Needles Hall, 2080 for emotional problems as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. As described above retroactive requests for grade revisions on medical or compassionate grounds will not be considered.

Make-up Exams. Students failing to complete a test or examination at the scheduled time will receive a grade of zero. Special arrangements can only be made on religious, medical, or compassionate grounds if proper supporting documentation is provided ahead of time or as soon as possible following the exam. If nothing else, make sure you telephone and leave a message on my machine if you are still too ill to see me in person. Exams will not be rescheduled to accommodate students' travel or vacation plans under any circumstances. **DO NOT BOOK YOUR HOLIDAY FLIGHTS UNTIL AFTER THE FINAL EXAM PERIOD!**

Procedures for Appealing Academic Evaluations

In the first instance, all appeals of a grade must be made to the course instructor (informal consultation). In all cases, the TA grading the questioned assignment will review the grading with the student. If unsatisfied, the student will return to the instructor who will review the work and assign a grade either the same, higher or lower than that assigned by the TA and that will be the grade submitted. The highest grade given by the instructor or TA cannot be chosen. The instructor's grade will be final. If still dissatisfied, for a psychology course, the student's next step would be to the undergraduate chair in psychology (see the Undergraduate Student Handbook for Psychology <http://watarts.uwaterloo.ca/~hsmith/Handbook0304.htm>). If the student is not satisfied with the decisions, the student grievance policy (Policy #70 of the Undergraduate Calendar) should be followed.