

**Course Syllabus**  
**Psychology 336**  
**Introduction to Clinical Psychology**  
**Fall, 2012**

**Course Instructor:** Dr. C. Purdon, Professor  
UW Department of Psychology, PAS 3038  
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**Office Hours:** Thursdays 11:00am-12:00pm, or by appointment

**Text Book:** *Introduction to Clinical Psychology: An Evidence-Based Approach, 2<sup>nd</sup> Canadian Edition* by John Hunsley and Catherine Lee  
ISBN: 978-0-470-15685-8

**Class Time:** Mondays and Wednesdays, 1:00pm - 2:20pm

**Class Location:** Arts Lecture Hall, Room 211

<b>TAs:</b>	Bianca Bucarelli	Jasmine Dean	Ami Rints
<b>Office:</b>	PAS 3208	PAS 3035	PAS 3029
<b>Office Hours :</b>	Wednesdays, 10 – 11	Wednesdays, 3 - 4:00	Fridays 10:30 – 11:30
<b>e-mail:</b>	<a href="mailto:brbucare@uwaterloo.ca">brbucare@uwaterloo.ca</a>	<a href="mailto:j2dean@uwaterloo.ca">j2dean@uwaterloo.ca</a>	<a href="mailto:arints@uwaterloo.ca">arints@uwaterloo.ca</a>

**Course structure and objectives:**

Classes will be held on Mondays and Wednesdays from 1:00 - 2:20pm. Each class will feature a lecture and big and small group discussions. The lectures will cover important material from the text and will introduce important material that is not in the text. We will hold discussions about current controversies in clinical psychology, as well as moral, ethical, and practical issues that bear on how clinical psychology is conducted.

The course covers the assumptions on which clinical psychology is based, how we classify mental health problems, and how we assess and treat them.

The primary objective of this course is for students to develop a ready facility with the nature and range of methods used in clinical psychology to study, assess, and treat mental health problems, and to develop an appreciation of the ethical, moral, and practical issues that bear on the execution of clinical psychology work.

**Who am I?**

I am a Full Professor in the Department of Psychology at the University of Waterloo and am a Registered Psychologist with the College of Psychologists of Ontario. I completed my BA(Hon.) at the University of Western Ontario and received my MA and PhD from the University of New Brunswick, supervised by Dr.

David A. Clark. After completing my predoctoral residency in the Anxiety Disorders Clinic at the Centre for Addiction and Mental Health, I joined the Department of Psychology at UW as an Assistant Professor. In my 15 years at UW, I have had an active program of research that examines the development and persistence of anxiety disorders, particularly obsessive-compulsive disorder (OCD). My research lab is one of two labs that form the Anxiety Studies Division of the UW Centre for Mental Health Research (CMHR). I am the Executive Director of the CMHR and supervise students in our PhD program in clinical psychology who conduct assessment and treatment through the CMHR. I also teach the graduate course in cognitive-behaviour therapy in our PhD program in clinical psychology and I have held a private practice in which I have assessed and treated adults with mood and anxiety difficulties.

### **Office Hours**

Please come and visit me during my office hour. In a class of this size I don't really have an opportunity to get to know you. I enjoy meeting my students and chatting, whether about the course, your career plans, clinical psychology, or psychology in general. If your quiz marks are not in the range you would like, definitely come and visit me for help.

### **Textbook**

The textbook is available for purchase in the bookstore in South Campus Hall. It is the same text as was used in my 336 course taught in Fall, 2011, so you may also be able to find used copies. Two copies have been placed on 3 hour reserve in the Dana Porter Library. All coursework and evaluation is based on the assumption that you have studied the relevant chapters in the text. Please note that the text is the **second Canadian edition** of the text (there are American editions and a first Canadian edition on the market, so beware – *you really need the right edition*).

### **Course evaluation:**

Evaluation will be based on five in-class quizzes, and you can also earn bonus credits for participation in research.

### *Quizzes*

Five quizzes are scheduled throughout the term (for dates, see the Course Outline below). The best 4 of the 5 will contribute to your final grade (25% each). This gives you one “freebie” in the event some mishap or undocumented health or personal problem causes you to miss a quiz, or if you should do especially poorly on one. The quizzes will feature essay questions and/or short answer questions that are designed to evaluate your ability to summarize and synthesize the concepts and develop informed opinions on the course material. Note that the quizzes will cover both class *and* text material – and in one case, some supplemental material. Each quiz will be given in the first 30 minutes of class. You must have your UW student ID card for every quiz. The quizzes will start promptly at 1:00 and the lecture component of the class will begin promptly at 1:35pm. If you arrive late for a class in which there is a quiz you will only have until 1:30pm to write.

Alternative arrangements for the quizzes will only be made if there is a **major** disruption in your ability to function academically due to **documented** health reasons or personal problems. If you are in that boat, I need you to call me at least an hour **in advance** of the quiz you are missing (519-888-4567, x33912; be sure to call rather than e-mail!) and you will need to provide your formal documentation as soon as possible. Note that all documentation must date from before the missed quiz, not after it. That is, the documentation must represent

first-hand knowledge of the circumstances that made it impossible for you to write the quiz as scheduled, as opposed to reflecting your retrospective self-report to the authority providing documentation. If you miss a quiz for a documented reason, you need to make arrangements as soon as possible to make it up.

There are two reasons that I am strict about having students write the quizzes as scheduled. The first is fairness; in the absence of a major extenuating circumstance it is not fair for one student to have the extra study time, the opportunity to achieve a more balanced exam schedule, or the longer holiday afforded by a modified quiz date. The second reason is pragmatic; there are 104 people in the class, so if I begin making accommodations for common life nuisances/problems, such as routine colds, commonplace interpersonal stresses, and normal busyness, as opposed to major life disruptions, I would be spending more time than I can afford preparing alternate quizzes, finding rooms in which to hold them, and arranging for their supervision, marking, and grade entry. This policy is consistent with the UW policy on Academic Integrity (see below).

### *Research Participation Bonus Credits*

You can earn bonus points of up to 4% of your grade through participation in research studies (but you cannot exceed a final grade of 100% - although it would be mildly entertaining to see how the Registrar's office would handle that...). Please see the document entitled "Research Experience Marks" for details.

## **On Academic Integrity, Grievance, Discipline, and Disability**

**Academic Integrity**: in order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect and responsibility. See [www.uwaterloo.ca/academicintegrity/](http://www.uwaterloo.ca/academicintegrity/) for more information.







**Grievance**: A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70 - Student Petitions and Grievances](#), Section 4, <http://www.adm.uwaterloo.ca/infosec/Policies/policy70.htm> When in doubt, please be certain to contact the Department of Psychology Undergraduate Advisor, Ms. Heather Smith (888-4567, x32819).

**Discipline**: A student is expected to know what constitutes academic integrity [check [www.uwaterloo.ca/academicintegrity/](http://www.uwaterloo.ca/academicintegrity/)], to avoid committing academic offenses, and to take responsibility for his/her actions. A student who is unsure whether an action constitutes an offense, or who needs help in learning how to avoid offenses (e.g., plagiarism, cheating) or about 'rules' for group work/collaboration should seek guidance from the course instructor, academic advisor, or the Undergraduate Associate Dean. For information on categories of offenses and types of penalties, students should refer to [Policy 71 - Student Discipline](#), [www.adm.uwaterloo.ca/infosec/Policies/policy71.htm](http://www.adm.uwaterloo.ca/infosec/Policies/policy71.htm)

**Appeals**: A decision made or penalty imposed under Policy 70 (Student Petitions and Grievances) (other than regarding a petition) or Policy 71 (Student Discipline) may be appealed if there is a ground. A student who believes he/she has a ground for an appeal should refer to [Policy 72 \(Student Appeals\)](#) <http://www.adm.uwaterloo.ca/infosec/Policies/policy72.htm>

**Note for Students with Disabilities**: The Office for Persons with Disabilities (OPD), located in Needles Hall, Room 1132, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with the OPD at the beginning of each academic term.

## Course Outline

<b>Date</b>	<b>Topic</b>	<b>Text Chapter</b>	<b>Quiz (Covers text AND class material)</b>
09/10	Review of course structure and goals	NA	
09/12	The Evolution of Clinical Psychology	Chapter 1	No
09/17	Contemporary Clinical Psychology*	Chapter 2	No
09/19	How do we diagnose mental illness?	Chapter 3	No
09/24	The central importance of research in clinical psychology	Chapter 4	09/12 to 09/19, Ch. 1, 2, 3
09/26	Research in clinical psychology cont'd	Chapter 4	No
10/1	Assessment overview*	Chapter 5	No
10/3	Interview/observational assessment methods	Chapter 6	No
10/8	 Thanksgiving 		
10/10	Intellectual and cognitive measures of Assessment	Chapter 7	09/24 to 10/3 Ch. 4, 5, 6
10/15	Intellectual and cognitive measures of assessment	Chapter 7*	No
10/17	Self-report and projective measures of assessment	Chapter 8	No
10/22	Integration and clinical decision-making	Chapter 9	No
10/24	 Quiz only, no lecture 		10/10 to 10/22 Ch. 7, 8, 9
10/29	 Class Cancelled 		No
10/31	Intervention Overview*	Chapter 11	No
11/5	Intervention: Adults and couples	Chapter 12 & supp	No
11/7	Intervention: Adults and couples	Chapter 12 & sup	No
11/12	Intervention: Adults and couples*	Chapter 12 & supp	No
11/14	Intervention: Children and adolescents	Chapter 13	10/22 to 11/12 Ch.11, 12, + supplemental readings
11/19	Intervention: Children and adolescents*	Chapter 13	No
11/21	Identifying key elements of change	Chapter 14	No
11/26	Identifying key elements of change*	Chapter 14	No
11/28	Health/Neuropsychology/Forensic	Chapter 15	No
12/3	Career planning for clinical psychology	NA	11/14 to 11/28 Ch 13, 14, 15

\*we may begin coverage of the next material in this class; if you like to read the text in preparation for the lecture, you will want to start reading the next chapter