# **University of Waterloo**

Department of Psychology Psychology 354: Interpersonal Relations Winter 2014

Tuesday, Thursday, 2:30PM – 3:50PM, RCH 307

## **Instructor and T.A. Information**

Instructor: Dr. Joanne Wood

Office: PAS 3051

Office Hours: Mondays 2:00 PM to 3:00 PM

T.A. David Kille Megan McCarthy

Email dkille@uwaterloo.ca m5mccart@uwaterloo.ca

Office PAS 3266 PAS 3240H

Office Hours \*Wednesdays 1:30PM to

1:30PM to 2:30 PM 2:30 PM

Extra office hours will be added as needed (for tests and certain assignments). These will be announced on LEARN.

# How to get your questions answered

**For questions regarding lecture content**, please post your question on LEARN page on discussion forum "Qs regarding lectures for Dr. Wood," so that other students can learn from the answers.

**For quick questions regarding textbook content, assignments, and tests**, please post your question on LEARN page "Qs for TAs regarding textbook content, assignments, and tests," so that other students can learn from the answers.

For more complicated questions or concerns, please attend office hours. We're happy to help.

For emergencies or illness preventing you from attending tests or turning in assignments on time, please email David Kille, dkille@uwaterloo.ca. You will need to provide documentation to be excused (see policies below).

# **Course Description**

The purpose of this course is to introduce you to research on adult romantic relationships. The textbook is broad, whereas the lectures will tend to cover more specific issues, especially recent approaches. In this course, you will learn about: the methods and findings of relationship research in social/personality psychology, the skills necessary to be a critical consumer of research, how research can be applied to understanding relationships in the real world, and how

<sup>\*</sup>Only one TA will hold office hours each week. Their offices are close to each other, and a schedule of TA availability will be posted on their doors.

to ask questions so as to extend existing research.

Psych 354 is cross-listed with Psych 354R (formerly 221R). Only 1 of these 2 courses can count for credit towards your degree.

## **Required Text**

• Miller & Perlman's Intimate Relationships, 6th edition (2011).

This is the same edition used in recent versions of the course (you may find used copies). A copy will be on reserve in the Dana Porter library, where it may be used for 3 hour periods.

## **Course Requirements and Assessment**

Assessment	Date of Evaluation (if known)	Weighting
Test # 1	Jan 28	22%
Test # 2	March 4	22%
Test # 3	April 1	22%
Group Discussion Participation	Several times during term	8%
Group Assignments – 4 Empirical Article	Jan 21, Feb 13, March 20, &	12%
Evaluations	April 3 (3% each)	
Scenario Assignment	February 25	14%
REG/Alternative Bonus		+ 4%
Total		100%

All graded components of the course will be kept in storage in the Psychology Department for a maximum of 16 months after the final grades have been submitted to the Registrar's Office. After that time, these documents will be destroyed in compliance with UW's confidential shredding procedures.

#### **Tests**

There will be three in-class tests and NO final exam. Each test will be worth 22% of your final course grade and will cover all material from the text, videos, and lectures from the period leading up to the test. Tests are not cumulative. They will primarily be multiple-choice, but will also have a short answer component.

# **Group Discussion Participation**

In most class sessions, time will be set aside for small-group discussions. The class will be divided into 4-6 person groups. You will be assigned to seats next to each other, which will be your permanent seats in the class. Often, you will receive specific questions/issues to discuss, and sometimes you will be asked to post a brief list of points your group made to LEARN. Group members will rate the quality of each other's participation several times over the course of the term. If you do not turn in your ratings by the announced due dates, your own ratings will not be considered.

## **Group Assignments—4 Empirical Article Evaluations**

Your groups also will work together to evaluate 4 short empirical journal articles. For each assignment, you will receive a short list of questions. Your answers should be in point form. You will be asked to do such things as identify (a) predictor and outcome variables at the conceptual and operational levels, (b) strengths and weaknesses of the studies, (c) possible moderators or mediators of the effects, and (d) ways that research on the topic could be extended.

The grades for group assignments will be assigned as follows: Groups will be awarded a number consistent with their group size (e.g., each group of 4 students will be given a grade out of 40; groups of 5 students will be given a grade out of 50). You will then evaluate yourself and each group member's contribution to the assignment by assigning each person a grade out of 10. The sum of all individual grades cannot exceed the total number of points that you were assigned (e.g., out of 40 if your group size is 4).

For example, say your group receives a mark of 36/40. You will then have 36 points to divide among the group members. For example, if everyone contributed equally, it would make sense to assign each person an 8/10 (i.e., divide the points equally). If contributions were not equal, you may choose a different arrangement. For example, if you feel that someone else worked very hard on the assignment and you did not put as much effort into it, you may assign that person 10/10 and assign yourself a 6/10 (and then assign the remaining 16 points to your other group members accordingly for a total of 36 points).

If you receive 40/40 (or 50/50) but you do not feel that all group members contributed equally, you may award some group members scores higher than 10/10 (e.g., 11/10) and other group members scores lower than 10/10 as long as the sum of all individual grades does not exceed the total number of points that you were assigned.

You will submit these ratings on LEARN after each assignment and they will be confidential. Peer ratings are due within one week of receiving your grade. If you do not turn in your ratings by the announced due dates, your own ratings will not be considered. Your final grade for each assignment will be determined by averaging the ratings that you received from your group members (including your own ratings if turned in on time).

#### Scenario Assignment

This is an assignment that you will complete individually. You will be given a set of short written descriptions of scenes from relationships, and your task will be to analyze these relationships using material learned in class. Additional assignment details will be available on LEARN.

## **Research Experience**

Since experiential learning is highly valued in the Department of Psychology, students may earn a "bonus" of up to 4% in this course through research experience. Course work will make up

100% of the final mark and a bonus of up to 4% may be earned and will be added to the final grade as needed to bring your final grade up to 100%. (Your grade cannot exceed 100%, unfortunately). Alternative "article summary" assignments are available to those who prefer not to participate in research. Please see the "Research Experience Marks" section at the end of the course outline for more information on how to earn these bonus marks.

# **Timetable**

Week	Date	Topic	Readings Due	Assignments Due by Midnight
1	Jan 7	L1: Introduction	Ch. 1	
	Jan 9	L2: Attraction & First Impressions 1	Ch. 3	
2	Jan 14	L3: Attraction & First Impressions 2	Article #1	
	Jan 16	L4: Relational Cognition 1	Ch. 4	
3	Jan 21	L5: Relational Cognition 2		Article #1 Qs due
	Jan 23	L6: Attachment Theory	Pgs. 14-19 & 264-265	
4	Jan 28	Test 1		
	Jan 30	L7: Love & Intimacy	Ch. 8	
5	Feb 4	L8: Social Exchange Theories	Ch. 6	
	Feb 6	L9: Interdependence & Commitment 1	Article #2	
6	Feb 11	L10: Interdependence & Commitment 2		
	Feb 13	Video (will be on test, no alternative viewings)		Article #2 Qs due
	Feb 17- 21	Reading Week		
7	Feb 25	L11: Communication	Ch. 5	
	Feb 27	L11, Part 2: Communication, continued		
8	Mar 4	Test 2		
	Mar 6	L12: Sexuality	Ch. 9	
9	Mar 11	L13: Jealousy & Betrayal	Ch. 10	
	Mar 13	Video (will be on test, no alternative viewings)	Article #3	
10	Mar 18	L15: Conflict & Divorce	Pgs. 337-353 & Ch. 13	
	Mar 20	L15: Conflict & Divorce, continued		Article #3 Qs due
11	Mar 25	L16: Relationship Maintenance	Ch. 14	_
	Mar 27	UW Relationship Research Day (will be on test)	Article #4	
12	April 1	Test 3		
	April 3	Group Discussions		Article #4 Qs due
Exam	April	1		Scenario Assig. due 1
period	10			week after final class

\*\*Please let the instructor know at the beginning of the term if you wish to be excused for any religious observances during the term.\*\*

#### Late Work

If assignments are turned in after the deadline but within 6 hours, they will receive a deduction of 5%. They will be deducted an additional 5% for each additional 12 hour period of lateness.

#### **LEARN**

Regularly visit the class page on LEARN for announcements, assignments, grades, slides, etc.

# **Missing Exams**

Students may take a make-up exam if they contact a TA as soon as they know that they cannot attend, and they obtain written, verifiable evidence of medical problems or family emergencies. The make-up test may be different from the one taken by the rest of the class.

# **Attendance Policy**

To succeed in this course, attend 100% of the lectures. Tests will be approximately 60% lecture material, and I will present a great deal of material not covered in your textbook.

#### **Grade Reconsiderations**

You are welcome to attend office hours to look at your tests and assignments. If you wish to dispute a mark you received, bring this to the attention of a TA within 2 weeks of when the marks were made available. After 2 weeks, grading will not be reconsidered, although you are still welcome to look at the materials.

Institutional-required statements for undergraduate course outlines approved by Senate Undergraduate Council, April 14, 2009

## The Official Version of the Course Outline

If there is a discrepancy between the hard copy outline (i.e., if students were provided with a hard copy at the first class) and the outline posted on LEARN, the outline on LEARN will be deemed the official version. Outlines on LEARN may change as instructors develop a course, but they become final as of the first class meeting for the term.

# **Concerns about the Course of Instructor (Informal Stage)**

We in the Psychology Department take great pride in the high quality of our program and our instructors. Though infrequent, we know that students occasionally find themselves in situations of conflict with their instructors over course policies or grade assessments. If such a conflict arises, the Associate Chair for Undergraduate Studies (<u>Myra Fernandes from July 1, 2012 through June 30, 2014</u>) is available for consultation and to mediate a resolution between the student and instructor. Contact information is as follows:

Myra Fernandes

Email: mafernan@uwaterloo.ca Ph 519-888-4567 ext 32142

A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. See Policy 70 and 71 below for further details.

## **Academic Integrity**

In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect and responsibility. See the <a href="UWaterloo Academic Integritity Webpage">UWaterloo Academic Integritity Webpage</a> (<a href="https://uwaterloo.ca/academic-integrity/">https://uwaterloo.ca/academic-integrity/</a>) and the <a href="https://arts.uwaterloo.ca/current-undergraduates/academic-responsibility">Arts Academic Integrity Office Webpage</a> (<a href="https://arts.uwaterloo.ca/current-undergraduates/academic-responsibility">https://arts.uwaterloo.ca/current-undergraduates/academic-responsibility</a>) for more information.

## Grievance

A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read <u>Policy 70</u>, <u>Student Petitions and Grievances</u>, <u>Section 4 (https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70)</u>. When in doubt please be certain to contact the department's administrative assistant who will provide further assistance.

## Discipline

A student is expected to know what constitutes academic integrity to avoid committing academic offenses and to take responsibility for his/her actions. A student who is unsure whether an action constitutes an offense, or who needs help in learning how to avoid offenses (e.g., plagiarism, cheating) or about "rules" for group work/collaboration should seek guidance from the course professor, academic advisor, or the undergraduate associate dean. For information on categories of offenses and types of penalties, students should refer to <a href="Policy 71">Policy 71</a>, <a href="Student Discipline">Student Discipline</a> (<a href="http://www.adm.uwaterloo.ca/infosec/Policies/policy71.htm">Policy 71</a>, <a href="Student Discipline">Student Discipline</a> (<a href="http://www.adm.uwaterloo.ca/infosec/Policies/policy71.htm">http://www.adm.uwaterloo.ca/infosec/Policies/policy71.htm</a>). For typical penalties check <a href="Guidelines for the Assessment of Penalties">Guidelines for the Assessment of Penalties</a>

(http://www.adm.uwaterloo.ca/infosec/guidelines/penaltyguidelines.htm).

# **Appeals**

A decision made or penalty imposed under Policy 70, Student Petitions and Grievances (other than a petition) or Policy 71, Student Discipline may be appealed if there is a ground. A student who believes he/she has a ground for an appeal should refer to Policy 72, Student Appeals (http://www.adm.uwaterloo.ca/infosec/Policies/policy72.htm).

#### **Note for Students with Disabilities**

The Office for Persons with Disabilities (OPD), located in Needles Hall, Room 1132, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require

academic accommodations to lessen the impact of your disability, please register with the OPD at the beginning of each academic term.

#### **Accommodations due to Illness**

Students who are requesting accommodation for course requirements (assignments, midterm tests, final exams, etc.) due to illness should do the following:

- Seek medical treatment as soon as possible and obtain a completed <u>UW Verification of Illness Form (http://www.healthservices.uwaterloo.ca/Health\_Services/verification.html)</u>
- Submit that form to the instructor within 48 hours.
- Inform the instructor (preferably) by the due date for the course requirement that you will be unable to meet the deadline and that documentation will be forthcoming.

<u>In the case of a missed final exam</u>, the instructor and student will negotiate an extension for the final exam which will typically be written as soon as possible, but no later than the next offering of the course.

<u>In the case of a missed assignment deadline or midterm test,</u> the instructor will either:

- Waive the course component and re-weight remaining term work as he/she deems fit according to circumstances and the goals of the course, or
- Provide an extension.

**In the case of bereavement,** the instructor will provide similar accommodations to those for illness. Appropriate documentation to support the request will be required.

Students who are experiencing extenuating circumstances should also inform their academic advisors regarding their personal difficulties.

# Research Experience Marks Information and Guidelines

Experiential learning is considered an integral part of the undergraduate program in Psychology. Research participation is one example of this, article review is another. A number of undergraduate courses have been expanded to include opportunities for Psychology students to earn grades while gaining research experience.

Since experiential learning is highly valued in the Department of Psychology, students may earn a **"bonus" grade of up to 4%** in this course through research experience. Course work will make up 100% of the final mark and a "bonus" of up to 4% may be earned and will be added to the final grade if/as needed to bring your final grade up to 100%.

The two options for earning research experience grades (participation in research and article review) are described below. Students may complete any combination of these options to earn research experience grades.

## **Option 1: Participation in Psychology Research**

Research participation is coordinated by the Research Experiences Group (REG). Psychology students may volunteer as research participants in lab and/or online (webbased) studies conducted by students and faculty in the Department of Psychology. Participation enables students to learn first-hand about psychology research and related concepts. Many students report that participation in research is both an educational and interesting experience. Please be assured that all Psychology studies have undergone prior ethics review and clearance through the Office of Research Ethics.

## Educational focus of participation in research

To maximize the educational benefits of participating in research, students will receive feedback information following their participation in each study detailing the following elements:

- Purpose or objectives of the study
- Dependent and independent variables
- Expected results
- References for at least two related research articles
- Provisions to ensure confidentiality of data
- Contact information of the researcher should the student have further questions about the study
- Contact information for the Director of the Office of Research Ethics should the student wish to learn more about the general ethical issues surrounding research with human participants, or specific questions or concerns about the study in which s/he participated.

Participation in LAB studies is worth 0.5 participation credits (grade percentage points) for each 30-minutes of participation. Participation in ONLINE studies is worth .25 credits for each 15-minutes of participation. Researchers will record student's participation and will advise the course instructor of the total credits earned by each student at the end of the term.

#### How to participate?

Study scheduling, participation and grade assignment is managed using the SONA online system. All students enrolled in this course have been set up with a SONA account. You must get started early in the term.

#### INSTRUCTIONS/DATES/DEADLINES: How to log in to Sona and sign up for studies

\*\*\* Please do not ask the Course Instructor or REG Coordinator for information unless you have first thoroughly read the information provided on this website.\*\*\*

More information about the REG program is available at: REG Participants' Homepage

## Option 2: Article Review as an alternative to participation in research

Students are not required to participate in research, and not all students wish to do so. As an alternative, students may opt to gain research experience by writing short reviews (1½ to 2 pages) of research articles relevant to the course. The course instructor will specify a suitable source of articles for this course (i.e., scientific journals, newspapers, magazines, or other printed media). You must contact your TA to get approval for the article you have chosen before writing the review. Each review article counts as one percentage point. To receive credit, you must follow specific guidelines. The article review must:

- Be submitted before the <u>last day of lectures</u>. Late submissions will NOT be accepted under ANY circumstances.
- Be typed
- Fully identify the title, author(s), source and date of the article. A copy of the article must be attached.
- Identify the psychological concepts in the article and indicate the pages in the textbook that are applicable. Critically evaluate the application or treatment of those concepts in the article. If inappropriate or incorrect, identify the error and its implications for the validity of the article. You may find, for example, misleading headings, faulty research procedures, alternative explanations that are ignored, failures to distinguish factual findings from opinions, faulty statements of cause-effect relations, errors in reasoning, etc. Provide examples whenever possible.
- Clearly evaluate the application or treatment of those concepts in the article.
- Keep a copy of your review in the unlikely event we misplace the original.