# University of WaterlooDepartment of PsychologyPsychology 101, Sec. 2Introduction to PsychologyFall 2022Tuesdays & Thursdays 11:30 – 12:50 STC 1012

## Instructor and TA Information

**Instructor:** Dr. Stephanie Denison

Office: PAS 4020

Office Phone: 519-888-4567 ext. 43409

Office Hours: Mondays 4:00 – 5:00 and by appointment

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| **T.A.**  | **Nicole Gevaux** | **Owen Malo** |
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| Email  | nicole.gevaux@uwaterloo.ca | ormalo@uwaterloo.ca |
| Office | PAS 3210 | PAS 4235 |
| Office Hours | Fridays 11:30-12:30pm | Thursdays 1-2pm |
| Students | A – Dickson | Patel - Tran |

| **T.A.**  | **Shirley Ong** | **Hamza Tariq** |
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| Email  | s7ong@uwaterloo.ca | h33tariq@uwaterloo.ca |
| Office | PAS 3211 | PAS 4048 |
| Office Hours | Fridays 11-12pm | Mondays, 12-1pm |
| Students | Diemert - Khattas | Trotter - Z |

| **T.A.**  | **Neil Wegenschimmel** |
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| Office | PAS 3045 |
| Office Hours | Tuesdays, 10am-12pm |
| Students | Kibo - Pagett |

* You may attend Dr. Denison’s or any of the TA’s office hours for course related help.
* For remote help (i.e., questions about course material not asked in class or in an office hour) use the Discussion board, do not email instructors.
* For viewing exams, you must see your specific TA, assigned by your lastname (because they will have your exam and the others won’t).
* Email Dr. Denison if you will miss an exam as soon as you discover a conflict or if you are ill.
* **Do not** email your instructors with questions regarding research participation or SONA (see this document for details). You must contact the REG coordinator (regadmin@uwaterloo.ca) with these questions. It’s not that we don’t want to help with this, it’s that we can’t.

## Course Description

As in all introductory courses, the purpose of this class is to provide a foundation for students to understand and interpret a new field of study. Psychology is the study of human behaviour. Researchers in the field ask questions about why people think, feel, and ultimately behave the way they do.

## Course Goals and Learning Outcomes

Upon completion of this course, you will have learned (at least) three things:

1. You will learn what psychology is and what psychology is not. In a discipline that studies the human experience, which we all participate in each day, it is tempting to think that all of psychology boils down to our common-sense intuitions. You will find that researchers in the field have discovered that some of our intuitions regarding human behaviour are correct and some are not. The work of psychologists is to formulate scientific theories with testable hypotheses and to create innovative experiments that can potentially falsify these hypotheses.
2. You will develop your critical thinking skills. This will help you interpret “pop” psychology and will aid you in your other studies (and in life). By the end of this course, when you set out to read a blog, for example, you will know to ask yourself questions like: “How did this person arrive at these ideas? Are there any empirical data to support their opinions?”
3. You will develop a deeper understanding of yourself and the people around you. You will learn how infants, children, adults, and aging populations think and learn; how persons of different cultural backgrounds interpret behaviours; how psychological pathologies impact people’s lives. These insights should enrich your personal relationships and promote compassion.

## Required Text and Materials

* ebook of Gray and Bjorklund Psychology eighth edition. See this link to purchase: <https://store.macmillanlearning.com/ca/product/Psychology/p/1319015891?_ga=2.211316821.1355911605.1662480478-1963763809.1661871977>
* Two copies of the textbook will be available at the Dana Porter library.
* **Optional**:Launchpad – practice questions and other resources. **This really is optional, I’m not even sure I’d recommend it.** You can access the eBook through it as well, so if you do decide to purchase launchpad, it includes practice materials and the eBook. This is the link that is specific to our class, so if you purchase the license, this is our course code: [**https://www.macmillanhighered.com/launchpad/gray8e/20799081**](https://www.macmillanhighered.com/launchpad/gray8e/20799081)

## Lecture Slides Available on LEARN

The course website will include PowerPoint slides for lectures. The PowerPoint slides will be posted before lecture whenever possible, as many students prefer to take notes directly on the slides. That said, these slides will be minimal, providing an outline of the material covered in lecture. Solely studying these slides will NOT be sufficient for success in this course; class attendance will be critical.

There is very little overlap in this course between the lecture and textbook for many topics. This is due to the vast number of topics that must be covered. Reading the textbook and attending the lectures are critical – doing just one or the other will not be sufficient.

## Course Requirements and Assessment

Class attendance is mandatory but you should not email instructors if you will miss a class (except in the case that you’ll miss an exam). You are responsible for obtaining notes from a classmate if you miss a lecture. There is also a Discussion board on LEARN where you can ask other students if they’re willing to email you notes.

You are responsible for checking your uwaterloo email account daily for possible important announcements about the course. You must check LEARN for important announcements.

| **Assessment**  | **Date of Evaluation/Due date**  | **Weighting** |
| --- | --- | --- |
| Exam 1  | Sept 29 (during class time) | 23% |
| Exam 2  | Oct 27 (during class time) | 25% |
| Exam 3Exam 4 | Nov 17 (during class time)Dec 6 (during class time) | 23%25% |
| Research participation | Ongoing (Please note the REG deadlines) | 4% |
| Bonus (optional) Research participation | Ongoing (Please note the REG deadlines) | 2% |
| Total (not including optional bonus) |  | 100% |

### Exams (96%)

This course consists of four exams. Exam 2 includes content from the entire first half of the course (includes material also covered in Exam 1). Exam 4 includes material for the entire second half of the course (includes material also covered in Exam 3). Exam details will be provided prior to exam dates.

Make-up exams are not permitted in this course without medical documentation, except in the case of a COVID declaration. **Email Dr. Denison immediately if you think you need to write a make-up exam for any reason, including COVID.** Note that make-up exams can be in a different format than the original exam (they may include short answers, essays, multiple choice, fill in the blanks, or a combination of these question formats).

In the case of illness or injury, you must obtain medical documentation, except in the case of self-declarations for COVID. Medical documentation must state that you were, or will be, incapacitated on the day of the exam. If you do not email within 48 hours of missing an exam to notify the Dr. Denison of your absence, **you will receive zero on the exam**, even with medical documentation (except in rare circumstances where your condition made it impossible to notify an instructor). If you miss an exam due to illness and email Dr. Denison, I will get back to you with options for when to write a make-up. It is imperative that you respond to these emails immediately and check your email daily while scheduling make-ups. If you miss the scheduled make-up because you were not checking emails, you will receive a score of zero unless your medical documentation notes that you were severely incapacitated during that time. Note that elective arrangements such as travel are not acceptable grounds for granting accommodations to course requirements per the Examination Regulations and Related Matters.

There are some other situations for which I will grant make-ups on a case-by-case basis if you come to see me or send an email **as soon as you discover the conflict** to schedule an alternate date. In the case of bereavement, the instructor will provide similar accommodations to those for illness.

### Research Participation (4%)

Please see the details on pages 5-6. Note, for questions regarding any aspect of your research participation, you must contact REG (regadmin@uwaterloo.ca) and not your instructor or TAs.

### Bonus (2%)

You can obtain bonus points through the research participation bonus. You obtain these points **in the exact same way** as your research participation credits (i.e., just do two more credits).

## Course Outline and Required Readings – tentative schedule

| **Date** | **Topic or Assessment** | **Associated Reading** |
| --- | --- | --- |
| Sept. 8, 13 | Introducing Psychology: History and Scope | Chapter 1:Book: pgs 1 – 20eBook sections: Everything up to 1c**(stop before the heading, *Thoughts about using this book…*)** |
| Sept. 15, 20 | Research Methods  | No Readings for R.M., but get a head start on Neuropsychology |
| Sept. 22, 27 | Neuropsychology | Chapter 4:Book: pgs 101 – 134 eBook: Everything up to section 4.5 **(stop before the heading *Hemispheric Differences…*)** |
| **September 29** | **Exam 1 (in class)** | Includes material from Sept. 8 – 27 |
| Oct. 4, 6 | Sensation and perception | No readings (get a head start on Developmental) |
| Oct. 18, 20, 25  | Developmental Psychology | Chapter 11: Book full chapter other than the section on Autism (pgs 433-434)eBook: read everything other than the section on Autism |
| **October 27** | **Exam 2 (in class)** | Includes material from Sept. 8 – Oct. 25 |
| Nov. 1, 3 | Cognitive Psychology | Chapter 9 Full chapter |
| Nov. 8, 10, 15 | Social Psychology | Chapter 13:Full chapter |
| **Nov. 17**  | **Exam 3 (in class)** | Includes material from Nov. 1 – Nov.15 |
| Nov. 22, 24, 29, Dec. 1 | Clinical Psychology | Chapter 15: Full chapter |
| **Dec. 6**  | **Exam 4 (in class)** | Includes material from Nov. 1 – Dec. 1 |

**Sona Participation and Research Experience Marks
Information and Guidelines**

Experiential learning is considered an integral part of the undergraduate program in Psychology. Research participation is one example of this, article review is another. A number of undergraduate courses have been expanded to include opportunities for Psychology students to earn grades while gaining research experience.

Since experiential learning is highly valued in the Department of Psychology, students may earn **up to 4%** of their final mark in this course through research experience (i.e., course work will make up 96% of the final mark and research experience will make up the other 4% for a maximum grade of 100%). In addition, for those students who wish to sample a wider range of these experiences, a further **"bonus" of up to 2%** may be earned and will be added to the final grade if/as needed to bring your final grade up to 100%. **In total, students may add up to 6% to their final grade**.

The two options for earning research experience grades; participation in research through online, remotely operated and In Lab studies, as well as article review; are described below. Students may complete up to half of the credits through online studies, while the other half will need to be completed through either in lab or remote access studies (similar to In lab but held over video conferencing software.

**Option 1: Participation in Psychology Research**

Research participation is coordinated by the Research Experiences Group (REG). Psychology students may volunteer as research participants in remotely operated, In Lab and/or online (web-based) studies conducted by students and faculty in the Department of Psychology. Participation enables students to learn first-hand about psychology research and related concepts. Many students report that participation in research is both an educational and interesting experience. Please be assured that all Psychology studies have been reviewed and received ethics clearance through a University of Waterloo Research Ethics Committee.

***How to earn extra marks for your Psychology course(s) this term by participating in studies ...***

* You will earn "credits" which will be converted to "marks" (1 credit = 1%)
* You can schedule your remotely operated (replacing in-lab) and ONLINE studies using the "Sona" website.

***Educational focus of participation in research***

To maximize the educational benefits of participating in research, students will receive feedback information following their participation in each study detailing the following elements:

* Purpose or objectives of the study
* Dependent and independent variables
* Expected results
* References for at least two related research articles
* Provisions to ensure confidentiality of data
* Contact information of the researcher should the student have further questions about the study
* Contact information for the Director of the Office of Research Ethics should the student wish to learn more about the general ethical issues surrounding research with human participants, or specific questions or concerns about the study in which s/he participated.

Participation in remotely operated and in-person in lab studies has increment values of 0.5 participation credits (grade percentage points) for each 30-minutes of participation. Participation in ONLINE studies is worth .25 credits for each 15-minutes of participation. Researchers will record student’s participation and at the end of the term the REG Coordinator will provide the course instructor with a credit report of the total credits earned by each student.

***How to participate?***

**Study scheduling, participation and grade assignment is managed using the SONA online system. All students enrolled in this course have been set up with a SONA account.  You must get started early in the term.**

**For instructions on how to log in to your SONA account and for a list of important dates and deadlines please, as soon as possible go to:**

[Participating/SONA information: How to log in to Sona and sign up for studies](https://uwaterloo.ca/research-experiences-group/)

*\*\*\* Please do not ask the Course Instructor or REG Coordinator for information unless you have first thoroughly read the information provided on this website.\*\*\**

More information about the REG program in general is available at:
[Sona Information on the REG Participants website](https://uwaterloo.ca/research-experiences-group/welcome-research-experiences-group-and-sona/sona-information) or you can check the [Sona FAQ on the REG website homepage](https://uwaterloo.ca/research-experiences-group/welcome-research-experiences-group-and-sona/sona-frequently-asked-questions-faqs) for additional information.

**Option 2: Article Review as an alternative to participation in research**

Students are not required to participate in research, and not all students wish to do so. As an alternative, students may opt to gain research experience by writing short reviews (1½ to 2 pages) of research articles relevant to the course. These must be reviews of peer-reviewed, scientific articles. *You must contact your TA to get approval for the article you have chosen before writing the review – this must be done by* ***Nov. 17****.* Each review article counts as one percentage point. To receive credit, you must follow specific guidelines. The article review must:

* **Be submitted before the** [last day of lectures](http://www.quest.uwaterloo.ca/undergraduate/dates.html)**. Late submissions will NOT be accepted under ANY circumstances.**
* Be typed
* Fully identify the title, author(s), source and date of the article. A copy of the article must be attached.
* Identify the psychological concepts in the article and then summarize the article in full. Provide a concluding paragraph that raises 1 – 2 key ideas about how the article could be improved (either the research study itself or something about the writing) and/or ideas you would have for future research related to the topic.
* Clearly evaluate the application or treatment of those concepts in the article.
* Keep a copy of your review in the unlikely event we misplace the original.

**Supports and Academic Integrity**

### Mental Health Services

*Mental Health Services aim is to provide holistic programming and services to help you lead a healthy and balanced life. We strive to provide a secure, supportive environment for students of all orientations and backgrounds.*

*Students suffering from problems with anxiety, depression, problems with sleep, attention, obsessions or compulsions, relationship difficulties, severe winter blues, etc., may make an appointment by phone or in person. Appointments are usually available within two days of initial contact with one of our medical doctors. All contacts are completely confidential.*

Contact Health Services

Health Services Building

Call 519-888-4096 to schedule an appointment

Call 1-866-797-0000 for free 24/7 advice from a health professional

Contact Counselling Services

Needles Hall Addition, NH 2401

Call 519-888-4567 x 32655 to schedule an appointment

counserv@uwaterloo.ca

### Note for Students with Disabilities

The [AccessAbility Services](https://uwaterloo.ca/disability-services/) office, located on the first floor of the Needles Hall extension (NH 1401), collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with the AS office at the beginning of each academic term.

### Accommodation for course requirements for Psychology courses.

 *Policies of the Psychology department pertaining to course requirements are available on the* [*department website*](https://uwaterloo.ca/psychology/current-undergraduate-students/policies/psychology-department-policies/accommodations-course-requirements-assignments-tests-quizzes)*.*

Students who are experiencing extenuating circumstances (e.g., illness, bereavement) should also inform their academic advisors regarding their personal difficulties.

In the case of a missed assignment deadline, test or quiz the instructor will either:

1. Waive the course component and re-weight the remaining term work as she deems fit according to circumstances and the goals of the course, or
2. Provide an extension

\*Note that it is almost always the case that extensions will be provided for midterm exams, rather than waiving of the component. In the case of quizzes, because the lowest quiz grade is dropped, no other quizzes will be waived or extended unless there are substantial extenuating circumstances.

**Academic integrity**: In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect and responsibility. [Check [the Office of Academic Integrity](https://uwaterloo.ca/academic-integrity/) for more information.]

**Grievance:**A student who believes that a decision affecting some aspect of their university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70, Student Petitions and Grievances, Section 4](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70). When in doubt, please be certain to contact the department’s administrative assistant who will provide further assistance.

**Discipline:**A student is expected to know what constitutes academic integrity to avoid committing an academic offence, and to take responsibility for their actions. [Check [the Office of Academic Integrity](https://uwaterloo.ca/academic-integrity/) for more information.] A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration should seek guidance from the course instructor, academic advisor, or the undergraduate associate dean. For information on categories of offences and types of penalties, students should refer to [Policy 71, Student Discipline](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71). For typical penalties, check [Guidelines for the Assessment of Penalties](https://uwaterloo.ca/secretariat/guidelines/guidelines-assessment-penalties).

**Appeals:**A decision made or penalty imposed under [Policy 70, Student Petitions and Grievances](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70) (other than a petition) or [Policy 71, Student Discipline](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71) may be appealed if there is a ground. A student who believes they have a ground for an appeal should refer to [Policy 72, Student Appeals](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-72).

**Note for students with disabilities:**[AccessAbility Services](https://uwaterloo.ca/disability-services/), located in Needles Hall, Room 1401, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term.

**Intellectual Property**

Students should be aware that this course contains the intellectual property of their instructor, TA, and/or the University of Waterloo. Intellectual property includes items such as:

* Lecture content, spoken and written (and any audio/video recording thereof);
* Lecture handouts, presentations, and review guides (e.g., PowerPoint slides);
* Questions or solution sets from various types of assessments (e.g., assignments, quizzes, tests, final exams)

Course materials and the intellectual property contained therein, are used to enhance a student’s educational experience. **Sharing this intellectual property without the intellectual property owner’s permission is a violation of intellectual property rights.**  For this reason, it is necessary to ask the instructor, TA and/or the University of Waterloo for permission before uploading and sharing the intellectual property of others online (e.g., to Facebook, One Class, or any other similar website).

Permission from an instructor, TA or the University is also necessary before sharing the intellectual property of others from completed courses with students taking the same/similar courses in subsequent terms/years.  In many cases, instructors might be happy to allow distribution of certain materials.  However, doing so without expressed permission is considered a violation of intellectual property rights.

Please alert the instructor if you become aware of intellectual property belonging to others (past or present) circulating, either through the student body or online. The intellectual property rights owner deserves to know (and may have already given their consent).

### Territorial Acknowledgement

*We acknowledge that we are living and working on the traditional territory of the Attawandaron (also known as Neutral), Anishinaabe and Haudenosaunee peoples. The University of Waterloo is situated on the Haldimand Tract, the land promised to the Six Nations that includes six miles on each side of the Grand River.*