



Renison University College
Affiliated with the University of Waterloo
240 Westmount Road N, Waterloo, ON Canada N2L 3G4

Phone: 519-884-4400 | Fax: 519-884-5135 | uwaterloo.ca/Renison

Fall 2016

Course Code: Psych 101R

Course Title: Introductory Psychology

Class Times/Location: Section 001: 11:30am -12:50pm Tuesday & Thursday, REN 2107

Office Hours: Mon/Wed 1:00-2:30 PM and Tues/Thurs 1:00-2:30 PM

Instructors

Dr. Christine Logel
Associate Professor
Office: REN 1613
clogel@uwaterloo.ca

Dr. Crystal Tse
Educational Research Associate
Office: REN 1609
ctse@uwaterloo.ca

Course Overview: This is a general survey course designed to provide you with an understanding of the basic concepts and techniques of modern psychology as a behavioural science. You will study the theories, principles, and methods of psychology with the goal of understanding how people perceive their environments, how their behaviour is modified by experience, and how their activities are initiated, sustained, and directed.

In this course you will see how research has been applied to test intuitive assumptions about human life. You will find that many of your beliefs about human existence are scientifically supported; but you will also find many beliefs are refuted by the evidence. As such, another goal of this course will be to encourage you to think critically about your preconceptions so that you can become a better consumer of the psychological information that is available in the media.

We will explore topics ranging from human development throughout the lifespan, to learning and memory, to psychological disorders and the therapies that are used to treat them. Based on those topics, I expect that you will develop a more thorough understanding of yourself and the world that you live in. Hopefully, this class will contribute to your success in your future endeavors.

Course Objectives:

1. To become familiar with the broad range of topics that comprise the discipline of psychology.
2. To become familiar with the methods of investigation used in psychology, and the strengths and limitations of these methods.
3. To develop an understanding of the vocabulary and concepts of psychology that will allow you to study further in advanced courses or through independent reading.

4. To develop the ability to relate the findings of psychological research to your life and to important issues in our society and the world at large.

Professors:

- Dr. Logel teaches 2/3 of the lectures and Dr. Tse teaches 1/3.
- They will hold office hours on Mon/Wed 1:00-2:30 PM and Tues/Thurs 1:00-2:30 PM.
- Send email questions to the appropriate professor (i.e., the one whose lecture topic relates to your question). If you do not get a response within the timeframe you require, please resend the email. We generally answer emails within 24 hours, but we cannot guarantee it.
- Make Your email subject line clear about time-sensitivity, urgency, and general topic. This ensures that your very busy professors will read it in an appropriate timeframe For example:
 - Subject: Time Sensitive and Urgent: I Have Been in a Car Accident on the way to the exam!
 - Subject: Time Sensitive: Brief question about the exam next week
 - Subject: I would appreciate advice on how to improve my grade.

Q: Will emailing them *both* guarantee me a faster response?A: No. In fact, both profs will assume that the other will answer your question so no one will respond to you. It's called "social loafing." You'll learn that concept if you take Social Psychology.

Q: Can I play them off of each other like a sitcom Mom and Dad?

A: No. Their answers and policies will be the same. Also, unlike a sitcom Mom and Dad, your professors communicate with each other.

****Important Textbook Information****

Required text: Myers, D. G. (2015). *Psychology: 11th Edition in Modules*. New York: Worth Publishers.

You can also purchase the "e-book" if you prefer this to a regular textbook. It is substantially cheaper. Used textbooks are also much cheaper than new textbooks. Check the used bookstore and internet ads to find it used.

We do not recommend buying other versions of this textbook. Use the 10th edition at your own risk.

Course website: The website for this course provides lecture slides, important notices, lists of textbook sections that will NOT be on the texts, and answers to frequently asked questions. You can log into the course site through the Learn system on the UW website.

Requirements:

Tests. There will be 4 midterm tests scheduled throughout the term, each worth 24% of your final mark. They are not cumulative. They will include multiple-choice and short-answer questions. There is no final exam.

Optional Final Exam. If you would like to increase your grade or have missed a midterm test without documentation, you have the option to write the final exam. The final exam will *replace your lowest midterm grade*. If your final exam grade is lower than your midterm grades, it will not replace them. The final exam will be cumulative, covering all the text, lecture, and readings from the entire course. It will include multiple-choice questions only.

Research Participation. The remaining 4% of your grade will be based on participation in research. You can earn 2% bonus. More information appears later in this syllabus.

Class format: Tests cover lectures and text. The lectures elaborate upon the text material and discuss content that is not in the text. It is recommended that you attend all lectures.

Course Schedule

Date	Topic - Professor	Modules
Sept 13	Introducing Psychology- Dr. Logel and Dr. Tse	1
Sept 15	Research Methods- Dr. Logel	2, 3, 4
Sept 20	Developmental Psychology- Dr. Logel	14, 15, 16
Sept 22	Nature versus Nurture- Dr. Logel	11, 12, 13
Sept 27	Consciousness- Dr. Logel	8, 9, 10
Sept 29	Study Skills Tutorial *Tutorial will count towards 5% of test 1 grade*	
Oct 4	TEST 1- Dr. Logel	
Oct 6	Neuroscience and Neuroplasticity- Dr. Tse	5, 6, 7
Oct 13	Emotions and Special Topic: Sex- Dr. Tse	37, 38, 39
Oct 18	Sensation and Perception- Dr. Tse	18, 19
Oct 20	Learning- Dr. Tse	21, 22, 23
Oct 25	TEST 2- Dr. Tse	
Oct 27	Psychological Disorders- Dr. Tse	49, 50, 51, 52, 53
Nov 1	Therapy- Dr. Logel	54, 55, 56
Nov 3	Memory- Dr. Logel	24, 25, 26
Nov 8	Health Psychology- Dr. Logel	40, 41
Nov 10	TEST 3- Dr. Logel	
Nov 15	Intelligence- Dr. Logel	29, 30, 31, 32
Nov 17	Personality Psychology- Dr. Logel	46, 47, 48
Nov 22	Psychology of Eating- Dr. Logel	33, 34, 36
Nov 24	Social Psychology I- Dr. Tse	42, 43, 44, 45
Nov 29	Social Psychology II- Dr. Logel	No new modules
Dec 1	TEST 4- Dr. Logel	

Notes/Policies:

1) LEARN: Please check LEARN every day. We will post announcements, lecture notes, grades, etc.

2) Attendance: To succeed, attend all lectures. Tests will be approximately 50% lecture material, and we will present material not covered in your textbook and expand on important points in the text.

3) Electronics policy: Ringing cell phones are a disruption during lecture. Your professors will announce their special cell phone policy in class.. Texting can also be a distraction to the people around you. Surfing the web on your laptop, or doing anything other than taking notes for the class, is a substantial distraction to the people around you because they can all see your screen. Laptop wifi must be turned off during class unless instructed otherwise.

These Next Policies are Standardized in Every Renison Course

4) Final Examination Policy

For **fall 2016**, the established examination period is **Dec. 8-22, 2016**. The schedule will be available in late October. Students should be aware that student travel plans are not acceptable grounds for granting an alternative final examination time (see: <https://uwaterloo.ca/registrar/final-examinations>)

5) Accommodation for Illness or Unforeseen Circumstances:

The instructor follows the practices of the University of Waterloo in accommodating students who have documented reasons for missing quizzes or exams. See http://www.registrar.uwaterloo.ca/students/accom_illness.html

6) Academic Integrity:

In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect and responsibility. See the [UWaterloo Academic Integrity webpage \(https://uwaterloo.ca/academic-integrity/\)](https://uwaterloo.ca/academic-integrity/) and the [Arts Academic Integrity webpage \(https://uwaterloo.ca/arts/current-undergraduates/student-support/ethical-behaviour\)](https://uwaterloo.ca/arts/current-undergraduates/student-support/ethical-behaviour) for more information.

Discipline: A student is expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for their own actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration, should seek guidance from the course professor, academic advisor, or Administrative Dean. When misconduct has been found to have occurred, disciplinary penalties are imposed under Policy 71 – Student Discipline. For information on categories of offences and types of penalties, students should refer to [Policy 71 - Student Discipline](#). For typical penalties check

[Guidelines for the Assessment of Penalties \(https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/guidelines/guidelines-assessment-penalties\)](https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/guidelines/guidelines-assessment-penalties).

Students should also be aware that copyright laws in Canada prohibit reproducing more than 10% of any work without permission from its author, publisher, or other copyright holder. Waterloo's policy on Fair Dealing is available here: <https://uwaterloo.ca/copyright-guidelines/fair-dealing-advisory> Violation of Canada's Copyright Act is a punishable academic offence under Policy 71 – Student Discipline.

Grievance: A student who believes that a decision affecting some aspect of university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70 - Student Petitions and Grievances](https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-70), Section 4 (<https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-70>). When in doubt please be certain to contact the department's administrative assistant, who will provide further assistance.

Appeals: A decision made or penalty imposed under Policy 70, Student Petitions and Grievances (other than a petition) or Policy 71, Student Discipline may be appealed if there are grounds. Students who believe they have grounds for an appeal should refer to [Policy 72, Student Appeals \(https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-72\)](https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-72).

Academic Integrity website (Arts):

http://arts.uwaterloo.ca/arts/ugrad/academic_responsibility.html

Academic Integrity Office (uWaterloo): <http://uwaterloo.ca/academic-integrity/>

7) Accommodation for Students with Disabilities:

Note for Students with Disabilities: The [AccessAbility Services](#) office, located on the first floor of the Needles Hall extension (NH 1401), collaborates with all academic departments to arrange appropriate accommodations for students with disabilities, without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with the AAS office at the beginning of each academic term.

7. Cross-Listed Courses. Cross-listed course:

This course is cross-listed with Psych 101. Please note that a cross-listed course will count in all respective averages no matter under which rubric it has been taken. For example, a PHIL/PSCI cross-list will count in a Philosophy major average, even if the course was taken under the Political Science rubric.

8) Intellectual Property

Students should be aware that this course contains the intellectual property of the instructor, which can include:

- lecture handouts and presentations (e.g., PowerPoint slides)
- lecture content, both spoken and written (and any audio or video recording thereof)
- questions from various types of assessments (e.g., assignments, quizzes, tests, final exams)

- work protected by copyright (i.e., any work authored by the instructor)

Making available the intellectual property of instructors without their express written consent (e.g., uploading lecture notes or assignments to an online repository) is considered theft of intellectual property and subject to disciplinary sanctions as described in Policy 71 – Student Discipline. Students who become aware of the availability of what may be their instructor’s intellectual property in online repositories are encouraged to alert the instructor.

A respectful living and learning environment for all.

1. It is expected that everyone living, learning or working on the premises of Renison University College will contribute to an environment of tolerance and respect by treating others with sensitivity and civility.
2. Harassment is unwanted attention in the form of jokes, insults, gestures, gossip, or other behaviours that are meant to intimidate. Some instances of harassment are against the law in addition to Renison University College policy.
3. Discrimination is treating people differently because of their race, disability, sex, sexual orientation, ancestry, colour, age, creed, marital status, or other personal characteristics. The Ontario Human Rights Code considers actions and behaviours rather than intentions.
4. If you experience or witness either harassment or discrimination, you may contact the Renison University College Harassment and Discrimination Officer at mmalton@uwaterloo.ca (519-884-4404, ext. 28628).

Research Experience Marks Information and Guidelines

Experiential learning is considered an integral part of the undergraduate program in Psychology. Research participation is one example of this, article review is another. A number of undergraduate courses have been expanded to include opportunities for Psychology students to earn grades while gaining research experience.

Since experiential learning is highly valued in the Department of Psychology, students may earn up to 4% of their final mark in this course through research experience (i.e., course work will make up 96% of the final mark and research experience will make up the other 4% for a maximum grade of 100%). In addition, for those students who wish to sample a wider range of these experiences, a further "bonus" of up to 2% may be earned and will be added to the final grade if/as needed to bring your final grade up to 100%. **In total, students may add up to 6% to their final grade.**

The two options for earning research experience grades (participation in research and article review) are described below. Students may complete any combination of these options to earn research experience grades.

Option 1: Participation in Psychology Research

Research participation is coordinated by the Research Experiences Group (REG). Psychology students may volunteer as research participants in lab and/or online (web-based) studies conducted by students and faculty in the Department of Psychology. Participation enables students to learn first-hand about psychology research and related concepts. Many students report that participation in research is both an educational and interesting experience. Please be assured that all Psychology studies have undergone prior ethics review and clearance through the Office of Research Ethics.

Educational focus of participation in research

To maximize the educational benefits of participating in research, students will receive feedback information following their participation in each study detailing the following elements:

- Purpose or objectives of the study
- Dependent and independent variables
- Expected results
- References for at least two related research articles
- Provisions to ensure confidentiality of data
- Contact information of the researcher should the student have further questions about the study

- Contact information for the Director of the Office of Research Ethics should the student wish to learn more about the general ethical issues surrounding research with human participants, or specific questions or concerns about the study in which s/he participated.

Participation in LAB studies is worth 0.5 participation credits (grade percentage points) for each 30-minutes of participation. Participation in ONLINE studies is worth .25 credits for each 15-minutes of participation. Researchers will record student's participation and will advise the course instructor of the total credits earned by each student at the end of the term.

How to participate?

Study scheduling, participation and grade assignment is managed using the SONA online system. All students enrolled in this course have been set up with a SONA account. You must get started early in the term.

For instructions on how to log in to your SONA account and for a list of important dates and deadlines please, as soon as possible go to:

[INSTRUCTIONS/DATES/DEADLINES: How to log in to Sona and sign up for studies](#)

**** Please do not ask the Course Instructor or REG Coordinator for information unless you have first thoroughly read the information provided on this website.****

More information about the REG program in general is available at:

[REG Participants' Homepage](#)

Option 2: Article Review as an alternative to participation in research

Students are not required to participate in research, and not all students wish to do so. As an alternative, students may opt to gain research experience by writing short reviews (1½ to 2 pages) of research articles relevant to the course. Six journal articles are posted on Learn, along with a template to follow for your review. To receive credit, you must follow specific guidelines. The article review must:

- **Be submitted to the Learn Dropbox before the last lecture in this course. Late submissions will NOT be accepted under ANY circumstances.**
- Be typed
- Use the provided template
- Keep a copy of your review in the unlikely event we misplace the original.