



**Introduction to Clinical Psychology
Psychology 336 – Section 041
Course Syllabus
Fall 2020
Remote Delivery**

CALENDAR DESCRIPTION

This course is designed to survey major aspects of clinical psychology such as historical background, assessment and intervention models, current trends and future directions in clinical practice.

Prerequisite(s): Psychology 257/257R – Psychopathology
Antirequisites: None

COURSE INFORMATION

Instructor: Dr. Pamela Seeds, Ph.D., C.Psych.
Preferred Pronouns: she/her/hers
Email: pamela.seeds@uwaterloo.ca
Drop-in Office Hours: Tuesdays 10:30 – 11:30 a.m. or by appointment

Teaching Assistants (TAs):

Name:	Taylor Crawford	Tyler Eschenwecker
Preferred Pronouns:	she/her/hers	he/him/his
Drop-in Office Hours:	Wednesdays 4:00-5:00 p.m. & Fridays 11:30-12:30 p.m.	Mondays 2:00-3:00 p.m. & Thursdays 10:00-11:00 a.m.
Email:	tcrawford@uwaterloo.ca	tjeschenwecker@uwaterloo.ca

*****Please note that all times are Eastern Standard Time/Eastern Daylight Savings Time Zone*****

Please include the course code (PSYCH 336) in your email subject line and your name and student ID# in the body of the email.

Even though this is an online course, please be aware that LEARN (discussion boards, chat) and email are the primary methods of communication with the TAs and instructor. All drop-in office hours will take place on the Microsoft Teams platform at the scheduled time.

Course website through LEARN.

Grades will be posted on LEARN.

TERRITORIAL ACKNOWLEDGEMENT

We acknowledge that we are living and working on the traditional territory of the Attawandaron (also known as Neutral), Anishinaabe and Haudenosaunee peoples. The University of Waterloo is situated on the Haldimand Tract, the land promised to the Six Nations that includes 10 kilometres (six miles) on each side of the Grand River.

EMAIL COMMUNICATION

Students are responsible for all e-mail that is sent to the official UWaterloo email address. Check e-mail regularly for important and time sensitive messages. See "[Official Student E-mail Address](#)" for further details (e.g., *procedures and warnings regarding forwarding e-mail to other accounts*).

Please write **Psychology 336** in the subject line of all emails to the Instructor and TAs. The TAs and I will make every effort to respond to emails within 48 hours of receiving them. If your question or concern is of an urgent matter, please use the importance notation in your email to show that it is highly urgent (!) and resend the email again after 24 hours if you have not received a reply.

TEXTBOOK

Required: Lee, C. M., & Hunsley, J. (2018). *Introduction to Clinical Psychology: An Evidence-Based Approach* (4th Edition). John Wiley & Sons Canada Ltd.
ISBN: 978-1-119-30151-6

The text is available at the University of Waterloo Book Store. You may elect to use the paperback or e-text version of the book.

You may also [rent a copy of the textbook](#) directly from the publisher for a 120 or 150 day period at a significantly reduced price.

Should you be encountering significant financial pressures that prevent you from accessing a copy of our required text, please [email the instructor](#) to discuss alternate arrangements.

Please note that there are many American editions and three previous Canadian editions of this textbook. This course is covering the material from the **fourth Canadian edition**, so please make sure that you are using the correct edition.

COURSE STRUCTURE AND OBJECTIVES

The goals of Psychology 336 are to provide students with an overview of the field of clinical psychology, including:

1. Definitions and history of clinical psychology
2. Clinical psychology research methods
3. Psychopathology and abnormal behaviour

4. Clinical assessment including clinical diagnosis and the assessment of intelligence, personality and behaviour
5. Intervention methods used by clinical psychologists
6. A review of subspecialties within clinical psychology including health, neuropsychology, forensics, paediatric and child psychology
7. Professional issues and training in clinical psychology.

Students are expected to read and participate in all modules and discussions of the chapter material. This course will be interactive, and students are expected to offer their opinions, perspectives, and answers when invited to by the instructor and peers. Overall, students will develop an appreciation for the ethical, moral, and practical issues that influence how clinical psychology is conducted.

As participation and interaction is a key element in this course, it is important that we foster and maintain an atmosphere of respect and civility. All class members have a role in creating this type of atmosphere, which includes minimizing distractions, responding to comments with interest, and allowing all students to participate. It is my hope that we can all work together to make the online learning environment as collaborative and positive as possible.

Because students often express an interest in careers in the mental health field, we will be discussing *Appendix 2: Applications to Graduate School* from the text. We will also be discussing the role and training of other disciplines (e.g., medicine, social work, behaviour therapists, nursing, occupational therapy, physiotherapy, speech-language pathology, child and youth workers, child life specialists, etc.) who are also part of interdisciplinary mental health care teams. Please bring any questions that you have to the online discussion boards on LEARN or email me in advance of the lecture so that I can prepare materials as needed based on student interest.

I consider it an honour and privilege to teach you about my chosen career path in clinical psychology and will share with you my personal experiences with education, research, and clinical work. Please make the most of this opportunity by doing your readings, regularly logging into LEARN, and participating in the course. Thank you.

INTELLECTUAL PROPERTY

Students should be aware that this course contains the intellectual property of their instructor, TA, and/or the University of Waterloo. Intellectual property includes items such as:

- Lecture content, spoken and written (and any audio/video recording thereof);
- Lecture handouts, presentations, and other materials prepared for the course (e.g., PowerPoint slides);
- Questions or solution sets from various types of assessments (e.g., assignments, quizzes, tests, final exams); and
- Work protected by copyright (e.g., any work authored by the instructor or TA or used by the instructor or TA with permission of the copyright owner).

Course materials and the intellectual property contained therein, are used to enhance a student's educational experience. However, sharing this intellectual property without the intellectual property owner's permission is a violation of intellectual property rights. For this reason, it is necessary to ask the instructor, TA and/or the University of Waterloo for permission before uploading and sharing the intellectual property of others online (e.g., to an online repository).

Permission from an instructor, TA or the University is also necessary before sharing the intellectual property of others from completed courses with students taking the same/similar courses in subsequent terms/years. In many cases, instructors might be happy to allow distribution of certain materials. However, doing so without expressed permission is considered a violation of intellectual property rights.

Please alert the instructor if you become aware of intellectual property belonging to others (past or present) circulating, either through the student body or online. The intellectual property rights owner deserves to know (and may have already given their consent). <https://uwaterloo.ca/secretariat-general-counsel/faculty-staff-and-students-entering-relationships-external>

EVALUATION FORMAT AND SCHEDULE

Evaluation for this course will be based on the various components of your research report, weekly chapter quizzes, and weekly discussion board participation. You may also earn bonus credits for participation in research (see additional handout entitled “Research Experience Marks” for details).

Student grades for each component will be posted on LEARN.

	Lectures/Chapters Covered	Due Dates	% of Grade
Research Report – Topic for Approval		Friday, September 25, 2020 by 4:00 p.m.	2% (1% for TA/instructor consultation & 1% for picking an appropriate topic by the deadline)
Research Report – Thesis Paragraph/Outline and Annotated Bibliography		Monday, October 19, 2020 by 11:59 p.m.	8%
Research Report – Draft Submission		Friday, November 20, 2020 by 11:59 p.m.	15%*
Research Report – Final Draft Submission		Monday, December 7, 2020 by 11:59 p.m.	15%*
Participation in Discussion Boards		Weekly completed before 11:59 p.m. on Sundays	2% per week x 10 best = 20% (drop your lowest)
Weekly Quizzes		Weekly completed before 11:59 p.m. on Sundays	4% each x 10 best = 40% (drop your lowest)
Academic Integrity Module Quiz		Sunday, September 13, 2020 by 11:59 p.m.	1% bonus

RESEARCH REPORT

You will have the opportunity to prepare a research report on a contemporary controversial topic in the area of Clinical Psychology. This assignment will be scaffolded so that you work on it throughout the semester. You will be responsible for a) selecting a topic and getting it approved by the course instructor and/or TAs; b) preparing a thesis paragraph that summarizes what your paper will cover and an annotated bibliography with a minimum of 5 peer-reviewed sources; c) submitting a draft of your research report for detailed feedback from the course TAs; and d) submitting a final draft of your research report for evaluation.

Early submissions are welcome for all steps of the process (e.g., you can get your topic approved before September 25, 2020 if you choose). *Late assignment components will receive 10% reduction in the grade each day that it is late* (i.e., if the final draft of the paper is 2 days late the maximum grade possible will be 80%). Please refer to handout entitled "PSYCH 336 Research Paper Guidelines and Information" for more specific details regarding the expectations this assignment.

** Note: Should you elect to not submit a final draft of your research report, your course weighting from that portion will be reallocated to your draft submission, making it worth 30% of your final grade in the course.*

DISCUSSION BOARD PARTICIPATION

Because of our remote delivery method and asynchronous schedule, discussion board participation will be the main way we can all connect and share ideas on a regular basis about the class material. To ensure that students are motivated to participate in the discussion boards on a regular basis, this discussion board participation will be graded on a weekly basis and contribute to your overall grade in the course. Each week, you may earn up to 2% on your discussion board posts, and we will count your best 10 discussion weeks towards the final 20% in the class. To enrich the quality of discussion board participation, each student will be assigned to a discussion pod of approximately 10 students for the entirety of the course. This will allow you to get to know your pod members better and to participate in a deeper manner rather than giving cursory comments or superficial praise. You can of course also participate on the class-wide discussion boards to whatever extent you wish. Within each pod, various roles will be assigned from week to week to each pod member to help facilitate the discussion, and you may rotate through these roles. Please refer to the handout entitled "Weekly Discussion Board Participation and Roles" for further information about the roles, grading rubric, and goals of the discussion boards. Discussion topics will be available each week from 12am on Monday to 11:59 p.m. the following Sunday (e.g., Week 2: Available starting at 12:00 a.m. Monday, September 14, 2020 until 11:59 p.m. Sun, September 20, 2020). Late posts will not be accepted for any reason except those outlined in the UW policies (e.g., medical or family emergencies; some other such event) and will receive a grade of 0%.

WEEKLY QUIZZES

Each week, you will have an opportunity to write a brief quiz on the content of that week's class material. The quizzes will be comprised of multiple-choice, fill-in-the-blank, matching, and/or short answer questions. They are designed to evaluate your knowledge and understanding of the course material. Any material assigned as reading may be tested on the tests or exam, regardless of whether it was also covered in the lectures. All material covered in lectures or assigned videos that is not in the textbook readings may also be tested on the quizzes.

While I would hope that you are able to write these quizzes without the aid of your textbook, I understand that you will likely have your study resources available to you while you are writing them. The purpose of these

quizzes is to reinforce and integrate your learning, and perhaps highlight topics that need further study. The quizzes should not be completed in collaboration with other people. To minimize the benefit (and likelihood) of cheating or collaboration with peers, the quizzes will function in the following ways:

- Questions will be randomly drawn from a pool of questions that tackle the same underlying material. No two students will receive the same quiz questions, same response options, or same order of questions.
- Questions will only be shown one-at-a-time and you will not be able to go back and change an answer once you have moved to the next question.
- You will have a time limit of 1 hour for completing the quiz, from the time that you start it. If you do the reading(s) before you start the quiz, one hour should be an abundant amount of time for everyone, including people entitled to extra time on quizzes as an accommodation.

At the end of the term, your lowest-scoring quizzes will be dropped so that your best 10 scores, each worth 4% of your grade in the class, contribute 40% of your final grade in the course.

Each quiz must be completed by **Sunday at 11:59 p.m. Eastern Daylight Savings Time** the week of that course content. *You can of course complete the quiz earlier than that deadline, and work in advance of content should you wish.* Please see the course schedule below and LEARN for clarification on these dates and what material is covered on those quizzes. Quizzes are non-cumulative, but the course material does build on itself over the semester. **Late quizzes will not be available to students without justifiable reasons.** Any missed quizzes will receive an automatic grade of 0 and be dropped as part of your lowest quiz marks.

ASSIGNED GRADES

To ensure fairness, final grades in this course are based exclusively on students' performance on the components of their research report (topic submission, thesis paragraph and annotated bibliography, draft paper submission, and final submitted document), weekly quizzes and discussion board posts. Because of the buffer built into the course (e.g., opportunities to drop your lowest discussion board weeks and lowest quizzes), you should be able to miss some course material if you become ill or are otherwise unavailable for brief periods during our class without it negatively impacting your final grade in the course. Quizzes may not be re-written, nor will the quizzes or assignments be re-weighted in calculating final grades. Grades will not be adjusted on the basis of need or request, and students will not be able to improve their marks by completing additional assignments. All students are judged using the same evaluations, and grades that are earned are the grades that are granted.

FILE FORMATS

Unfortunately, LEARN cannot preview all file formats easily for marking or cross-referencing with Turnitin.com. Downloading files increases grading time and all file formats are not viewable to Mac vs. PC users. Please submit all written work in Microsoft Word (.doc or .docx) or PDF format unless you have made other arrangements with me in advance. To maintain academic integrity, I cannot accept links to Google docs. Download your Google doc as .docx or PDF before submitting to the LEARN dropbox. If you are asked to resubmit work because of file format challenges, we may apply the late penalty.

LECTURE OUTLINE AND SCHEDULE

Week	Date	Topic	Readings	Activities/Assignments
1	Sept. 8 - 11	Course Introduction and Orientation The Evolution of Clinical Psychology	Chapter 1	<ol style="list-style-type: none"> 1. Academic integrity module and quiz 2. Intro quiz – A Little Bit About You (for the instructor) – ungraded 3. Discussion posts: Introduce yourself to your discussion pod video and getting to know you – before Sunday, September 13, 2020 by 11:59 p.m. 4. Quiz 1 – Sunday, September 13, 2020 by 11:59 p.m.
2	Sept. 14 - 18	Contemporary Clinical Psychology	Chapter 2	<ol style="list-style-type: none"> 1. Discussion posts – before Sunday, September 20, 2020 by 11:59 p.m. 2. Quiz 2 – Sunday, September 20, 2020 by 11:59 p.m.
3	Sept. 21 - 25	Classification and Diagnosis	Chapter 3	<ol style="list-style-type: none"> 1. Research report – topic approval (must have met with instructor/TA – 1% and submitted appropriate topic to LEARN dropbox – 1%) – Friday, September 25, 2020 by 4:00 p.m. 2. Discussion posts – before Sunday, September 27, 2020 by 11:59 p.m. 3. Quiz 3 – Sunday, September 27, 2020 by 11:59 p.m.
4	Sept. 28 – Oct. 2	Applications to Graduate School <i>Guest speakers: 1st year Clinical Psychology graduate students</i>	Appendix 2	<ol style="list-style-type: none"> 1. Discussion posts – before Sunday, October 4, 2020 by 11:59 p.m. 2. Quiz 4 – Sunday, October 4, 2020 by 11:59 p.m.
5	Oct. 5 – 9*	Assessment: Overview <i>Guest speakers: Taylor Crawford & Tyler Eschenwecker</i>	Chapter 5	<ol style="list-style-type: none"> 1. Discussion posts – before Friday, October 9, 2020 by 11:59 p.m. 2. Quiz 5 – Friday, October 9, 2020 by 11:59 p.m. <p><i>*please note the earlier deadline for discussion posts and quiz this week due to the prohibition against any evaluative components during Reading Week*</i></p>
N/A	Oct. 10 - 18	Fall Reading Week - no course work due		
6	Oct. 19 - 23	Assessment: Interviewing and Observation	Chapter 6	<ol style="list-style-type: none"> 1. Research Report – Thesis Paragraph or Outline and Annotated Bibliography – Monday, October 19, 2020 by 11:59 p.m. 2. Discussion posts – before Sunday, October 25, 2020 by 11:59 p.m. 3. Quiz 6 – Sunday, October 25, 2020 by 11:59 p.m.

7	Oct. 26 - 30	Assessment: Intellectual and Cognitive Measures	Chapter 7	<ol style="list-style-type: none"> 1. Discussion posts – before Sunday, November 1, 2020 by 11:59 p.m. 2. Quiz 7 – Sunday, November 1, 2020 by 11:59 p.m.
8	Nov. 2 - 6	Assessment: Self-Report and Projective Measures	Chapter 8	<ol style="list-style-type: none"> 1. Discussion posts – before Sunday, November 8, 2020 by 11:59 p.m. 2. Quiz 8 – Sunday, November 8, 2020 by 11:59 p.m.
9	Nov. 9 - 13	Prevention	Chapter 10	<ol style="list-style-type: none"> 1. Discussion posts – before Sunday, November 15, 2020 by 11:59 p.m. 2. Quiz 9 – Sunday, November 15, 2020 by 11:59 p.m.
10	Nov. 16 - 20	Intervention: Overview	Chapter 11	<ol style="list-style-type: none"> 1. Research Report – Draft Submission – Friday, November 20, 2020 by 11:59 p.m. 2. Discussion posts – before Sunday, November 22, 2020 by 11:59 p.m. 3. Quiz 10 – Sunday, November 22, 2020 by 11:59 p.m.
11	Nov. 23 - 27	Intervention: Adults and Couples	Chapter 12	<ol style="list-style-type: none"> 3. Discussion posts – before Sunday, November 29, 2020 by 11:59 p.m. 4. Quiz 11 – Sunday, November 29, 2020 by 11:59 p.m.
12	Nov. 30 – Dec. 4	Intervention: Children and Adolescents	Chapter 13	<ol style="list-style-type: none"> 5. Discussion posts – before Sunday, December 6, 2020 by 11:59 p.m. 6. Quiz 12 – Sunday, December 6, 2020 by 11:59 p.m.
13	Dec. 7 – 11	Clinical Health Psychology, Clinical Neuropsychology, and Forensic Psychology	Chapter 15	<ol style="list-style-type: none"> 1. Research Report – Final Draft Submission – Monday, December 7, 2020 by 11:59 p.m. 2. Quiz 13 – Sunday, December 13, 2020 by 11:59 p.m.

Note. Any material assigned as reading may be tested on the quizzes, regardless of whether it was also covered in lectures. All material covered in lectures or assigned videos that is not in the readings may also be tested on the quizzes.

ACCOMMODATION FOR COURSE REQUIREMENTS

Policies of the Psychology department pertaining to course requirements are available on the [department website](#).

****Please note** that alternative arrangements for the assignments/quizzes/discussion board participation will only be made if there is a **major disruption** in your ability to function academically due to **documented** and legitimate medical or compassionate reasons or based on religious grounds. If you are encountering a situation that is likely to impact you for several weeks of the course, please contact the instructor ([Dr. Seeds](#)) immediately to determine the best course of action. All documentation must date from before/during the missed assignment/quiz/discussion board participation, not after it. That is, the documentation must represent *first-hand knowledge* of the circumstances that made it impossible for you to complete the graded course component as scheduled, as opposed to reflecting your retrospective self-report to the authority providing documentation.

Our course evaluative components are structured in such a way as to allow for some minor disruptions without negative impact to student grades, particularly during this unprecedented time of a global pandemic. Please be aware that the course is designed to allow students to drop their lowest grade items in the calculation of their final grade. Evaluative components of the course equal more than 100% if they are all completed as scheduled (e.g., extra quizzes and discussion board participation). This 'buffer' allows students to have some instances where they may miss a quiz or discussion board participation for any reason, and not need to make it up. Instead, they can take a grade of '0' on that component and drop it as part of their lowest grades. I would encourage you all to **save** some of these freebies for later in the term in case you experience an illness or other substantial disruption to your daily functioning.

Students who are experiencing extenuating circumstances should also inform their academic advisors regarding their personal difficulties.

LATE WORK

Please note that all assignments, quizzes, and discussion posts are expected to be submitted and completed on time. Please refer to the syllabus and LEARN for details of these deadlines, as they vary across evaluative component. In the case of missed quizzes or late discussion posts, marks of 0 will be applied unless there are justifiable reasons. The late penalty for components of the research paper is -10% per day, including weekends. For instance, if your research paper draft is late by 1 day, you can earn, at best, 90% of its maximum value.

Where there are legitimate extenuating circumstances—such as an illness or a family emergency—contact the instructor promptly to arrange accommodations. If you encounter circumstances that you feel may cause you to be late in submitting multiple assignments or weekly discussion posts, you should contact me immediately, explain the circumstances, and we may negotiate an extension. To do so, you must be in contact with me at least 24 hours prior to the deadline to request an extension. No last-minute extensions will be granted. If an extension is granted, students are expected to submit their assignment at the agreed upon time and date, with the appropriate documentation.

RELIGIOUS HOLIDAYS TO BE ACCOMMODATED IF REQUESTED

Requests for accommodation based on religious holidays must be submitted in writing to the student's instructor(s) as soon as the conflict becomes apparent; in any case, within **two weeks** of being notified of an academic requirement that poses a conflict to their religious or spiritual practices, observances, or beliefs. Instructors may provide accommodations as outlined in the [Accommodations section](#) of the Undergraduate Calendar. Any unresolved disputes between instructors and students regarding the legitimacy of extenuating circumstances or the suitability of accommodations will be decided by the Associate Dean – Undergraduate Students.

The following includes occasions and observances for Fall 2020 that might warrant accommodation on religious/cultural grounds:

Date	Religious/Holiday observance
Monday, September 7 (University of Waterloo closed, with exceptions)	Labour Day (Canada, USA)
Friday, September 18 - Sunday, September 20	Rosh Hashanah (Jewish)
Sunday, September 27 - Monday, September 28	Yom Kippur (Jewish)
Wednesday, September 30	Orange Shirt Day (Recognition of Residential Schools)
Saturday, October 3	Sukkot (Judaism)
Saturday, October 10	Shmini Atzeret (Judaism)
Saturday, October 10 - Sunday, October 11	Shmini Atzeret (Judaism)
Monday, October 12 (University of Waterloo closed)	Thanksgiving (Canada) Columbus Day (USA)
Saturday, October 17	Navaratri (Hindu)
Sunday, October 18	Birth of the Bab (Bahá'í)
Sunday, October 18 - Monday, October 19	Birth of Bahá'u'lláh (Bahá'í)
Sunday, October 25	Dussehra (Hindu)
Thursday, October 29	Mawlid al Nabi (Islam)
Saturday, November 14	Diwali (Sikh, Hindu)
Thursday, November 26	Thanksgiving (USA)
Monday, November 30	Guru Nanak's Birthday - Bikarami (Sikh)
Thursday, December 10 - Friday, December 18	Hanukkah (Jewish)
Sunday, December 13	Aga Khan's Birthday (Islam Ismaili)
Thursday, December 24 (University of Waterloo closed)	Christmas Eve (Christian)
Friday, December 25 (University of Waterloo closed)	Christmas Day (Christian)
Saturday, December 26 (University of Waterloo closed)	Death of Prophet Zarathustra (Zoroastrian)
Saturday, December 26 - Friday, January 1 (University of Waterloo closed)	Kwanzaa

ACADEMIC INTEGRITY

Academic Integrity: In order to maintain a culture of academic integrity, members of the University of Waterloo are expected to promote honesty, trust, fairness, respect and responsibility. See the [Office of Academic Integrity webpage](#) for more information. You will also be asked to complete a module on Academic Integrity in LEARN as part of this course.

Discipline: A student is expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for his/her actions. Check [the Office of Academic Integrity](#) for more information. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration should seek guidance from the course professor, academic advisor, or the Undergraduate Associate Dean. When misconduct has been found to have occurred, disciplinary penalties will be imposed under Policy 71 – Student Discipline. For information on categories of offenses and types of penalties, students should refer to [Policy 71 - Student Discipline](#). For typical penalties check [Guidelines for the Assessment of Penalties](#).

CONCERNS ABOUT A COURSE POLICY OR DECISION

Informal Stage. We in the Psychology Department take great pride in the high quality of our program and our instructors. Though infrequent, we know that students occasionally find themselves in situations of conflict with their instructors over course policies or grade assessments. If such a conflict arises, the Associate Chair for Undergraduate Affairs (Richard Eibach) is available for consultation and to mediate a resolution between the student and instructor: Email: reibach@uwaterloo.ca; Telephone 519-888-4567 ext. 38790

Grievance: A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70 - Student Petitions and Grievances, Section 4](#). When in doubt, please be certain to contact Richard Eibach, the Associate Chair for Undergraduate Affairs who will provide further assistance; reibach@uwaterloo.ca.

Appeals: A decision made or penalty imposed under Policy 70 - Student Petitions and Grievances (other than a petition) or Policy 71 - Student Discipline may be appealed if there is a ground. A student who believes he/she has a ground for an appeal should refer to [Policy 72 - Student Appeals](#).

ACCOMMODATION FOR STUDENTS WITH DISABILITIES

Note for students with disabilities: The [AccessAbility Services](#) office, located on the first floor of the Needles Hall extension (NH 1401), collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with the AS office at the beginning of each academic term.

MENTAL HEALTH SERVICES

Mental Health Services aim is to provide holistic programming and services to help you lead a healthy and balanced life. We strive to provide a secure, supportive environment for students of all orientations and backgrounds.

Students suffering from problems with anxiety, depression, problems with sleep, attention, obsessions or compulsions, relationship difficulties, severe winter blues, etc., may make an appointment by phone or in person. Appointments are usually available within two days of initial contact with one of our medical doctors. All contacts are completely confidential.

Please visit the [University of Waterloo Coronavirus website](#) to stay informed and get the most recent updates for students and instructors, as well as [modified services](#) on campus. ***Due to COVID-19 and campus closures, many services are available only online or by phone.***

On Campus

- [Health Services Building](#): located across the creek from Student Life Centre
 - Call 519-888-4096 to schedule an appointment
- Telehealth Ontario: call 1-866-797-0000 for free 24/7 advice from a health professional
- Counselling Services ([Needles Hall Addition, NH 2401](#))
 - Call 519-888-4567 x 32655 to schedule an appointment
 - counserv@uwaterloo.ca
- [MATES](#): one-to-one peer support program offered by Federation of Students (FEDS) and Counselling Services
- [Glow Centre](#): support services for sexual and gender diversity
- [Empower Me](#): 24/7 mental health and wellness service for students (telephone)

Off campus, 24/7

- [Good2Talk](#): Free confidential help line for post-secondary students. Phone: 1-866-925-5454
- Grand River Hospital: Emergency care for mental health crisis. Phone: 519-749-433 ext. 6880
- [Here 24/7](#): Mental Health and Crisis Service Team. Phone: 1-844-437-3247
- [OK2BME](#): set of support services for lesbian, gay, bisexual, transgender or questioning teens in Waterloo. Phone: 519-884-0000 ext. 213

Full details can be found online at the Faculty of ARTS [website](#)

Download [UWaterloo and regional mental health resources \(PDF\)](#)

Download the [WatSafe app](#) to your phone to quickly access mental health support information

THE WRITING AND COMMUNICATION CENTRE

[The Writing and Communication Centre \(WCC\)](#) works with students in all Faculties to help you consider your audience, clarify your ideas, develop your voice, and write in the style appropriate to your discipline.

They offer one-on-one support for writing papers, delivering presentations, integrating research, and revising for clarity and coherence. Group appointments for team-based projects, presentations, and papers are also available.

All of their services are available virtually: booked appointments, drop-ins, resources, and writing groups. Check out [our website](#) for other ways to interact with us, such as open online forums and online Q&As. Visit them at www.uwaterloo.ca/wcc.

Please note that communication specialists guide you to see your work as readers would. They can teach you revising skills and strategies, but will not change or correct your work for you. Please bring your assignment instructions and any notes or drafts to your appointment.

PLAGARISM DETECTION SOFTWARE

Turnitin.com: Text matching software (Turnitin®) will be used to screen assignments in this course. This is being done to verify that use of all material and sources in assignments is documented. Students will be given an option if they do not want to have their assignment screened by Turnitin®. In the first week of the term, details will be provided about arrangements and alternatives for the use of Turnitin® in this course.

Note: students must be given a reasonable option if they do not want to have their assignment screened by Turnitin®. Please see Dr. Seeds to discuss your alternatives as soon as possible should you not wish for your assignment to be screened by Turnitin®.

THE OFFICIAL VERSION OF THE COURSE OUTLINE

If there is a discrepancy between the hard copy outline (*i.e., if students were provided with a hard copy at the first class*) and the outline posted on LEARN, the outline on LEARN will be deemed the official version. Outlines on LEARN may change as instructors develop a course, but they become final as of the first class meeting for the term.

OTHER HELPFUL INFORMATION

University of Waterloo [Department of Psychology](#)
University of Waterloo [Registrar's Office](#)
University of Waterloo's [COVID-19 Information](#)
[Canadian Psychological Association](#)
[American Psychological Association](#)
[Association for Psychological Science](#)
[Ontario Psychological Association](#)
[The Canadian Council of Professional Psychology Programs](#)
[The College of Psychologists of Ontario](#)
[Society for a Science of Clinical Psychology](#)
[Society of Clinical Psychology](#)
[Society of Clinical Child & Adolescent Psychology](#)
[Society for Research in Psychopathology](#)
[Canadian Association for Cognitive and Behavioural Therapies](#)
[Association for Behavioral and Cognitive Therapies](#)
[Canadian Register of Health Service Psychologists](#)