

Week 2	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>	Omelette Station, Cereals and Grains, Assorted Yogurts, Roasted Potatoes, Bacon and Breakfast Sausages, Assorted Pastries and waffle Station	Scrambled eggs, Sliced Ham, Hash brown Cinnamon French toast with Syrup, Cereals and Grain, Fruit display, Assorted Yogurts	Red Onion, Tomato and Cheddar Frittata, Bacon, Hash brown, Chocolate Chip Pancakes, Cereals and Grains, Fruit display, Assorted Yogurts	Eggs to order, Country Breakfast Sausage, Cereals and Grains, Fruit display, Assorted Yogurts	Scrambled Eggs, Bacon, Hash Browns, Buttermilk Blueberry Pancake Cereals and Grains, Fruit display, Assorted Yogurts	Breakfast Burritos, Molasses Baked Beans, Cereals and Grains, Fruit display, Assorted Yogurts	Omelette Station, Cereals and Grains, Assorted Yogurts ,Roasted Potatoes, Bacon and Breakfast Sausages, Assorted Pastries and waffle Station
<b>Customize your own breakfast using the offerings and equipment from your pantry kitchen</b>							
<b>Daily Soup Features</b>	Daily Soup Feature Turkey and Vegetable with Vermicelli Noodle (Gluten free)	Daily Soup Feature SmokeyTomato and Black bean(Vegetarian)	Daily Soup Feature Beef and Barley	Daily Soup Feature Chickpea and Lentil (Vegetarian)	Daily Soup Feature Ham and Split Pea	Daily Soup Feature Tomatoes and Dill(Vegetarian)	Daily Soup Feature Curried Sweet Potatoes(Vegetarian),
<b>Leafs and Veggies</b>	Pesto Pasta Salad with Feta Cheese , Roasted Red Pepper and Artichokes, Mixed Greens Shaved Cucumber and Carrots Smoked Tomatoes Dressing	Cherry Tomatoes, Cucumber, Red Onion and Feta Cheese Tossed in Balsamic, Romaine with Herbed Croutons, Romano Cheese and an Herb Italian dressing	Green Beans, Shaved Red Onions, Sunflower Seeds, Leaf lettuce Maple Vinaigrette, Chilled Vermicelli and Julienned Vegetables with Pea sprouts and Sesame seed dressing	Spinach with Mandarin Oranges Dried Cranberries, Cranberry Honey Dressing, Julienned Vegetables and Napa Cabbage Slaw with spicy Thai Chili Dressing	Butternut squash Toasted Pumpkin Seeds, Arugula and Cider Dressing, Roasted Beets with a Red wine vinegar dressing	Orzo Salad with Roasted Peppers, Black olives Artichokes, and Arugula Pesto, Chilled Curried lentil Salad with Sweet potatoes Orange Sesame dressing	Grilled Asparagus with Cherry Tomatoes and grilled Red Onions, Classic Ceaser
<b>Grab it off the Grill</b>		Grilled Jerk Chicken on a Kaiser with Pineapple Relish,	Grilled Ham and Swiss,	Grilled Turkey Cranberry Burger,	Roasted Quinoa and Mushroom Burger on a Kaiser	Grilled 8oz burger on a bun and Grilled Hotdogs, traditional accompaniments	
<b>Sandwiches and Panini</b>	Tuna Melt with Swiss Cheese, Grilled Eggplant and Feta Pita	Shaved Roasted Beef Swiss Cheese on a Kaiser, Julienned vegetables and Hummus in a Wrap	Chicken Salad with Roasted Red Pepper and Cucumber, Grilled Vegetables and Goat cheese wrap	Shaved Turkey with Chipotle Mayo and Cheddar Cheese, Curried Egg Salad with Pea Sprouts	Italian Panini, With Salami, and Mozzarella Roasted Red Pepper,	Hot Beef Sandwich with Caramelized Onions and Gravy,	Grilled Pea meal BLT, Salmon Salad with Green Olives Lemon and Dill in a wrap
<b>The Pantry Kitchen</b>							
<b>Customize your own sandwich's using the Offerings and Equipment from your Pantry kitchen</b>							
<b>Your Daily Lunch Features</b>	Individual Ham and Swiss Quiches, Chipotle Chicken Or Tex Mex Tempeh Quesadilla,	Shaved Roast Pork, on Portuguese Bun with cole slaw, Baked Ricotta Cannelloni in Tomato Sauce	Fishwich with Slaw and Tartare Sauce, Sweet Potato, Chickpea and lentil stew	Salmon and Qunioa Green Lentils with Vegetables, Caramelized Onion, Potato and Cheddar cheese Tart	Tandoori Chicken, with cous cous pilaf Butternut Squash Ravioli with herbed cream sauce.	Farfalle with Green peas spicy sausage and Parmesan, Falafel Plate with tzatziki and rice	Meatloaf with BBQ Sauce and side of Fries, Egg Noodles with Vegetable Ramen Broth, Traditional Garnish and Hard Boil Egg
<b>Your Interaction is required</b>		<b>Stir Fry Station</b>	<b>Nacho Station</b>	<b>Pasta Bar</b>	<b>Mash Potato Bar</b>	<b>Burrito Bowl</b>	
<b>Grab a pizza pie</b>	Pepperoni and Mozzarella Calzones	BBQ Chicken and Cheddar Pizza, Pepperoni Pizza	Ham and Pineapple Pizza, Roasted Mushroom Calzone	Jerk Chicken,Spicy Scallion Cream Pizza, Roasted mushroom, Spinach and Goats cheese Pizza	Sausage and Hot peppers pizza, Green Olive, Mushroom, Green Peppers pizza	Pepperoni, Ricotta, Basil, Artichoke and Feta Calzone	Pepperoni, Ham and Mozzarella Pizza
<b>Your Daily Dinner Features</b>	Traditional Meat Lasagna Cauliflower and Red Lentil Curry over Jasmine Rice, Steamed Assorted Vegetables	Chicken Pot Pie, Vegetarian Stir Fry with Baby Corn Water Chestnuts, Rice Noodle and Hoisin Sauce	Roasted Top Sirloin, with French Fries, Honey Roasted Carrots, and Gravy, Roasted Vegetable Lasagna	Roasted Pork loin with New potatoes and Apple Chutney Baked Spinach and Chickpea Marinara	Bake Haddock with Lemon Dill Cream, Steamed New Potatoes, Buttery Peas and Carrots, Chickpea and Vegetables stew Grilled Naan	Fried Chicken with Slaw and Macaroni Salad, Thai Coconut Noodles with tofu and Cashews	Cacciatore sauce with Orrechettie Noodles Tempeh Tikka Masala with Panpadam
<b>Your Interaction is Required</b>		<b>Stir Fry Station</b>	<b>Nacho Station</b>	<b>Pasta Bar</b>	<b>Mash Potato Bar</b>	<b>Burrito Bowl</b>	
<b>Sweets and Treats</b>	Check out our dessert fridge for todays sweet treats	Check out our dessert fridge for todays sweet treats	Check out our dessert fridge for todays sweet treats	Check out our dessert fridge for todays sweet treats	Check out our dessert fridge for todays sweet treats	Friday is Pie Day, Check out our dessert fridge for our selection of Pies	Check out our dessert fridge for todays sweet treats

**All of the Protiens that are used in the Renison Food Services meals is certified Halal**