Week 3	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Omelette Station, Cereals and Grains, Assorted Yogurts, Roasted Potatoes, Bacon and Breakfast Sausages, Assorted Pastries and waffle Station	Scrambled eggs, Sliced Ham, Hash brown Cinnamon French toast with Syrup, Cereals and Grain, Fruit display, Assorted Yogurts	Spinach and feta Frittata, Bacon, Hash brown, Chocolate Chip Pancakes, Cereals and Grains, Fruit display, Assorted Yogurts	Eggs to order, Country Breakfast Sausage, Cereals and Grains, Fruit display, Assorted Yogurts	Scrambled Eggs, Bacon, Hash Browns, Buttermilk Blueberry Pancake Cereals and Grains, Fruit display, Assorted Yogurts	Breakfast Burritos, Molasses Baked Beans, Cereals and Grains, Fruit display, Assorted Yogurts	Omelette Station, Cereals and Grains, Assorted Yogurts ,Roasted Potatoes, Bacon and Breakfast Sausages, Assorted Pastries and waffle Station
	Customize your own breakfast using the offerings and equipment from your pantry kitchen						
Daily Soup Features	Daily Soup Feature Tomato and Clam Chowder	Daily Soup Feature Broscht	Daily Soup Feature Thai chicken and Rice Noodle	Daily Soup Feature Cauliflower and Roasted Red Pepper	Daily Soup Feature Portuguese, Kale, Potatoe and Sausage	Daily Soup Feature Wild Mushroom Bisque	Daily Soup Feature Ecaudorian Quinoa Soup
Leafs and Veggies	Fattoush Salad, Cherry Tomatoes, Cucumber,Fresh Mint, Sumac Dressing, Morrocan Cous Cous salad, Roasted Red Peppers, Chopped Cucumber, Chopped Tomatoes, Lemon Orgeano	Mixed Bean Salad, with Chickpea, Green Beans, Celery, Red wine Vinegar Dressing German Potato Salad	Mixed Grain Salad, with Cider Maple dressing Chilled Vermicelli with Pea sprouts, Bean sprouts, Pickled radish and Sesame seed dressing	Wheatberries, Julienned Carrots, Green Peas, and Baby Kale, Garden herb Vinaigrette Sweet Potato and Baby Arugula Salad	Israeli Cous Cous, with Artichokes, Black Olives and Sundried Tomatoes Julienned Napa Cabbage , water chestnut, baby corn and bamboo shoots.	Traditional Caesar Salad, Herb Crouton, Parmesan Cheese, Caesar Dressing	Mixed Greens with Shaved vegetables Herb Dressing
Grab it off the Grill		Grilled Oktoberfest Sausage with Toppings of your choice	Grilled Turkey Burger with Chipotle mayo and cheddar cheese	Grilled Mushroom and Quinoa Burger	Grilled Pea meal BLT	Grilled House made burger with traditional accompaniments	
Sandwich of the Day	Shaved Turkey,with Cheddar Cheese, Chipotle Mayo	Grilled Vegetables with Hummus and Pea Sprouts in Whole Wheat Tortilla	Genoa Salami, pickled hot peppers, Mozzarella Cheese, on a Panini	Curried Chicken Salad In a Wrap	Smoked Turkey, Lettuce, Tomato, Pesto Sauce, provolone cheese	Mediterranean Tuna Salad	Shaved Roast Beef with Horseradish Mayo and Cheddar Cheese.
	We always have Marinated Tempeh or Vegetarian burgers for you to enjoy off the grill as well ,Customize your own sandwich's using the Offerings and Equipment from your Pantry kitchen						
Daily Lunch Features	Fried Chicken Balls With Plum Sauce Caremlized Onion, Goats Cheese and Spinach Fritatta	Pulled Pork Taco, you choice of hard or soft shells, and assorted sides Egg plant Parmesean	Tempeh Aloo Gobi with Grilled Naan Turkey stew top with flakey Puff pastry	Nori Wrapped Salmon with pickled Vegetable Slaw Pierogi Lasagna	Chicken Alfredo with Linguine Fried Rice with Vegetable, fried tofu and crispy onion	Traditional Massaman Curry with Goat Baked Quesadilla filled with sweet peppers, red beans a mixed cheese, Tomatillo Sauce	Jambalaya Chickpeas, Lentils, and Artichokes cooked with Greek seasonings
Your Interaction is required		**Stir Fry Station**	**Baked Potato Bar**	**Sushi Bowl**	**Taco Bar**	**Omelette Bar**	
Grab a pizza pie	Pepperoni and Mozzarella(Meat)	BBQ Chicken and Cheddar Pizza(Meat) Pepperoni Pizza(Meat)	Ham and Pineapple Pizza, Roasted Mushroom, Caramelized Onion, Goats Cheese	Jerk Chicken Pizza With Spicy Scallion Cream(Meat) Roasted Red , Black Olives and Feta(Vegetarian)	Greek Chicken, Spinach, and Red Peppers(Meat) Sundried Tomatoes, Artichokes, Roasted Red Onions(Vegetarian)	Pulled Pork Pizza with bbq sauce and Mixed Cheese(Meat) Grilled Eggplant, Roasted Red Pepper, pesto spiked goats cheese(Vegetarian)	Pepperoni, Ham and Mozzarella Pizza(Meat)
Your Daily Dinner Features	Chicken Parmesan Fried Rice with bamboo shoots, bok choy and Water Chestnuts	Slow Braised Beef with root vegetables and mini potatoes Four Cheese Ravioli With Tomato Pesto Sauce	Cajun Baked Whitefish, sweet pepper, potato and sweet corn Succotash Chickpea and spinach patty with mushroom and lentil ragout	Chimichurri Rubbed Top Sirloin with Cous Cous Pilaf and Pickled Red Onions Vegetarian Moussaka	Pork Schnitzel with a wheatberries, white Bean ragout and Caramelized Onions Fried Silken Tofu with Vegetables, Rice Noodles	BBQ Chicken with Cajun Roast Potato wedges Spanakopita	Turkey Enchilada Orecchiette pasta baked with Eggplant and Ricotta
our Interaction is Required		**Stir Fry Station**	**Baked Potato Bar**	**Sushi Bowl**	**Taco Bar**	**Omelette Bar**	
Sweets and Treats	Assorted Mini Cupcakes, Cookies, pies or cakes and Fresh Fruit check out the Dessert fridge to see the daily treats	Assorted Mini Cupcakes, Cookies, pies or cakes and Fresh Fruit check out the Dessert fridge to see the daily treats	Assorted Mini Cupcakes, Cookies, pies or cakes and Fresh Fruit check out the Dessert fridge to see the daily treats	Assorted Mini Cupcakes, Cookies, pies or cakes and Fresh Fruit check out the Dessert fridge to see the daily treats	Assorted Mini Cupcakes, Cookies, pies or cakes and Fresh Fruit check out the Dessert fridge to see the daily treats	Assorted Mini Cupcakes, Cookies, pies or cakes and Fresh Fruit check out the Dessert fridge to see the daily treats	Assorted Mini Cupcakes, Cookies, pies or cakes and Fresh Fruit check out the Dessert fridge to see the daily treats
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