

RUC Week 3	Day 15 Sunday	Day 16 Monday	Day 17 Tuesday	Day 18 Wednesday	Day 19 Thursday	Day 20 Friday	Day 21 Saturday
<i>Morning Editions</i>	Eggs to Order Oatmeal Breakfast Bangers Pom Pom Blue Berry Pancakes	Eggs to Order Hot Cereal Breakfast Ham Diced Hash Brown Belgian French Toast	Eggs to Order/Poached Hot Cereal Turkey Bacon Potato Triangles Pancakes	Eggs to Order Hot Cereal Sausage Links Rise N Fry Chocolate Dippers	Eggs to Order Hot Cereal Bologna Local Hash Brown Cinnamon Dipped Waffles	Eggs to Order Hot Cereal Bacon Roasted Reds Blueberry Pancake	Eggs to Order Oatmeal Sausage Shredded Hash Brown Texas French Toast
<i>my PANTRY</i>	Make your Own Breakfast All day,		Look Out for Specials and Demos		Make your Own Breakfast All day		
<i>Soup Emporium</i>	Tomato Bisque Hot & Sour Pork Soup	Cream of Mushroom Bean & Bacon	Cream of Carrot & Ginger Thai Beef Noodle Soup	Harvest Squash Soup Polish Borscht Soup	Minestrone Soup Bermuda Fish Chowder	Cream of Tomato Chicken Noodle	Pasta and Bean Soup Hearty Beef and Pasta Soup
<i>Salad Bar</i>	Chefs Choice	Herb and Potato Toss	Grilled Pineapple & Cabbage	Seven Layer	Moroccan Quinoa Salad	German Potato Salad	Chefs Choice
	Tomato Cucumber	Spicy Macaroni	Chefs Special	Red Bliss Potato Salad	Singapore Noodle Salad	Cuban Tofu Salad	Green Bean Salad
<i>The Grill</i>	Burgers, Hot Dogs, Grill Cheese	Burgers, Hot Dogs, Grill Cheese	Burgers, Hot Dogs, Grill Cheese	Burgers, Hot Dogs, Grill Cheese	Burgers, Hot Dogs, Grill Cheese	Burgers, Hot Dogs, Grill Cheese	Burgers, Hot Dogs, Grill Cheese
<i>The Grill Special</i>	Fish on a Bun	Asian Pork Banh Mi on a Baguette	Truckin Tuesday	Cajun Chicken Caesar	Grilled Mozza Burger	Pulled Adobo Chicken Hoagie	Chicken Nuggets
<i>Fresh Deli</i>	Pantry-Build your Own	Sandwiches Built to order with available Meat Protein and Toppings					Pantry-Build your Own
	Brunch	Lunch	Lunch	Lunch	Lunch	Lunch	Brunch
<i>The Kitchen</i>	Western Omelet Vegetarian Omelet Beef Stroganoff/ Egg Noodle Peas and Carrots Brunch Special	French Beef Dip Au Jus Black Bean Sweet Potato Chili on Corn Bread Jasmine Rice Green Vegetable	Pork Enchilada Potato and Cauliflower Curry Oven Roasted Reds Steamed Broccoli	Massa Man Turkey Curry Perogie Lasagna Steamed Rice Orange Vegetable	All Beef Sloppy Joe Kaiser Black Bean and Corn Enchilada Curly Fries Coleslaw	Chicken Pot Pie Pineapple Black Bean Stir-fry Brown Rice Medley of Vegetable	Meat Lovers Omelet Three Cheese Omelet Sweet N Sour Meatballs Sautéed Carrots and onions Brunch Special
<i>Menutainment</i>		Poutine Station	Chicken Shawarma	Warm Dip Station	Warm BBQ Pork Wrap	Extreme Pita Station	
<i>Trattoria</i>	Danish and Pastries	Pepperoni Margherita Pizza Combination Pizza	Pepperoni Mushroom Goat Cheese The Works Pizza	Pepperoni Grilled Vegetable Pizza Double Cheese Pizza	Pepperoni Mushroom Goat Cheese Pizza Great Canadian Pizza	Pepperoni Greek Vegetarian Pizza Spicy Perogie Pizza	Danish and Pastries
	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
<i>The Kitchen</i>	Slow Roasted Pork Shoulder Vegan Garbanzo Stir-fry Roasted Potato Roasted Squash	Seared Tilapia Piccata Vegan Sweet Potato Falafel Pita Lemon Herb Rice Fresh Yellow and Green Beans	Meat Lasagna Veggie Lasagna Garlic Bread Brussel Sprouts	Maple Glazed Bone-in Ham Vegan Coconut Curry Lentil Stew Scallop Potato Green Beans	Chicken Scaloppini Roasted Vegetable Strudel Rainbow Rice Pilaf Deluxe Green Peas	Beef and Vegetable Stew Mushroom and Vegetable Korma Basmati Rice Green Beans	General Tao Chicken Thai Vegetable and Tofu Stir Fry Vegetable Fried Rice Orange Vegetable
<i>Menutainment</i>	Pasta and Sauce	Donair Station	Nacho Station	Stir Fry Station	Pasta Station	Sushi Bowl	
<i>Trattoria</i>	Cheese Pizza Pepperoni	Stuffed Peppers Seasoned Lentils	Pepperoni The Works	Bruschetta	Mushroom Goat Cheese Pizza Great Canadian Pizza	Mexican Twice Baked Potato, Beef Chili	Cheese Pizza Pepperoni

