

POSITION TITLE:	Wellness Peer Leader
DEPARTMENT:	Chaplaincy / Student Experience and Housing
REPORTS TO:	Chaplain
EFFECTIVE DATE:	August 31 – December 18, 2026

GENERAL ACCOUNTABILITY

Are you an outgoing senior Waterloo student who is interested in community and student mental health and wellbeing? A job as a Wellness Peer Leader may be the right fit for you!

Renison Chaplaincy and Student Experience and Housing is recruiting **one (1) senior Waterloo student** to serve as a Wellness Peer Leader from late August to late December 2026. The chosen student staff will work approximately 4-6 hours per week both in person and occasionally virtually.

The Student Wellness Peer Leader will be a part of the Renison Student Experience and Housing Team and support the Chaplaincy, which is tasked with building a strong Renison community, enhancing the student experience and fostering student well being and belonging through targeted programming. These programming initiatives include Meditation, Music Jam, the Student Wellness and Advocacy Committee, Renison's Chapel programming, Interfaith and Multifaith conversations and events, Residence events, and Student Experience events. The Student Wellness Peer Leader will work in collaboration with other peer leaders, Renison Dons, and the Student Experience and Housing team under the operational guidance of the Chaplain.

As a Wellness Peer Leader, we need you to:

- Be outgoing: you will be working with the Student Experience and Housing team to deliver a variety of programming initiatives. We need you to feel comfortable facilitating both in-person and some virtual events. During this, you will demonstrate a warm, welcoming attitude for every student. You will need to feel comfortable communicating with students to invite them to participate in events or engage in small talk conversations
- Build a sense of community: Provide opportunities for students to participate in wellness, self care, and spiritual care initiatives by supporting opportunities for students to be involved in activities such as Renison's Link Inclusion Lounge programming, and Chaplaincy programming. Support the concept of community living by encouraging listening, belonging, support, mutual respect, cooperation, and inclusion through their interactions and example. Foster and help develop interpersonal connections amongst all members of the Renison community.
- Be a positive role model: we need you to possess the skills needed to be a successful student, both personally and academically. You must exhibit awareness and knowledge of strategies for academic and personal success as a student.
- Be legally able to work in Canada: you must have a Social Insurance Number to fulfill the position.

NATURE & SCOPE

The position of Wellness Peer Leader is tasked with developing the student experience and fostering student development through targeted programming.

- Interpersonal Contacts: this position requires the incumbent to work collaboratively with the Chaplain, a team of other Peer Leaders, SWAC (Student Wellness and Advocacy Committee), and the Student Experience and Housing team. The successful candidate must possess excellent interpersonal and mentorship skills to carefully understand, assess, and recommend supports and resources to support students in their personal wellness

through event planning and implementation. The successful candidate must also be comfortable in supporting spiritual and religious needs of students.

- Decision-Making Authority: this position possesses decision-making authority based on established policy and procedure; complex and non-routine issues involve consultation with appropriate personnel.
- Level of Responsibility: this role has defined duties and responsibilities and receives direct supervision. The Peer Leader will be responsible for coordinating wellness, spiritual, and social and educational event programming for students.
- Physical and Sensory Demands: standing, sitting, with some physical work will be required when preparing for events.

KEY ACCOUNTABILITIES

Connect with Students

- Encourage an inclusive and welcoming environment by being a positive, supportive individual for students to approach with questions or concerns.
- Be accessible to students to assist in meeting their wellness needs. This includes helping with questions related to life at the University of Waterloo and provide appropriate campus referrals when needed.
- Support students spiritual and religious needs and make appropriate referrals when needed.
- Build prosocial relationships with students to identify issues/challenges they may be facing.

Student Leadership Committee Support

- Responsible for supporting the Renison Student Wellness and Advocacy Committee (SWAC).

Volunteer Management

- Maintain regular communication with volunteers via formal (meetings) and informal (cafeteria conversations).
- Be available to support volunteers when they need help to understand or complete a task.
- Get to know each student well enough to be able to recognize behavior that is out of character, and so that they feel comfortable approaching you with questions or problems.

Administrative

- Monitor and submit administrative documents such as proposals, reports, expenses, and receipts to the Chaplain.
- Keep the Chaplain informed in a timely manner and respond to his/her communications as soon as possible.
- Attend regular team meetings, one-to-one meetings, and in-service training sessions scheduled by the Chaplain.
- Check e-mail and social media accounts daily to correspond with students, the Student Experience and Housing team, and administrative staff.
- Participate in evaluation processes in an honest and constructive manner.

Confidentiality

- As an employee of Renison University College, a Peer Leader must respect confidentiality as per their training. This includes disclosing information of significance to the Chaplain and respecting the Freedom of Information and Protection of Privacy Act.

QUALIFICATIONS

- Registered Waterloo student in good academic standing with a minimum average (in both semester and cumulative) of 65% (preference will be given to students in their 2A term or higher). Peer Leaders must maintain good academic standing as per their faculty definition, as well as abide by academic integrity policies. Failure to adhere to these conditions may lead to remedial action, up to and including dismissal.

- Experienced student leader with a strong knowledge of the University of Waterloo campus, Faculties, services, and resources.
- Awareness and knowledge of strategies that encourage personal and academic success.
- Experienced in event management and execution.
- Excellent communication skills, ability to take initiative, ability to work independently and as a member of a team, good judgment, detail oriented.
- Excellent problem-solving skills and good judgment; ability to think on your feet and navigate difficult discussions or situations with diplomacy and tact.
- Creative and adaptable under pressure.
- Strong customer-service orientation.

BENEFITS

In exchange for accepting the position, a Wellness Peer Leader will be compensated for \$17.60 per hour, in addition to vacation pay, by Renison University College.

POLICIES OF RENISON UNIVERSITY COLLEGE

Wellness Peer Leaders are to always act as role models for all students. Any violation of Renison University College rules, negligence in informing the Chaplain of violations of policy, negligence in abiding by the terms of this agreement, or conduct unbecoming of a Peer Leader, is considered dereliction of a Peer Leader's duties. Dereliction of duties may result in termination of the appointment and forfeit of income and allowances.

WORKING CONDITIONS

Travel: None

Working Hours: Inconsistent working hours; shifts may be scheduled for a minimum of 1 hour in between class schedule, to all-day events on weekends. A monthly schedule will be set in advance. Hours will vary depending on times when students are not in class, including mornings, afternoons, evenings, or weekends.