### Breakfast

- **Monday:** Omelette Station, Cereals and Grains, Assorted Yogurts, Roasted Potatoes, Bacon and Breakfast Sausages, Assorted Pastries and waffle station
- **Tuesday:** Scrambled eggs, Sliced Ham, Hash browns, Cinnamon French Toast with Syrup, Cereals and Grains, Fruit display, Assorted Yogurts
- **Wednesday:** Spinach and feta Frittata, Bacon, Hash brown, Chocolate Chip Pancakes, Cereals and Grains, Fruit display, Assorted Yogurts
- **Thursday:** Eggs to order, Country Breakfast Sausage, Cereals and Grains, Fruit display, Assorted Yogurts
- **Friday:** Scrambled Eggs, Bacon, Hash Browns, Buttermilk Blueberry Pancake Cereals and Grains, Fruit display, Assorted Yogurts
- **Saturday:** Omelette Bar
- **Sunday:** Pho Station

### Daily Soup Features

- **Monday:** Daily Soup Feature Broth (Vegetarian)
- **Tuesday:** Daily Soup Feature Chicken and Rice Noodle
- **Wednesday:** Daily Soup Feature Cauliflower and Roasted Red Pepper
- **Thursday:** Daily Soup Feature Portobello Mushrooms and Cucumber
- **Friday:** Daily Soup Feature Wild Mushroom Bisque
- **Saturday:** Daily Soup Feature Ecuadorian Quinoa Soup

### Daily Soup Feature

- **Monday:** Tomato and Clam Chowder
- **Tuesday:** Mixed Bean Salad, with Chipotle, Green Beans, Celery, Red wine Vinegar Dressing German Potato Salad
- **Wednesday:** Mixed Grain Salad, with Cider Maple dressing Chilled Vermicelli with Pea sprouts, Bean sprouts, Pickled Radish and red pepper dressing
- **Thursday:** Weetabix Berries, Julienne Carrots, Green Peas, and Baby Kale, Garden herb Vinaigrette, Sweet Potato and Baby Arugula Salad
- **Friday:** Israeli Cous Cous, with Artichokes, Black Olives and Sundried Tomatoes Julienne Napa Cabbage, water chestnut, baby corn and bamboo shoots
- **Saturday:** Shaved Roasted Beef, pickled Red Onions, and BBQ Sauce

### Leaves and Veggies

- Traditional Caesar Salad, Herb Crouton, Parmesan Cheese, Caesar Dressing
- **Monday:** Grilled Cajun Bread, with Tomatillo Salsa
- **Tuesday:** Pulled Mexican Chicken wrap with diced tomatoes and shredded lettuce
- **Wednesday:** Grilled Cucumber, with red pepper hummus and Pea Sprouts
- **Thursday:** Shaved Roasted Beef, pickled Red Onions, and BBQ Sauce
- **Friday:** Grilled Salmon, lemon dill mayo
- **Saturday:** Corned Beef, with sauerkraut and swiss cheese

### Sandwich of the Day

- **Monday:** Shaved Ham, Grilled onion Mayo, Swiss Cheese Done Panini Style
- **Tuesday:** Shaved Turkey, with Cheddar Cheese, Chipotle Mayo
- **Wednesday:** Pulled Mexican Chicken wrap with diced tomatoes and shredded lettuce
- **Thursday:** Vegetarian wrap, with Moroccan Cous Cous, Red pepper hummus and Pea Sprouts
- **Friday:** Pulled Pork, On a Kaiser, with Chipotle Mayo
- **Saturday:** Corned Beef, with sauerkraut and swiss cheese

### Daily Lunches

- **Monday:** Fried Chicken Balls With Plum Sauce Caramelized Onion, Goat Cheese and Spinach Frittata
- **Tuesday:** Korean Steamed Bun with Pulled pork, and assorted pickles
- **Wednesday:** Thai Green Curry seafood stew
- **Thursday:** Ginger Marinated Tofu Stir fry, with Fried Rice and Vegetables
- **Friday:** Spaghetti and Meat Sauce Ratatouille with Grilled Tempeh
- **Saturday:** Bacon and Potato Perogies, caramelized Onions Warm Greek style Chickpeas

### Your Interaction is required

- **Monday:** Patio Station
- **Tuesday:** Menu Station
- **Wednesday:** Chicken Shawarma
- **Thursday:** Sushi Bowl
- **Friday:** Taco Bar
- **Saturday:** Omelette Bar

### Your Daily Dinner features

- **Monday:** Italian Salami, with Hot Peppers, and Salsa (Meat) Caramelized Onion, Potatoes and Thyme (Vegetarian)
- **Tuesday:** Roasted Mushroom, Roasted Onions, Parmesan cheese (Vegetarian) Bacon and Cheddar Cheese (Meat)
- **Wednesday:** Jerk Chicken Pizza With Spicy Scallop Cream (Meat) Roasted Red, Black Olives and Feta (Vegetarian)
- **Thursday:** Ham, Pineapple, and Pickled Jalapeno (Meat) Grilled Eggplant, Roasted Red Peppers and Feta Cheese (Vegetarian)
- **Friday:** Italian Salami, Artichokes, Goat Cheese (Meat) Spinach, Black Olives, Sundried Tomatoes (Vegetarian)
- **Saturday:** Roasted Salmon on Lychee Curry, 3 cheese and Spinach Pancake

### Your Interaction is requested

- **Monday:** Patio Station
- **Tuesday:** Menu Station
- **Wednesday:** Chicken Shawarma
- **Thursday:** Sushi Bowl
- **Friday:** Taco Bar
- **Saturday:** Omelette Bar

### Sweets and Treats

- **Monday:** Assorted Mini Cupcakes, Cookies, pies or cakes and Fresh Fruit check out the Dessert fridge to see the daily treats
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