

# WANT TO LEARN MORE ABOUT PSYCHOLOGICAL DISTRESS?



Allison Kelly, Ph.D., C.Psych. and her research team are seeking participants for a **four-part online research study** on:

## The Impact of Three Online Workshops about Psychological Distress

### ELIGIBILITY CRITERIA INCLUDE:

- ✓ University of Waterloo  
**undergraduate** student
- ✓ Currently living in Ontario



In appreciation of your  
time, you will receive up to  
**\$35.00 via e-transfer**



Please direct any questions to:  
[self.attitudes.lab@uwaterloo.ca](mailto:self.attitudes.lab@uwaterloo.ca).  
All inquiries will be confidential.

Please complete the pre-screen survey  
via the QR code to learn more and to  
determine whether you are eligible!



**SCAN ME**

\*\*Only individuals who meet the eligibility criteria  
will be invited to participate in this study\*\*

This study has received ethics clearance through  
a UWaterloo Research Ethics Board (#42483).