SONA
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Sona Accounts

First time enrolled in a Psychology course?

All accounts are created from the class lists provided by the Registrar’s office.

Class lists are uploaded every Friday for the first 5 weeks of the term.

If you have enrolled in a course after the Wednesday of the current week you will most likely not be on the current class lists provided by Registrar’s office. You will need to wait until the following week for your account to be created.

Had an account previously?

If you were enrolled in a participating Psychology course since the Fall 2016 term your account has been previously created and will be updated with the current course(s) of which you are enrolled.
Logging into Sona is done using your WatIAm (or Quest) credentials (since Spring 2019 term). Do not use the user-friendly version of your Question ID and only use the ‘User ID’ portion.

You cannot cut and paste this information as it will not work.
FIRST TIME LOGIN

You will be asked to read the Human Subjects/Privacy Policy statement.

If you agree to the terms of the statement you can click ‘yes’ and you will be set up to participate in research studies.

If you click ‘no’ your Sona account will not be activated.
Complete it if you plan on completing the Mass Testing Survey.

Once you have reset your temporary password you will be prompted to complete the PreScreen Questionnaire.

You can start the PreScreen now, takes about 10 minutes to complete and it does not have a credit value, or you can decline to participate.

If you change your mind and want to complete the PreScreen Questionnaire let the REG Coordinator know and she will remove the decline status.

The PreScreen Questionnaire is required to be completed if you want to complete the Mass Testing Survey which has 1 online credit value.
After you have completed the PreScreen Questionnaire you will be provided a summary of responses or a final review.

It is recommended that you check that the responses you provided are what you wanted and then “Save Prescreen”.

PreScreen Questionnaire summary
As with all surveys/studies, after completing and submitting the Prescreen you will be presented with the Feedback Letter.

This is a good opportunity to review the purpose of the study.

Once you read this letter click on “Continue” to go to your “My Profile” page.
Once the initial set up has been completed, subsequent logins to Sona will take you directly to your main work page or “My Profile” page.

Here, you can see an overview of your progress in research participation this term.

The tabs across the top correspond to the box fields in the main body of the page.

By clicking the green tab labelled ‘View Available Studies’ you can see studies that may be eligible to you for participation.
Studies with available timeslots will have the ‘TIMESLOTS AVAILABLE’ link beside the study title.
“My Schedule/Credits” will show you the studies you have signed up for and/or completed, as well as the credit you have earned.

If you have participated in the Sona program in previous terms, a list of your studies completed from the past will be listed here.

“FAQ” directs you to some commonly asked questions and the answers.
If you have participated in the Sona program in previous terms you will see a list of the studies you completed previously with:

- the date of completion under ‘Credit Status’; and
- the course the credits were assigned to, the credit value received, and that it is an archived record under ‘Comments’

These records are kept so that you would not accidentally sign up for the same study twice.

**All credits must be earned in the same term you are enrolled in the course**
To sign up for a study or survey, such as the Mass Testing Survey, click the ‘Studies’ tab on your ‘My Profile’ page. A list of available studies will be presented.

By clicking on the study title you will be presented with an information page that provides a brief description of the study details *(see next page)*.

The information page may also provide some details of preparation that is required. For example, to bring a laptop, or do not consume caffeine prior to participation. If you fail to follow the preparations required you cannot be run in the study and will not receive your credit. Please read this carefully.
### Mass Testing Survey Fall 2020

<table>
<thead>
<tr>
<th>Study Name</th>
<th>Mass Testing Survey Fall 2020</th>
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</thead>
<tbody>
<tr>
<td>Study Type</td>
<td>Online Study</td>
</tr>
<tr>
<td>Description</td>
<td>This study is an online study on another website. To participate, sign up, and then you will be given access to the website to participate in the study.</td>
</tr>
<tr>
<td>Credits</td>
<td>1 Credits</td>
</tr>
<tr>
<td>Duration</td>
<td>60 minutes</td>
</tr>
<tr>
<td>Abstract</td>
<td>NOTE: TIMESLOTS ARE POSTED WEEKLY AND THE SURVEY WILL BE AVAILABLE UNTIL OCTOBER 26th</td>
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#### To participate:
- **sign up in a timeslot**
- **NEW note the FIRST weekly timeslot “DEADLINE” will be Monday, September 14th, 2020 at 10 am**
- **meaning you must start and complete the survey BEFORE MONDAY, September 14th, 2020 at 10 am**

In this online survey you will be asked to complete a series of psychological measures/scales.

You may have completed this survey before in a previous term; however, we ask that you complete it again this term. We have added many new scales this term, and we need your current updated responses to our existing scales. THE MASS TESTING SURVEY IS NOT MANDATORY however completion of the survey will provide you with participation opportunities.

The entire survey should take no longer than 60 minutes and in appreciation of your time you will receive 1 participation credit immediately upon submission.

Your responses and scores on this survey are used for participant selection or analysis of many studies so completing this online study may increase the number of studies available to you.

You will be completing the survey by an online survey software by Qualtrics. When information is transmitted over the internet privacy cannot be guaranteed. There is always a risk your responses may be intercepted by a third party (e.g. government agencies, hackers). Qualtrics™ transparently collects your computer IP address to avoid duplicate responses in the dataset, but we will not retain this information. All of your responses to these studies will be stored on a secure server in the PAS building to which only authorized researchers have access. If you prefer not to submit your survey responses through this host, please do not sign up for this study.

This survey has been reviewed and received ethical clearance through a University of Waterloo Research Ethics Committee. However, the final decision about participation is yours.

You may take the survey at a break then come back to it later. If you wish, but be sure to submit the survey before the weekly deadline. If you can try to complete the survey in one session. Please try to have private, uninterrupted time available with no distractions before starting the survey.

Those participants who appear to have not completed the survey carefully (by completing the survey in a time far below the expected average time for completion) may be asked to re-take the survey so that the data can be used for selection into other studies. If you are unable to complete the survey before the weekly deadline you may receive a partial credit (e.g. 25 credits for each 1/4th portion of the survey completed) or may be asked to redo the survey so that they can be invited to participate in future studies.

Please note that a study signup is a firm commitment to the researcher running the study to select timeslots carefully and if you cannot complete the online survey before the specified deadline please cancel the signup or contact the researcher in advance. Failure to appear for any study without providing adequate prior notice to the researcher may result in denial of access to future studies. Details are provided on the FAQ page on your sonic account.

#### Eligibility Requirements


#### Website

You must not view the website until you sign up for this study.

#### Researcher

- **REO 1 Researcher**

#### Principal Investigator

- **REO 1 Principal Investigator**

[Click here to view timeslots]
When you see a timeslot that works for your schedule, click the ‘Sign Up’ button and the system will add you to that the timeslot.

There are two types of studies/surveys you can participate in to obtain course credit:

- **in-lab** studies or **online** studies/surveys

  - In-lab study timeslots are dates and times when you need to arrive to participate in that study.
  - Online study/survey timeslots are deadlines, meaning you must have signed up and completed the survey by that time.

For on-campus courses you can participate in online studies for **UP TO 50%** of your total credits needed. For online (DE) courses all of your credits can be earned through online studies.

**Mass Testing Survey is valued at 1 online credit**
You are now signed up for the study timeslot.

If you have signed up for an online study/survey, you can complete the survey now or come back later.

Make sure you have a secure internet connection before beginning an online study. Otherwise, your data may not be retrievable should the connection be lost.
If you signed up but didn’t start the survey right away you can return at a later time by going to your “My Schedule/Credits” page and clicking on the study title.

Once you are on the study information page click the “View study Website” to get to the online study.

IMPORTANT: If you try to sign up again the Sona system will tell you that you do not qualify.
FAQ

If you have a question please check here first. You may find your answer. If not, email the REG Coordinator at regadmin@uwaterloo.ca

The REG website also has information regarding participation in Sona studies.

https://uwaterloo.ca/research-experiences-group/participants/sona-information
Alternative Assignments

Don’t want to participate in researcher studies?

You do have the option to submit an alternative assignment such as an article review.

Please check your class syllabus or talk with your course TA (Teaching Assistant) for further information.

Some Instructors have submission deadlines so please check your syllabus for full information and deadlines.
Can’t make a schedule timeslot?

We realize that sometimes things happen and you cannot make a scheduled timeslot. Please let the Researcher know as soon as possible, even if it is after the scheduled timeslot.

If you do not contact the Researcher prior to the appointment you will be granted an ‘unexcused no show’. If you provide a valid reason why you were unable to attend the scheduled timeslot the Researcher may change that status to ‘excused no-show’. Once you get 3 “unexcused no-shows” Sona locks you out of the system.
If you ever have any questions or concerns please contact the REG Coordinator as soon as possible (regadmin@uwaterloo.ca).

Remember to provide your enrolled name and Sona ID.

If you are not going to make a scheduled timeslot then please let the Researcher know as soon as possible, even if it is after the scheduled time.