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Sona Accounts

New Accounts

- All SONA accounts are created from class lists provided by the Registrar's Office
- Class lists are updated on Friday mornings for the first 6 weeks of class.
 - This means if you add or drop a course you will NOT see this reflected on SONA until Friday afternoon
 - If you have enrolled in a course after the Wednesday of a week, this may not be reflected on the class list provided by the registrar's office, and you may need to wait until the following week for course changes or account creation to occur.

Existing Accounts

- If you were enrolled in a participating Psychology course since the Fall of 2016, your account will already be created and will be updated with the current course(s) of which you are enrolled.
- To check your account, please go to https://uwaterloo.sona-systems.com/Default.aspx?ReturnUrl=%2f or scan



Logging into Sona



Logging into Sona is done using your WATIAm (or Quest) credentials. Please use your main Quest ID. If you have an additional or "user friendly" version it will not work.

First Time Login



You will be asked to read the Human Subjects / Privacy Policy statement.

If you agree to the terms of the statement, you can click "yes" and you will be set up to participate in research studies.

If you click "no", your Sona account will not be activated



Pre Screen Questionnaire

Complete if you plan on completing the Mass Testing Survey

Once you logged into SONA and completed your agreement, you will be asked if you want to complete the PreScreen Questionnaire.

You can start the PreScreen now, and it takes about 10 – 15 minutes to complete and has no credit value. It is demographic information. You can elect to skip the PreScreen by declining to participate, however be aware that it is used to determine eligibility to many studies and you will have a smaller pool to choose from without it.

If you change your mind and want to complete the PreScreen, please contact the REG Coordinator and they will remove your "declined' status.

The PreScreen Questionnaire is required to be completed if you want to complete the Mass Testing Survey which has 1.0 credit value.

After you have complete the PreScreen Questionnaire, you will be provided a summary of responses or a final review.



It is recommended that you check that the responses you provided are what you wanted, and then you will click "Save Prescreen"



Section 2

Personal Information

This website requires you to select a button for every item. If you prefer not to answer a question just select the box beside "Check this box if you do not want to provide an answer to this question". If a question does not apply to you please select the "Does not apply to me" option or enter "n/a" in the response box.

1. What is your biological sex?

Your Response: Female

As with all studies, once you have completed submitting the Prescreen you will be presented with the Feedback Letter

This is a good opportunity to review the purpose of the study

Once you read this letter, click on "continue: to go to you "My Profile" page.





Once the initial set up has been completed, subsequent logins to Sona will take you directly to your main work page or "My Profile" page.

Here, you can see an overview of your progress in research participation this term.

The tabs across the top correspond to the box fields in the main body of the page.

By clicking the green tab labelled "View Available Studies" you can see studies that may be eligible for you to participate in.

Studies

-------THUNDING All studies with available timeslots are listed below. If you don't see any studies now, check back later and often because new stuides and timeslots are posted throughout the day. Prescreen Questionnaire and Mass Testing Survey are offered every term and you need to re-take them every term. We can't use last term's responses for this term's studies.
 Mass Testing Survey should be in the list and if you haven't done its pre-requisite (the Prescreen Questionnaire) and the Mass Testing Survey ye you SHOULD DO THOSE FIRST, RIGHT AWAY before signing up for any other studies... If you previously declined to do Prescreen you can still do it. Go to your [MyProfile] page and select [Take Prescreen] Our Policy about Failure to Appear for Studies and Denial of Access to Sona "Failure to Appear" for 3 studies results in denial of access to any more studies so be sure to select your timeslots carefully. Don't sign up unless you are sure you are available at that time and that you have enough time to do the study. Currently Viewing: All Studies View studies with available timeslots on : Friday, August 8, 2014 GO Study Information Eligibility Available? Individual Cognition Eligible courses: Psych 101, 236, 257, 261, (0.5 Credits) This in-lab study is designed to better understand the relationship between cognition and 306, 335, 338, 339, 353, 398 performance in two verbal exercises. Prior study restrictions Eligible courses: PSYCH 101 section 1, 236, Rating Words (for pay) (5 Dollars) This 30 minute in-lab study explores how people classify and rate individual words in terms 257, 261, 306, 335, 338, 339, 398 of how relevant they are to concepts, and in the context of various scenarios. Prior study restrictions

Studies with available timeslots will have the 'TIMESLOTS AVAILABLE' link beside the study title.

My Schedule/Credits Tab

"My Schedule/Credits" will show you the studies you have signed up for and/or completed, as well as the credit you have earned.

If you have participated in the Sona program in previous terms, a list of your studies completed from the past will be listed here.

"FAQ" directs you to some commonly asked questions and the answers

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🐔 Studie My Schedule/Credits FAQ	My Profile Log
	Test Tester (Po
Study Sign-Up	Credits Overview
VIEW AVAILABLE STUDIES Ø	Earned
My Schedule & Credits	0 Pending
View or cancel my study appointments	Required
${\rm tr}$ View studies I've participated in, and see if credit has been granted	
★ View other Credits I've earned	Upcoming Appointments
My Profile	MNo Upcoming Appointments
Change password	
A Modify contact information	
Provide an alternate email address	
FAQ	
Qr Find answers to common questions	
Email questions to the REG Copyright @ 1 Human	5 Coordinator at <u>regadmin@uwaterloo.ca</u> 997-2014 <u>Sona Systems Ltd.</u> Subierts/Physic Pelicy
	SUMSUS AM

Study Signups						
NOTE: Researchers only know you by your identity code, which is so please use that when corresponding with them.						
Study	Time	Location	Status	Course	Comments	Cancel?
Improving survey design for students' ratings of courses and instruction Study Type: Online Study Credits: 0.5 Credits	May 30, 2021 5:00 PM (Participation Deadline)		0 Credits granted on June 2, 2021.	None	0.50 Credits archived record	
Where do I want to live? The structure of societies B Study Type: Online Study Credits: 0.5 Credits	June 5, 2021 12:29 AM (Participation Deadline)		0 Credits granted on May 25, 2021.	None ≓ Reassign	0.50 Credits archived record	
Administrative Test Study Study Type: Online Study Credits: 1 Credits	June 6, 2021 9:00 AM (Participation Deadline)		0 Credits granted on June 4, 2021.	None ≓Reassign	1.00 Credits archived record	
Memory and Language V2 - Part 1 Study Type: Online Study Credits: 1 Credits	June 19, 2021 12:00 AM (Participation Deadline)		0 Credits granted on August 5, 2021.	None 	1.00 Credits archived record	

You may cancel a study sign-up until 9:00 PM on the day before the study is scheduled to occur.

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If you have participated in the SONA program in previous terms, you will see a list of the studies you completed with:

- The date of completion under "Credit Status"
- The course the credits were assigned to, the credit value received, and that it is an archived record under "Comments"
- These records are kept so that you would not accidentally sign up for the same study twice.

You can also review and download an Official copy of your studies by selecting the green download button at the top of the page.



Old Credits

Studies can only be used for courses in the same term that they are earned. If you had extra that were not used last term, they cannot be applied to current term courses

Studies can only be assigned to one course (that is, you cannot split a study between 2 couses)

At least 25% of your courses must be from Remote Access (over video conferencing software) or, should the situation permit, In Person (As of right now, there are no options for in person studies, however should this change, they would count the same as Remote Access)

Mass Testing

Mass testing is a collection of surveys administered together to create a database tool that researchers are able to use to preselect participants who qualify for certain studies or use for statistical purposes within the database.

Mass Testing requires that you have completed PreScreen to be eligible, however it is not required. It is posted for the first 8 weeks of classes and will be available until Nov 1st, 2021 with sessions ending weekly on Mondays at 10am. (See Mass Testing Survey for Details)

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🛃 Studies I	My Schedule/Credits	FAQ	My Profile L	ogout 🕪
			Test Tester	(Participan
All studies with avail Prescreen Questic Mass Testing Surv FIRST, RIGHT AWAY Our Policy a "Failure to Appear" available at that th	able timesiots are listed onnaire and Mass Testi rey should be in the list before signing up for a boout Failure t for 3 studies results i me and that you have	below. If you don't see any studies now, check back later and othen because no groups are different even yourned you need on exists than even yourney yourney and if you haven done is pro-requisits the Prescreen Questionnarie) and the yourney other studies. If you previously define at ob Prescreen you can still do it. G o Appear for Studies and Denial of Access to Son in denial of access to any more studies to be sure to select your timeslots ca enough time to do the study.	w stuldes and timeslots are posted throughout can't use last term's responses for this term's s Mass Testing Survey very vol SAUDUD DD TH to to your [MyProfile] page and select (Take Pre DD Tarfully. Don't sign up unless you are sure yo	the day. tudies. OSE screen] u are
Currently Viewin	g: All Studles			
		View studies with available timeslots on :	Friday, August 8, 2014	GO
	Passasan			
LêTimeslots Availab	Mass Testing Su (1 Credits) (Onlin UNTIL JUNE 27	ton rvey S14 ie Study) NOTE: TIMESLOTS ARE POSTED WEEKLY AND ARE AVAILABLE i, 2014	Psych 101, 101-online, 207-online, 211-online 257, 261, 306, 335, 338, 339, 353, 354R, and 37	e, 236, 98
C ² Timmlots Availab	(5 Dollars) This terms of how re	ay) minute in-lab study explores how people classify and rate individual words in vant they are to concepts, and in the context of various scenarios.	Eligible courses: PSYCH 101 section 1, 236, 25 306, 335, 338, 339, 598 Prior study restrictions	7, 261,
G ^a Timeslots Availab	(0.5 Credits) Thi cognition and p	tion n-lab study is designed to better understand the relationship between formance in two verbal exercises.	Eligible courses: Psych 101, 236, 257, 261, 306 338, 339, 353, 398 Prior study restrictions	5, 335,
		Email questions to the NEG Condition or registering Questions a Copyright & 1997 2014 Social Systems 100 Human Subaress Mitchany Delicy (11.09.440)		

To sign up for a study or survey, such as the Mass Testing Survey, click the "Studies" tab on your "My Profile" page. A list of available studies will be presented. If you do not see a study, you are looking for, it may be that you do not qualify for that study.

By clicking on the study title, you will be presented with an information page that provides a brief description of the study details (See next page)

The information page may also provide some details of preparation that is required. For example that you have Zoom installed on your computer, or that you cannot complete the study on a mobile device. If you fail to follow the preparations required, you cannot be run in the study and will not receive your credit. Please read the study expectations carefully and ensure that you are prepared to meet the expectations and time constraints.

itudy Jame	Mass Testing Survey Fall 2020
itudy Type	Online Study This study is an online study on another website. To participate, sign up, and then you will be given access to the website to participate in the study
redits '	1 Credits
Juration (60 minutes
lbstract I	NOTE: TIMESLOTS ARE POSTED WEEKLY AND THE SURVEY WILL BE AVAILABLE UNTIL OCTOBER 26th
Description	To participate: • sign up in a timeslot • NEW note the FIRST weekly timeslot "DEADLINE" will be Monday, September 14th, 2020 at 10 am • meaning you must start and complete the survey BEFORE MONDAY, September 14th, 2020 at 10 am In this online survey you will be asked to complete a series of psychological measures/scales. ⁷ ////////////////////////////////////
3	Jease note that a study sign-up is a firm commitment to the researcher running the study so select timesiots carefully and if you cannot complete the online survey before the specified deadline, please cancel the Sign-Up or contact the researcher in advance. Failure to appear for too many studies without providing adequate prior notice to the researcher may result in denial of access to further studies. Details are provided on the FAQ page on your Sona account. Please note that a study sign-up is a firm commitment to the researcher running the study so select timesiots carefully and if you cannot complete the online
	survey before the specified deadline, please cancel the Sign-Up or contact the researcher in advance. Failure to appear for too many studies without providing adequate prior notice to the researcher may result in denial of access to further studies. Details are provided on the FAQ page on your Sona account.
Eligibility Requirements	Psych 101, 101-online, 207-online, 211-online, 236, 257, 261, 306, 335, 338, 339, 353, 354R, and 398
Website	You may not view the website until you sign up for this study.
Researcher	REG 1 Researcher

Mass Testing Survey information page

Information page displayed for all study types.

Mass Testing is an online type of study

Click here to view timeslots

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Studies My Schedule/Credits	FAQ		My Profile Logout 14
			Test Tester (Participant)
meslots for Study			Test Tester (Participant)
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imeslots for Study OTE: This is an online study. Sign up bel Participation Deadline	ow, and then participate on the study website at any time	e before the participation deadline that is listed.	Test Tester (Participant)

When you see a timeslot that works for your schedule, click the 'Sign Up' button and the system will add you to that the timeslot.

Types of Studies

There are three types of studies available within SONA

- 1. In Lab. There are currently on hold and not available. As medical advice develops, opportunities may arise. Please be sure to note this including Time and Location if one is available along with any particular precautions or preparations needed
- 2. Remote Monitored. This is the same as above but over videoconferencing software. You will need to set a time and ensure you have the necessary software
- 3. Online. These have a complete before date. You can take these and complete anytime up to the closing date.

Mass Testing Survey is valued at 1 online credit



You are now signed up for the study timeslot.

If you have signed up for an online study/survey, you can complete the survey now or come back later.

Make sure you have a secure internet connection and adequate time before beginning an online study. Otherwise, your data may not be retrievable should the connection be lost, or time runs out.



If you signed up but didn't start the survey right away you can return at a later time by going to your "My Schedule/Credits" page and clicking on the study title.

not qualify.



FAQ



Frequently Asked Questions

01) Important dates and info I should know for this term

Important Dates for Spring 2014:

- Monday, May 5th, 2014, 8:30 AM: Sona opens, Phase 1 (you can do the Prescreen Questionnaire and Mass Testing Survey)
- Wednesday, May 14th, 2014, 8:30 AM: Sona opens, Phase 2 (you can start doing LAB and ONLINE studies) · Friday, June 27th, 2014 at 11 pm: final deadline for the Mass Testing Survey! Be sure to complete it BEFORE this final deadline!
- · Wednesday, July 27th, 2014 at 5 pm: Last day to do studies for CREDIT
- Friday, August 8th, 2014 at 11 pm: Last day to do studies for PAY
- Pacing
- Please try to earn 1-2 credits for each course each month. If you put off your sign-ups until the end of the term there may not be enough studies for you
- Students in multiple courses:
- 1) Assign your credits to an "eligible" course only Each study provides a list of eligible courses
- Re-assign credits if necessary.
 Or your "My Schedule/Credits" page click the [Reassign] button as required.
 *** THS IS YOUR RESPONSIBILITY If you don't take care of this you may end up losing earned credits.
- 3) Notify REG Coordinator if you drop a course mid-term

02) What happens if I miss (fail to appear for) my studies?

Your sign-up in a study is a "firm commitment" that must be kept or cancelled in advance.

However, if you Fail to Appear for 3 (THREE) studies your access to further studies will be denied for the remainder of the term and your upcoming sign-ups may be cancelled. All participation credits earned up until that point will be avarded to you. Once access is denied you may continue to earn your credits by submitting article reviews. This applies to "bonus" credits, not "component" credits. Students in Psych 101 on-campus sections earn 4"component" credits (lie, credits that make up part of the 100% grade) and 2 "bonus" credits. Students in all other Psych courses earn "bonus" credits only. Access to studies will be restored and maintained for Psych 101 students until they have enough sign-upsice gitther 1" component "credits.

How to avoid a "Failure to Appear":

- The encode of a balance of the encode of the encoded of the encode
- On your Sana account
 On your Sana account

- By each
 Apply table to the Study Notification/Reminder enail that you received
 Hyou were unable to carcel in had not an enargency please contact the researcher or REG Coordinator within 24 hours. The researcher may reverse the Fallure to
 Apple at dather direction.

03) How to participate in Studies

LAB studies:

- These studies are run in person, with a Researcher or RA, in a Lab in the PAS building Open your "Myschildes' page to read the Study Advertisement - Click to a Study The to read the Study Advertisement - Click on Study The to read the Study Advertisement - Show up for the study on time and in the right location (usually a designated waiting area). - For some studies you are asked to sign-up for the LAB session but before coming to the lab you must complete a brief ONLINE component at the provided URL. Please be sure to do the Online component before showing up at the Lab. You may earn *100%* of your credits in each course by participating in LAB studies (or LAB studies that have a brief Online component). ONLINE (web-based) studies:
- These studies are run online on the web and you don't need to rome to the DAS building



https://uwaterloo.ca/researchexperiences-group/participants/sonainformation

If you have a question please check here first. You may find your answer. If not, email the **REG Coordinator at** regadmin@uwaterloo.ca

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RESEARCH EXPERIENCES GROUP

Research Experiences Group	Research Experiences Group » Participants »
 Participants 	SONA information
 REG information 	SONA is a website that manages your study participation. Once you are
REG frequently asked questions (FAQs)	enrolled in your Psychology course you will be given a userID and password for your SONA account. You can log on as often as you wish to
 SONA information 	view available online and in-lab studies, sign-up to participate, view your sign-up schedule, change scheduled appointments, e-mail researchers and
SONA frequently asked questions (FAOs)	see how many REG credits you have earned.
 SONA support manual 	Once you are registered in your Psychology course, you will:
Researchers	
Events	1. Get an account on SONA.
	2. Receive an e-mail with your
	 UserID i.e., it's your Quest User ID e.g., j2chan, d3smith
	 Dassword i e it's your Student ID Number e g 20223456

- If you do not receive this e-mail, please report this to the REG Coordinator immediately. You may nevertheless log on to your SONA account and proceed.

The REG website also has information regarding participation in Sona studies.

- responses in the prescreen questionnaire. You may decline to take the prescreen questionnaire but we strongly encourage you to take the questionnaire.
- if you decline to participate you will still be eligible to participate in studies, however you might find that fewer are available.

After completing or declining the prescreen, you will arrive at your main screen where you will find the following options posted as links across the

Alternative Assignments.

Don't want to participate in research studies?

- 1. You do have the option to submit an alternative assignment such as an article review. This will be outlined in your course syllabus.
- 2. Please check with your course instructor or TA to determine what is involved and deadlines. Each article would be the equivalent of one-half credit.

Can't Make a Scheduled Timeslot?





We realize that sometimes things happen, and you cannot make a scheduled timeslot. Please let the Researcher know as soon as possible, even if it is after the scheduled timeslot.

If you do not contact the Researcher prior to the appointment, you will be granted an 'Unexcused no show". If you provide a valid reason why you were unable to attend the scheduled timeslot, the Researcher may change the status to "Excused No Show". Once you have received 3 "Unexcused No Shows", Sona locks you out of the system.

Final Questions

If you have any questions or concerns please contact the REG Coordinator as soon as possible (regadmin@uwaterloo.ca)

Remember to provide your enrolled name and Sona ID.

If you are not going to make a scheduled timeslot, then please let the researcher know as soon as possible.

Sona Log In



Daev

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