

PURSUIING OTHER HUMOR MATERIAL

1-ACADEMIC BOOKS ON HUMOR

1-THE PSYCHOLOGY OF HUMOR-BY ROD MARTIN

2-WHY IS GOD LAUGHING-BY DEEPAK CHOPRA

2-HUMOR AND THE MIND-BODY CONNECTION

1-ANATOMY OF AN ILLNESS BY NORMAN COUSINS

2-HEAD FIRST-THE BIOLOGY OF HOPE BY BERNIE SIEGAL

3-BOOKS ON HUMOR AND KINDNESS

1-THE POWER OF KINDNESS BY BRIAN GOLDMAN

2-THE BOOK OF AWEOOME BY NEIL PRASRICHA

4-RESEARCH ON LIFESTYLES

1-THE GOOD LIFE BY ROBERT WALDINGER MD & MARC SCHULZ PhD

5-LAUGHTER AND PLAY ASSOCIATIONS

1-AATH-ASSOCIATION FOR APPLIED & THERAPEUTIC HUMOR

2-THE HUMOR PROJECT OUT OF SARATOGA SPRINGS NY

6-TV PROGRAMS ON HUMOR AND LIFESTYLES PRESENTLY ON NETFILX

1-MISSION: JOY- FINDING HAPPINESS IN TROUBLED TIMES-THIS IS A DELIGHTFUL HOUR WITH DESMOND TOTO AND THE DALAI LAMA

2-LIVING TO 100-RESEARCH INTO FACTORS LEADING INTO LONGEVITY

TO CONTACT Dr. Ken Shonk about speaking engagements or further information:

About his book: "LAUGHJTER FROM WOMB TO TOMB"

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