

## QUOTABLE QUOTES

### HUMOUR AND RELIGION

1. He deserves paradise who makes his companions laugh. *The Koran*
2. Goodwill is the mightiest practical force in the universe. *The Talmud*
3. A merry heart doeth good like a medicine, but a broken spirit drieth the bones.  
*Proverbs 17:22*
4. God cannot be solemn or he would not have blessed humans with the incalculable gift of laughter. *Sydney Harris*

### CHILDLIKE HUMOUR

1. Laughter is the natural sound of childhood. *Alvin Schwartz*
2. There is a very big difference between behaviours that are childish and perspectives that are childlike. *Joel Goodman*
3. Don't be so full of the adult – it leaves no room for the child in you. *Bob Basso*
4. I was wise enough to never grow up while fooling most people into believing that I had. *Margaret Mead*
5. It is never too late to have a happy childhood.

### SMILING HUMOUR

1. Wrinkles should merely show where the smiles have been. *Mark Twain*
2. A smile is a curve that sets everything straight. *Phyllis Diller*
3. A smile is a light on your face to let someone know you are home.
4. Keep smiling – it confirms your friends and confounds your enemies.
5. A smile is a face lift that is in everyone's price range. *Tom Wilson*.

### HEALTHY HUMOUR

1. Humour is laughter made from pain-not pain inflicted by laughter. *Joel Goodman*
2. Humour is a wonderful way of preventing a hardening of the attitudes. *Joel Goodman*
3. A person without a sense of humour is like a wagon without springs-jolted by every pebble in the road. *Henry Ward Beecher*
4. Humour and creativity are intimately connected-there is a connection between Ha!Ha! and Aha!! *Joel Goodman*
5. Humour is something that causes a tickling of the brain. Laughter was invented to scratch it. *Hugh Foot*

### DESCRIPTION OF LAUGHTER

1. You grow up the day you have a really good laugh at yourself. *Ethel Barrymore*

2. Laughter will help inoculate you against the “grumps” and will reduce the number “scowl” movements you have each day. *Jennie Banks*
3. We don’t laugh because we’re happy-we’re happy because we laugh. *William James*
4. Laughing with others leaves people with a whole self-esteem while laughing at other leaves people with a hole in their self-esteem.
5. I enjoy a good laugh – one that rushes out of my soul like the breaking up of a Sunday School in June. *Josh Billings*
6. A good laugh is like manure to a farmer. It doesn’t do any good until you spread it around. *Michael Pritchard*
7. Laughter is going to pieces without falling apart.
8. Laughter is a universal uniter.
9. Laughter is a smile that has exploded.
10. If you have not laughed recently, you are probably not regular either.

And finally:

LAUGHTER CAN TAKE YOU FROM MOPING TO COPING TO HOPING.