

WATtimes

REPORT TO THE 2024 AGM OF THE UNIVERSITY OF WATERLOO RETIREES ASSOCIATION

In collaboration with the University of Waterloo, the UWRA published one issue of WATtimes in the fall of 2023; a second issue will be published in summer 2024, later than the usual spring publication date in order to include the CURAC 2024 National Conference, which the UWRA is hosting May 22-24.



The fall 2023 issue of WATtimes focused on loss, how to “bounce back” from tragedy. Dr. Donald Meichenbaum and his *Roadmap to Resilience* were featured; other articles dealt with the loss of one’s job and status and how tattoos memorialize loved ones.

This issue was the second to include a Sudoku puzzle (thanks to Rose Vogt) and a word-search puzzle (thanks to Judi Jewinski).

A new section, Etc., was incorporated, providing handy space in WATtimes for the inevitable little extras that need to be mentioned.

And a new co-editor was added: Judi Jewinski contributed to the production of WATtimes.

WATtimes could not be produced and distributed without the support of the University of Waterloo. We are especially grateful to Brandon Sweet of University Relations, the talented graphic artists of Creative Studio, and our friends in Human Resources who provide content and mailing lists for WATtimes. The UWRA is very fortunate to enjoy this level of University support.

Submitted by

Ron Champion
Co-editor, WATtimes