

WATtimes

OCCASIONAL NEWSLETTER FOR RETIREES

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Message from the President

Our WATtimes Editor, Phil Eastman, tries to keep us all on our toes by establishing tight and early deadlines for submitting copy. This time, Phil's deadline would allow comment on the Canadian election, which I will forgo, and no chance to comment on the American election, which is probably fortuitous. I could, however, safely predict what at this writing is still the future, by saying that our fall luncheon will be a resounding success, due in no small measure to the stimulating talk that Jim Downey will give as our luncheon speaker. But I won't try to predict where financial markets will be when this newsletter arrives in your mailbox!

I will also predict that the future of the UWRA Board will soon be different in a significant way. At the end of this year, Marlene Miles will leave the Board after over 7 years of service. As she recently said to someone, she will then feel "truly retired". We owe Marlene a huge debt of gratitude and appreciation for many things, including having served in the position of Secretary since joining the Board in May, 2001. In June of the same year, she took on the responsibilities of Trip Coordinator as well, and held that role until May of 2007. And all who have attended UWRA's spring and fall luncheons over the years will know Marlene as the gleaner of those "unbelievable" door prizes. Throughout these years, the Board has been the beneficiary of Marlene's tireless enthusiasm and energy and her commitment to the well-being of all retirees. To say that Marlene will be missed is an enormous

understatement. On behalf of the UWRA Board, I extend our heartfelt thanks and all best wishes for her "truly retired" future.

Hard as it is to believe, the holiday season and all that it brings with it will soon be upon us. And so I will close by wishing you and yours all the happiness of the very holiday season you would wish for and a year ahead filled with all good things.



Lorraine Beattie



President Lorraine Beattie and Provost Amit Chakma helped kick off the UWRA fall social activities at the annual Wine and Cheese celebration. At the University Club in September. Photo by Terry Weldon.

Dental Coverage for Retirees

See page 8 for further information.

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Fourteen Board members looking well-fed (at their own expense!) after their September meeting at St Pauls College. Gentlemen in the back are (left to right) Robin B, Don B, Jerry B, Terry W, Bob N, Phil E, Dave C, Jim K. Ladies in front are Shirley T, Lorraine B, Redina C, Barbara B-F, Kathy B, Marlene M. Photo by Redina C.

The Editor's Corner

I am running late for a variety of reasons. In fact, it is just 26 hours before our president's front page statement that the Fall Luncheon is still in the future will change from fact to fiction!! So I had better not make a liar out of her. Thanks to Allen Flemming for finally solving my bulging disk problems a few days ago. You may yet get this issue before the Seasonal Wishes are out of date. My only attempt at humour will be a conversation shared with Alan Plumtree during the train ride from Orangeville down along the Credit River Gorge and back, part of our first bus tour this fall. Since the embankment held firm despite the steady rain, we were pleased that despite the perilous financial situation around the globe we had not reached our ultimate Credit Limit!!

Thanks to Jerry and Jan Weber, WATtimes can now be viewed on the UWRA Website with some colour. This is true since the last issue. Thanks also to all others who helped rescue this issue.

Gerry Toogood has favoured us with a cute Crostic of his more customary length. Solve it and see if you share my suspicion that the delightful quote was inspired by repeated UWRA Bus Tours to spirit producing destinations. And thanks to everyone else whose help has brought this issue to you.

Cheers, Phil Eastman

P.S. You can see evidence on page 11 that Terry rarely loses his head on a bus trip!

Scholarship Update

This is an exciting time for the UWRA, as it is the first time the University of Waterloo Retirees Association Scholarship endowment fund has generated enough money to offer an award in every faculty.

Awards of \$1,000 were recently distributed to five undergraduate students:

- **Kyle Simpson** (Faculty of Applied Health Sciences, kinesiology)
- **Sarah Moroz** (Faculty of Arts)
- **William Francis** (Faculty of Engineering, chemical engineering)
- **Avery Ozburn** (Faculty of Environment)
- **Ling Weng** (Faculty of Mathematics)

As well, a \$15,000 graduate scholarship has been awarded to **Marcel Pinheiro** of the Faculty of Science over three terms: Spring and Fall 2008, and Winter 2009. The \$2,500 payout from the UWRA attracts a \$2,500 match from UW, which in turn attracts a \$10,000 OGSST award.

Thanks to all the retirees who have generously supported the UWRA scholarship fund over the years! Your support is making an extraordinary impact on UW's outstanding students.

New Leadership for Keystone

Kathy Prpic, associate director of annual giving for the Office of Development, would like to announce the appointment of Krishna Mistry as the Keystone Campaign's new acting

manager. "Krishna did a wonderful job in the role of Keystone assistant for more than two years," says Kathy, "and I am pleased to welcome her back in this new role."

Jenn Lorette recently accepted a development officer position in the Faculty of Engineering.

Run/Walk for Excellence

October 8 was a rainy sort of day – but that didn't stop the 36 people who showed up to take part in the Keystone Campaign's second annual **Run/Walk for Excellence** around the ring road. This spirited group included 22 runners and 14 walkers. President Johnston exchanged his suit for a running outfit and joined the athletes, and Meg Beckel, vice-president, external relations gave the opening pep talk.

Fastest runner was Steve Formanek, graduate student in management sciences, who made it around the loop in 8 minutes 16 seconds. Fastest woman on the route was Julie Cassaubon of applied health sciences (11:20) and fastest walker was Fatima Costa of development and alumni affairs (23:06).

Special thanks to food services, the UW police, and athletics and recreational services for their assistance and support for the event.

Profile of Marita Williams

By Neal Moogk-Soulis

Neal Moogk-Soulis is currently enrolled in the MA history program at the University of Waterloo. Snow has stalled the tourist train and frost has killed the tomato plants, so he will try now to get some of his written work done.

Marita Williams worked at the university for over 30 years. She retired last November (2007) as the Manager for Space Information and Resource Planning working with the Associated Provost Academic and Student Affairs, Bruce Mitchell. She held this position for ten years.

She worked with and reported directly to him from her office on the 3rd floor of Needles Hall. "I had first worked for Gary Waller who was one of my psychology professors before he became the Associated Provost. When Gary retired I worked for Bruce Mitchell who now holds that position," she told me.

Though she worked on the third floor of Needles Hall, she actively worked and collaborated with other groups on campus. Her job was to make sure that teaching, office space and other spaces at the university were distributed to the various faculties and departments on campus according to their needs. She served on campus space-related committees, and she worked closely with the UW Architect, personnel in Plant Ops, and Space Directors in the Affiliated Colleges.

In addition, she was a member of both the Council of Ontario Universities and the Society for College and University Planners. This meant that she represented our university beyond our university community as well. As the UW Space Manager, she travelled abroad as well as to other universities in Canada for UW.

"When I started at the university I worked in the Registrar Office as the Administrative Assistant, Scheduling, everything was done manually then. We had punch cards to schedule classes, later everything was done by computer," she told me recently.

In addition to her space-related duties, Marita was as a member of the Conflict Resolution and Support team working with Matt Erikson and Catherine Fry, Ethical Behaviour and Human Rights, and she was a member of UW Staff Grievance Committee.

Marita grew up in Negril on the western tip of Jamaica. Negril is known for its beaches and is rated one of the most beautiful beaches in the world. Her family ran a tourism business that rented cottages on the beach front. Though she has lived in Canada for over 40 years, she still owns a house in Negril and visits often.

She arrived in Canada in 1966 to attend the Ryerson Polytechnical Institute to study business. The plan was to return to Jamaica to use her business training in the family hotel business. This plan changed when, through a mutual

friend, she met Henry, a pre-med student from Ghana studying at the University of Toronto. They were married in 1969.

Marita graduated from Ryerson in 1969 with a diploma in marketing management. She was hired to work for the Ontario government as a training supervisor in the ministry of education. She worked with programs for students in trade schools.

Her first son, Prem, was born in 1972. In 1975 they moved to Cambridge where Marita and her husband hoped that a smaller city would be a better place to raise a family than Toronto. Henry was by this time a paramedic and he continued to commute to Toronto.

Marita began working at the University of Waterloo in February 1977 in the Registrar's office. Her second son, David was born in 1980. Not satisfied with raising two sons and working at the university, Marita decided to go back to school. She applied and was accepted to the University of Waterloo, the University of Guelph and Wilfrid Laurier University. She began a part-time bachelor's degree in psychology at Waterloo in 1985 and graduated in 1997

Both of her son's followed her footsteps to Waterloo. Her eldest, Prem, graduated with a degree from Applied Health Studies. He later added an MBA to his credentials. He also completed a program in Chartered Financial Analyst studies and got the CFA designation. Her youngest, David, studied Economics and French at Waterloo and later went to McGill to study chartered accountancy. He is now studying science courses with the goal to become a doctor.

After she received her BA in Psychology, it was not long before Marita began thinking about returning to school once again. This time, she planned to get a Master's degree in Divinity.

"I always wanted to be a priest. I was born premature and I wasn't expected to live. My parents always referred to me as 'their blessed child'," she told me. Her father was Presbyterian and her mother was Anglican. When they married, her father had three children from his first marriage, her mother had one daughter from her first marriage, and her parents had two daughters from their marriage. "We were all one big family. We didn't make distinctions."

She retired from UW in November 2007 leaving many friends behind. In particular, she fondly remembers working with her two last bosses, Associate Provosts, Academic Affairs Gary Waller, and Bruce Mitchell.

While working at UW, she studied part-time at Conrad Grebel University College in the Master of Theological Studies program. When she was accepted in the ordination stream in the Diocese of Huron, she began to study at the Waterloo Lutheran Seminary affiliated with Wilfrid Laurier University.



Marita Williams was ordained as a priest on June 4, 2008 at St. Paul's Cathedral in London, Ontario. From left to right: Marita Williams, David Giffin, Bishop Bruce Howe, Brad Dunbar, Karine Farmers.

After her retirement, Marita turned to her studies full-time at Huron University College, the Anglican Seminary affiliated with the University of Western Ontario. "My husband was a little shocked at first that I would be pursuing a second career, but I didn't want to stay home and be retired. I felt strongly called to ministry. My family is behind me 100 per cent," she said.

She became a deacon in the Anglican Church of Canada, Huron Diocese in November 2007, and she was ordained as a priest in June 2008. Her current plan is to complete her studies in December 2008. She will split her time and her pastoral duties between Canada and Jamaica.

There were some surprises when she began her theological studies. "I had to empty my mind of what I knew on campus. On campus, I had to learn to say no and be tough. Everything was black and white, especially when dealing with space issues. In the ministry there are many grey areas. You can't be judgmental and you have to listen to the voices of others and of God."

While completing her studies, Marita ministered to parishioners in hospital and in nursing homes. She also served as an On Call Chaplain at Cambridge Memorial Hospital. This work has been insightful: "I've learned about the full cycle of life. Being sick and being in declining health is all a part of life. We will all be vulnerable."

She doesn't see the ministry as work however, "for me it is a sheer pleasure to give. I love it."

Despite never letting the grass grow under her feet, Marita knows the value of spare time. "You need to practice self-care otherwise you will be all used up," she told me. She would like to do some traveling with her husband, and to spend more time with her children and grandchildren.

Should UW Pensioners worry about their Pensions? In a word, NO!

The university's top executives, president David Johnston and provost Amit Chakma, reassured the audience repeatedly during a "town hall" meeting, which drew nearly 500 staff and faculty members to the Humanities Theatre in late afternoon, November 5.

The topic that was mentioned most often in questions previously submitted for the meeting was pensions. Responding to the central question of them all – whether pensions are safe – provost Chakma gave what he called "an emphatic and positive answer": yes.

Because UW has a defined benefit pension plan, in which individual retirement income is based on a formula involving salary and years of service, any weakness in the pension fund is a problem for management to deal with, not a threat to individual pensions, he said.

When it was officially valued at the end of last year, the UW pension fund had a slight surplus, the provost said. With the stock market sag that began early this fall, "on a billion-dollar plan we went down by about \$100 million," he said, with further drops as the market staggered lower in October. But the university has years before that shortfall has to be addressed, and markets could look much better by that time. At worst, it might be necessary at some point to increase the level of contributions going into the pension plan, he said.

Similarly, the audience was told, employee and retiree health benefits aren't going to be affected by the chilly economic climate.

(The above information was edited from a report in "The Daily Bulletin" which appeared on Nov. 6 P.C.E.)

A "take-off" crostic

Gerry Toogood, Department of Chemistry

Start by answering as many clues as possible. (Semi-colons in some clues are used to separate alternative clues for the same answer.) Next, transfer these letters to the correspondingly numbered squares in the grid. This begins the spelling out of the quotation, reading from left to right, with black squares separating the words. (Words may spill over to the next row; punctuation marks are not included.) Three letters are given.

As you proceed, words and phrases begin forming in the quotation and, working back and forth between the grid and the clue words, you can complete the puzzle. To aid you further, note that the first letters of the clue answers spell out the source of the quotation.

Clues (numbers in parentheses indicate number of words)

- A what you are looking at 41 79 8 144 13 178 10 196
- B food may be this (to kill eg. bacteria) I 12 189 86 85 118 110 162 44 40
- C Nith valley car or motor cycle dealership? (3) 183 17 21 63 82 48 111 59 121 195
78 1 155 37 166
- D answer F might write one for answer A 32 88 42 117 22 15 193 94 186
- E a hot, dry air current encouraging fires in Cal. (variant spelling) (3) 116 156 194 136 100 129 170 180 124
70 114 167 18
- F one important person in the production of answer A (2) 192 24 16 3
39 135 168 123 75 172 161
- G I alone (anag.); of the wind (Amer. sp.) 51 25 5 104 182 176

- H pouring this on an idea, C plan, etc means one doesn't like it (2) 190 36 30 77 169 109 64 50
- I long-serving UW Registrar (2) 113 34 53 95 58 151
184 181 4 76 174
- J seed coverings; L. I. Rail (anag) 175 163 133 55 187 112
- K tightly bound medical dressing (2) I 164 108 38 43 125 141 26 84 115
138 54 2 188 71 60 91
- L miscellany (3) 145 130 171 7 33 87 177
105 149 128 27
- M you (most probably) 46 160 23 148 97 152 122
- N answer O is a part of this (2) 72 49 154 127 157 134 150
92 28 65 140 119 80 9
- O long-time work-place of answer F (2) 191 61 31 73 159 158 98
106 143 147 19 69 14 165 137 29 89
- P possible nursery "hand-me-down" (2) 107 120 101
102 35 67 93 57 47 142 153 131
- Q rectification of crooked teeth; tooth inroad (anag.) 139 103 62 90 66 83 96 126 52 179 6
- R a pan in which French Fries are cooking may be almost this (4) 45 185 132 173 74 81
99 68 20 146 11 56

1	C	2	K	3	F	4	I		5	G	6	Q	7	L	8	A		9	N	10	A	11	R	12	B		13	A		14	O	15	D	16	F	17	C	18	E		19	O							
20	R	21	C	22	D			23	M	24	F	25	G	26	K	27	L	28	N	29	O	30	H		31	O	32	D	33	L	34	I		35	P	36	H	37	C		38	K	39	F	40	B			
		41	A	42	D	43	K	44	B			45	R	46	M	47	P	48	C			49	N	50	H	51	G	52	Q	53	I		54	K	55	J	56	R	57	P	58	I	59	C	60	K	61	H	
		62	Q	63	C	64	H			65	N	66	Q	67	P	68	R	69	O			70	E	71	K	72	N			73	O	74	R	75	F	76	I	77	H	78	C	79	A	80	N		81	R	
82	C	83	Q	84	K	85	B			86	B	87	L	88	D			89	O	90	Q	91	K			92	N	93	P	94	D	95	I	96	Q	97	M	98	O			99	R	100	E	101	P		
102	P	103	Q	104	G	105	L	106	O			107	P	108	K	109	H			110	B			111	C	112	J	113	I			114	E	115	K			116	E	117	D	118	B	119	N	120	P		
121	C	122	M	123	F	124	E	125	K	126	Q	127	N	128	L			129	E			130	L	131	P	132	R	133	J	134	N	135	F	136	E	137	O			138	K	139	Q	140	N	141	K	142	P
143	O	144	A			145	L	146	R			147	O	148	M	149	L	150	N			151	I	152	M	153	P	154	N	155	C			156	E	157	N	158	O	159	O	160	M	161	F	162	B		
163	J	164	K	165	O	166	C	167	E			168	F	169	H	170	E	171	L	172	F	173	R	174	I			175	J	176	G	177	L			178	A	179	Q	180	E	181	I	182	G	183	C		
184	I	185	R	186	D	187	J			188	K	189	B	190	H	191	O	192	F	193	D	194	E	195	C	196	A																						

Answers on page 10

Coming Events

UWRA Coach Tour Program *by Terry Weldon*

The 2008 touring season is now in the history books and, by all accounts, was financially successful and well-attended. Our thanks to all participants for supporting our endeavours and for punctuality and cooperation during each event. It makes my job a lot easier!

Looking ahead to the spring of 2009, we have two trips in the planning stages. On Tuesday, May 12, we are considering a Toronto museums outing, including the Canadian Textile Museum, the Bata Shoe Museum and maybe more! Orillia will be the destination on Tuesday, June 23, where we will visit the Stephen Leacock historic property, enjoy a luncheon cruise on the Island Princess and take in a comedy performance at the Orillia Opera House! Please note that all arrangements are tentative at the time of writing, but should be confirmed in our winter newsletter. Meanwhile, please feel free to reserve your spot with me for these trips via email or phone (see page 2).

Sometimes when planning our outings, we come across some interesting destinations that are a little too distant for a single day trip, but could be reached with an overnight stop. I would like to hear from any of you who might be interested in doing a two or three day trip. Could we find enough participants to fill a bus? Please let me know.

I occasionally receive some calls from members just prior to our trips asking for departure information, as their copies of WATimes have been misplaced (I can see Phil shuddering!). This information is readily available on our UWRA web site at <<http://retirees.uwaterloo.ca>>. I suggest that you add this address to the "bookmarks" or "favourites" list on your computer and you will have the required info in a flash!

Have a very Merry Christmas and a Happy New Year! Remember, when travelling, you know it's time to go home when you start to look like your passport photo!

The Spring Luncheon is Just Around the Corner! *by Barbara Bulman-Fleming*

Please book this early invitation to enjoy spring renewal of friendships with fellow retirees in the Great Hall, Sunshine Centre/Luther Village on the Park. Bring a guest! (Neither you nor your guest need be a *member* of UWRA; one of you simply needs to be a UW retiree.) Our speaker will be Dr. Michael Sharratt, former Dean of Applied Health Sciences at UW and now, in his "retirement", Director of the Schlegel-UW Research Institute for Aging (RIA). The title of his talk will be "Optimal Aging for Older Adults – The Schlegel Model". Mike will inform us about some of the exciting new programs of the RIA that have implications for all of us as seniors – aging effects of space travel, innovative nutrition opportunities, age-sensitive design of the 'built' environment and leadership in enhancing the geriatric-medicine presence in the KW community.

Dr. Schlegel, formerly a faculty member for 19 years in UW's Department of Health Studies and Gerontology may join Dr. Sharratt in this presentation and/or question session.

For further information about the Schlegel – UW Research Institute on Aging please refer to the information reproduced from its UW website in this newsletter (p. 9) and/or Google RIA on the UW website yourself.

If you would like to attend but need a ride, please call Robin Banks at 519-884-8984.

UWRA SPRING LUNCHEON

Wednesday, April 22, 2009, 139 Father David Bauer Dr., Waterloo

Special presentation

"Optimal Aging for Older Adults – The Schlegel Model" with Dr. Mike Sharratt

Cash bar: 11:30 a.m.

Lunch: 12 noon

Tickets: \$25 each

Unbelievable door prizes

For tickets, please fill in form below and mail to:

Barbara Bulman-Fleming, 114 Ralston Pl., Waterloo, ON N2T 1C7 Telephone: 519-885-4758

UWRA SPRING LUNCHEON, Wednesday, April 22, 2009

Name(s) _____

Address _____

Postal Code _____ Phone _____

No. of Tickets _____ Amount enclosed _____

Please make cheques payable to UWRA.

The Passing Parade

Sheila Oberholzer died June 17, 2008. Sheila began her employment in September 1989 and worked as a Food Services Assistant in Village II. She retired as of March 1, 1997.

Adolf Polski passed away March 29/08. Adolf began his employment in February 1980. He retired March 1, 1987 from his position of Custodian in Plant Operations. He is predeceased by his wife, Maria.

Ewald Wirschke died July 13, 2008. Ewald began his employment in October 1968 and worked in Plant Operations as a Custodian until his retirement on March 1, 1975. He was predeceased by his wife Augusta.

Gerda Steinmoeller died August 9, 2008. Gerda started working at UW in September 1972. She was a Food Services Assistant in Food Services, Village One, until she retired on March 1, 1991. Gerda was predeceased by her husband, Bruno.

George Waddle died August 30/08. George began his employment in August 1981 and was the Storeskeeper in Chemical Engineering prior to his retirement on July 1, 1996 under the Special Early Retirement Program. He is survived by his spouse, Vaughn.

Mr. Ladislav Landa died September 1, 2008. Ladislav started his employment with UW in December 1970. He retired from his position as Custodial Foreman in Plant Operations as of September 1, 1982. He is survived by his wife, Jirina.

Beate Hetke, surviving spouse of Paul Hetke, died September 2, 2008. Paul died in January 2007.

Margaret Wilding passed away September 6, 2008. Margaret started working at UW in August 1974. She was a Library Clerk in Arts User Services prior to retiring on December 1, 1985. Margaret was predeceased by her husband, Edward.

Professor Barbara Sivak passed away September 19, 2008. Professor Sivak began her employment at UW in October 1972. She retired from her faculty position in the School of Optometry on July 1, 2007. Professor Sivak is survived by her spouse, Jacob Sivak, also a UW faculty member in the School of Optometry.

Robert Mateyk passed away September 28, 2008. Robert began his employment in October 1971 and worked as a co-ordinator in the Co-op Education and Career Services department prior to his retirement on July 1, 1996 under the Special Early Retirement Program.

James Natran died October 2, 2008. Jim began his employment in May 1980 as a Buyer in the Purchasing Department (Procurement and Contracts Dept). At the time of his retirement on September 1, 2008, his position was Assistant Director in Purchasing.

Alec Wickson died October 6, 2008. Alec worked at UW in the Engineering Machine Shop for 31 years prior to his retirement in 1991. He is survived by his spouse, Joyce Davidson.

Dr. Robert Yi-Min Huang died October 6, 2008. Dr. Huang worked at UW for 31 years in Chemical Engineering prior to retiring in 1996. He is survived by his spouse, Ritsuko.

Dental Coverage for Retirees – For Information Only

Many University of Waterloo retirees have expressed interest in dental coverage. UW's Pensions and Benefits Committee instructed its Resource Person to explore dental plans that might be available to individual retirees who choose to subscribe.

RMS Retirement Management Services, a company located in Victoria, British Columbia, offers a Canada-wide retirees' dental plan currently insured/administered through Green Shield, an insurance company based in Windsor, Ontario. It is a stand-alone plan, not part of a medical plan.

Information about the RMS plan is available at the company's website: www.rmsretire.ca, and:

by phone 1-888- 484 4448 (toll-free)

by fax 1 250 475 - 0073

by mail 306-830 Shamrock Street, Victoria, B.C. V8X 2V1

by email rms@rmsretire.ca

The plan and its operations are completely independent of the University of Waterloo and University of Waterloo Retirees' Association. Retirees who choose to participate in this plan are responsible for 100% of the required premium.

The Schlegel-UW Research Institute for Aging (RIA)

Mission, Vision and Mandate

The primary goal of the **Schlegel-UW Research Institute for Aging (RIA)** is to enhance the care of senior citizens in both community-based and long-term care environments through the development and implementation of innovative research and training programs. The research collaborations and training initiatives fostered by the RIA are practical, hands-on, and have a direct link to resident quality of life.

RIA is a product of the philanthropic spirit and vision of Dr. Ron Schlegel, whose family has been providing long-term care to Ontario residents since the 1950s. Co-owner of the seven long-term care facilities that operate under Oakwood Retirement Communities Inc. and also the Village of Winston Park in Kitchener, he has committed \$6 Million over 10 years (plus additional annual contributions) to develop the Institute. Additional funds and in-kind supports were secured and continue to be solicited. Memoranda of Understanding are in place with the University of Waterloo and with Conestoga College for research and training activities respectively.

The major components of the RIA include:

- Well-developed research teams within the University of Waterloo that operate under the RIA umbrella
 - Murray Alzheimer Research and Education Program (MAREP)
 - Functional Abilities Program
 - Vascular Aging Program
- Emerging research teams
 - Spiritual Care for Seniors

- Optimizing Medications for Seniors
- Fitness and Plasticity of Aging
- Training program development in partnership with Conestoga College for Registered Staff and Personal Support Workers
 - Curriculum development towards gerontology streams of study for RNs, RPNs, PSWs
 - Professional development courses for registered and non-registered staff working in long-term care
- Full-time Research Associate funded to provide a bridge between research teams and seniors care homes (to facilitate access, match research projects to homes and researcher needs)
- Joint faculty appointments between RIA and the University of Waterloo (Schlegel Research Chairs). Four joint appointments are planned, in each of the following areas: polypharmacy (with the new Kitchener campus School of Pharmacy), neurophysiology, dementia and medicine (potentially with the new Kitchener campus of the McMaster School of Medicine)
- Joint faculty appointment between RIA and Conestoga College (RIA Chair for Enhanced Seniors Care)
- Seed grants to support young researchers to do research in long-term care, or to support established researchers in submitting applications for larger research grants in seniors' care
- Money for graduate student scholarships to attract the development of new researchers into the field of aging

Opening the Season at the Wine and Cheese

Photos by Terry Weldon



UW Recreation Committee Presents ... (Remember UWRC is not UWRA)

Welcome to the UW Recreation Committee events! They are rated E for "everyone" so we hope to see you soon.

Emails are sent out regularly to those who are subscribed to the UW Recreation Committee's listserv. Subscribing is easy – just email UWRC@admmail.uwaterloo.ca and ask to be put on the listserv. Or, you can visit the UWRC web site at <http://www.UWRC.uwaterloo.ca> as the events page is being updated regularly with new events.

At this time, the UW Recreation Committee has discount tickets for both the Princess Cinema (both locations but does not apply to Opera in High Definition) and the Galaxy Cineplex. If you are interested in these discounts or any of the following events, please email UWRC@admmail.uwaterloo.ca.

Theatre for 2009! Reserve your tickets now!

High School Musical at St. Jacob's Country Playhouse

Sunday, May 3, 2009 at 4:00 p.m.

Featuring the chart-topping hits "Breaking Free", "Start of Something New", "We're All in this Together" and many more, High School Musical is a must-see theatre experience you don't want to miss!

Adult tickets (group rate): \$32 (regular \$38)

18 and under tickets: \$20

Robin Hood – the Merry Family Panto

Saturday, November 21, 2009 at 2:00 p.m.

With its winning combination of music, slapstick comedy, double entendres, and audience participation, *Robin Hood* will charm audiences of all ages.

Adult tickets (group rate): \$32 (regular \$38)

18 and under tickets: \$20

Do you want to join in our monthly movie nights at the Princess Cinema? Do you want to attend a brown bag luncheon on "Local Trails", "Money or You: Who's the Boss?", or "E-Bikes: What are they all about?" These are just a few of the workshops coming up in Winter 2009. More are being planned.

Plan now to attend UW Blooms 2009 in May 2009 in the Student Life Centre at the University of Waterloo. Baskets, pots, plants, gardening magazines, etc. welcome.

We hope to see you soon!

Verna Keller (on behalf of the UW Recreation Committee)

<http://www.UWRC.uwaterloo.ca>

Recent Retirees

Name	Department	Position	Hire	Retire
John Curtis	School of Accountancy	Professor	Sept. 82	1 July 08
Jane Irvine	Geography	Assistant Professor	Jan. 89	1 Sept. 08
Gregory Michalenko	Environment and Resources Stud	Assistant Professor	Aug. 75	1 Sept. 08
Vinko Grubisic	Germanic and Slavic Lang	Associate Professor	Sept. 89	1 Sept. 08
Kenneth McLaughlin	History	Professor	July 70	1 Sept. 08
James Natran	Procurement and Contract Serv	Assistant Director	May 80	1 Sept. 08
Terrence Downey	Political Science	Associate Professor	July 77	1 Oct. 08
Judith McCrae	Athletic Services	Director	Sept. 71	1 Oct. 08
William Ott	Electrical and Computer Eng	Director, Elect and Comp Eng Labs	Apr. 85	1 Oct. 08
Ildiko Tiszovszky	Finance	Financial Analyst	Aug. 98	1 Nov. 08

Answers to a "take-off" crostic, page 6

The quotation, from WINESPECTATORSP00F*, is

"Only last year I tried a two-thousand-year-old red wine from Crete. Although the color was somewhat faded and the flavours had dried out a bit it still retained a delicate boquet of pine resin, ancient Roman sandals and Minoan bull droppings".

The clue answers are as follows:

A	WATtimes	G	eolian	M	retiree
B	irradiated	H	cold water	N	Science Faculty
C	New Hamburg Honda	I	Trevor Boyes	O	Physics Department
D	editorial	J	arilli	P	old dollhouse
E	Santa Anna wind	K	tourniquet bandage	Q	orthodontia
F	Phil Eastman	L	odds and ends	R	full of hot fat

Good Times on the Bus Trips *Photos by Redina Caracaz*



Membership in UWRA

The bylaws of UWRA defines membership as follows:

Categories of membership:

1. Annual subscribing members – those retirees who pay the annual fee (currently \$10).
2. Lifetime subscribing members – those retirees who pay the lifetime fee (currently \$100).
3. Associate members – those retirees who elect not to pay either the annual or lifetime fee.

The line above your name in the mailing address below, shows the status of your membership; for example DEC2008 indicates that your annual membership fee is paid up to that date.

LIFE2004 indicates that your LIFE Membership was purchased in 2004. If no such information appears on the label, you are an Associate member of UWRA.

To become a Life or Annual subscribing member, or to renew an annual membership, please complete the form below. This application form is printed in each issue of WATtimes as a reminder to members, and is not intended to suggest that paid up members are in arrears. On those occasions when paid up members send in an extra payment, it is our custom to extend the expiry date by one year.

Please note: Changes of addresss should be sent directly to Wanda Speek in Human Resources, GSC, Room 130.

UWRA MEMBERSHIP APPLICATION & RENEWAL FORM *(from Vol. 14/2)*

Date _____ Amount: Annual (calendar year) \$10.00 Lifetime \$100.00

Name _____

Address _____

_____ Postal Code _____

Email _____ Telephone _____

Now send this form to the Membership and Records Coordinator
Shirley Thomson, 433 Barrington Lane, Waterloo, ON N2T 1H9, along with a cheque payable to UWRA.

**RETURN UNDELIVERABLE CANADIAN ADDRESSES TO
UW Retirees' Association
University of Waterloo
200 University Avenue West
Waterloo, Ontario N2L 3G1**

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