You DO NOT need to replace the First Aid Emergency Procedures posters if you have one of the two following posters.

**First Aid Emergency**

**Major Injury/Illness**

When a person cannot or should not be moved due to Breathing Difficulty or Suspected Heart Attack:

- **Call Ambulance 911**

**Minor Injury/Illness**

When a person can be moved:

- **Call Ambulance 911**
- **519-888-4096 or Ext. 84096**
- **519-888-4091 or Ext. 22222**

**Poisoning/Overdose Information**

- **1-800-268-9017**
- **1-866-797-0000**

**Safety Office**

- **519-888-4567, ext. 33587**

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**Emergency Entrance Location:**

**UW Police**

- **519-888-4091 or Ext. 22222**

Responds to and assists with emergency calls.

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**Electrical Shock**

1. Shut off power. Call 911.
2. Check for breathing and pulse. If no signs of life, start CPR. Call 911.
3. Elevate the wound.

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**Unconsciousness**

1. Assess responsiveness. Call 911.
2. If no signs of life open the airway, check breathing and pulse.
3. Place person in a recovery position and monitor.
4. If person becomes unconscious, begin CPR. Call 911.

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**Choking**

1. Determine if person is choking. Offer to help.
2. Hold person from behind.
3. Give abdominal thrusts until breathing is clear.
4. Obtain medical attention.

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**Bleeding**

1. Apply direct pressure to the wound.
2. Elevate the wound.
3. If person has fainted. Call 911.
4. Check for breathing.
5. Place person on their side (recovery position and monitor).

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**Poisoning/Overdose**

1. Consult the local poison control center.
2. Provide airway, breathing, and circulation support.
3. Begin CPR if necessary.
4. Call 911 if needed.

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**Major Injury/Illness**

**Department/Residence**

- **First aid kit/station location**
- **Health Services**
- **Safety Office**

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**Bleeding**

1. Stop the flow of blood.
2. Control the bleeding.
3. Do not use anything to stop bleeding.
4. Cover burn loosely with a non-flammable material.
5. Do not apply ice or cream.
6. If large or deep seek medical attention.

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**Chemical Burns**

1. Rinse affected area with running water according to Material Safety Data Sheets (MSDS).
2. Remove contaminated clothing.
3. Avoid emergency personnel of chemical(s) involved. Provide MSDS.

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