

My Experience with the Neurodiversity Matters Project

By Ashneet Mann

Ashneet Mann is an undergraduate student in Social Development Studies – Specialization in Social Work at the University of Waterloo. She joined the Neurodiversity Matters team from January 2021 to April 2021.



I have learned about a wide range of ideas and topics while completing my apprenticeship at Neurodiversity Matters. Before joining the project, I thought I would just shadow people to learn about how a research project is performed from their perspective. But my experience was different. In addition to learning about the key theories and literature from the project, I was able to contribute my own ideas and thoughts by engaging in discourse analysis and participating in weekly team meetings.

I helped analyze texts on a range of different topics over the course of the term, and encountered a lot of terms and ideas that were new to me. I also learned that conducting research and analyzing data aren't as easy or straightforward as they seem. I had to change my perspective and try to comprehend what message the author was trying to convey through their research and or argument. There's a lot of time, effort and dedication that goes into research.

I appreciate the hands-on experience that Neurodiversity Matters gave me by letting me join the team. As someone who is planning on going into social work, I look forward to learning how the ideas and practices surrounding neurodiversity are relevant to this field.

NEURODIVERSITYMATTERS



Social Sciences and Humanities
Research Council of Canada

Conseil de recherches en
sciences humaines du Canada

Canada