McBeath, Margaret 1

# **Curriculum Vitae** Margaret L. McBeath

# mlmcbeat@uwaterloo.ca

#### I. PERSONAL DATA

# **Academic Degrees**

**PhD** University of Waterloo, Health Studies and Gerontology 2016-

M.Sc. University of Waterloo, Health Studies and Gerontology 2016

> Thesis Title: Sense of Belonging, Peer Support, and Social Media: Examining the Mental Health, Well-Being and School to Work Transitions of Co-operative and Non-Co-operative **Education Students**

B.A. **University of Waterloo, Psychology (Honours)**  2011

#### II. RESEARCH AND SCHOLARSHIP

### **Refereed Journal Articles:**

- Drysdale, M., McBeath, M., Johansson, K., Dressler, S., & Zaitseva, E. (2016). Psychological attributes and work-integrated learning: An international study. Higher Education, Skills, and Work-Based Learning, 6 (1), 20-34.
- Drysdale, M., Frost, N., & McBeath, M. (2015). How often do they change their minds and does workintegrated learning play a role? An examination of 'major changers' and career certainty in higher education. Asia Pacific Journal of Cooperative Education, 16(2), 145-152.
- Drysdale, M., & McBeath, M. (2014). Exploring hope, self-efficacy, procrastination, and study skills Between cooperative and non-cooperative education students. Asia-Pacific Journal of Cooperative Education, 13(3), 69-79.
- Drysdale, M., & McBeath, M. (2012). Self-concept and tacit knowledge: Differences between cooperative and non-cooperative education students. Asia-Pacific Journal of Cooperative Education, 13(3), 169-180.

## **Manuscripts under Review:**

- Drysdale, M., McBeath, M., & Callaghan, S. (under review). Learning and study strategies, motivation, personal efficacy, and performance anxiety of university students participating in experiential education.
- McBeath M., Drysdale M., Bohn, N. (2017). Work-Integrated Learning and the Mental Health of Emerging Adults. Currently under review.

#### **Book Chapters:**

McBeath M., Drysdale M., Bohn, N. (in-press). Enhancing student mental health during critical school-

to-work transitions. Work-integrated Learning in the 21st Century: Global Perspectives on the Future. Bowen T, Drysdale M T B (Eds.). (34)

#### **Technical Reports:**

- Drysdale M., McBeath M. (2016). The effect of peer support on sense of belonging, academic achievement, mental health, and health behaviours of post-secondary students preparing for full time employment in the labour market: A pilot randomized control trial. (52 pages). Government of Ontario
- Drysdale M, McBeath M. (2014), Connected minds healthy minds: The mental health and wellbeing of post-secondary students transitioning into the labour market. (33 pages). Government of Ontario

### **Invited Lecturer, Speaker, Panelist, Symposium Speaker:**

- McBeath, M., Drysdale, M., Johansson, K. (Invited Lecturer, April, 2017), Mental Health, Wellbeing, WIL, and University-to-work transitions. University West, Trollhattan, Sweden.
- McBeath M. (Invited Speaker, 2015). Examining the mental health and well-being of co-operative education students transitioning into the labour market. Canadian Association for Co-operative Education (CAFCE) and Waterloo Centre for the Advancement of Cooperative Education Seminar/Webinar. Waterloo, Canada
- Drysdale, M., & McBeath, M. (Symposium Speaker, 2014, October). Connected minds healthy minds: The mental health and well-being of post-secondary students transitioning into the labour market. Ontario Human Capital research and Innovation Symposium. Toronto.
- Bishop, D., Gerveshi, C., McBeath, M., O'Donoghue-Dawes, P., Pumsleitner, M., Spiga, G., Toronidie, S., & Zarfi, F. (Panelist, 2011, June). WACE Student Panel. World Association for Cooperative Education, Biennial World Conference, Philadelphia.

#### **Conference Presentations**

- McBeath, M. & Drysdale, M. (2017, June). The Effect of Peer Support on Sense of Belonging, Mental Health, and Wellbeing: A Randomized Control Trial. Poster presented at the Canadian Psychological Association Conference, Toronto, Ontario.
- McBeath, M. & Drysdale, M. (2017, March). Peer Support for Mental Health and Wellbeing. Poster presented at the The Ontario Public Health Convention, Toronto, Ontario.
- McBeath, M. & Drysdale, M. (2015, October). Mental Health, Well-being, and the transition from university to the labour market. Poster presented at the Society for Studies in Emerging Adulthood Conference. Miami, Florida.
- McBeath, M. & Drysdale, M. (2015, August). Mental Health, Well-being, and the transition from university to the labour market. Poster presented at the American Psychological Association Conference. Toronto, Ontario.
- McBeath, M. & Drysdale, M. (2014, June). Connected minds-healthy minds: The mental health and wellbeing of post-secondary students transitioning into the labour market. Paper presented at the Canadian Association for Cooperative Education Biennial Conference, Niagara Falls, Ontario.

Drysdale M., & McBeath, M. (2011, June). Does post-secondary cooperative education change the way students think, judge, and problem solve in the workplace? Academic Salon, World Association for Cooperative Education, Biennial World Conference, Philadelphia.

McBeath, M., & Drysdale, M. (2011, June). Self-concept and tacit knowledge: Exploring the differences between co-op and non co-op university students? Poster presented at the Canadian Psychological Association Annual Convention, Toronto.

### **Referee for Academic Conferences/Programs**

World Association for Co-operative Education (WACE), International Symposium	2016
World Association for Co-operative Education (WACE), International Symposium	2014
Australian Collaborative Education Network (ACEN), National Conference	2012

#### III. RESEARCH GRANTS, RESEARCH AWARDS, and SCHOLARSHIPS

Design Award, Work Stress and Wellbeing Hackathon (CIHR). Team Award (\$75,000 value)	2017
Catalyst Grant, Canadian Institutes of Health Research (CIHR). Co-Investigator (\$64,053)	2017
Best Research Poster Award, Society for the Study of Emerging Adulthood Conference	2015
Ontario Human Capital Research & Innovation Fund (OHCRIF), Co-Investigator (\$30,868.00)	2015
Canadian Association for Cooperative Education Research Grant, Co-Investigator (\$2,500.00)	2014
Ontario Human Capital Research & Innovation Fund (OHCRIF) - Co-Investigator (\$14,960.00	0) 2013
University of Waterloo, Graduate research Scholarship (\$1,800.00)	2013-14
University of Waterloo, Graduate research Scholarship (\$1,800.00)	2012-13
Drysdale WATCACE Undergraduate Research Fellowship (\$3,000.00)	2011
Undergraduate Honours Thesis Award, Psychology Department, University of Waterloo	2011

#### IV. TEACHING EXPERIENCE AND SERVICE

### **Teaching Assistant**

2011-St. Jerome's University, Undergraduate Courses

PSYCH 212 – Educational Psychology

PSYCH 315 - Adolescence

PSCYH 317 – Child Psychopathology

PSYCH 451 – Honours Seminar in Child and Youth Psychopathology

PSYCH 454 – Honours Seminar in Educational Psychology

#### **University of Waterloo Service**

2016-Member, Mental Health Experts Panel, President's Advisory Committee on Student

Mental Health, University of Waterloo

Associate, Waterloo Centre for the Advancement of Cooperative Education 2013-

(WatCACE), University of Waterloo

#### **Board Memberships**

2013-WACE International Research Group, World Association for Cooperative and Work-**Integrated Education**