Optimal Channel Selection in Hybrid RF/VLC Networks:  
A Multi-Armed Bandit Approach

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Abstract—We investigate optimal band/channel selection in hybrid radio frequency and visible light communication (RF/VLC) networks. Particularly, we first develop a robust hybrid RF/VLC based system model for the optimal band/channel selection. We then formulate it as an online stochastic budget-constrained multi-armed bandit (MAB) problem. Two online learning algorithms based on different optimal policies are proposed to choose the appropriate band, i.e., energy-aware band selection with upper confidence bound (EABS-UCB) and energy-aware band selection with Thompson sampling (EABS-TS). The cost/budget is the battery consumption of the transmitting device according to the selected band. Through extensive simulations, it is confirmed that the proposed EABS-TS emerges as the superior technique compared with the random, brute-force, and EABS-UCB band selection schemes, in terms of energy efficiency, average throughput, and convergence performance.

Index Terms—B5G, 6G, millimeter wave, radio frequency (RF), multi-armed bandit.

I. INTRODUCTION

To fulfill the increasing bandwidth demand of mobile users in the beyond fifth-generation (B5G)/sixth-generation (6G) networks, hybrid radio frequency (RF) (including 2.4 GHz, 5.25 GHz, and 38 GHz bands) and visible light communication (VLC), i.e., (RF/VLC) frequency bands, are considered to provide ultra high capacities and improved connectivity, respectively [1]–[4]. However, these high frequency bands suffer from fast channel fading, signal attenuation, blocking effect of walls and other obstacles, shadowing, limited range, and so forth [5]. Due to the presence of these heterogeneous frequency bands and their dynamically varying channel conditions, optimized channel selection emerges as a difficult-to-model problem.

Manuscript received August 29, 2021; revised January 19, 2022; accepted March 20, 2022. Date of publication March 29, 2022; date of current version June 24, 2022. The review of this article was coordinated by Dr. Yan Zhang. (Corresponding author: Mostafa M. Fouda.)

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Digital Object Identifier 10.1109/TVT.2022.3163078

An RF/VLC linkage selection scheme for data handling in indoor scenarios with quality of service (QoS) guarantee was proposed in [6]. Due to the complex nature of channel assignment in a given frequency band, several researchers resorted to employing AI models to allocate heterogeneous channels [7]–[10]. For instance [7] presented a deep learning model for RF/VLC band selection in a device-to-device (D2D) scenario based on a deep neural network (DNN). Since deriving a closed-form solution to such a problem is challenging, we survey artificial intelligence (AI) techniques, i.e., machine/deep learning considered in our earlier work [8] to address this issue. However, such models need extensive training data so that the trained model may be disseminated to the transmitter and receiver nodes to adaptively switch to the best bands/channels. Besides, since the B5G/6G network traffic is anticipated to be highly dynamic in nature, such an AI model must be periodically updated. Regarding online channel allocation, researchers handled a different problem in terms of the joint bandwidth, power, and user association optimization problem in hybrid (RF/VLC) systems using deep Q-learning algorithm via targeting optimal policy learning [11].

In this paper, we provide a unified system model, which considers the co-existence of VLC, millimeter wave (mmWave), and wireless local area network (WLAN) bands impacted by variable blocking entities. Due to the high dynamism in such a hybrid RF/VLC system, the band/channel selection appears as a computationally hard problem. Specifically, we aim to design a practical, proactive online heterogeneous band/channel selection strategy to overcome the offline training drawbacks. Recently, multi-armed bandits (MAB) gained a lot of attention in solving distinct wireless communications problems such as multipath selection [12], fast mmWave alignment [13], D2D communications [14], concurrent beamforming [15], and UAV communications [16] due to its ultra fast decisions without the need for offline training [17]. MABs are lightweight stateless reinforcement learning type that can quickly adapt to dynamic environment, which highly fits our problem. The contributions of this paper can be summarized as follows:

- Motivated by evolving environment, we formulate the multi-band/channel selection problem as a stochastic bandits problem.
- We propose two online, energy-aware band selection (EABS) algorithms by customizing the upper confidence bound (UCB) and Thompson sampling (TS) algorithms [17], referred to as EABS-UCB and EABS-TS, respectively.
- Our proposed algorithms are energy-aware ones that can switch between WLAN, mmWave, and VLC bands adaptively with different optimal policies to explore and exploit available bands and channels under dynamically changing environments under the effect of no, small, and large blocking entities.
- We conduct extensive simulations to demonstrate our proposals' viability compared to the traditional (e.g., random and brute-force) band/channel selection methods. The results clearly indicate that both EABS-UCB and EABS-TS outperform the traditional approaches with higher convergence speed.

II. SYSTEM MODEL

Fig. 1 depicts our considered system model whereby only a pair of many possible source-destination (S-D) nodes is shown for simplicity. The S/D nodes can be mobile terminals, D2D relays, or base
stations, equipped with hybrid RF (WLAN/mmWave)/VLC frequency bands.

First, we describe the RF channel model using IEEE 802.11ac/n (WLAN in 5.25 GHz and 2.4 GHz, respectively). Regarding the general RF channel model, we employ the linkage model of [14]. In WLAN operating at 5.25 GHz, the received power \( P_{\text{dB}} \) of the receiver node is obtained from [14] with a 2.32 path loss exponent value, zero mean log-normal shadowing, and a standard deviation of 6 dB. On the other hand, the 2.4 GHz WLAN system parameters are path loss exponent of 2.32 and standard deviation of 2.15 dB [18].

Next, we present our considered mmWave linkage model using the 38 GHz-based mmWave [14]. The mmWave received power jointly considers the beamforming gain and blockage effect as indicated in [14]. Other parameters of the model include the 38 GHz mmWave source power, S/D beamforming gains, and the distance-dependent path loss (expressed in dB) at a reference distance. For the latter, log-normal shadowing with zero mean is considered.

Also, we focus on employing the line of sight (LoS) path since it is typically the most dominant technology in mmWave communications and the gain of the LoS path can be 20 dB higher than those of non-LoS (NLoS) [19]. For transmission/reception, the two-dimensional (2D), steerable antenna model with Gaussian main loop profile is utilized with a given azimuth angle, -3 dB beamwidth, and the maximum antenna gain.

On the other hand, regarding the VLC channel model, we utilize the Lambertian model, which is suitable for the light emitting diode (LED) transmitters [1]. The LoS channel gain based on LED with Lambertian patterns is adopted considering the beamforming gain and blockage effect as indicated in [14]. Other parameters of the model include the LED beam solid angle, LED beam with the maximum half-angle, the angle between the source receiver line and beam axis, and the angle between the source receiver line and receiver normal. For practically modeling the VLC channel conditions, the optical detector’s physical area and the distance between the receiver and the transmitter are also considered. Using these parameters, we derive the gains of the optical filter and concentrator, and then employ these to calculate the received optical power using the obtained parameters.

Furthermore, regarding the impact of blockage, we adopt the urban scenario frequency dependent blocking model in [20] since it closely resembles our scenario. This scenario is almost static, where the source node is fixed and the destination node moves far away and the blocked object (small/large vehicle) is 15 meters away from the source. Hence, our generalized frequency-dependent blocking model is formulated as [20]:

\[
\text{Blockageloss}[dB] = \beta_a + \alpha_a \log \left(1 + \frac{f_{c,n}}{1 \text{ GHz}} \right),
\]

where \(\alpha_a, \beta_a\) are the slope and the intercept of the line plotted via linear regression, respectively. \(a\) indicates the index of the blocker type (i.e., small or large). This blockage loss can be anticipated to the path loss equation as a function of the operated frequency in addition to the blocker type.

III. PROBLEM DESCRIPTION AND FORMULATION

Herein, we formulate the problem of how to design a distributed online channel allocation algorithm in the highly complex hybrid RF/VLC network that can treat user devices as localized decision makers whereby each user may run and converge to the optimal radio resource allocation while achieving an optimal reward. As further constraints to the problem, the user devices may not exchange any information with one another, observe a single band/channel at a time, and sense whether there is a transmission on that channel without decoding transmissions or identifying the transmitting nodes. This can be modeled as follows:

\[
\begin{align*}
\arg \max_{i,j} & \sum_{i=1}^{m} \sum_{j=1}^{n_i} x_{ij} E(\psi_{ij}(t)) \\
\text{s.t.} & \Xi_{s,i,j}(t) > \Xi_{\text{th}}, \forall s \in \{\text{Source nodes}\} \\
& \sum_{i=1}^{m} n_i \leq N \\
& \sum_{i=1}^{m} \sum_{j=1}^{n_i} x_{ij} = 1 \\
& x_{ij} \in \{0, 1\}
\end{align*}
\]

where \(m\) and \(n_i\) denote the number of heterogeneous frequency bands and the number of channels in band \(i\), respectively. \(N\) indicates the total number of heterogeneous frequency bands. The blockage loss function is expressed as a function of the operated frequency and the blockage type.
number of available channels across all the bands. \( \psi_{ij}(t) \) indicates the throughput in bps of the S-D link at time \( t \) utilizing channel \( j \) of band \( i \). \( x_{ij} \) denotes a decision variable, based on which the optimal band and its corresponding channel is to be selected to maximize the aggregated, expected throughput \( \mathbb{E}(\psi_{ij}(t)) \). \( \psi_{ij}(t) \) is given as follows:

\[
\psi_{ij}(t) = \frac{B_{ij} T_D \Gamma_{ij}(t)}{U(t) + S_{h,ij} + T_D},
\]

(3)

where \( T_D \) refers to the data transmission time while \( T_{h,ij} \) denotes the overhead time between the hybrid band S-D pair according to the selected frequency band. \( B_{ij} \) is the utilized bandwidth. \( \Gamma_{ij}(t) \) is the link spectral efficiency (SE) in bps/Hz upon the chosen band/frequency at time \( t \), which can be expressed as,

\[
\Gamma_{ij}(t) = \log_2 \left( 1 + \frac{P_{ij}^D(t)}{N_0 + 1(t)} \right),
\]

(4)

where \( P_{ij}^D(t) \) denotes the received power at D at time \( t \) according to the selected band, \( N_0 \) is the noise power at S, and \( I \) refers to the interference from nearby devices that utilize the same frequency. In this paper, we consider the interference issued from the two WLAN channels only. The mmWave and VLC systems are directional ones, hence their interference are negligible with respect to the random noise. Hence, there is a conflict between exploring better frequency bands/channels and exploiting the band that is considered to yield the maximum throughput and battery life. An online learning algorithm is required to address this tradeoff with self decision making and appropriate convergence speed. Hence, we relax the aforementioned research problem by reformulating it to a stochastic MAB to obtain ultra-fast decisions over time under the effect of uncertainty and dynamic blockage. MAB presents a robust algorithmic framework in contrast with comparable methodologies that efficiently handles the exploration-exploitation trade-off. The basic MAB framework consists of K possible actions (i.e., arms) to choose within \( T \) rounds. In each round \( t \in T \), by choosing an arm, the learner collects a reward from the chosen arm. Two of the main types of MAB are stochastic and adversarial MABs. In stochastic MABs, the rewards are i.i.d (independent and identical distribution) drawn. In contrast, adversarial MABs removes all assumptions of reward distributions [17]. Next, \( \Xi_{S,ij}(t) \) represents the residual energy (in Joules) of the source device S at time \( t \) upon the utilized channel \( j \) of band \( i \), and \( \Xi_{S,i} \) is the energy-threshold after which the source devices may no longer be able to establish wireless links, and therefore, is compelled to save its power for its main activity. The energy update formula of the S node according to the chosen band is as follows:

\[
\Xi_{S,n_i^{MAB}}(t) = \Xi_{S,n_i^{MAB}}(t-1) - \frac{P_{ch} L_D}{B_{n_i^{MAB}} \Gamma_{n_i^{MAB}}(t)},
\]

(5)

where \( MAB \) reflects the utilized MAB scheme (e.g., UCB or TS), \( \Xi_{S,n_i^{MAB}}(t-1) \) is the remaining energy of the hybrid-band S at the previous trial \( t-1 \), and the term \( P_{ch} L_D/B_{n_i^{MAB}} \Gamma_{n_i^{MAB}}(t) \) defines the energy consumption for transmitting the required data of \( L_D \) bits with a data rate of \( B_{n_i^{MAB}} \Gamma_{n_i^{MAB}}(t) \) bps using the selected band \( n_i^{MAB} \).

IV. PROPOSED ONLINE EABS ALGORITHMS

Herein, we present two online, energy-aware band selection (EABS) algorithms, referred to as EABS-UCB and EABS-TS, which operate with UCB and TS MAB policies, respectively.

1) Proposed EABS-UCB Algorithm: Our proposed EABS-UCB algorithm uses the upper confidence bound policy, which aims to provide optimism under uncertain channel conditions across heterogeneous frequency bands. It attempts to address the problem arising from the explore-first approach where each arm is explored for the same number of rounds, causing inefficiency. Therefore, the exploration schedule should be based on the observed rewards history. Rather than employing the same confidence range for any arm in a given round, the UCB policy chooses the best arm based on an optimistic estimate [17]. During a specific round, let each arm’s reward function be a point estimate based on the average rate of observed rewards. For each point estimate, an upper confidence boundary for each arm may be considered aiming to find the arm with the highest reward rate. At each round \( t \), the UCB reward of all arms is the sum of the current reward return average of arm \( k \) at the current round and the number of pulls given to arm \( k \) in the history of observations. The best arm is selected as follows:

\[
n^*_{EABS-UCB}(t) = \arg\max_n \left\{ \bar{\psi}_n(t-1) + \sqrt{\frac{2 \ln t}{M_{n,t-1}}} - \frac{d_n}{\Xi_{S,n}(t)} \right\},
\]

(6)

where \( \bar{\psi}_n(t) \) denotes the average throughput obtained from the transmission band \( n \) until time \( t \). \( M_{n,t-1} \) refers to the number of times \( n \) has been picked until time \( t \). A new term, \( \frac{d_n}{\Xi_{S,n}(t)} \) (distance/remaining energy) is appended to the main UCB formula to reflect the battery consumption of the hybrid-band S relative to its distance from the hybrid-band D.

2) Proposed EABS-TS Algorithm: Next, we propose EABS-TS algorithm by using the TS policy, where the samples from the rewards are taken sequentially to update posterior distribution. In other words, EABS-TS aims to maximize the immediate performance and invest in accumulating new information to improve the future performance on the heterogeneous channel selection. We used Gaussian-based TS because of the Gaussian distribution of the reward due to additive white Gaussian noise (AWGN) in the specified bandwidth of the heterogeneous frequency bands considered in our system model. For each observation obtained from an arm and its corresponding reward, a new distribution is generated with the probabilities of success of each arm. Then, further observations are made based on these prior probabilities captured during each round that is used to update the subsequent distributions. When sufficient observations are made, each arm ends up having its own success distribution that can help the EABS-TS algorithm to choose the suitable band and collect the maximum rewards. The EABS-TS main equation is introduced as follows:

\[
n^*_{EABS-TS}(t) = \arg\max_n \left\{ \psi_n(t) - \frac{d_n}{\Xi_{S,n}(t)} \right\},
\]

\[
\theta_n(t) \sim N\left(\bar{\psi}_n(t), \frac{1}{M_{n,t-1} + 1}\right),
\]

(7)

where \( N(\bar{\psi}_n(t), \frac{1}{M_{n,t-1} + 1}) \) is a normal distribution with \( \bar{\psi}_n(t) \) mean and \( \frac{1}{M_{n,t-1} + 1} \) variance.

The steps of our proposed online algorithms are generalized and simplified in Fig. 2. At the beginning of both algorithms, we initialize to pull each arm (i.e., channel) for each arm (\( n = N_S \)) and obtain the reward. If the joint conditions (\( (N_S + 1) < t < T \) and \( (E_s > E_{th}) \)) are not satisfied, the algorithm has no further step to execute and ends. Otherwise, it identifies the better reward (channel index) \( n^*_{MAB}(t) \) in the time round \( t \in T \) according to UCB and TS policies in EABS-UCB and EABS-TS, respectively. Then, the MAB parameters are updated and remaining energy levels of the user devices are calculated according to the selected band/channel. Then, the next time round starts repeating
the aforementioned process when the source needs to send new data frames to destination.

V. PERFORMANCE EVALUATION

Table I lists our considered simulation parameters. The optimal strategy selects the ideal band from the first trial without searching other ones. However, this requires perfect channel state information (CSI) and blockage knowledge. Next, brute force band selection scheme chooses the best band and sub-channel after searching all the available ones, which costs a high decision time. Moreover, the random selection method is considered whereby the channel is picked randomly at each round, without any channel quality consideration. The performance evaluation metrics are convergence rate, average throughput, and the average energy efficiency which is defined as the average throughput over energy expenditure per selected band/channel in bit/sec/joule.

To indicate the applicability of our proposals in an energy-constrained situation, the adopted methods’ average energy efficiency are determined and demonstrated in Fig. 5. Here, Figs. 5(a), (b), and (c) represent the considered case with no-blocking, small blocking, and large blocking, respectively. In all three scenarios, our proposed EABS-UCB and EABS-TS schemes demonstrated encouraging performance (near optimal one) in contrast with the brute force and random selection methods. Note that the obtained average throughputs across all considered distances have a very minimal difference compared to the optimal case. Compared to the optimal case, the EABS-UCB and EABS-TS algorithms achieved up to 97.89% and 96.17% average throughput, respectively, across all considered distances. Thus, EABS-TS emerges as the best method for the multi-band, multi-channel allocation in the hybrid RF/VLC network due to the Bayesian policy of TS. However, the random channel selection achieved only 60.28% of the average throughput across all distances. The random selection exhibited the worst performance with a comparatively large drop in the average throughput with increasing distances due to the random frequency band selection policy that might encounter poor channel conditions.

Fig. 3. Convergence rate evaluation.

The convergence points for the proposed EABS-UCB and EABS-TS techniques are plotted in Fig. 3. The source-destination distance was set to 10 meters in this scenario. The simulation results indicate that the proposed EABS-TS algorithm demonstrated superior performance throughout all the rounds from \( t = 1 \) to 1000. When the value of round \( t \) approaches 500, the proposed EABS-TS technique converges to 99.5% of the average throughput of the optimal scenario, while EABS-UCB obtains 97.2% at that point. After completing just half of the total rounds, the encouraging performance indicates the viability of our proposed algorithms for multi-band, multi-channel selection in B5G/6G networks.

Fig. 4 demonstrates the throughput performance comparison of our proposed EABS-UCB and EABS-TS algorithms with the conventional band selection methods (optimal, brute-force, and random) against distinct source-destination separation distances at three different blocking scenarios (i.e., none, small, and large). For all methods, the average throughput achieved is decreased as the blocking ratio increased which is evident in the downward transition of the average throughput values due to blocked objects, i.e., no-blocking, small blocking, and large blocking, as shown in Figs. 4(a), (b), and (c), respectively. The proposed EABS-UCB and EABS-TS schemes demonstrated encouraging performance (near optimal one) in contrast with the brute force and random selection methods. Note that the obtained average throughputs across all considered distances have a very minimal difference compared to the optimal case. Compared to the optimal case, the EABS-UCB and EABS-TS algorithms achieved up to 97.89% and 96.17% average throughput, respectively, across all considered distances. Thus, EABS-TS emerges as the best method for the multi-band, multi-channel allocation in the hybrid RF/VLC network due to the Bayesian policy of TS. However, the random channel selection achieved only 60.28% of the average throughput across all distances. The random selection exhibited the worst performance with a comparatively large drop in the average throughput with increasing distances due to the random frequency band selection policy that might encounter poor channel conditions.

To indicate the applicability of our proposals in an energy-constrained situation, the adopted methods’ average energy efficiency are determined and demonstrated in Fig. 5. Here, Figs. 5(a), (b), and (c) represent the considered case with no-blocking, small blocking, and large blocking, respectively. In all three scenarios, our proposed EABS-UCB and EABS-TS algorithms outperformed all the other techniques. This robust performance of EABS-UCB can be credited to selecting suitable channels with the best band selection policy while considering the remaining energy of the device. Because of the path loss, all the compared

Fig. 4. Throughput performance comparison of our proposed EABS-UCB and EABS-TS algorithms with the conventional band selection methods (optimal, brute-force, and random) against distinct source-destination separation distances at three different blocking scenarios (i.e., none, small, and large).
methods’ energy efficiency showed a decreasing trend as the distance between the source and destination nodes increased for all considered blocking scenarios. As the distance between the source and destination devices was increased, all the conventional methods’ energy efficiency drastically declined, whereas the proposed methods persisted with considerably superior performance. Among all the compared methods, the random channel selection technique suffered from the least energy efficiency for all distances due to the inefficient selection of channels and lack of energy-awareness. Furthermore, the encouraging experimental results indicate the acceptability of the proposed EABS-TS technique in multi-band/channel selection 5G/6G networks.

VI. CONCLUSION

In this paper, we reformulated the computationally hard heterogeneous frequency band selection problem as a stochastic budget constrained MAB, and designed online, energy-aware algorithms for ultra-fast, self-decision-making by the user devices to select the most appropriate band/channel. Our developed EABS-UCB and EABS-TS search optimal policies for WLAN, mmWave, or VLC band selection with energy-awareness to optimally maintain the battery life of the devices according to the selected band. Simulation results demonstrated the superior performance of our proposed algorithms over the conventional channel allocation methods. For the future works, we will study the multi-player scenarios and consider the highly dynamic environments, where adversarial MABs will be more applicable.

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