

Towards Immersive Communications in 6G

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2 ABSTRACT

3 The sixth generation (6G) networks are expected to enable immersive communications and
4 bridge the physical and the virtual worlds. Integrating extended reality, holography, and haptics,
5 immersive communications will revolutionize how people work, entertain, and communicate by
6 enabling lifelike interactions. However, the unprecedented demand for data transmission rate
7 and the stringent requirements on latency and reliability create challenges for 6G networks to
8 support immersive communications. In this survey article, we present the prospect of immersive
9 communications and investigate emerging solutions to the corresponding challenges for 6G.
10 First, we introduce use cases of immersive communications, in the fields of entertainment,
11 education, and healthcare. Second, we present the concepts of immersive communications,
12 including extended reality, haptic communication, and holographic communication, their basic
13 implementation procedures, and their requirements on networks in terms of transmission rate,
14 latency, and reliability. Third, we summarize the potential solutions to addressing the challenges
15 from the aspects of communication, computing, and networking. Finally, we discuss future
16 research directions and conclude this study.

17 **Keywords:** 6G Networks, Immersive Communications, Extended Reality, Haptic Communication, Holographic Communication.

1 INTRODUCTION

18 Ever since its birth, the communication technology has been a symbol of the modernization of human
19 society, and the evolution of communication technology has accompanied the advance of civilization. The
20 commercialization of electrical telegraph and telephone during the second industrial revolution boosted
21 globalization by facilitating finance and trade overseas (Wenzlhuemer, 2013). The debut of vehicle-mounted
22 mobile radio systems (“car phones”) and the analog first generation (1G) mobile telecommunication
23 systems from the 1950s to 1980s enabled voice calls on the go (del Peral-Rosado et al., 2018). The second
24 generation (2G) mobile communication systems, which introduced roaming and preliminary data services
25 in the form of text messages, emerged amidst and as a part of the third industrial revolution (i.e., the
26 digital revolution) (Billström et al., 2006). Then, the next two decades witnessed the proliferation of
27 mobile Internet and mobile multimedia services brought by the third and fourth generation (3G and 4G)
28 mobile communication technology, which revolutionized how people communicate and changed the world.

29 Nowadays, the fifth generation (5G) mobile communication systems are reshaping industries by facilitating
30 the fourth industrial revolution (i.e., Industry 4.0) towards smart inter-connectivity and automation (Chen
31 et al., 2021a).

32 Accustomed to the convenience brought by the latest communication technologies, many people may not
33 realize that ordinary daily activities such as video calls or zoom meetings were nothing more than science
34 fiction merely three decades ago. Indeed, from the so-called “telephot” in the pioneering novel “Ralph
35 124C 41+” to the video call scene in the classic movie “Back to the Future”, the simultaneous transmission
36 of live image and sound was considered as a “technology of the future” in the most part of the twentieth
37 century (Gooday, 2005; Fowler et al., 1986). When the fantasy of the past has become a reality, a question
38 that naturally arises is: what will be the next revolutionary form of communications, potentially in the
39 era of the sixth generation (6G)? Fortunately, we may again find clues in science fiction, with examples
40 ranging from the famous scene of Princess Leia’s three-dimensional (3D) holographic message in “Star
41 Wars” (Conti, 2008) to the virtual world “OASIS” in the metaverse presented in the recent film “Ready
42 Player One” (Sparkes, 2021). The fact that such scenes created a long-lasting impact on a vast audience
43 reflected people’s desire for more lifelike, immersive, and interactive communications (Xu et al., 2022).

44 Unfolding exactly as depicted in science fiction or not, immersive communications will come to reality
45 and shift the current communication paradigm in three aspects. First, rather than two-dimensional (2D)
46 images displayed on a flat screen, immersive communications will deliver 3D images with parallax
47 information. Second, in addition to audiovisual information, immersive communications will involve
48 haptic information. Third, the pursuit of immersive experiences will further blur the boundary between the
49 physical and the virtual worlds, allowing new forms of interactions across the two worlds. These paradigm
50 shifts can significantly enrich communication experiences of users and enable a plethora of new use cases
51 such as holographic 3D telepresence (Zhang et al., 2022a), ultra-realistic online interactive sports (Next
52 G Alliance, 2022), and immersive learning in education (Pellas et al., 2020), to name a few. In particular,
53 immersive communications can also enable human-machine collaboration in industrial environments and
54 propel the next industrial revolution, i.e., industrial 5.0 (Maddikunta et al., 2022). As a result, immersive
55 communications are expected to have a profound impact on the landscape of communication industries and
56 impact how people study, work, and entertain in the years to come.

57 Motivated by the potentials of immersive communications, scientists and engineers over the world have
58 been working on the development of related technologies, products, and platforms. Significant progress has
59 been made in recent years, including but not limited to advancements in sensor systems and data capture
60 techniques (Meyer et al., 2022; Dahiya et al., 2019), data processing and computing frameworks (Song
61 et al., 2022; Petkov et al., 2022; Qian et al., 2022), and rendering and display devices (Hirayama
62 et al., 2019; Xiong et al., 2021; Schmitz et al., 2020). Some component development of immersive
63 communications is progressing faster than others, leading to the establishment of testbeds, prototypes,
64 or even commercial products. Virtual reality (VR), as an example, has gained popularity, especially in
65 the gaming industry (Jung et al., 2020). Devices such as VR headsets and haptic glove development kits
66 are available in the market (Chen et al., 2022; Kugler, 2021), while researchers are building testbeds for
67 extended reality (XR) (Huzaifa et al., 2022) and human-machine interaction with haptic feedback (Gokhale
68 et al., 2020). As the aforementioned progress and efforts are paving the way for realizing immersive
69 communications, advancements in communication and networking technologies will be indispensable.

70 Despite the advent of 5G systems and the accompanying advancements in network capabilities, there
71 are still many challenges to achieving immersive communications in various aspects of communications,
72 networking, and computing. The data rate required to transmit live 3D images can be so large, e.g., on the

Table 1. List of main acronyms

1G - 6G	First Generation - Sixth Generation	2D	Two-dimensional
3D	Three-dimensional	3GPP	3rd Generation Partnership Project
AI	Artificial Intelligence	AR	Augmented Reality
D2D	Device-to-device	DetNet	Deterministic Networking
DoF	Degree of Freedom	FoV	Field-of-view
HI	Haptic Interface	IMU	Inertial Measurement Unit
IRS	Intelligent Reflecting Surface	JND	Just-noticeable Difference
LDPC	Low-density Parity-check	LFV	Light-field Video
LIDAR	Light Detection and Ranging	LoS	Line-of-sight
LSTM	Long Short-term Memory	MEC	Mobile Edge Computing
MIMO	Multiple-input and Multiple-out	MR	Mixed Reality
MSE	Mean Squared Error	MTP	Motion-to-photon
MVC	Multi-view Coding	NOMA	Non-orthogonal Multiple Access
O-RAN	Open Radio Access Network	PoV	Persistence of Vision
QoE	Quality of Experience	QoS	Quality of Service
THz	Terahertz	TSN	Time-sensitive Networking
VR	Virtual Reality	XR	Extended Reality

73 level of terabits per second (Tbps), that even 5G cannot support it, especially for high-resolution and 360°
 74 videos. The required end-to-end delay for delivering haptic information can be as low as a few milliseconds
 75 for a satisfactory user experience (Maier and Ebrahimzadeh, 2019; Sim et al., 2021). The synchronization
 76 of data streams from multiple cameras or sensors and that of audiovisual and haptic information in
 77 data transmission also create new challenges. The storing and processing of massive data for immersive
 78 communications demand new architectures and techniques for caching and computing (Glushakov et al.,
 79 2020; Taleb et al., 2021; Liu et al., 2021). Moreover, artificial intelligence (AI) is necessary both for
 80 supporting applications such as human-machine collaboration and user viewpoint/gesture prediction, and
 81 for orchestrating network resources to satisfy the demanding requirements of immersive communications
 82 (Tataria et al., 2021; Zawish et al., 2022; Maier et al., 2018).

83 Recognizing the importance of immersive communications, its recent developments, and the technical
 84 challenges, we present a comprehensive review of immersive communications in this article. With a
 85 focus on the communication, networking, and computing perspectives, we illustrate the challenges and
 86 potential solutions to immersive communications in the era of 6G communications. In specific, we focus
 87 on immersive communications by looking into its three main forms, i.e., XR, haptic communication,
 88 and holographic communication in the remainder of this article. Section 2 introduces representative use
 89 cases of immersive communications to illustrate its promising prospect. Section 3 presents the concepts,
 90 basic implementation procedures, and requirements of XR, haptic communication, and holographic
 91 communication to paint an overall picture of immersive communications. Section 4 focuses on the
 92 challenges and the state-of-the-art solutions towards realizing each of the three forms of immersive
 93 communications. Section 5 discusses some open issues regarding immersive communications in 6G, and
 94 Section 6 concludes this article.

2 USE CASES

95 There are many potential use cases for immersive communications, relating to both commercial and
 96 enterprise scenarios and ranging from gaming to industrial control. In this section, we detail four

97 representative use cases to illustrate the promising prospect of immersive communications. A list of
98 representative use cases is given in Table 2.

99 **2.1 Immersive Gaming and Entertainment**

100 XR provides the ultimate gaming and entertainment experience by presenting convincing gaming
101 environments through XR devices such as VR headsets or smartphones. Players can interact with each
102 other without feeling a barrier between the virtual and the physical worlds (Bastug et al., 2017). XR devices
103 display the virtual world of the game to players and capture their actions such as eye movements to allow
104 them to interact with the virtual world (Elbamby et al., 2018b). With the success of advanced XR gaming
105 consoles and headsets, e.g., Oculus and PlayStation VR, as well as games and platforms, e.g., Pokemon Go
106 and Roblox, game developers are striving to offer more flexible XR experiences with wireless XR devices
107 (Maimone and Wang, 2020). Through wireless XR devices, players can interact freely with other players
108 or virtual objects, e.g., in XR sporting (Kim et al., 2018). Furthermore, haptic communication devices
109 can be combined with XR to significantly enhance the immersive gaming experience. Transducer arrays,
110 which can be attached to XR devices, can capture haptic data from players. As a result, XR devices can
111 fuse haptic information into the virtual world and provide haptic feedback to players by mapping motions
112 in the game to players' sensations. Players can use haptic devices, such as gloves, to control objects in the
113 game (Hashimoto and Ishibashi, 2006) or synchronize their sensations with other players (Mauve, 2000).

114 **2.2 Telesurgery**

115 In telesurgery, surgeons remotely manipulate robotic arms to operate on patients by utilizing control
116 panels and real-time display of the surgical scenes. Telesurgery is beneficial in removing the barrier of
117 distance among surgeons and patients, tackling the scarcity of surgeons in remote or difficult-to-reach
118 areas such as countryside, battlefields and spacecraft, and facilitating the collaboration of surgeons at
119 different locations (Choi et al., 2018; Mohan et al., 2021). The assistance of robotic arms can enhance
120 the performance of surgeries by detecting and canceling out the physiological tremors of surgeons' hand
121 motions (Kumar et al., 2020), performing delicate surgical operations and minimizing the surgical incision
122 areas for reducing blood loss and incision-related complications (Diana and Marescaux, 2015). To guarantee
123 the performance of surgeons, the display of surgical scenes to them should be highly precise and informative.
124 To this end, 3D video of the surgical scenes with depth information, can be displayed to the surgeons, e.g.,
125 by using passive polarized glasses, and an eye-tracking mechanism can be used to quickly center the area
126 where the surgeon is viewing in the visual display (Stark et al., 2015). In addition, augmented reality (AR)
127 can be leveraged to overlay medical images such as ultrasound images and computed tomography (CT)
128 images onto the video of surgical scenes (Liu et al., 2016b). Besides visual information, haptic information
129 in the surgeries, such as the texture of tissues and the tension in tying surgical sutures, can be captured by
130 the haptic devices on the robotic arms and then transmitted to and reproduced by the haptic devices at the
131 surgeons' side (Patel et al., 2022; El Rassi and El Rassi, 2020).

132 **2.3 Immersive Learning**

133 Immersive learning integrates emerging technologies, including XR and haptic technologies, into teaching
134 to provide students or trainees an interactive and engaging learning experience (Affan et al., 2021; Laamarti
135 et al., 2014). During the recent COVID-19 pandemic, traditional methods of teaching, e.g., online courses,
136 encountered the problem of engaging students in the learning process (Jumreornvong et al., 2020; Fitzek
137 et al., 2021). To this end, immersive learning, as a potential solution to boost student engagement, is
138 receiving increasing attention, especially from primary and secondary schools. With immersive learning,

139 avatars of students and teachers can be created in the virtual world (Gupta et al., 2019), and each student is
140 allowed to interact with the avatars of teachers and other students via the senses of sight, hearing, and touch.
141 Such interactions can keep students' attention in learning process. Immersive learning is categorized
142 as either asynchronous or synchronous. Training some skills, such as sports skills and cooperative
143 tele-operation skills for industrial robots, requires real-time interactions, which can encourage active
144 participation in the learning process (Kaluschke et al., 2021; Lee et al., 2021). Utilizing XR, haptic
145 communication, and holography communication technologies, teachers can check whether the moves and
146 actions of their students are correct, and provide immediate corrections if not, regardless of their physical
147 distance from each other. For the skills that do not need real-time interactions, information regarding
148 teachers' positions, velocities, and applied forces can be recorded and displayed to students via XR and
149 haptic devices asynchronously (Tan et al., 2020). Such "record-and-replay" strategy can allow a much
150 larger number of students to learn at their own pace, despite the absence of real-time interactions (Steinbach
151 et al., 2018; Yokokohji et al., 1996a,b).

152 **2.4 Holographic Teleconference**

153 Teleconference is a convenient choice for users to remotely collaborate with each other. In the current
154 video teleconferencing, remote participants can only be displayed on flat screens, which results in a very
155 different perception in a virtual conference from that in an on-site conference. In order to provide an
156 immersive experience in teleconferences, holographic teleconferences depict realistic 3D presence for
157 people by projecting 3D images of remote participants as holograms (Jiang et al., 2021; Zhang et al., 2022a;
158 Zhou et al., 2022b). Specifically, when a remote participant joins the holographic teleconference, 3D
159 visual information and the corresponding audio information of the participant can be captured by multiple
160 sensors, transmitted, and then reconstructed as a hologram on the side of other participants to provide 3D
161 audiovisual information for real-time interactions among participants (Strinati et al., 2019). In this case,
162 holographic teleconference can reduce the impact on participants of the separation between the virtual
163 and the physical worlds. In addition to the audio and video information, participants in a holographic
164 teleconference are able to obtain haptic information from others to achieve an immersive experience with
165 the sense of physical contacts (Tataria et al., 2021). For example, a participant with haptic sensors can
166 sense a handshake with others, thereby enabling an immersive experience similar to in-person interactions.

3 IMMERSIVE COMMUNICATIONS: CONCEPTS AND REQUIREMENTS

167 The use cases for immersive communications and their potential importance in 6G are intuitive.
168 Understanding immersive communications beyond the use cases, however, requires answers to the question
169 "what are immersive communications?". Since the research of immersive communications is in an early
170 stage, there is no commonly-agreed definition yet.

171 We consider immersive communications as a communication paradigm along with the supporting
172 technologies that allow users to have lifelike experiences in the physical world, the virtual world, or both,
173 with interactions via 3D audiovisual and/or haptic information exchange. In this section, we focus on the
174 three main forms of immersive communications as illustrated in Fig. 1, i.e., XR, haptic communication,
175 and holographic communication.¹ Via introducing the concept, basic implementation procedure, and
176 the network requirements for each of the three forms, we aim to sketch an overall picture of immersive
177 communications.

¹ Note that the three forms may co-exist since a use case may involve more than one form, and additional forms of immersive communications may exist or emerge.

Table 2. Representative use cases of immersive communications

Use Cases	References
Gaming	(Carroll and Yildirim, 2021; Hu et al., 2019)
E-learning	(Kavanagh et al., 2017; Harvey et al., 2021; Ahmad et al., 2021) (Freina and Ott, 2015)
Teleconference	(Kantonen et al., 2010; Zhang et al., 2022a)
Tele-operation	(Lee et al., 2021; Choi et al., 2018; McCloy and Stone, 2001)
E-health	(Jumreornvong et al., 2020; Riva, 2000)
E-commerce	(Ornati, 2022; Speicher et al., 2017)
Smart home	(Zhu et al., 2020; Lertlakkhanakul et al., 2008)
Manufacturing	(Aijaz and Sooriyabandara, 2018)
Tourism and travel	(Guttentag, 2010)
Metaverse	(Wang et al., 2022b)

178 3.1 Extended Reality

179 In this subsection, we introduce the concept of XR and investigate two respective XR technologies: VR
180 and AR. Then, we examine their implementation procedure and service requirements for 6G.

181 3.1.1 Concept

182 XR covers a range of technologies, including VR, AR, mixed reality (MR), and everything in between
183 (Hu et al., 2020). In general, XR combines the physical and virtual worlds through extensive video
184 processing and data fusion. Using XR devices, users can interact with virtual avatars and access XR content.
185 Under the umbrella of XR, a variety of technologies are defined depending on the level of virtuality. Two
186 representative technologies in XR are AR and VR. With the lowest level of virtuality, AR focuses on
187 constructing artificial objects according to the objects (e.g., buildings, faces, or vehicles) residing in the
188 physical world and enabling users to interact with them. Conversely, with the highest level of virtuality, VR
189 creates an entirely artificial scenery and allows users to interact with the objects in a completely artificial
190 environment generated by the headsets. In MR, the concepts of VR and AR can be combined to create
191 different levels of virtuality. In spite of the variety of XR technologies, the methods to provide immersive
192 experiences to users are similar, which combine sensory data with virtual environments to produce artificial
193 sceneries, from either the physical or virtual worlds, using headsets or portable display devices.

194 The first VR flight simulator was developed in 1970s to train pilots for flights without exposing them to
195 risks of flying (Earnshaw, 1993). In the early stage, VR headsets were cumbersome, and processing VR
196 content required large supercomputers. Nowadays, VR technologies have gained momentum due to recent
197 advances in computing and display technologies. The headsets, such as Oculus head-mounted displays and
198 HTC Vive, are affordable and can support ultra-high resolutions (3840×2160 in Pimax 8K) and refresh
199 rates (up to 120 Hz) (Hu et al., 2020). At the present time, most VR content is processed and rendered by
200 user devices. Rendering content with a high level of virtuality requires extensive computing power. For
201 a VR headset, a console is required to supply additional computing power to the headset, while a wired
202 connection restricts the user to a workstation. Therefore, wireless VR is the primary focus of VR research

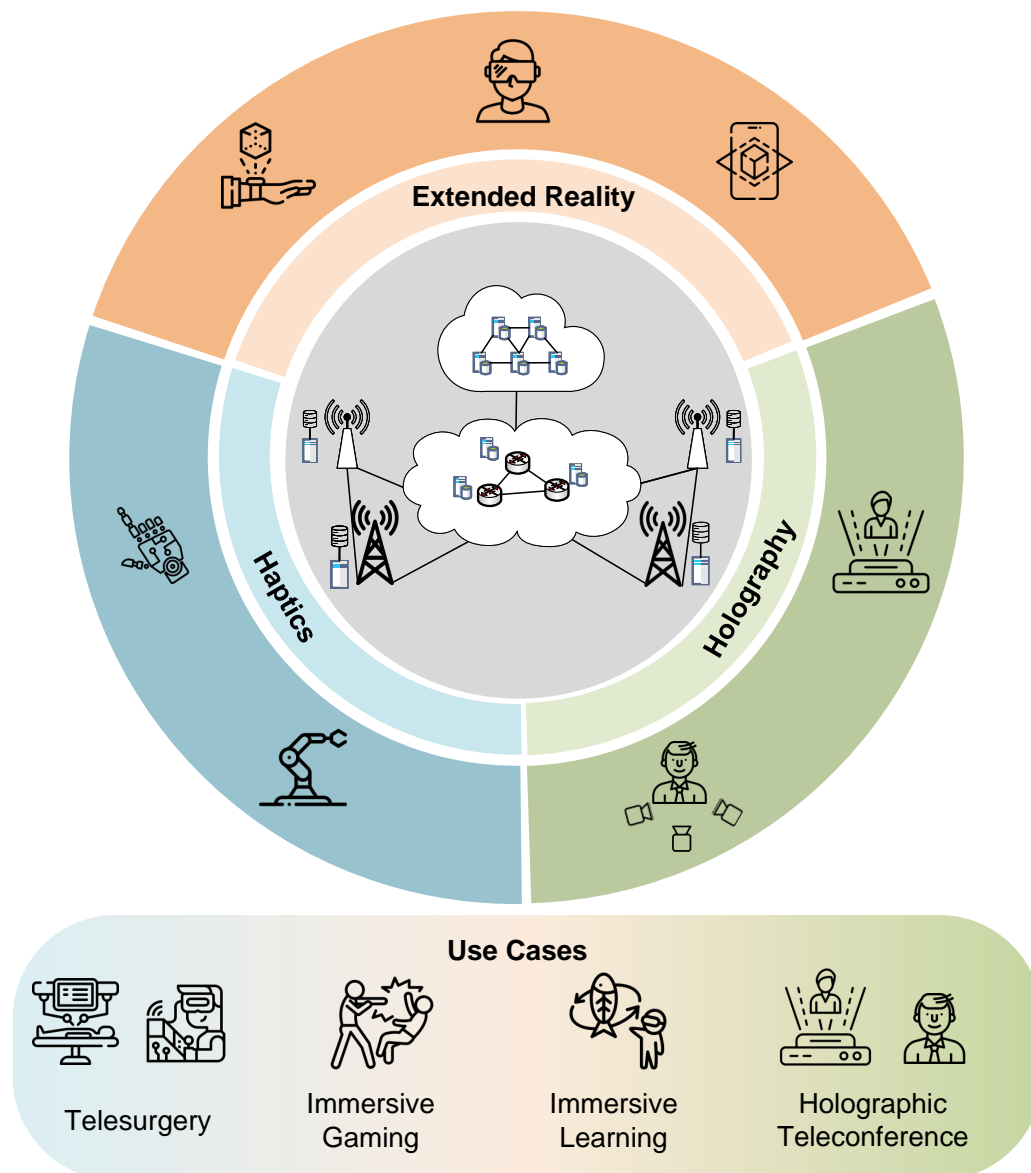


Figure 1. Main forms and exemplary use cases of immersive communications.

203 now (Elbamby et al., 2018a). In addition, multi-sensory XR, as another future vision of XR, integrates
 204 human senses and perception, including visual, auditory, olfactory, and tactile into XR content, enabling
 205 a truly immersive experience. This requires the confluence of multiple disciplines, including artificial
 206 intelligence, computer vision, biology, ultra-low-latency networking, etc., while linking the real and virtual
 207 worlds (Hu et al., 2021; Wang and Li, 2022).

208 3.1.2 Basic Implementation Procedure

209 While XR comprises several technologies with different levels of virtuality, its implementation procedure
 210 can be summarized into three steps: content transmission, rendering, and feedback collection. For each of
 211 the above three steps, communication networks can play an important role.

212 In the step of content transmission, VR content generated by VR content providers is transmitted
 213 from content servers and VR devices. VR devices play 360° spherical videos, which can be mapped to

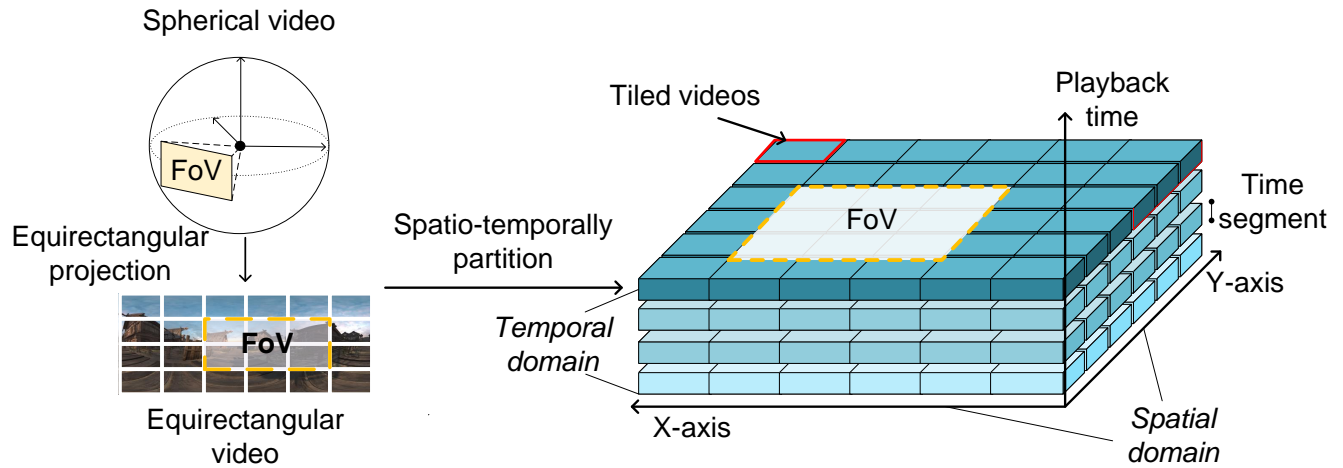


Figure 2. VR video projection and partition.

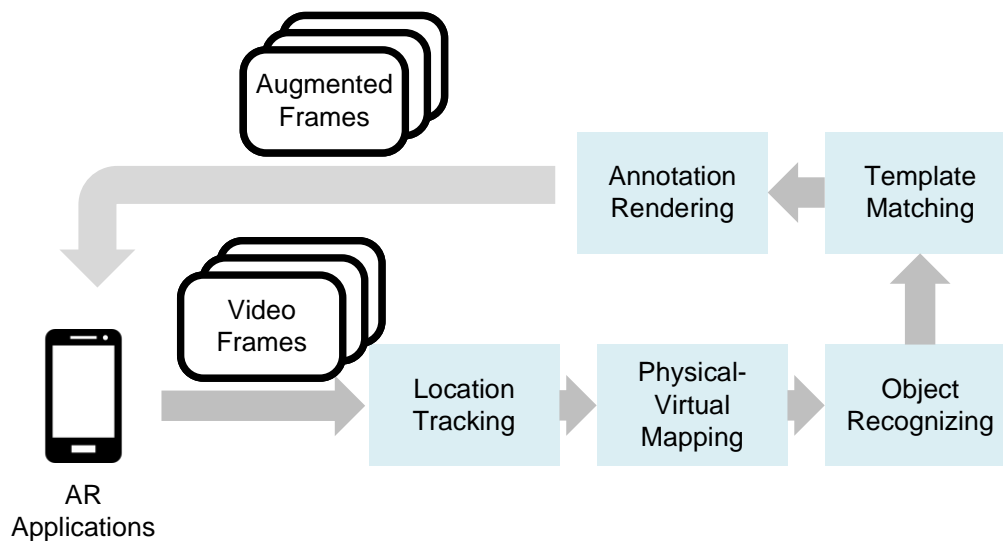


Figure 3. Content processing and rendering for AR applications.

214 equirectangular videos. During VR content playback, these equirectangular videos are mapped onto a
 215 sphere, in which the user is situated at the center, to provide a 3D stereoscopic experience. The key feature
 216 of VR video is the ultra-high spatial resolution. A VR video has a resolution of up to 12K ($11,520 \times 6,480$),
 217 while the conventional video normally has a resolution of 4K or less. Transmitting full equirectangular
 218 videos from content servers requires an ultra-high data rate. Thus, tile-based transmission is usually
 219 adopted in VR video delivery. As shown in Fig. 2, a content server can divide equirectangular videos
 220 spatio-temporally into video chunks, i.e., tiled videos, and only the tiled videos within a user's field-of-view
 221 (FoV) is delivered (Yadav and Ooi, 2020; Son et al., 2018). In this way, VR content can be delivered in a
 222 significantly reduced data size. However, the tile-based solution requires VR headsets to detect and estimate
 223 user viewpoints to determine the region of FoV. Content servers should select which tiled videos to be
 224 delivered to users based on both the user's real-time viewpoint and network conditions (Zare et al., 2016).
 225 In terms of AR, AR devices generate raw content by the sensors at the local devices, such as cameras in
 226 smartphones (Ren et al., 2020). In contrast to VR devices, which download content from a content server,
 227 AR devices can upload raw content to the server for further processing. Specifically, raw videos captured

228 by AR devices are clipped into frames with a specific image format, and those frames can be offloaded to
229 the server. The processed content is then delivered to and played on the AR devices.

230 In the step of content rendering, tiled VR videos transmitted to VR devices are stitched together,
231 and computing resources are required to project 2D stereoscopic videos to 3D stereoscopic videos, i.e.,
232 generating two different videos for the left and right eyes respectively. This content rendering step can be
233 performed on VR devices once all the required content has been received. In addition, due to the limited
234 computing capability of VR devices, the workload of content rendering can be offloaded to adjacent edge
235 servers enabled by mobile edge computing (MEC) (Dai et al., 2020; Dang and Peng, 2019; Sukhmani
236 et al., 2018). Content processing and rendering are more complex in AR than in VR, where AR processing
237 procedure is shown in Fig. 3. Once the raw AR content, i.e., video frames, is captured by an AR device,
238 a location tracking step determines the device's location and position according to the captured frames.
239 Then, a mapping step establishes a virtual coordinate of the environment based on the result of the tracker,
240 and an object recognizing step detects the objects to process in the video frames (Qiao et al., 2018; Ren
241 et al., 2019). Based on the identified objects, the augmented data is retrieved from the local cache or
242 network servers and attached to the frames accordingly. Specifically, a template matching step attaches the
243 augmented data to the frames, and an annotation rendering step renders the processed frames at AR devices.
244 The computing workload for conducting the above functions can be fully or partially offloaded from AR
245 devices to network servers to minimize computing latency or improve energy efficiency at AR devices.

246 After receiving and playing XR content, XR devices collect user feedback to select the content to deliver
247 next. VR and AR devices have similar methods for feedback collection, with sensors or cameras attached
248 to the devices to capture users' actions and motions. Moreover, VR requires additional feedback regarding
249 the user's viewpoint. A user's viewpoint determines which tiled videos to deliver to render the FoV of the
250 user. The real-time viewpoint can be captured by motion tracking modules on a VR device. Additionally,
251 motion emulation can be used to simulate a user's viewpoint movement on VR devices. VR devices can
252 request the content proactively based on the emulation results to avoid playback performance degradation,
253 such as rebuffering (R. Yao and Hoberman, 2017). In addition, for interactive applications such as XR
254 gaming, the sensors connected to XR devices, such as inertial measurement units (IMUs), haptic gloves,
255 etc., gather inputs from the users. Depending on the inputs, the XR devices can either process the inputs
256 locally or upload the inputs to content servers for computing and updating.

257 3.1.3 Requirements

258 In general, XR has stringent latency requirements for accurate and smooth content playback based on
259 user motions. In terms of VR, motion-to-photon (MTP) delay is the most important delay metric, which
260 measures the time difference between the user's viewpoint movement and corresponding reflections at the
261 output of the VR headset. If MTP delay is larger than 20 ms, VR users may feel spatially disoriented and
262 dizzy, referred to as VR sickness (R. Yao and Hoberman, 2017). Current VR industries target lower MTP
263 delay (below 15 ms) for ideal user experience (Mangiante et al., 2017). In addition, for VR applications
264 requiring extensive interactions, the requirement of response time for rendering the interactions into VR
265 content can be longer than the MTP delay requirement. For example, in VR gaming, a latency of up to
266 50 ms for responding to player actions can be noticeable yet currently acceptable (Zhang et al., 2017). In
267 terms of AR, the content is mainly captured by local devices. The MTP delay in AR can be minimized by
268 playing the raw content captured by AR devices before the content is processed. However, users' immersive
269 experiences can be adversely affected by delayed processing for rendering the user's motions into AR
270 content. The delay requirements for reproducing user interactions in AR content are 75 ms for online

271 gaming and 250 ms for telemetry based on the sensitivity of the human vestibular system (Mohan et al.,
272 2020).

273 Furthermore, in order to achieve low content delivery latency, an ultra-high data transmission rate
274 is required for delivering XR content. Specifically, users view VR videos on headsets placed a few
275 centimeters from their faces. Therefore, high-resolution videos are required for VR applications to improve
276 user experience. Although tile-based content transmission can reduce the data size in VR content delivery,
277 data rate requirements can still be 2.35 gigabits per second (Gbps) or above for VR video delivery, which
278 is more than 100 times higher than the data rate for current high-definition video streaming (Mangiante
279 et al., 2017). For interactive XR applications, such as VR gaming and AR, extensive video processing is
280 required. The computing capability of both network servers and user devices dominates the performance of
281 interactive XR applications, and limited computing capability in the network can be another bottleneck for
282 XR content delivery (Elbamby et al., 2018b).

283 3.2 Haptic Communication

284 In this subsection, we first provide the concepts of haptics and haptic communication. Then, we detail the
285 implementation procedure and service requirements of haptic communication in the 6G era.

286 3.2.1 Concept

287 The term haptics initially referred to interactions between humans and objects in the physical world
288 that involve the sense of touch, e.g., swiping a phone screen (Steinbach et al., 2012). The development of
289 tele-operation technologies over the past few decades have expanded the definition of haptics to all forms
290 of interactions involving the sense of touch, including interactions between humans and virtual objects in
291 the virtual world or the tele-operated machines in the physical world (Tan et al., 2020; O'malley and Gupta,
292 2008). The information conveying the sense of touch in such interactions is referred to as haptic information.
293 The sense of touch relates to different types of mechanoreceptors in human skin and muscles, and the
294 haptic information can be broadly classified into tactile and kinesthetic information (Abiri et al., 2019).
295 Specifically, tactile information is related to the sense of surface texture, friction, and temperature felt by the
296 human skin when in contact with objects, and kinesthetic information is related to the sense of position and
297 motion of limbs along with the associated forces (Srinivasan and Basdogan, 1997; Steinbach et al., 2012).
298 A device that supports such haptic interactions and the transmission of haptic information is referred to as
299 haptic interface (HI) or haptic device (Culbertson et al., 2018). An HI is comprised of haptic sensors and
300 haptic actuators responsible for capturing and displaying haptic information, respectively (Antonakoglou
301 et al., 2018). An HI can capture and display a variety of haptic information, and the number of independent
302 coordinates used by the HI to specify the haptic information is referred to as the degrees of freedom (DoF)
303 of the HI (Promwongsa et al., 2020).

304 Haptic communication refers to the process in which humans communicate and interact through the
305 sense of touch over a communication network (Steinbach et al., 2012). The communication network
306 supporting haptic communication is named as *Tactile Internet* in some existing works (Ali-Yahiya and
307 Monnet, 2022).² With the use of HIs and the transmission of haptic information over communication
308 networks, users can interact with virtual objects in the virtual world or remotely operate machines in the
309 physical world (Steinbach et al., 2012). The transmission of haptic information can be unilateral, bilateral,
310 or multilateral, depending on the number of users participating in the transmission. In the cases of one

² Haptic communication and the Tactile Internet are related as a service and a medium as in the case of voice over IP (VoIP) services and the Internet (Aijaz et al., 2016).

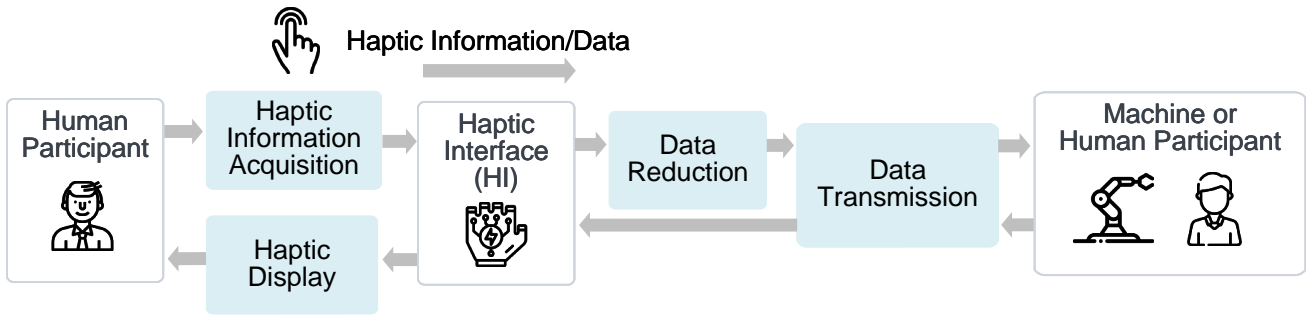


Figure 4. Implementation procedure of bilateral haptic communication.

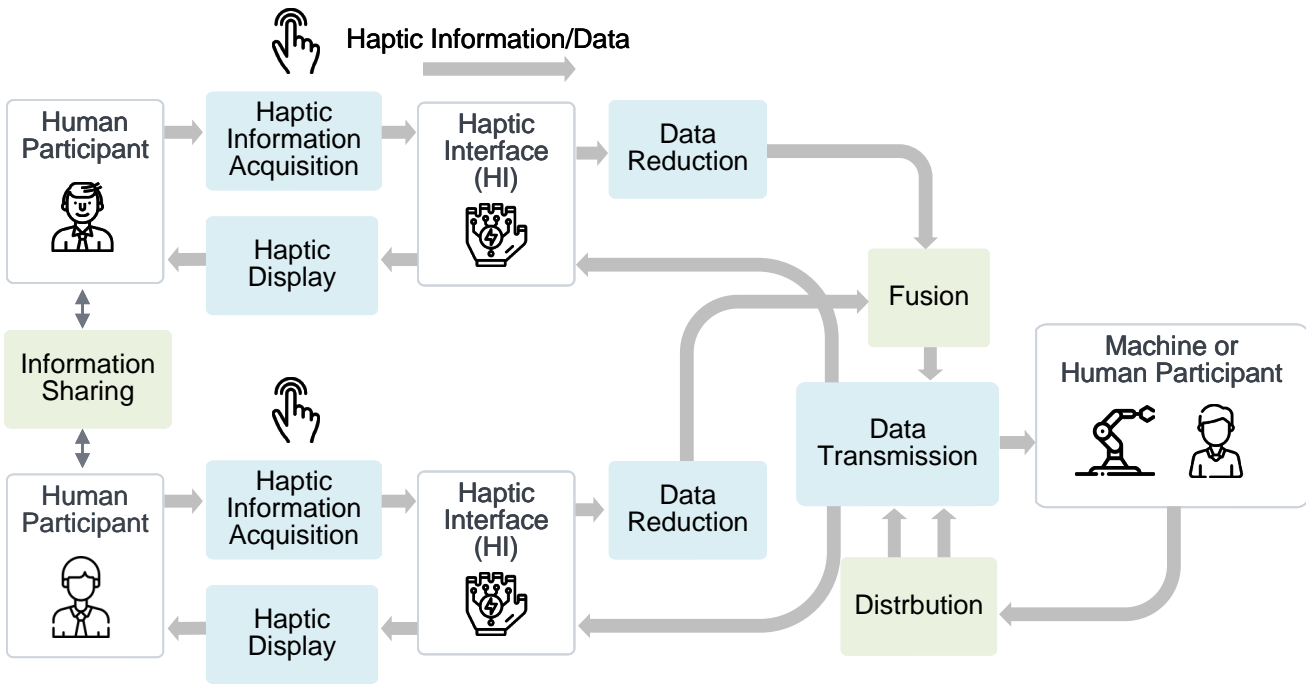


Figure 5. Implementation procedure of multilateral haptic communication.

311 user manipulating a remote machine or two users interacting with each other, the haptic communication
 312 is unilateral (i.e., an HI either sends or receives haptic information) or bilateral (i.e., an HI both sends
 313 and receives haptic information). In other cases, haptic information can be transmitted multilaterally,
 314 e.g., in cooperative tele-operations involving multiple users. This is because the behavior of each user
 315 may have an effect on other users, resulting in interconnections and couplings in the exchanges of haptic
 316 information (Shahbazi et al., 2018; Feth et al., 2009). Since haptic communication centers on humans,
 317 some studies examine the *human-in-the-loop* nature of haptic communication and predict a paradigm shift
 318 from content delivery to skillset delivery, as a result of the emergence of haptic communication (Simsek
 319 et al., 2016; Ali-Yahiya and Monnet, 2022).

320 3.2.2 Basic Implementation Procedure

321 The implementation procedure of haptic communication depends on how the haptic information is
 322 transmitted. For bilateral haptic communication, the implementation procedure mainly consists of four
 323 steps: haptic information acquisition, data reduction, data transmission, and haptic display, as shown in

324 Fig. 4.³ In the first step, haptic information, including tactile and kinesthetic information, can be acquired
325 by haptic sensors in HIs. In terms of tactile information, force sensors, thermistors, and laser scanners are
326 mainly used in the measurement or evaluation of friction and hardness, warmth, and macroscopic roughness,
327 respectively (Liu et al., 2017; Lederman and Klatzky, 2009; Okamoto et al., 2012; Fishel and Loeb, 2012).
328 Haptic sensors such as IMUs are responsible for the acquisition of kinesthetic information, e.g., tracking the
329 position, velocity, and angular velocity of sensors positioned at different parts of a human (Steinbach et al.,
330 2018). The haptic sensors of interest can be dynamically selected, and only the haptic information captured
331 by the selected haptic sensors needs to be collected for efficient haptic information acquisition (Van
332 Den Berg et al., 2017). Due to the potentially high DoF of an HI, data reduction is adopted in the
333 second step to reduce the amount of haptic data without degrading the users' immersive experience
334 too much. Specifically, waveform-based representation and feature extraction algorithms can be used in
335 the compression of tactile information, and perceptual coding techniques based on perceptual masking
336 phenomenon can be applied for compressing kinesthetic information (Jayasankar et al., 2021; Steinbach
337 et al., 2010). In addition, predictive methods (also called predictive coding techniques) can be leveraged
338 to reduce the amount of transmitted haptic data by inferring upcoming haptic information (Steinbach
339 et al., 2018). Haptic data reduction can be carried out at either HIs or network servers (Fitzek et al.,
340 2021; Steinbach et al., 2012). Existing methods of haptic data reduction are detailed in Section 4.2. In
341 the third step, the haptic data is transmitted over a communication network, resulting in a haptic data
342 stream between the two HIs. The haptic data stream can consist of multiple haptic data substreams, each
343 of which corresponds to a type of haptic information. Data traffic patterns and QoS requirements can
344 vary across different haptic data substreams due to the differences in the sensitivity of human perception,
345 such as reaction time and the range of perception (Fitzek et al., 2021). The respective QoS requirements
346 of haptic data substreams should be satisfied, and the haptic data substreams should be synchronized in
347 transmission. Moreover, a haptic data stream should be synchronized with audiovisual data streams in the
348 case of immersive communications involving multiple modalities (Cizmeci et al., 2017). In the last step,
349 i.e., haptic display, haptic actuators in the HI stimulate human mechanoreceptors to create realistic haptic
350 sensations when an HI receives haptic data (Wang et al., 2019). In general, haptic display includes tactile
351 display, e.g., adjusting the temperature, and kinesthetic display, e.g., creating motion and changing muscle
352 tension (Ozioko et al., 2020; Steinbach et al., 2018; Pacchierotti et al., 2017). In the case when haptic data
353 transmission is unreliable or delayed, predictive methods can be leveraged at the receiver side to estimate
354 the haptic data not received timely for smooth haptic display.

355 In the case of multilateral haptic communication, three additional steps take place besides the
356 aforementioned four steps, especially for cooperative tele-operation applications (Feth et al., 2009). The
357 implementation procedure of multilateral haptic communication is shown in Fig. 5, and the three additional
358 steps are highlighted with green rectangles. First, even if there is no direct haptic interaction between two
359 users, they can still share haptic information (Takagi et al., 2017). The data format and content of the
360 transmitted haptic information in such haptic information sharing may differ from those of the transmitted
361 haptic information in direct haptic interactions (Shahbazi et al., 2018). Second, it is necessary to properly
362 fuse the haptic information from multiple users, e.g., the weighted sum, when their behaviors affect other
363 users (Thanh et al., 2012; Fujimoto et al., 2008). Third, when one user's behavior affects multiple users at
364 the same time, distributing haptic information to multiple users according to their different behaviors is
365 required to achieve precise haptic display for individual users, e.g., different reaction forces are applied to
366 tele-operators (Chen et al., 2016).

³ In unilateral haptic communication, either the step of haptic information acquisition or the step of haptic display is skipped depending on whether an HI is sending or receiving haptic information.

367 3.2.3 Requirements

368 The data transmission rate requirement of haptic communication is determined by the packet rate and size
369 of haptic data. The packet rate is the number of packets transmitted by an HI per second, which depends
370 on the information update rate. For the smoothness and fidelity of haptic perception, haptic information
371 typically needs to be updated at a rate above 1,000 times per second (Choi and Tan, 2004). If each update
372 of haptic information is packetized and transmitted, the corresponding packet rate of haptic data is above
373 1,000 packets per second (Xu et al., 2015). The packet size of haptic data largely depends on the DoF of the
374 haptic data (Holland et al., 2019). For kinesthetic data, controlling one movable component (e.g., a joint)
375 on a tele-operator (e.g., a robotic arm) needs six coordinates to be specified to achieve 6 DoF, with three
376 coordinates specifying the transitional motion in the 3D space and the other three specifying the rotational
377 motion including roll, pitch and yaw, respectively (Promwongsa et al., 2020). Since a human hand consists
378 of multiple movable components (e.g., finger joints and wrist joints), its kinesthetic data can be described
379 by a 24-DoF model (Cobos et al., 2008). In addition, for reproducing tactile information with high fidelity,
380 a dense array of haptic sensors/actuators needs to be deployed on a user (Hoggan et al., 2007). For example,
381 for reproducing vibrotactile data, four actuators are deployed around one fingertip (Baik et al., 2020). As a
382 result, tactile data can involve even higher DoF than kinesthetic data (Holland et al., 2019).

383 The delay tolerance of haptic communication can be as low as 1 ms since the packet rate of haptic
384 data can be above 1,000 packets per second (Fettweis et al., 2014). In practice, the delay requirement
385 of haptic communication is determined by factors including the perceptual sensitivity of receivers, the
386 dynamics of haptic interaction, and specific operation or interaction. First, higher perceptual sensitivity
387 for haptic information generally indicates the need for a higher packet rate and thus a stricter delay
388 requirement (Chaudhuri and Bhardwaj, 2018). For example, while touring a virtual museum of natural
389 history, archaeologists can have a stricter delay requirement than the majority of visitors due to their
390 higher perception sensitivities of artifacts and specimens. Second, similarly, higher dynamics of haptic
391 interaction generally call for a higher packet rate and a lower delay. Specifically, the delay requirement
392 when such dynamics is high (e.g., in tele-soccer), medium (e.g., in telerehabilitation) and low (e.g., in
393 tele-maintenance) is 1-10 ms, 10-100 ms and 100-1,000 ms, respectively (Holland et al., 2019). Third, a
394 delay below 2 ms is required for remote machine manipulation, while a delay below 50 ms is required for
395 remote machine monitoring and maintenance (Aijaz and Sooriyabandara, 2018).

396 The reliability of haptic communication can be evaluated in terms of bit error rate, packet loss rate,
397 delay-bound violation probability, or prediction error when haptic data prediction is adopted (Promwongsa
398 et al., 2020). The requirement for the reliability depends on factors such as the specific communication
399 scenario and whether or not haptic reduction is used. First, in terms of delay-bound violation probability,
400 the reliability of haptic communication in immersive gaming is required to be above 99.9% (Holland
401 et al., 2019). In contrast, when critical operation tasks are performed based on haptic information, higher
402 reliability of haptic communication is required. For example, the reliability of above 99.999% is required
403 for haptic communication in telesurgery and remote machine manipulation, (Gupta et al., 2019; Aijaz and
404 Sooriyabandara, 2018). Second, when haptic data reduction is adopted, the same packet loss or bit error
405 rate can cause more degradation in the haptic information (Steinbach et al., 2010). As a result, the use of
406 haptic data reduction can result in a stricter requirement for the reliability of haptic communication. For
407 example, the reliability above 99.999% is required in immersive gaming when haptic data reduction is
408 adopted (Holland et al., 2019).

409 3.3 Holography and Holographic Communication

410 In this subsection, we introduce holography and holographic communication, beginning from presenting
411 the concept and different types of holography, followed by the basic implementation procedure of
412 holographic communication, and ending with the data transmission rate and delay requirements.

413 3.3.1 Concepts

414 As the name suggests, holographic communication depends on holography technology, which has made
415 significant progress in the past decade. There are different stages in the development of holography
416 technology. *Optical holography* generates holograms via recording and recreating optical wavefront, and
417 the corresponding holograms are recorded interference patterns (e.g., on photographic emulsions) of
418 an “object wave” and a “reference wave”. When the recorded interference pattern is illuminated by the
419 reference wave, a 3D light field can be recreated using diffraction. The original idea of hologram was
420 developed in 1940s, and real breakthrough was made in 1960s thanks to the development of laser (Gabor,
421 1972). Later, with advances in electronic devices, *digital holography* emerged, which uses image sensors
422 to capture interference patterns. In digital holography, recording is done optically, while a 3D image is
423 reproduced via numerical calculation of light wave diffraction using methods such as Fourier transform
424 (Tahara et al., 2018). The latest development of holography is *computer-generated holography*, in which
425 both the interference pattern and the 3D image in display are generated digitally using a computer (Sahin
426 et al., 2021). With computer-generated holography, the object to be displayed does not have to be physically
427 present, which yields great flexibility at the cost of high computational complexity (Shimobaba et al., 2022).
428 Despite of the advance in recent years, generating dynamic 3D holograms in real time is challenging. As a
429 result, alternative approaches to displaying 3D images emerge, which are sometimes referred to as “false
430 holography”. Such approaches use glass panes or other “tricks” to create illusions of 3D images (Jones et al.,
431 2007; Kerrigan, 2018). Among the false holography techniques, *volumetric display* has attracted significant
432 interest in the field of computer-aided design and medical imaging (Favalora, 2005). Volumetric display,
433 an umbrella term for many different techniques, renders volume-filling 3D images via the generation,
434 absorption, and scattering of illumination in a confined space, e.g., a cube or cone (Yang et al., 2016). The
435 study of volumetric display is active with exciting experiments (Smalley et al., 2018), and commercial
436 products are also available (Gibney, 2019). Other approaches to imitate 3D display include the use of
437 multiple projectors and a human-size retroreflective cylinder (Gotsch et al., 2018).

438 Based on either true holography or “false holography”, holographic communication is about transferring
439 data representing dynamic 3D images of a physical object over a network and displaying the object in
440 3D at the receiver.⁴ Integrating 3D data capturing, processing, transmission, and rendering, holographic
441 communication is expected to enable exciting new services in 6G (Strinati et al., 2019; Clemm et al., 2020).
442 At the moment, there is no consensus on the scope of holographic communication in the literature, and
443 some researchers consider the transferring and rendering of 3D data in AR/VR as a type of holographic
444 communication (Essaili et al., 2022). In this review, holographic communication refers to data transfer
445 for autostereoscopic 3D display, i.e., 3D images that can be viewed by naked eye without the aid of
446 eyewear or headsets and, ideally, are different when viewed from different positions, angles, or tilts. The
447 3D display at the receiver can be rendered via real holography, false holography such as volumetric display,
448 or other techniques as long as the objective of autostereoscopic 3D display is achieved. Similar to existing

⁴ Note that the term “holographic communication” is also used in the literature of massive MIMO and IRS but with a different and unrelated meaning (Dardari and Decarli, 2021).

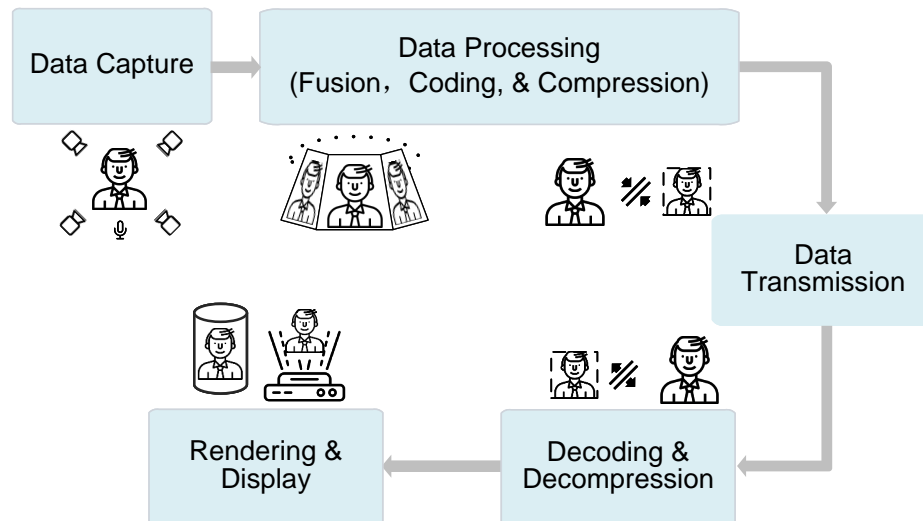


Figure 6. Implementation procedure of holographic communication.

449 multimedia communications, the content of holographic communication can be either generated in real
450 time or recorded, and the communication mode can be unicast, multicast, or broadcast.

451 3.3.2 Basic Implementation Procedure

452 Although various approaches for holographic communication differ in the implementation procedure, the
453 general process includes the steps of data capture, processing, transmission, and rendering.

454 Except for computer-generated holography, a capture system is required to record 3D images of a physical
455 object. An ideal capture system for holographic communication would capture the light field, i.e., all the
456 information of each light ray, in the target scene (Jiang et al., 2021). In practice, capture is conducted with
457 visual sensors such as a camera array (Nakamura et al., 2019) or light detection and ranging (LIDAR)
458 sensors (Fratz et al., 2021). The depth information of the object of interest is either directly captured (e.g.,
459 in the case of a capture system with LIDAR sensors) or computed in the subsequent data processing step
460 (e.g., in the case of a capture system with a camera array). The performance of the visual capture system
461 depends on factors such as the number of sensors and the camera sampling rate (Jiang et al., 2021).

462 In the data processing step, the depth information of target objects in the scene is computed (if not
463 directly captured), and the output from capture sensors is fused to form a composite 3D representation of
464 the captured scene (Javidi et al., 2005). For example, in digital holography, a computer can process 2D
465 images taken from different angles and tilts by a camera array to form a single 3D representation of the
466 captured scene (Essaili et al., 2022). The fusion of images may help achieve visualization enhancement
467 in the rendered 3D images such as improvement in the resolution and contrast (Javidi et al., 2005),
468 and it can be conducted either solely at the transmitter side or with the help of an edge server. In
469 addition, the data processing step is responsible for the compression of the fused data to speed up the
470 transmission and reconstruction, and reduce the required data transmission rate and storage in holographic
471 communication (Kurbatova et al., 2015; Cheremkhin and Kurbatova, 2019). The compressed data for the
472 3D representation is then encoded and transmitted over a network.

473 At the receiver side, the received data is decoded using one or multiple chosen codecs and decompressed.
474 The captured scene is then reconstructed, possibly with the help of an edge server, and rendered on a

475 display device. An ideal display device for holographic communication would regenerate the light field in
476 the captured scene to create an illusion that the user is placed in the scene. In practice, creating such an
477 illustration is difficult as it requires each point (e.g., each pixel) of the display device to emanate different
478 light rays in different directions. However, given the limitations of human perception, the feeling of visual
479 immersion can be created by using equipment such as a cylindrical light field display (Gotsch et al., 2018),
480 a persistence of vision (PoV) display (Gately et al., 2011), or a static volumetric display device (Kumagai
481 et al., 2021). Such devices render 3D images by using a large curved display to fill the user's FoV, exploiting
482 the phenomena of a lingering afterimage on the retina, and dynamic turning on/off of voxels in a confined
483 3D space, among other methods for creating illusions of 3D images.

484 It is worth noting that holographic communication may also involve audio data capture, processing,
485 and rendering. In such a case, capturing the sound field in the target scene and ensuring audio and
486 video synchronization are important for users to enjoy an immersive holographic communication
487 experience (Jiang et al., 2021).

488 3.3.3 Requirements

489 Holograms mainly come in two types, namely volumetric-based holograms and image-based holograms.
490 The transmission of the two types of holograms requires different data rates, ranging from hundreds of
491 Mbps up to Tbps (Clemm et al., 2020). For volumetric-based holograms, a physical object is represented
492 as a set of 3D pixels or voxels, such as a point cloud. Transmitting a point cloud targeting an object
493 requires a data rate on the level of hundreds of Mbps to several Gbps, depending on the resolution of the
494 3D content (FG-NET2030, 2020). For example, to fully represent a human, the point cloud in each frame
495 typically consists of 10^5 to 10^6 points, while each point needs 15 bytes of data to represent the color and 3D
496 coordinate of the point. In the case of 30 frames per second, the data rate requirement is between 300 Mbps
497 and 3 Gbps (Essaili et al., 2022; Selinis et al., 2020). For image-based holograms, such as light-field video
498 (LFV), an object is presented by an array of images captured at different angles, tilts, and/or positions. An
499 LFV-based hologram can be more precise as compared with a volumetric-based hologram, especially in
500 high resolution when a large number of images from different tilts, angles, and positions are used per frame
501 (Jiang et al., 2021). For example, if the 3D representation of an object requires a separate image every
502 0.3° , a hologram with an FoV angle range of 30° and a tilt range of 10° needs 3,300 separate 2D images.
503 In order to transmit an LFV-based hologram for a human-sized object, the required data rate should be
504 between 100 Gbps and 2 Tbps (Clemm et al., 2020).

505 To support real-time holographic communication, the overall delay, including data capturing, processing,
506 transmission, and rendering delay, should be less than 100 ms (He et al., 2023). In addition to low delay,
507 synchronization is important to holographic communication. Generally, the hologram of objects or humans
508 may be sampled by multiple sensors from different angles and different distances. In this case, data
509 from different sensors should be synchronized in transmission (Strinati et al., 2019). Taking holographic
510 teleconference as an example, as multiple participants can join the teleconference from different locations,
511 multi-source synchronization is necessary for them to have good quality of experience (QoE) in holographic
512 communication. Otherwise, a part of the rendered hologram can be slightly ahead or behind relative to the
513 rest of hologram for some users, resulting in poor QoE (Lesniak and Tucker, 2018). Moreover, holographic
514 communication can involve multi-sensory information, e.g., the haptic, audio, and video information (Taleb
515 et al., 2021). In this case, the synchronization of different sensory information in transmission is also
516 important for a participant to see the hologram, hear the voice, as well as receive touch-sensory feedback
517 from others without a degradation of the immersive experience due to out-of-sync issues. For holographic

518 communication involving the transmission of audiovisual and haptic data, the tolerable difference in the
519 delay of different types of data should be lower than 80 ms for satisfactory QoE (Montagud et al., 2018).

Table 3. Requirements of use cases in immersive communications

	Use Cases	Requirements
XR	360° video playback	< 20 ms MTP delay (R. Yao and Hoberman, 2017), 2.35 Gbps data rate (Mangiante et al., 2017)
	Interactive applications (e.g., VR gaming)	< 50 ms response time (Zhang et al., 2017)
	Collaborative virtual applications (e.g., teleconference)	< 150 ms virtual feedback (Jay et al., 2007) 12.5 Tbps/km ² upload capacity
Haptics	Telesurgery	> 99.999% reliability, < 1 ms delay (Gupta et al., 2019)
	Remote machine manipulation	> 99.999% reliability, < 2 ms delay (Aijaz and Sooriyabandara, 2018)
	Haptic interaction-based rehabilitation	> 99.999% reliability, < 50 ms delay (Holland et al., 2019)
Holography	Volumetric-based hologram (e.g., point cloud)	> 300 Mbps data rate (Essaili et al., 2022; Selinis et al., 2020)
	Image-based hologram (e.g., LFV)	> 100 Gbps data rate (Clemm et al., 2020)
	Real-time holographic video transmission	< 100 ms delay (He et al., 2023)

4 IMMERSIVE COMMUNICATIONS: CHALLENGES AND SOLUTIONS

520 After introducing the concepts, implementation procedures, and requirements of immersive
521 communications, we now discuss challenges in XR, haptic communication, and holographic
522 communication, as well as the state-of-the-art solutions, with the most important ones summarized
523 in Fig. 7. Note that our review here focuses on the challenges and solutions related to the communication,
524 computing, and networking aspects of immersive communications.

525 4.1 Extended Reality

526 The main challenge of XR is delivering the required content to users on time, given the limited
527 transmission resources and computing capability in a network. A variety of network functions and
528 resources contribute to the performance of content delivery. Systematic solutions involving data processing,
529 rendering, transmission, etc., have been developed to address these challenges. We summarize the solutions
530 for implementing XR in three aspects: content selection, transmission improvement, and computing
531 optimization.

532 4.1.1 Content Selection

533 The fundamental step in supporting XR applications is to identify which content needs to be processed
534 and transmitted. This step focuses on minimizing the overall data size of the content to deliver at the cost
535 of tolerable performance degradation, thus reducing the delivery time.

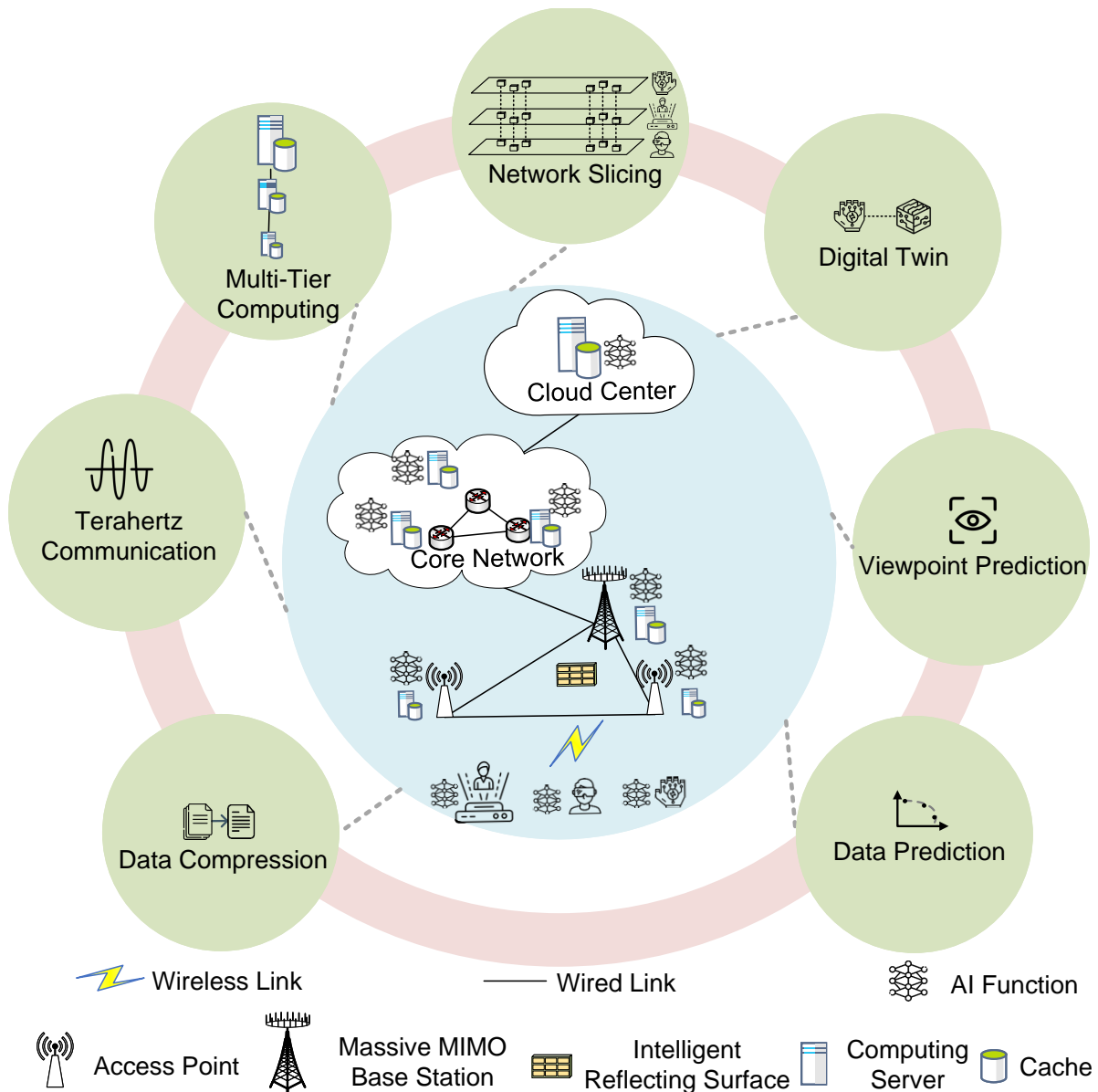


Figure 7. Potential solutions to immersive communications.

536 In VR services, proactive content delivery is commonly used to meet MTP delay requirements. Thus, in
 537 tile-based content transmission, the primary research challenge is how to predict user viewpoints accurately
 538 so as to determine which tiled videos to deliver to users. The prediction of user viewpoints can be achieved
 539 by sequential learning and data analysis methods based on the user’s viewpoint trajectory, such as linear
 540 regression (He et al., 2018; Nasrabadi et al., 2020), and long short-term memory (LSTM) (Hou et al.,
 541 2018). A lightweight viewpoint prediction function can be deployed at the VR headset for local viewpoint
 542 prediction. Alternatively, the viewpoint trajectory can be updated to a network server (e.g., edge server),
 543 in which a more advanced machine learning model can be applied for accurate prediction (Hou et al.,
 544 2021). If the viewpoints are predicted by the network server, the prediction can be conducted based on not
 545 only current viewpoint trajectories for a group of users (Sun et al., 2020) but also the historical viewpoint
 546 trajectory data to further improve the prediction accuracy (Xu et al., 2018b; Feng et al., 2019). Although
 547 viewpoint prediction enables proactive tile-based content delivery, perfect prediction cannot be achieved

548 due to the dynamics of user viewpoint movement. Even if viewpoints are known in advance, dynamic
549 network environments such as data traffic load and processing time require adaptive resource management
550 to ensure playback performance. With stochastic decision-making methods, such as reinforcement learning,
551 it is possible to identify the dynamics of user viewpoint movement and determine which tiled videos to
552 deliver to the corresponding VR device (Hu et al., 2022).

553 AR devices capture raw content, i.e., video frames, which can be offloaded to network servers for
554 prompt content processing. Once the raw content is offloaded, the server detects and processes the
555 objects within video frames captured by users' cameras, then returns the processed content to the AR
556 devices. Though it is easier to satisfy the MTP delay requirement in AR than VR, accurate and rapid
557 content processing (e.g., object detection) requires sufficient bandwidth to provide low-latency two-way
558 transmission for satisfactory QoE. To balance transmission bandwidth usage for computing offloading and
559 content processing performance, current solutions mainly focus on using machine learning techniques to
560 adjust the number of frames offloaded by an AR device per unit time, based on the network environment and
561 AR device movement. Specifically, offloading more video frames to a network server can improve object
562 detection accuracy, especially when the AR device moves quickly and generates new content frequently.
563 However, the bandwidth usage increases accordingly due to a large number of frames to offload (Liu et al.,
564 2018a). Taking AR device mobility and network dynamics into account, adaptive frame rate adjustment is
565 investigated in (Chen et al., 2021b). A deep reinforcement learning approach is used to study how mobility
566 dynamics affect AR service performance and to determine the optimal uploading frame rate for maximal
567 object detection accuracy and playback fluency.

568 XR content is expected to be further enriched in the era of 6G. Digital twins can incorporate AI to collect
569 environmental information, characterize physical objects, and construct digital models of the physical
570 objects accordingly. Digital models from digital twins can be used for XR applications as a new type
571 of XR content that can be accessed by XR devices (Zhang et al., 2022b). For example, in an industrial
572 Internet-of-Things scenario, designers and workers can use XR devices to interact with the digital models
573 of machines and products in a simulated virtual environment. In addition, XR devices can collect the
574 interactions from designers and workers. Based on the interactions, digital twins can adaptively configure
575 their settings, such as data collection frequency (Aheleroff et al., 2021). The combination of XR and digital
576 twins can support emerging applications such as metaverse. However, synchronizing among the physical
577 world, digital twins, and XR content requires considerable network resources. Game theoretic methods
578 are adopted in (Han et al., 2022) to adjust the synchronization rate between the physical world and digital
579 twins based on the demand of virtual service providers that provide content to XR devices. A network
580 slicing-based solution is proposed for providing metaverse services (Liu et al., 2022), which allocates
581 multi-dimensional resources for content synchronization to improve the fidelity of digital twins and the
582 QoE of XR users.

583 4.1.2 Transmission Improvement

584 As discussed in Subsection 3.1.3, the main bottleneck for VR video delivery is a limited data rate.
585 Therefore, a straightforward solution to overcome the bottleneck is to increase the data rate with advanced
586 communication techniques. As a key technology in 5G, millimeter wave (mmWave) communications can
587 facilitate VR content delivery due to their high data rate and ultra-low propagation latency (Abari et al.,
588 2016). In 6G, the transmission rate can be further improved by the physical layer technologies of terahertz
589 (THz) transmission and intelligent reflecting surface (IRS), which can be applied in VR video delivery,
590 especially between an edge server and VR devices (Chaccour et al., 2020; Du et al., 2020). However,
591 communication links using ultra-high frequency bands, such as mmWave and THz, are prone to outage

592 as they require line-of-sight (LoS) channels. Physical obstacles in the environment, including the user's
593 body, may break the communication links and severely degrade the communication quality. To address this
594 issue, a sub-6 GHz frequency band can be used as a backup if the mmWave or THz bands does not provide
595 satisfactory channel quality. However, dynamic frequency band switching can result in a time-varying
596 data transmission rate, thereby degrading the content delivery performance. The work (Liu et al., 2019b)
597 models communication link state transitions corresponding to switching different frequency bands (e.g.,
598 mmWave and sub-6 GHz bands) in VR content delivery as a Markov chain. Content processing policies
599 are adjusted to compensate for transmission delays when channel state transitions occur. In addition to
600 adapting to channel dynamics, the reliability of mmWave or THz communication links can be improved
601 by establishing multiple communication links between a device and several edge servers for VR content
602 delivery (Yang et al., 2022a; Gu et al., 2022).

603 In addition, at the network layer, a network virtualization-based solution is proposed for VR content
604 delivery, in which network controllers can create private logic networks for VR applications to satisfy their
605 service requirements and dynamically adapt the routing schemes according to the mode of content delivery
606 (i.e., uni-cast or multi-cast) (Huawei Technologies Co., 2016). The transmission protocols are designed
607 according to the features of VR content delivery. The transmission protocol based on quick UDP Internet
608 connections (QUIC) is proposed in (Yen et al., 2019) to prioritize important tiled videos, such as the videos
609 in the center of the user's FoV or the videos to be played soon, in transmission over a QUIC connection, in
610 order to minimize the ratio of missing tiles in VR video playback.

611 4.1.3 Computing Optimization

612 Supporting wireless XR requires networks to have sufficient computing capability for processing and
613 rendering the content, especially for interactive applications such as VR gaming. Processing the content
614 locally at the XR devices can be time-consuming and energy-inefficient due to their limited computing
615 capability. Instead, the computing workload can be fully or partially offloaded to network servers, and
616 multi-tier computing can be a potential solution to reduce computing time and bandwidth consumption
617 when providing computing services to XR devices. Accordingly, computing strategies should base on the
618 features of diverse network servers to improve resource utilization and service performance.

619 In MEC, edge servers can provide additional computing capability for resource-limited devices to reduce
620 content processing latency for mobile XR content delivery. Specifically, in VR, edge servers can project
621 monoscopic videos to stereoscopic videos when content is transmitted from the content provider's cloud
622 server to VR devices. Such MEC-assisted content delivery can reduce bandwidth consumption compared to
623 delivering stereoscopic videos from the cloud server directly, and computing time can be reduced compared
624 to projecting the videos at the local devices (Mangiante et al., 2017). In AR, devices can offload captured
625 content to an edge server to minimize processing latency (Siriwardhana et al., 2021). In addition, edge
626 servers can cache the processed XR content to further reduce the content delivery and processing time
627 (Sukhmani et al., 2018). Joint computing, caching, and communication resource management for VR video
628 delivery is investigated in (Sun et al., 2019; Dang and Peng, 2019), which studies the tradeoff between
629 computing and caching resource allocation for minimizing content delivery delay, given stochastic content
630 processing time and popularity. Deep reinforcement learning methods are adopted to allocate computing
631 resources at an edge server for individual content delivery requests in (Liu et al., 2019b; Liu and Deng,
632 2021), aiming to minimize content delivery delay while adapting to dynamic network environments and
633 user viewpoint movement.

634 Nonetheless, the computing capability at edge servers may not always be sufficient for processing XR
635 content. Compared to cloud servers, edge servers usually have limited storage resources for caching
636 XR content. Targeting 6G, a multi-tier computing architecture provides a potential solution for further
637 accelerating XR content delivery by coordinating computing and storage resources among cloud servers,
638 fog servers (e.g., servers at the gateway), and edge servers across the network. By integrating computing
639 resources across the entire network, content processing workloads can be optimally distributed among
640 multiple servers, and storage capacity among servers can be utilized to satisfy offloaded computing
641 demands. However, optimizing XR performance by multi-tier computing can be complicated when there
642 are a multitude of computing offloading and caching options to choose from. The computing and caching
643 resource coordination between the cloud server and edge servers is studied in (Mehrabi et al., 2021) and
644 (Al-Abbasi et al., 2019). Based on the information of a static network environment, e.g., transmission rate
645 and XR computing demand, mixed integer nonlinear programming is investigated. Considering dynamic
646 network environments and user mobility, the work (Zhou et al., 2022a) utilizes digital twins of end users
647 to characterize network dynamics and statuses. The meta-learning method is adopted to jointly allocate
648 computing and caching resources at servers on different tiers of a network for context-based applications,
649 including XR, based on the captured network statuses from digital twins.

650 In addition to jointly allocating computing and caching resources at network servers, computing
651 performance can be further enhanced by scheduling computing tasks at edge servers. Edge servers
652 can provide location-based content to users, which can contribute to computing optimization for XR
653 applications. Specifically, in AR, users at close locations may offload and require similar content, and
654 therefore, raw content offloaded from the nearby users can be processed together for improving computing
655 efficiency (Jia and Liang, 2018). Furthermore, rendering pipelines can be optimized based on real-
656 time communication and computing performance of network servers and local devices when part of
657 the workloads for content rendering are offloaded. A collaborative rendering pipeline is investigated in
658 (Xie et al., 2021), which dynamically arranges the execution order of sub-tasks in content rendering on
659 both the edge server and XR devices, based on network characteristics, to facilitate parallel computing and
660 improve content rendering efficiency.

661 4.2 Haptic Communication

662 The main challenge in haptic communication is to satisfy the stringent delay and reliability requirements
663 in the delivery of haptic data, especially when the data packet rate is high. To tackle this challenge, solutions
664 have been developed in three aspects, including haptic data reduction to reduce the packet size or the packet
665 rate, advanced communication and networking techniques to reduce delay and improve reliability, and
666 haptic data prediction to compensate for excessive delay and packet loss over communication networks.

667 4.2.1 Haptic Data Reduction

668 To improve the fidelity of haptic perception, the number of haptic sensors/actuators deployed on an HI has
669 been increasing (Steinbach et al., 2018). For example, electronic skin (e-skin) can be attached to prosthetic
670 limbs for sensing haptic information, or to human skin for virtual social interaction (Yu et al., 2019; Dahiya,
671 2019). To reproduce the function of human skin, sensors/actuators need to be densely deployed on e-skin,
672 for example, 25 sensors/actuators per 1 cm² (Liu et al., 2020). In addition, the required packet rate for
673 haptic data can be above 1,000 packets per second. As a result, with a large number of devices and a high
674 packet rate, the required data rate of haptic communication can be high. To tackle this challenge, one
675 solution is haptic data reduction, which is to reduce the packet size or rate of haptic data.

676 For reducing the packet size of haptic data, floating-point compression in the time domain or quantization
677 of haptic data in the frequency domain can be exploited. In floating-point compression, one degree of
678 freedom in the haptic information (e.g., the direction of the transitional movement in an axis) can be
679 represented by a 32-bit floating-point number, and only the bits different from those in the previous
680 haptic data are transmitted (You and Sung, 2008). Using time-frequency transformation algorithms such
681 as discrete cosine transform, a sequence of haptic data packets in the time domain can be transformed
682 into the data in the frequency domain, which are then quantized and transmitted (Tanaka and Ohnishi,
683 2009; Zeng et al., 2020). For reducing the packet rate of haptic data, the perceptual masking phenomenon
684 is widely exploited, which suggests that a human cannot perceive the difference of haptic information
685 below the just-noticeable difference (JND). According to the Weber's law, the JND of haptic information is
686 proportional to the currently perceived value of the information, and the proportion is referred to as the
687 Weber fraction (Steinbach et al., 2018). In this regard, the perceptual haptic reduction method is to transmit
688 an updated haptic data packet only when the difference is larger than a threshold (e.g., JND) (Steinbach
689 et al., 2010). Moreover, the perceptual masking phenomenon in both time and frequency domains can be
690 jointly exploited to achieve a higher data reduction ratio and lower data deviation (Wei et al., 2022).

691 The use of haptic data reduction should adapt to the type of haptic data, the delay requirement and the
692 reliability requirement for haptic communication. First, haptic data can exhibit different Weber fractions
693 in the JND, e. g., 7% ~ 15% for force data and 13% ~ 28% for stiffness data, which results in different
694 thresholds in perceptual haptic reduction (Chaudhuri and Bhardwaj, 2018). Second, data reduction in the
695 frequency domain results in high processing delay since it is based on a sequence of data packets in the time
696 domain. It is suitable for use cases with high delay tolerance, such as the passive perception and exploration
697 of remote/virtual objects (Sachs et al., 2018). In contrast, data reduction in the time domain, implemented
698 in real time, is suitable for use cases with low delay tolerance such as immersive gaming, which involves
699 extensive interactions between the players (Holland et al., 2019). Third, haptic data reduction may not be
700 suitable for use cases requiring high reliability. As discussed in Subsection 3.2.3, with the use of haptic
701 data reduction, the required reliability of haptic communication increases. In this regard, for use cases with
702 a high-reliability requirement (e.g., 99.999% for telesurgery), the reliability requirement can be difficult to
703 satisfy if haptic data reduction is used.

704 4.2.2 Communication and Networking Solutions

705 To satisfy the ideal communication delay of below 1 ms for haptic communication, physical-layer
706 delay of less than 0.1 ms is desired (Aijaz et al., 2016). For reducing the queuing delay, haptic data
707 may be allowed to preempt the data of other types in the downlink transmission (Ji et al., 2018). For
708 uplink transmission, a grant-based user scheduling mechanism can take 0.3-0.4 ms for exchanging the
709 scheduling request and transmission grant (Ji et al., 2018). Besides such delay, the signaling overhead,
710 resulting from network control or grant-based scheduling, reduces the efficiency of data transmission (Ding
711 et al., 2021). Therefore, grant-free user scheduling has been exploited, which periodically pre-reserves
712 transmission resources to avoid real-time scheduling, and the same resources can be pre-reserved to
713 multiple haptic devices for improving resource utilization (Ali et al., 2021; Gao et al., 2021). For improving
714 the communication reliability of haptic communication, several approaches have been adopted in the
715 literature. First, considering the small size of a haptic data packet, short block-length channel codes with
716 strong error correction capabilities, such as low-density parity-check (LDPC) codes and short polar codes,
717 have been investigated for haptic communication (Yuan et al., 2022; Miloslavskaya and Vucetic, 2020).
718 Second, spatial diversity can be exploited by massive multiple-input and multiple-output (MIMO), IRS,
719 and multi-connectivity techniques (Tarneberg et al., 2017; Tang et al., 2020; Anwar et al., 2021). Third,

720 time diversity can be exploited by a K -repetition mechanism, in which a haptic device can automatically
721 transmit K repetitions of a packet over consecutive slots, thereby avoiding the delay caused by waiting for
722 a retransmission request from the receiver (Yang et al., 2021).

723 To guarantee low delay and high reliability for haptic communication, network slicing, which allows
724 multiple isolated virtual networks to be constructed over a shared physical network infrastructure, has
725 been exploited (Polachan et al., 2020). The perceptual masking phenomenon of haptic information, as
726 introduced in Subsection 4.2.1, can be exploited to accurately capture the maximum tolerable delay
727 of haptic communication requests, which facilitates resource reservation in the network slice for haptic
728 communication (Ge et al., 2019). For multiple tele-operation slices, diverse stability control capabilities
729 of tele-operators in the presence of delay should be considered for customized transmission resource
730 reservation (Liu et al., 2018b). Moreover, by exploiting AI-based learning methods, traffic patterns of
731 haptic devices can be accurately captured, and efficient resource reservation can then be facilitated (Shen
732 et al., 2020).

733 4.2.3 Haptic Data Prediction

734 The delay requirement of haptic communication can impose a constraint on the distance between two
735 users. For example, to satisfy a delay requirement of 10 ms, the distance between a transmitter HI and a
736 receiver HI must be smaller than 3,000 km since the propagation speed is upper-bounded by the speed
737 of light. This can create an issue for applications such as VR gaming with haptic interactions of players
738 across continents. In addition, it is impossible to eliminate the loss of data packets or the violation of
739 delay requirement in haptic communication (Aijaz and Sooriyabandara, 2018). To improve user experience
740 considering the above facts, haptic data prediction can be exploited.

741 For haptic data prediction, model-based or model-free prediction algorithms can take historical haptic
742 data and other correlated data as the input. In tele-operation, the force feedback from the tele-operator is
743 predicted by evaluating the previous force feedback through an auto-regressive model (Sakr et al., 2007).
744 In the tele-operated needle insertion, the force/torque feedback from the patient is predicted by inputting
745 the force/torque commands of the surgeon to the hidden Markov model (HMM) (Boabang et al., 2020).
746 Audiovisual data collected in the interaction with a surface material are input to a neural network-based
747 semantic learning algorithm to predict the texture of the surface material (Wei et al., 2021).

748 Haptic data can be predicted either at the receiver side or at the transmitter side to compensate for an
749 excessive delay or packet loss. The receiver can predict the haptic data from the transmitter when an
750 excessive delay occurs (Maier and Ebrahimzadeh, 2019). For example, digital twin-based prediction can be
751 used by the receiver for real-time interactions (El Saddik, 2018). Alternatively, the transmitter can predict
752 its future haptic data and transmit the predicted data to compensate for the transmission delay (Hou et al.,
753 2019). In this case, the prediction of whether haptic interaction is about to occur can assist to determine
754 whether the haptic data prediction and the subsequent transmission are necessary (Mondal et al., 2020).

755 Haptic data prediction algorithms, such as AI-based ones, can be computing-intensive. To this end, they
756 can be implemented using computing resources in the network to satisfy the stringent delay requirements
757 (Simsek et al., 2016; Sukhmani et al., 2018). In a tele-operation scenario, each of the two interacting
758 haptic devices is associated with one edge server which caches the haptic interaction data, trains and
759 implements the LSTM network-based prediction algorithm, and delivers the predicted haptic data to its
760 associated haptic device (Li et al., 2021b). Furthermore, with close proximity, auxiliary robots can be
761 deployed around haptic devices to implement haptic data prediction and deliver the results to the devices
762 using device-to-device (D2D) communications (Yu et al., 2022).

763 In addition to compensating for the delay or packet loss, haptic data prediction can be used to reduce the
764 packet rate of haptic data (Antonakoglou et al., 2018). Specifically, the haptic transmitter can implement the
765 haptic data prediction and evaluate the prediction deviation, and only transmit the data when the prediction
766 deviation is higher than the JND of the receiver. If the haptic data has not been transmitted, the receiver can
767 predict it based on the prediction algorithm shared with the transmitter.

768 4.3 Holographic Communication

769 In holographic communication, users are able to view 3D holograms from different angles, tilts, and
770 positions. As a result, a hologram synthesized with information from more viewpoints can produce more
771 detailed and continuous visual information for users, thereby creating a more realistic immersive experience
772 (Liu et al., 2019a). This however requires the transmission of a large amount of data. The main challenge in
773 holographic communication is its stringent data rate and delay requirements. In this subsection, we focus
774 on potential solutions for tackling this challenge in the aspects of data processing, communication and
775 networking.

776 4.3.1 Content Selection, Compression and Prediction

777 A high data rate is essential for holographic communication, and the demand for data rate can vary from
778 hundreds of Mbps to several Tbps depending on the type of transmitted data, e.g., volumetric-based or
779 image-based holograms. One way to relax the data rate requirement is to reduce the data size, for example,
780 by transmitting only the most essential parts of a hologram through viewpoint-based content selection in
781 holographic communication (Clemm et al., 2020). Since some parts of the hologram may not be observed
782 depending on the user's viewpoint and position, as well as the presence of obstacles, those parts may
783 not need to be transmitted. However, two issues remain even with the selective transmission. First, for
784 an immersive experience in holographic communication, the 6 DoF (yaw, pitch, roll, up/down, left/right,
785 forward/backward) need to be considered when a user views a hologram, which makes content selection
786 based on the user's viewpoint a complex problem. In addition, without head-mount devices such as VR
787 headsets, tracking the position and viewpoint of the user is challenging and requires mechanisms such as
788 full-body tracking (Xu et al., 2018a) or eye tracking (Zhang et al., 2019a).

789 Another solution for reducing the required data rate is to apply data compression. For a 2D real-time
790 video, current media codecs can achieve a compression ratios from 250:1 to 1,000:1 (Selinis et al., 2020;
791 Essaili et al., 2022). Similarly, format conversion and data compression can be applied to reduce the
792 data size in holographic communication. The authors in (Mekuria et al., 2017) propose a lossy real-time
793 color-encoding method by exploiting the inter-frame redundancy of point clouds. Moreover, considering
794 the strong correlation among different views in a hologram, multi-view coding (MVC) for LFV-based
795 streaming is proposed in (Xiang et al., 2016), which improves the compression rate by analyzing both
796 the horizontal and vertical correlations of images in adjacent angles and tilts. Meanwhile, many efforts
797 have been made by standardization groups for the compression of holograms. For example, the Moving
798 Picture Experts Group (MPEG) defined the video point cloud compression (V-PCC) by converting point
799 clouds into two separate video sequences that capture the geometry and texture information, respectively
800 (Schwarz et al., 2019). The Joint Photographic Experts Group (JPEG) intended to provide a standard
801 representation framework to facilitate the compression of LFV- or point cloud-based content for holographic
802 communication (Schelkens et al., 2019).

803 Retransmissions due to data packet loss result in additional delay. To avoid the retransmission delay,
804 the lost data packets can be recovered based on predicted data according to historical information of an

805 object such as its trajectory. For example, packets can be recovered from an LSTM-based prediction of
806 human actions and movements in 3D (Liu et al., 2016a) or a short-term prediction by analyzing the actions,
807 movements, or gestures of users (Manolova et al., 2021). By predicting content, data packets can be
808 generated at the receiver side in the event of packet loss to reduce the delay in holographic communication
809 (Strinati et al., 2019).

810 4.3.2 Communication and Networking Solutions

811 In addition to data processing, some communication and networking solutions have been investigated
812 for satisfying delay and data rate requirements of holographic communication, including computing
813 architecture, transport protocol, and physical layer technology.

814 In holographic communication, data captured from different sensors needs to be processed to form a 3D
815 representation of the object, which is then rendered and reconstructed at the receiver side (Javidi et al., 2005).
816 However, the limited computing capability of local devices may lead to a long processing delay due to the
817 high workload of data fusion and rendering (Hu et al., 2017). Cloud computing is introduced to support
818 high computing workloads for data processing in holographic communication. However, transmitting
819 massive data to the cloud may result in a high communication delay (Wang et al., 2022a), which is not
820 suitable for real-time holographic communication. One promising solution is to offload computing tasks to
821 MEC servers for data processing, since MEC servers possess considerable computing capability and are
822 placed close to users (Gupta et al., 2021). Thanks to network function virtualization (NFV), functions such
823 as data fusion, data compression, and data rendering can be virtualized and flexibly deployed for MEC
824 servers. In this case, captured data from different sources can be aggregated, fused, and synchronized at an
825 MEC server before rendering (Qian et al., 2022). Moreover, a multi-tier computing scheme is proposed for
826 6G networks, which can be utilized for holographic communication by integrating computing resources
827 at cloud servers, MEC servers, and local devices, to achieve a low delay for data transmission and high
828 computing capacity for data processing with collaboration among different servers (Yang et al., 2018;
829 Wang et al., 2022a). By integrating computing resources on different tiers, content can be processed at
830 different servers to effectively utilize computing resources, and flexible computing resource management
831 should be developed to facilitate multi-tier computing for holographic communication. For example, split
832 rendering is introduced for an MEC server and a local device to cooperatively decode and render holograms
833 according to the content (Essaili et al., 2022).

834 To satisfy the stringent delay and high reliability requirements of holographic communication, transport
835 layer optimizations are also crucial. Current transport protocols, such as transmission control protocol (TCP)
836 and user datagram protocol (UDP), can hardly satisfy the requirements of holographic communication.
837 To improve the reliability and delay performance in real-time communication, new protocols based on
838 UDP are introduced, such as QUIC over HTTP/3 (Seufert et al., 2019). Currently, the research on QUIC
839 mainly focuses on traditional 2D video streaming services, while QUIC can serve as a potential solution
840 for holographic communication, providing a quality-managed low-delay streaming option (Clemm et al.,
841 2020). Moreover, the transmission of a hologram may consist of multiple substreams corresponding to
842 different viewpoints, while the QoS requirement and the priority of each substream may be different. In
843 this case, the transmission of the most essential substreams needs to be prioritized. To achieve this target, a
844 new transport protocol is designed in (Rozen-Schiff et al., 2021) for holographic communication to satisfy
845 different QoS requirements of different flows by providing flow-level granular control. In addition, an
846 adaptive retransmission mechanism based on TCP is designed to reduce retransmissions by analyzing
847 and differentiating packets (Clemm et al., 2020). For example, only important data, such as the data used

848 for rendering the part of the hologram in the center of the user's FoV, will be retransmitted if the related
849 packets are lost, to reduce retransmissions.

850 Finally, physical layer solutions are important to supporting a high data rate for holographic
851 communication. In order to transmit high-resolution LFV-based holograms, holographic communication
852 requires a data rate of several Tbps, while current 5G networks cannot support it (Shahraki et al., 2021;
853 David and Berndt, 2018). Featuring higher frequency and larger bandwidth compared with mmWave in 5G,
854 THz communications have the potential to support holographic communication with Tbps-level data rate
855 (Elayan et al., 2019; Chen et al., 2019). To overcome the severe propagation loss of THz communication,
856 dense deployment of access points and extremely narrow beams can be adopted to improve connection
857 density and communication reliability (Zhang et al., 2019b). Considering the absorption and reflection
858 properties in the THz regime (Aazhang et al., 2019), the deployment of the THz base stations and the
859 prediction of user motion require further investigation to provide sustainable LoS links for holographic
860 communication (Chaccour et al., 2022).

5 IMMERSIVE COMMUNICATION: OPEN ISSUES AND FUTURE DIRECTIONS

861 Despite an increasing amount of studies and solutions for supporting XR, haptic communication, and
862 holographic communication, there exist many open issues to address before immersive communications
863 can popularize. To name a few, synchronization of multi-modal communications, user QoE modeling
864 and enhancement, and intelligent network management for immersive communications remain to be
865 challenging problems. In this section, we present some major open issues in immersive communications
866 and potential future directions to address these issues.

867 5.1 Multi-Modal Communications

868 While immersive communications have the potential to enhance user engagement and facilitate immersive
869 interactions, effective network resource management for ensuring synchronized multi-modal perception in
870 highly dynamic network environments is an open issue. The synchronization of multi-modal perception
871 consists of two aspects: inter-stream (cross-modal) and intra-stream. First, the transmission of auditory,
872 visual, and haptic data results in multiple data streams that should be synchronized in order to prevent
873 motion sickness. For example, the time interval between perceived visual and tactile movement should
874 not exceed 1 ms (Van Den Berg et al., 2017). Second, to enhance the immersive experience, a data stream
875 can include multiple data substreams corresponding to different sensations, e.g., temperature and pressure,
876 which also need synchronization. Data substreams corresponding to different DoF of an HI should be
877 synchronized to maintain the stable perception of simultaneity, and data substreams transmitted from
878 LIDAR sensors placed at different locations should be synchronized to render a 3D hologram precisely.
879 There are many works that enable either intra-stream or inter-stream synchronization from the perspective
880 of a single network layer (Zhang et al., 2018; Cizmeci et al., 2017). However, in order to synchronize
881 multi-modal perception, both network-related and application-related information is necessary. This is
882 because network resource management for multi-modal communications is affected by not only different
883 data packet formats, data traffic patterns, and QoS requirements, but also different sensitivities of human
884 perception. The cross-layer design of network protocols for multi-modal communications, which can
885 support information sharing among different layers for efficient use of network resources, is a potential
886 solution (She et al., 2020; Kumar and Muhammad, 2018). A higher-layer approach to synchronizing multi-
887 modal information can benefit from information on network conditions at lower layers, e.g., adaptively
888 changing the priority of modalities in transport-layer multiplexing according to real-time physical-layer

889 data rates. In addition, lower-layer approaches can take into account application-related information for
890 efficient network resource management, e.g., timely adjusting the amount of radio resources allocated to a
891 user in response to the dynamic sensitivity of the user's perception.

892 **5.2 AI-Native Immersive Communications**

893 AI techniques have demonstrated outstanding performance in identifying data correlations and analyzing
894 device dynamics. As a result, some application functions using AI techniques, i.e., AI-enabled functions,
895 have been developed for exploring unknown device states in immersive communications, such as viewpoint
896 predictions in VR devices and haptic data prediction (Wu et al., 2022). To support increased service
897 demands on immersive communications in 6G, AI-enabled functions will be deployed at network servers,
898 i.e., cloud and edge servers (Li et al., 2021a). Accordingly, the network should support the entire lifecycle
899 of AI for the functions, including data collection, data pre-processing, AI model training, inference,
900 and AI model evaluation. By taking AI-enabled functions as the built-in component for supporting
901 immersive communications, several potential future research directions should be investigated. First, AI-
902 enabled functions can be configured according to network management policies for supporting immersive
903 communications. For example, in haptic communication, the prediction horizon, i.e., the time window for
904 the predicted information, of tactile and kinesthetic information can be adjusted adaptively according to
905 real-time network communication delay, AI-based prediction accuracy, and service reliability requirements.
906 Second, efficient data management schemes can be developed, in which low-signaling-overhead and
907 grant-free network management can be achieved by sharing the data obtained from AI-enabled functions.
908 For example, in VR video delivery, network controllers can use a viewpoint prediction model or results
909 from the viewpoint prediction function and allocate sufficient downlink communication resources to users
910 with highly dynamic viewpoint movements. Additionally, effective resource management solutions should
911 be developed to support AI model training in real-time, so that AI-enabled functions can be updated
912 according to user behavior dynamics, where sufficient network resources should be allocated for supporting
913 data collection and processing at edge and cloud servers.

914 **5.3 Time-Sensitive and Deterministic Networking**

915 The existing solutions mentioned in Section 4 can help reduce transmission delay in immersive
916 communications. However, satisfying the stringent delay and reliability requirements of XR, haptic
917 communication, and holographic communication, especially ms-level end-to-end delay, remains a challenge.
918 Fortunately, the ongoing efforts of 3GPP, IEEE, and IETF in supporting time-sensitive networking (TSN)
919 and deterministic networking (DetNet) (Messenger, 2018; Nasrallah et al., 2019) provide solutions to meet
920 the requirements of immersive communications (Rost and Kolding, 2022). The current efforts largely focus
921 on the link and network layers (i.e., layers 2 and 3) and mostly target industrial networks (Rost and Kolding,
922 2022). Therefore, the corresponding solutions may not be readily applicable to all use cases of immersive
923 communications. Potential future directions of TSN and DetNet for immersive communications include
924 the followings. First, a comprehensive solution integrating existing TSN and DetNet designs for delay
925 minimization can be important to immersive communications. For example, the joint design of coordinated
926 sensing/capturing and communication (on the physical layer), traffic shaping and scheduling (on the
927 link layer), flow identification and packet treatment (on the network layer), and viewpoint/haptic data
928 prediction (on the application layer) can help reduce the end-to-end delay in immersive communications.
929 Second, instead of treating different data streams in a mutli-modal communication separately, joint
930 prioritization and resource orchestration for different types of data given their respective delay and jitter
931 requirements is another promising direction. Third, integrating environment-aware and service-oriented

932 network management paradigms can potentially enable TSN and DetNet for immersive communications.
933 An example is to incorporate adaptive radio access network (RAN) function splitting, network slicing,
934 and AI-driven network management to minimize delay and jitter by customizing for a specific service and
935 adapting to the network environment.

936 **5.4 QoE-Oriented Networking**

937 While QoS provisioning from a network perspective benefits the transmission of XR content, haptic
938 information, and holograms, as detailed in Section 4, evaluating and guaranteeing individual users'
939 QoE is crucial in providing them an immersive experience. This is because many factors, besides
940 communication network conditions, can affect user experience in immersive communications, including
941 coding, compression, and human perception. Therefore, QoE-oriented networking from users' perspective is
942 a promising network management paradigm to support immersive communications in the 6G era, including
943 two potential aspects: personalized QoE modeling and QoE-oriented network resource management.
944 First, existing works on immersive communications have limitations on personalizing QoE models for
945 individual users. Conventional QoE modeling are based on either subjective tests or objective quality
946 assessments (Tasaka, 2022). The former, conducted in relatively static laboratory environments, is costly
947 and inapplicable in dynamic network environments, whereas the latter, evaluated by empirical human
948 perception models, does not differentiate individual users (Barakabitze et al., 2019; Ruan and Xie, 2021).
949 Finding a way to model personalized QoE while adapting to dynamic network environments remains an
950 open issue. Second, managing network resources to guarantee the QoE of individual users in immersive
951 communications necessitates user-level information. Even if several users request the same service, they
952 may have different resource demands for improving their QoE (Kougioumtzidis et al., 2022). For example,
953 due to the difference in the sensitivity of haptic perception, e.g., reaction time, the haptic sensors of
954 interest and the scan time for each haptic sensor may differ in supporting different users, yielding different
955 communication and computing resource demands (Coutinho and Boukerche, 2022). In the 6G era, the
956 paradigm of digital twins can be a potential solution for QoE-oriented networking. Specifically, individual
957 users can be characterized by creating user digital twins, including user data profiles that contain extensive
958 well-organized user data, and a variety of digital twin functions that support flexible and customized data
959 collection and analysis (Shen et al., 2021). Both personalized QoE modeling and QoE-oriented network
960 resource management for immersive communications can benefit from extensive timely updated and
961 fine-grained user-level information (Wang et al., 2021).

962 **5.5 New Network Architecture**

963 Network architecture innovation is indispensable for a widespread realization of immersive
964 communications, and innovations building on recent developments for 6G architecture are promising future
965 directions. The need for new architectures manifests in several aspects. First, the computing-intensive nature
966 of immersive communications, rooted from processing and compressing 3D data, predicting of viewpoints
967 and haptics data, and reconstructing 3D objects, demands a network architecture with extensive computing
968 resources and reliable computing service provisioning. As a result, a heterogeneous network with multi-tier
969 computing architecture (Yang, 2019; Zhou et al., 2022a), featuring on-demand and collaborative computing
970 task offloading and scheduling across the network, is important to immersive communications yet open to
971 investigation at the moment. Second, as networks become increasingly complex and the requirements of
972 immersive communications become exceedingly stringent, supporting immersive communications in 6G
973 requires a network architecture with unprecedented scalability, flexibility, and adaptivity. A 6G architecture
974 integrating digital twins, network slicing, and pervasive AI (Shen et al., 2021) can be a foundation to

975 immersive communications. Third, considering the diverse delay requirements of different XR, haptic
976 communication, and holographic communication use cases, the Open-RAN (O-RAN) architecture featuring
977 realtime, near-realtime, and non-realtime layers can benefit service differentiation in RAN management
978 for immersive communications (Abdalla et al., 2022). Last, considering different user preferences and
979 diverse user devices, a new architecture enabling user-centric networking, such as the everyone-centric
980 architecture in (Yang et al., 2022b), has a potential to empower immersive communications. However, as
981 none of the above architectures is developed specifically for immersive communications, new designs and
982 customizations based on them for supporting immersive communications are open for investigation.

6 CONCLUSION

983 In this article, we have delved into immersive communications towards 6G and presented a comprehensive
984 review of the related concepts, representative use cases, technical challenges and potential solutions, and
985 future directions. Focusing on XR, haptic communication, and holographic communication, we have
986 illustrated their general procedures, network requirements, and recent developments in the context of a
987 vision for 6G. Despite abundant emerging use cases and exciting recent advancements, we have shown that
988 many challenges are yet to be conquered before the envisioned prosperity of immersive communications can
989 occur. In particular, the exceeding transmission rate, delay, and reliability requirements, further complicated
990 by the multi-modal and computing-intensive features of immersive communications, indicate the necessity
991 of an unprecedented amount of communication and computing resources as well as novel paradigms such
992 as AI-native communication, multi-tier computing, and user-centric networking.

993 The paradigm shift to immersive communications is truly exciting and inspiring, especially when viewed
994 in the context of the evolution toward 6G. Many opportunities exist, and more will emerge for researchers
995 and engineers in the fields of communications, networking, and computer science to realize immersive
996 communications. We hope this review inspires further interest among fellow researchers and provides
997 fundamental knowledge on related research, thereby contributing to this much-anticipated paradigm shift
998 and making immersive communications the next reality.

CONFLICT OF INTEREST STATEMENT

999 The authors declare that the research was conducted in the absence of any commercial or financial
1000 relationships that could be construed as a potential conflict of interest.

AUTHOR CONTRIBUTIONS

1001 Each author of this paper made a direct and important contribution to this work and approved its publication.

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