

MSW 10-Growing Community

the MSW program
School of Social Work @ Renison University College (uWaterloo)
is celebrating our 10th anniversary - JOIN US!



Virtual Speaker Series:

August 2nd, 2023, Wednesday, 12:30-2 pm EDT

[Presented in collaboration with the Ontario Association of Social Workers]

Chizuru Nobe-Ghelani:

Social Justice and Nature-based Wellness



Chizuru Nobe-Ghelani (she/her) is a racialized migrant settler who is originally from rural Japan. She is an Assistant Professor at the School of Social Work, Renison University College, University of Waterloo. Her scholarship and pedagogy are informed by extensive social work practice around health and wellbeing with marginalized communities both locally and internationally. Her research is centered on the politics and policies pertaining to migrant communities, particularly regarding the colonial and racial politics of Canadian citizenship, historical and contemporary immigration, refugee and citizenship policies, social and structural determinants of migrant health and Indigenous-migrant relations. She deeply cares about Indigenous reconciliation and sovereignty, ethical social work practice, migrant rights, land stewardship and ecological justice. She is a registered social worker, a certified forest therapy guide and trained in horticultural therapy.

Chizuru explores nature-based healing not only at individual level but also at the community and ecological level. She believes deeper connections with more-than-human world can facilitate a move away from ego-centric way of living to eco-centric way of living, expanding our identity to an individual that is part of, and interdependent with our ecosystems.

During this event, Chizuru will discuss how nature-based wellness/healing can address social justice issues, including community care and wellness. Participants will have a glimpse of virtual forest therapy/ *Shinmin-yoku* walk which will be related to the principles of social justice/ ecological justice.

Please register at:

<https://msw10-SJ-nature-based-wellness.eventbrite.ca>



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