Teaching Consent & Boundaries to Children

Books!

**Books for Adults**


**Books for Young Children**

*Some of the below books contain a “note to adults” or extra information for adults – please read!*

Carrie Finison (2021). *Don’t Hug Doug (He Doesn’t Like It)*.


Kathy Stinson (2021). *The Bare Naked Book*. 

Megan Madison, Jessica Ralli & Isabel Roxas (2022). *Yes! No! A First Conversation About Consent.*

**this book is one in a series of 6 board books, the others are first conversations about race, gender, bodies, grief, and love – the complete series is highly recommended!**


Sharee Miller (2019). *Don’t Touch My Hair!*

Todd Parr (2010). *Feelings Flashcards* (cards, not a book)

Tyler Feder (2021). *Bodies Are Cool.*

**Books for Middle-Age Children**

Cory Silverberg (2015). *Sex is a Funny Word: A book about bodies, feelings and YOU.* (graphic format)

Jayneen Sanders. (2017). *Let’s Talk About Body Boundaries, Consent and Respect: Teach children about body ownership, respect, feelings, choices and recognizing bullying behaviors*  

**Jayneen Sanders is an advocate for body safety, gender equality and respectful relationship education**

https://shop.e2epublishing.info/collections

**Books for Pre-Teens**

Carrie Firestone (2022). *Dress coded.* (fiction)

Barbara Dee (2020). *Maybe He Just Likes You.* (fiction)

**Books for Teens**

Cory Silverberg (2022). *You Know, Sex: Bodies, Gender, Puberty and Other Things.* (graphic format)


Videos!

Videos for Kids

amaze jr. – Little kids have big questions. amaze jr. brings parents age-appropriate sex ed resources about talking to young children, and fun videos to share with your children. 
https://amaze.org/jr

Also check out amaze for older children https://amaze.org/

Amaze Org - Consent and Communication https://youtu.be/1wOqcU79Rh8

https://youtu.be/h3nhM9ULjjc

Hopscotch (2022). The Boundaries Song - That’s A Boundary.” YouTube. (3 mins)
https://youtu.be/aSFvJbSqdA4

https://youtu.be/MxDUyXVxjzw

Righttobeorg (2021). Bystander Intervention for Kids! Be a Super Ally with the 5Ds. YouTube. (5 Videos ranging from 1 – 3 mins)
https://youtu.be/js5oGnS41PM?list=PL3wdAcMaXQVqFKg4lKv43NqTBqz4tsscM

Videos for Adults


Nadine Thornhill (n.d.) Teaching Children About Consent. YouTube. (30 mins)
https://youtu.be/CY3s6LSP7vs


https://youtu.be/rZ1MPc5HG_I **A fantastic video that shows how pop culture media portrays lack of consent as romantic and intriguing, communicating the necessity for media education for children and teens.

Rosalia Rivera (n.d.) Consent, Kids and Culture. YouTube. (20 mins)
https://youtu.be/4fbUFM6eoY8
Websites!


Darkness to Light: End Child Sexual Abuse https://www.d2l.org/

Educate2Empower Publishing: Books and Resources to Empower Children and Help Keep them Safe https://e2epublishing.info/

Happermations: Sex Positive Affirmations for Toddlers https://happermations.com/


Online Articles!


The Good Man Project (2016, June 8). *This is How You Teach Kids About Consent*. HuffPost
https://www.huffpost.com/entry/this-is-how-you-teach-kids-about-consent_b_10360296

https://www.nytimes.com/2020/07/16/parenting/kids-body-boundaries.html?auth=login-google1tap&login=google1tap
