

Teaching Consent & Boundaries to Children



Books for Adults

Bonnie J. Rough (2018). *Beyond Birds & Bees: Bringing home a new message to our kids about sex, love, and equality*. Seal Press

Books for young children

Some of the below books contain a “note to adults” or extra information for adults – please read it!

Carrie Finison (2021). *Don’t Hug Doug (He Doesn’t Like It)*.

Cornelia Maude Spelman (1997). *Your Body Belongs to You*.

Cory Silverberg (2012) *What Makes A Baby: A book for every kind of family and every kind of kid*
**free Readers Guide <https://www.corysilverberg.com/what-makes-a-baby>

Jayneen Sanders. (2015). *No Means No! Teaching children about personal boundaries, respect and consent; empowering kids by respecting their choices and their right to say, ‘No!’*

Jill Starishevsky (2014). *My Body Belongs to Me: A book about body safety*.

Kathy Stinson (2021). *The Bare Naked Book*.

Larissa H. Rhone (2021). *My Body Belongs to Me! A book about body ownership, healthy boundaries and communication*.

Megan Madison, Jessica Ralli & Isabel Roxas (2022). *Yes! No! A First Conversation About Consent*.
***this book is one in a series of four board books, the others are first conversations about race, gender and love – the complete series is highly recommended*

Sharee Miller (2019). *Don’t Touch My Hair!*

Tyler Feder (2021). *Bodies Are Cool*.

Books for Middle-Aged Children

Carrie Firestone (2022). *Dress coded*. (fiction)

Barbara Dee (2020). *Maybe He Just Likes You*. (fiction)

Books for Teens

Cory Silverberg (2022). *You Know, Sex: Bodies, Gender, Puberty and Other Things*. (graphic format)

Justin Hancock (2021). *Can We Talk About Consent? A book about freedom, choices, and agreement*.

School of Sexuality Education (2021). *Sex Ed: An Inclusive Teenage Guide to Sex and Relationships*.

Tiffany D Jackson (2021). *Grown*. (fiction)

E.K. Johnston (2016). *Exit, Pursued by a Bear*. (fiction)

Videos

Blue Seat Studios (2016). *Consent for Kids*. [Video]. YouTube. <https://youtu.be/h3nhM9UJjc>

Thornhill, N. (n.d.) *Teaching Children About Consent*. [Video]. YouTube. <https://youtu.be/CY3s6LSP7vs>

Online Articles

Connecticut Alliance to End Sexual Violence (2021, Sept 15). *8 Ways to Teach Kids about Consent and Healthy Boundaries*. <https://endsexualviolencect.org/8-ways-to-teach-kids-about-consent-and-healthy-boundaries/>

Dillon, S. (2021, Mar 20). Teaching Consent to Children: ‘The joke is where it starts and rape is where it ends. How do we ensure children and teens know about consent? Here’s a guide to changing the culture early to prevent sexual assault. <https://www.theguardian.com/society/2021/mar/21/teaching-consent-to-children-the-joke-is-where-it-starts-and-is-where-it-ends>

The Good Man Project (2016, June 8). *This is How You Teach Kids About Consent*. Huffpost. https://www.huffpost.com/entry/this-is-how-you-teach-kids-about-consent_b_10360296

Matthews, D. (2017, March 6). *Call Children’s Private Parts What They Are*. Psychology Today. <https://www.psychologytoday.com/ca/blog/going-beyond-intelligence/201703/call-children-s-private-body-parts-what-they-are>