

# Teaching Consent, Respect & Boundaries to Children




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## Books for Adults

Bonnie J. Rough (2018). *Beyond Birds & Bees: Bringing home a new message to our kids about sex, love, and equality.* Seal Press

Hirsch, J.S. & Khan, S. (2020). *Sexual Citizens: Sex, Power, and Assault on Campus.* W.W. Norton & Company \*This book discusses sexual violence and consent on university campuses

McGuire, Laura (2021). *Creating Cultures of Consent: A Guide for Parents and Educators.* Rowman & Littlefield.

## Books for Young Children

*\*Some of the below books contain a “note to adults” or extra information for adults either at the beginning or end of the book – please read!*

Carrie Finison (2021). *Don’t Hug Doug (He Doesn’t Like It).*

Cornelia Maude Spelman (1997). *Your Body Belongs to You.*

Cory Silverberg (2012) *What Makes A Baby: A book for every kind of family and every kind of kid*  
 \*\*Recommended Readers Guide <https://www.corysilverberg.com/what-makes-a-baby>

Jayneen Sanders. (2015). *No Means No! Teaching children about personal boundaries, respect and consent; empowering kids by respecting their choices and their right to say, ‘No!’*

Jill Starishevsky (2014). *My Body Belongs to Me: A book about body safety.*

Kathy Stinson (2021). *The Bare Naked Book.*

Larissa H. Rhone (2021). *My Body Belongs to Me! A book about body ownership, healthy boundaries and communication.*

Megan Madison, Jessica Ralli & Isabel Roxas (2022). *Yes! No! A First Conversation About Consent.*  
 \*\*this book is one in a series of 6 board books, the others are first conversations about race, gender, bodies, grief, and love – the complete series is highly recommended!

Sharee Miller (2019). *Don’t Touch My Hair!*

Tyler Feder (2021). *Bodies Are Cool.*

## **Books for Pre-Teens (grade 6,7,8)**

Carrie Firestone (2022). *Dress coded*. (fiction)

Barbara Dee (2020). *Maybe He Just Likes You*. (fiction)

## **Books for Teens**

Cory Silverberg (2022). *You Know, Sex: Bodies, Gender, Puberty and Other Things*. (graphic format)

Justin Hancock (2021). *Can We Talk About Consent? A book about freedom, choices, and agreement*.

School of Sexuality Education (2021). *Sex Ed: An Inclusive Teenage Guide to Sex and Relationships*.

Tiffany D Jackson (2021). *Grown*. (fiction)

E.K. Johnston (2016). *Exit, Pursued by a Bear*. (fiction)

## **Videos for Kids**

Blue Seat Studios (2016). *Consent for Kids*. [Video]. YouTube. (2 mins, 42 secs)

<https://youtu.be/h3nhM9UlJjc>

Righttobeorg (2021). *Bystander Intervention for Kids! Be a Super Ally with the 5Ds*. [Video]. YouTube.

(5 Videos ranging from 1 – 3 mins)

<https://youtu.be/js5oGnS41PM?list=PL3wdAcMaXQVqFKg4IKvN3NqTBqz4tsscM>

## **Videos for Adults**

Planned Parenthood (n.d.) How to talk to pre-schoolers about anatomy and body safety [Video].

YouTube. (3 mins) <https://youtu.be/EinNeciMgpQ>

Pop Culture Detective (2018). *Stalking for Love*. [Video]. YouTube. (23 mins)

[https://youtu.be/rZ1MPc5HG\\_I](https://youtu.be/rZ1MPc5HG_I) \*A fantastic video that shows how pop culture media portrays lack of consent as romantic and intriguing, communicating the necessity for media education for children and teens.

Rivera, Rosalia (n.d.) *Consent, Kids and Culture*. [Video]. YouTube. (20 mins)

<https://youtu.be/4fbUFM6eoY8>

Rivera, Monica (n.d.) *Body Sovereignty and Kids: How we cultivate a culture of consent*. [Video].

YouTube. (16 mins) <https://youtu.be/EvGyo1NrzTY>

Thornhill, Nadine (n.d.) *Teaching Children About Consent*. [Video]. YouTube. (30 mins)

<https://youtu.be/CY3s6LSP7vs>

## Websites

Safe Secure Kids – Keeping Kids Safe, Secure, and Happy (2022) Pennsylvania Coalition Against Rape  
<https://www.safesecurekids.org/>

## Online Articles

Connecticut Alliance to End Sexual Violence (2021, Sept 15). *8 Ways to Teach Kids about Consent and Healthy Boundaries*. <https://endsexualviolencect.org/8-ways-to-teach-kids-about-consent-and-healthy-boundaries/>

Dillon, S. (2021, Mar 20). *Teaching Consent to Children: 'The joke is where it starts and rape is where it ends. How do we ensure children and teens know about consent? Here's a guide to changing the culture early to prevent sexual assault.* <https://www.theguardian.com/society/2021/mar/21/teaching-consent-to-children-the-joke-is-where-it-starts-and-is-where-it-ends>

The Good Man Project (2016, June 8). *This is How You Teach Kids About Consent*. Huffpost.  
[https://www.huffpost.com/entry/this-is-how-you-teach-kids-about-consent\\_b\\_10360296](https://www.huffpost.com/entry/this-is-how-you-teach-kids-about-consent_b_10360296)

Marder, J. (2020, July 16). *Keeping Kids Curious about their Bodies without Shame*. New York Times  
<https://www.nytimes.com/2020/07/16/parenting/kids-body-boundaries.html?auth=login-google1tap&login=google1tap>

Matthews, D. (2017, March 6). *Call Children's Private Parts What They Are*. Psychology Today.  
<https://www.psychologytoday.com/ca/blog/going-beyond-intelligence/201703/call-children-s-private-body-parts-what-they-are>

Weissbourd, R. & Cashin, A (2018, Oct 16). *5 Ways Parents can help kids understand consent and prevent sexual assault.* <https://www.washingtonpost.com/lifestyle/2018/10/16/ways-parents-can-help-kids-understand-consent-prevent-sexual-assault/>