

Course Schedule

IMPORTANT: ALL TIMES EASTERN - Please see the [University Policies](#) section of your Syllabus for details.

Week	Readings and Other Assigned Material	Activities and Assignments	Due Date	Weight (%)
Week 1: Introduction to Personality Theory and Research	<i>The Personality Puzzle</i> , Chapter 1	Groups for Post-Scale Weekly Discussions will be created by Technical Support	Check after Tuesday, September 8, 2020 at 4:30 PM	
		Introductory Discussion (Initial Post)	Friday, September 11, 2020 at 11:55 PM	2% (8 of 10)
		Introductory Discussion (Reply Post) (You can choose to miss 2 of the 10 Weekly Discussions)	Sunday, September 13, 2020 at 11:55 PM	
Week 2: Research Methods 1		Post-Scale Weekly Discussion , Parts 1 and 2 (Initial Posts)	Wednesday, September 16, 2020 at 11:55 PM	2% (8 of 10)
		Post-Scale Weekly Discussion , Parts 1 and 2 (Reply Posts)	Sunday, September 20, 2020 at 11:55 PM	
	<i>The Personality Puzzle</i> , Chapters 2, 3, and 4	Begin working on the Research Methods Worksheet		

	<i>The Personality Puzzle</i> , Chapter 5	Weekly Thought Paper (Complete all 8 Weekly Thought Papers throughout the term)	Tuesday, September 22, 2020 at 11:55 PM	3%
<u>Week 3: Research Methods 2</u>		Post-Scale Weekly Discussion , Parts 1 and 2 (Initial Posts)	Wednesday, September 23, 2020 at 11:55 PM	2% (8 of 10)
		Post-Scale Weekly Discussion , Parts 1 and 2 (Reply Posts)	Sunday, September 27, 2020 at 11:55 PM	
		Continue working on the Research Methods Worksheet		
<u>Week 4: The Big Five Personality Factors</u>	<i>The Personality Puzzle</i> , Chapter 4 (Review)	Post-Scale Weekly Discussion , Parts 1 and 2 (Initial Posts)	Wednesday, September 30, 2020 at 11:55 PM	2% (8 of 10)
		Post-Scale Weekly Discussion , Parts 1 and 2 (Reply Posts)	Sunday, October 4, 2020 at 11:55 PM	
		Weekly Thought Paper	Tuesday, October 6, 2020 at 11:55 PM	3%
		Submit the Research Methods Worksheet	Tuesday, October 6, 2020 at 11:55 PM	10%
		If you wish to receive feedback on your participation, you can send an email to your		

		instructor.		
<u>Week 5: Using Personality Traits to Understand Behaviour</u>		Post-Scale Weekly Discussion , Parts 1 and 2 (Initial Posts)	Wednesday, October 7, 2020 at 11:55 PM	2% (8 of 10)
		Post-Scale Weekly Discussion , Parts 1 and 2 (Reply Posts)	Monday, October 19, 2020 at 11:55 PM	
	<i>The Personality Puzzle</i> , Chapter 6	Weekly Thought Paper	Tuesday, October 20, 2020 at 11:55 PM	3%
Reading Week (Saturday, October 10, 2020 to Sunday, October 18, 2020)				
<u>Week 6: Personality, Stability, Development, and Change</u>		Post-Scale Weekly Discussion , Parts 1 and 2 (Initial Posts)	Wednesday, October 21, 2020 at 11:55 PM	2% (8 of 10)
		Post-Scale Weekly Discussion , Parts 1 and 2 (Reply Posts)	Sunday, October 25, 2020 at 11:55 PM	
	<i>The Personality Puzzle</i> , Chapter 7	Weekly Thought Paper	Tuesday, October 27, 2020 at 11:55 PM	3%
<u>Week 7: Work on Critical Comparison Paper</u>		Continue working on the Critical Comparison Paper		
<u>Week 8: Work on Critical Comparison Paper</u>		Submit the Critical Comparison Paper	Tuesday, November 10, 2020 at 11:55 PM	25%

<u>Week 9:</u> <u>Personality,</u> <u>Genes, and</u> <u>Evolution</u>		Post-Scale Weekly Discussion , Parts 1 and 2 (Initial Posts)	Wednesday, November 11, 2020 at 11:55 PM	2% (8 of 10)
		Post-Scale Weekly Discussion , Parts 1 and 2 (Reply Posts)	Sunday, November 15, 2020 at 11:55 PM	
	<i>The Personality Puzzle</i> , Chapter 9	Weekly Thought Paper	Tuesday, November 17, 2020 at 11:55 PM	3%
<u>Week 10: Self-</u> <u>Esteem</u>		Post-Scale Weekly Discussion , Parts 1 and 2 (Initial Posts)	Wednesday, November 18, 2020 at 11:55 PM	2% (8 of 10)
		Post-Scale Weekly Discussion , Parts 1 and 2 (Reply Posts)	Sunday, November 22, 2020 at 11:55 PM	
		Weekly Thought Paper	Tuesday, November 24, 2020 at 11:55 PM	3%
<u>Week 11:</u> <u>Personality</u> <u>Processes</u>		Post-Scale Weekly Discussion , Parts 1 and 2 (Initial Posts)	Wednesday, November 25, 2020 at 11:55 PM	2% (8 of 10)
		Post-Scale Weekly Discussion , Parts 1 and 2 (Reply Posts)	Sunday, November 29, 2020 at 11:55 PM	
	<i>The Personality Puzzle (8th Edition)</i> , Chapter 14; (7th	Weekly Thought Paper	Tuesday, December 1, 2020 at	3%

	Edition, Chapter 14 and 15)		11:55 PM	
<u>Week 12: Personality Disorders and Health</u>		<u>Post-Scale Weekly Discussion</u> , Parts 1 and 2 (Initial Posts)	Wednesday, December 2, 2020 at 11:55 PM	2% (8 of 10)
		<u>Post-Scale Weekly Discussion</u> , Parts 1 and 2 (Reply Posts)	Sunday, December 6, 2020 at 11:55 PM	
	<i>The Personality Puzzle</i> , Chapter 17	<u>Weekly Thought Paper</u>	Monday, December 7, 2020 at 11:55 PM	3%
		<u>Personality of a Movie Character Paper</u>	Wednesday, December 9, 2020 at 11:55 PM	25%

Final Examination

There is no final examination for this course.

Official Grades and Course Access

Official Grades and Academic Standings are available through [Quest](#).

Your access to this course will continue for the duration of the current term. You will not have access to this course once the next term begins.

Contact Information

Announcements

Your instructor uses the **Announcements** widget on the **Course Home** page during the term to communicate new or changing information regarding due dates, instructor absence, etc., as needed. You are expected to read the announcements on a regular basis.

To ensure you are viewing the complete list of announcements, you may need to click **Show All Announcements**.

Discussions

A [General Discussion](#) topic* has also been made available to allow students to communicate with peers in the course. Your instructor may drop in at this discussion topic.

Contact Us

Who and Why	Contact Details
<p>Instructor</p> <ul style="list-style-type: none"> Course-related questions (e.g., course content, deadlines, assignments, etc.) Questions of a personal nature 	<p>Post your course-related questions to the Ask the Instructor discussion topic*. This allows other students to benefit from your question as well.</p> <p>Questions of a personal nature can be directed to your instructor.</p> <p>Instructor: Rick Coupland rcoupland@uwaterloo.ca Office hours are available by appointment.</p> <p>Your instructor checks email and the Ask the Instructor discussion topic* frequently and will make every effort to reply to your questions within 24–48 hours, Monday to Friday.</p>
<p>Technical Support, Centre for Extended Learning</p> <ul style="list-style-type: none"> Technical problems with Waterloo LEARN 	<p>learnhelp@uwaterloo.ca</p> <p>Include your full name, WatIAM user ID, student number, and course name and number.</p> <p>Technical support is available during regular business hours, Monday to Friday, 8:30 AM to 4:30 PM (Eastern Time).</p> <p>LEARN Help Student Documentation</p>
<p>Learner Support Services, Centre for Extended Learning</p> <ul style="list-style-type: none"> General inquiries 	<p>Student Resources</p> <p>extendedlearning@uwaterloo.ca</p>

- WatCards (Student ID Cards)
- Examination information

+1 519-888-4002

Include your full name, WatIAM user ID, student number, and course name and number.

*Discussion topics can be accessed by clicking **Connect** and then **Discussions** on the course navigation bar above.

Course Description and Learning Outcomes

Course Description

Personality

This course addresses the science of measuring and explaining patterned individual differences in behaviour, including temperaments and traits; values, goals, and personal strivings; and meaning systems and self-narratives. Topics include behavioural, physiological, genetics, and cultural studies of personality; continuity and change in personality over the lifespan; and personality disorders.

Learning Outcomes

- To develop an in-depth knowledge of the psychological study of personality.
- To be able to apply psychological research to assess peoples' personality for research and applied purposes.
- To understand the current issues, methods, and topics in personality psychology.
- To develop the ability to relate the findings of personality research to your life and to important issues in our society and the world at large.
- To build and improve writing skills.
- To build and improve skills at having substantive online discussions.

This online course was developed by Christine Logel, with instructional design and multimedia development support provided by the Centre for Extended Learning. Further media production was provided by Instructional Technologies and Multimedia Services.

About the Course Author and Instructor

About the Instructor - Dr. Rick Coupland, C.Psych.

Dr. Coupland is a licensed clinical and neuropsychologist. He completed his undergraduate degree at Western University in London ON and his PhD in Clinical Psychology at the University of Saskatchewan in Saskatoon SK. His research interests focus on crime, violence, psychopaths, risk assessment, and offender rehabilitation. Dr. Coupland is Adjunct at the University of Waterloo and supervises clinical psychology graduate students at the Centre for Mental Health Research and Treatment (CMHRT).

More information can be found on his faculty information page: [Rick Coupland - Social Development Studies](#).



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About the Course Author - Dr. Christine Logel

Educational Background

Dr. Logel has enduring ties to University of Waterloo. She completed her BA in Psychology and Applied Studies Co-op — a program which has now evolved into Arts and Business Co-op — and then did her

PhD in Social Psychology at Waterloo as well, under the supervision of Dr. Steven J. Spencer. After a SSHRC-funded postdoctoral fellowship at University of Colorado Boulder and Stanford University, she returned to Waterloo for a CIHR-funded postdoctoral fellowship in Chronic Disease Prevention. She was hired as an Assistant Professor at Renison in 2011 and promoted to Associate Professor of Social Development Studies in 2016.



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Current Research

Dr. Logel studies social psychological processes that contribute to social problems and negatively impact individual well-being. One particular focus has been the effects on people when they are judged in light of negative group stereotypes. Currently, she focuses on developing and rigorously testing brief, targeted social psychological interventions that guide people to face challenges with the most adaptive mindset — one that allows them to tap into the resources available to them, both in their environment and inside themselves.

Teaching Background

Dr. Logel has taught Introductory Psychology, Social Cognition, Personality Psychology, Social Psychology, and Honours Seminars on Race and Gender Equality and on Psychological Interventions. She applies what she learns in her research, focusing on guiding students on how to equip themselves with the skills and resources that can help them flourish in their education and beyond.

Outside of Work

Dr. Logel is a big fan of trampolines, autumn leaves, roller coasters, the Social Development Studies program, and following current events. Where appropriate, she tells people about her invisible disability

— a chronic illness — so others know they are not alone.

Materials and Resources

Textbook

Required

Funder, David C. (2019). *The Personality Puzzle (8th Edition)*. W.W. Norton and Company. 7th Edition (2015) is allowed.

For textbook ordering information, please contact the [W Store | Course Materials + Supplies](#)

For your convenience, you can compile a list of required and optional course materials through [BookLook](#) using your Quest userID and password. If you are having difficulties ordering online and wish to call the Waterloo Bookstore, their phone number is +1 519-888-4673 or toll-free at +1 866-330-7933. Please be aware that textbook orders **CANNOT** be taken over the phone.

Resources

- [Library services for Co-op students on work term and Extended Learning students](#)

Grade Breakdown

The following table represents the grade breakdown of this course.

Activities and Assignments	Weighting Description	Weight (%)
Introductory Discussion (x1)	You will be graded on 8 of the 10 Weekly Discussions	16%
Post-Scale Weekly Discussions (x9)		
Weekly Thought Papers (x8)	Complete all 8 Weekly Thought Papers (3% X 8)	24%
Research Methods Worksheet		10%

Critical Comparison Paper	25%
Personality of a Movie Character Paper	25%

Course Policies

Late Penalties

There will be a late penalty of five percent per day for Activities and Assignments submitted late. Any assignment over one week late will receive a grade of zero.

Accommodations

Please contact your instructor ahead of time if you have a significant challenge this term and might need accommodations of some kind.

Group Work

Please contact your discussion group members to let them know if you are going to be unable to participate in discussions for more than two weeks in a row, even if that nonparticipation has been approved by the course instructor.

This way, group members can contact the instructor if they somehow find themselves with only two people in their group, making it difficult for them to complete the discussions.

University Policies

Submission Times

Please be aware that the University of Waterloo is located in the **Eastern Time Zone** (GMT or UTC-5 during standard time and UTC-4 during daylight saving time) and, as such, the time that your activities and/or assignments are due is based on this zone. If you are outside the Eastern Time Zone and require assistance with converting your time, please try the [Ontario, Canada Time Converter](#).

Accommodation Due to Illness

If your instructor has provided specific procedures for you to follow if you miss assignment due dates, term tests, or a final examination, adhere to those instructions. Otherwise:

Missed Assignments/Tests/Quizzes

Contact the instructor as soon as you realize there will be a problem, and preferably within 48 hours, but no more than 72 hours, have a medical practitioner complete a [Verification of Illness Form](#).

Email a scanned copy of the Verification of Illness Form to your instructor. In your email to the instructor, provide your name, student ID number, and exactly what course activity you missed.

Further information regarding Management of Requests for Accommodation Due to Illness can be found on the [Accommodation due to illness](#) page.

Missed Final Examinations

If this course has a final exam and if you are unable to write a final examination due to illness, seek medical treatment and have a medical practitioner complete a [Verification of Illness Form](#). Email a scanned copy to the Centre for Extended Learning (CEL) at extendedlearning@uwaterloo.ca within 48 hours of your missed exam. Make sure you include your name, student ID number, and the exam(s) missed. You will be REQUIRED to hand in the original completed form before you write the make-up examination.

After your completed Verification of Illness Form has been received and processed, you will be emailed your alternate exam date and time. This can take up to 2 business days. If you are within **150 km** of Waterloo you should be prepared to write in Waterloo on the additional CEL [exam dates](#). If you live outside the 150 km radius, CEL will work with you to make suitable arrangements.

Further information about [Examination Accommodation Due to Illness](#) regulations is available in the Undergraduate Calendar.

Academic Integrity

In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. **If you have not already completed the online tutorial regarding academic integrity you should do so as soon as possible.** Undergraduate students should see the [Academic Integrity Tutorial](#) and graduate students should see the [Graduate Students and Academic Integrity](#) website.

Proper citations are part of academic integrity. Citations in CEL course materials usually follow CEL style, which is based on APA style. Your course may follow a different style. If you are uncertain which style to use for an assignment, please confirm with your instructor or TA.

For further information on academic integrity, please visit the [Office of Academic Integrity](#).

Turnitin

Turnitin.com: Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students' submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin® in this course.

It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit the alternate assignment.

[Turnitin® at Waterloo](#)

Discipline

A student is expected to know what constitutes [academic integrity](#) to avoid committing an academic offence, and to take responsibility for his/her actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration, should seek guidance from the course instructor, academic advisor, or the undergraduate Associate Dean. For information on categories of offences and types of penalties, students should refer to [Policy 71 - Student Discipline](#). For typical penalties, check [Guidelines for the Assessment of Penalties](#).

Appeals

A decision made or penalty imposed under [Policy 70 - Student Petitions and Grievances](#), (other than a petition) or [Policy 71 - Student Discipline](#), may be appealed if there is a ground. A student who believes he/she has a ground for an appeal should refer to [Policy 72 - Student Appeals](#).

Grievance

A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70 - Student Petitions and Grievances](#), Section 4. When in doubt please be certain to contact the department's administrative assistant who will provide further assistance.

Final Grades

In accordance with [Policy 46 - Information Management](#), Appendix A - Access to and Release of Student Information, the Centre for Extended Learning does not release final examination grades or final course grades to students. Students must go to [Quest](#) to see all final grades. Any grades posted in

Waterloo LEARN are unofficial.

AccessAbility Services

[AccessAbility Services](#), located in Needles Hall, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodation to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term and for each course.

Accessibility Statement

The Centre for Extended Learning strives to meet the needs of all our online learners. Our ongoing efforts to become aligned with the [Accessibility for Ontarians with Disabilities Act \(AODA\)](#) are guided by University of Waterloo accessibility [Legislation](#) and policy and the [World Wide Web Consortium's \(W3C\) Web Content Accessibility Guidelines \(WCAG\) 2.0](#). The majority of our online courses are currently delivered via the Desire2Learn Learning Environment. Learn more about [Desire2Learn's Accessibility Standards Compliance](#).

Use of Computing and Network Resources

Please see the [Guidelines on Use of Waterloo Computing and Network Resources](#).

Copyright Information

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