Renison University College Land Acknowledgement

With gratitude, we acknowledge that Renison University College is located on the traditional territory of the Attawandaron (also known as Neutral), Anishinaabe, and Haudenosaunee peoples, which is situated on the Haldimand Tract, the land promised to the Six Nations that includes ten kilometres on each side of the Grand River.

Fall 2019

Course Code: SDS 150R (Section 001)
Course Title: Lifespan Processes

Class Times/Location: Mondays, 6:30 p.m. - 9:20 p.m., REN 1918

Instructor
Instructor: Dr. Debbie Wang
Office Hours: Mondays 5:30 p.m. – 6:30 p.m. (confirm via email)
Email: debbie.wang@uwaterloo.ca

Course Description

This is an introductory course to human development that spans conception to death. It provides an overview of events which occur throughout the life course and consideration for how these may impact healthy development. The broad scope of this course offers an opportunity to understand our shared human experience in a manner that is not limited to an individual stage of development – rather explore how growth and change at one point of life may have cascading impacts on development later on as well.

The course applies a bio-psycho-social perspective to understanding lifespan development. Human growth will be explored according to how biological and psychological determinants as well as how social environment impacts development. In this context, course discussions will include: age, culture,
gender, class, sexual orientation and ability.

Students will be encouraged to personally reflect on course material. Classroom activities will provide opportunities to understand their own development – such as the circumstances and experiences that have shaped them until now and those which may influence their future development.

Course Objectives and Learning Outcomes

Upon completion of this course, students should be able to:

A. Identify and describe major lifespan processes
   - Applying the bio-psycho-social perspective
   - Review life events from conception until birth

B. Understand the major lifespan concepts and models
   - Examine qualitative changes and issues for each life stages
   - Illustrate connections between lifespan concepts and real life situations

C. Apply lifespan concepts to self and others
   - Develop reflection skills pertaining to the life course materials
   - Personal analysis of past, current and future development

Required Text

Course Requirements and Assessment

<table>
<thead>
<tr>
<th>Assessment</th>
<th>Date of Evaluation</th>
<th>Weighting</th>
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<tbody>
<tr>
<td>Test 1</td>
<td>Week 6</td>
<td>20%</td>
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<tr>
<td>Test 2</td>
<td>Week 9</td>
<td>20%</td>
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<tr>
<td>Test 3</td>
<td>Week 12</td>
<td>20%</td>
</tr>
<tr>
<td>Class Participation Activities</td>
<td>As discussed in class</td>
<td>10%</td>
</tr>
<tr>
<td>Systems paper</td>
<td>Early due date: Nov. 25</td>
<td>30%</td>
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<tr>
<td></td>
<td>Official due date: Dec. 2</td>
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</table>

Total 100%

Readings Available on LEARN
Check on LEARN regularly for weekly communication and additional learning materials.

Tests
Online tests during Week 6, 9 & 12
A total of three online tests (20% each) will be given during the term. They will require knowledge and concepts from readings, lectures, class discussions, videos, and exercises. The tests will consist of only multiple choice questions.
- Quiz 1 will cover theories, infancy, and early childhood.
- Quiz 2 will cover middle childhood, adolescence, and early adulthood.
- Quiz 3 will cover middle adulthood, late adulthood, and death, dying and bereavement.

Class participation activities
Students will complete class participation activities throughout the semester. There will be at least 10 activities by which students will be graded as pass or fail. Such activities may include class attendance, surveys, contributing to lectures, participating in group discussions, in-class and online reflections, additional research/readings and dropbox submissions. Students will have a limited opportunity to complete these activities and make-up activities will not be offered.

Systems Paper:

Bioecological Systems Profile of Development

Value: 30%

Length: 2200 - 2400 words plus cover page and reference page, APA formatted

Due: Early due date on November 25th with 1% bonus mark and regular due date on December 2

Life cycle issues are best understood in terms of how they happen in people’s lives – your own and others. This developmental profile assignment will allow you to reflect upon your own experience of life within the context of developmental theory.
You will be creating a “snapshot” of systems involved at all stages of human development based on Bronfenbrenner’s Bioecological Systems model (page 46 – 48). First, summarize aspects of normative/typical development as described in the text using Bronfenbrenner’s model to organize your information. Review the relevant chapters to consider developmental milestones/tasks and the impact of different systems on development. Then, compare and contrast the information from the text with your own experience.

You may choose to use your own life to explore, or if you would prefer, you can base it on an individual that you know. More instruction of the eight section outline for your Bioecological Systems Profile paper will be posted on LEARN.

**Course Outline**
The weekly course schedule includes lecture topics, textbook readings, guest lectures and test dates.
For various reasons, it may be necessary to make changes to the course schedule. Any deviations in the scheduling of lectures, readings, nature and dates of tests, guest speaker dates or other course work will be announced in class. Missing such a announcement is not an excuse for being unaware of the changes.
PowerPoint lecture handouts will be made available online at the LEARN course website. The handouts provide a general outline for lectures. These handouts are not intended to replace lecture content or class attendance.

<table>
<thead>
<tr>
<th>Class</th>
<th>Date</th>
<th>Topic</th>
<th>Readings Due</th>
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<tbody>
<tr>
<td>1</td>
<td>September 9</td>
<td>Course introduction</td>
<td>Chapter 1</td>
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<td></td>
<td>Basic concepts &amp; assumptions of lifespan development</td>
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<td>2</td>
<td>September 16</td>
<td>Introduction to theories of lifespan development</td>
<td>Chapter 2-3</td>
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<td>Prenatal development and care</td>
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<td>Class</td>
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<td>3</td>
<td>September 23</td>
<td>Infancy</td>
<td>Chapter 4-6</td>
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<td>4</td>
<td>September 30</td>
<td>Early childhood</td>
<td>Chapter 7-8</td>
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<td>Guest speaker</td>
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<td>5</td>
<td>October 7</td>
<td>Middle Childhood Test 1</td>
<td>Chapter 9-10</td>
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<td>October 14 -18</td>
<td>Thanksgiving (Holiday)</td>
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<td>Reading Week</td>
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<td>6</td>
<td>October 21</td>
<td>Adolescence</td>
<td>Chapter 11</td>
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<tr>
<td>7</td>
<td>October 28</td>
<td>Adolescence</td>
<td>Chapter 12</td>
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<td>Guest speaker</td>
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<td>8</td>
<td>November 4</td>
<td>Early Adulthood</td>
<td>Chapter 13-14</td>
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<td>9</td>
<td>November 11</td>
<td>Middle Adulthood Test 2</td>
<td>Chapter 15-16</td>
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<td>10</td>
<td>November 18</td>
<td>Late Adulthood</td>
<td>Chapter 17-18</td>
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<td>Guest Speaker</td>
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<tr>
<td>11</td>
<td>November 25</td>
<td>Late Adulthood Death and Dying Systems Paper - early due date</td>
<td>Chapter 19</td>
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<tr>
<td>12</td>
<td>December 2</td>
<td>Life satisfacton and life review Makeup content and conclusion Test 3 Systems Paper - official due date</td>
<td>Review course content</td>
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</tbody>
</table>
**Late/Missed Work**
Assessments (including tests, activities and final paper) must be completed on the scheduled date at the scheduled time. Missing an assessment will result in a mark of zero. Travel plans are not considered sufficient reason to miss an assessment. No exceptions will be made other than documented medical illness of the most serious nature. In such circumstances, students must submit a Verification of Illness form completed by a physician. (https://uwaterloo.ca/campus-wellness/health-services/student-medical-clinic)

**Electronic Device Policy**
Electronic devices are allowed in class, provided they do not disturb teaching or learning.

**Final Examination**
There will be no final examination scheduled.

**Accommodation for Illness or Unforeseen Circumstances:**
The instructor follows the practices of the University of Waterloo in accommodating students who have documented reasons for missing quizzes or exams. See http://www.registrar.uwaterloo.ca/students/accom_illness.html

**Academic Integrity:**
In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect and responsibility. See the **UWaterloo Academic Integrity webpage (https://uwaterloo.ca/academic-integrity/)** and the **Arts Academic Integrity webpage (https://uwaterloo.ca/arts/current-undergraduates/student-support/ethical-behaviour)** for more information.

**Discipline:** Every student is expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for their own actions. [Check the Office of Academic Integrity (https://uwaterloo.ca/academic-integrity) for more information.] A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration,
should seek guidance from the course professor, academic advisor, or Academic Dean. When misconduct has been found to have occurred, disciplinary penalties are imposed under the University of Waterloo Policy 71 – Student Discipline. For information on categories of offences and types of penalties, students should refer to Policy 71 - Student Discipline. For typical penalties check Guidelines for the Assessment of Penalties (https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/guidelines/guidelines-assessment-penalties).

Students should also be aware that copyright laws in Canada prohibit reproducing more than 10% of any work without permission from its author, publisher, or other copyright holder. Waterloo’s policy on Fair Dealing is available here: https://uwaterloo.ca/copyright-guidelines/fair-dealing-advisory Violation of Canada’s Copyright Act is a punishable academic offence under Policy 71 – Student Discipline.

**Grievance:** A student who believes that a decision affecting some aspect of university life has been unfair or unreasonable may have grounds for initiating a grievance. Read Policy 70 - Student Petitions and Grievances, Section 4 (https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-70). When in doubt, please be certain to contact the department’s administrative assistant, who will provide further assistance.

**Appeals:** A decision made or penalty imposed under Policy 70, Student Petitions and Grievances (other than a petition) or Policy 71, Student Discipline may be appealed if there are grounds. Students who believe they have grounds for an appeal should refer to Policy 72, Student Appeals (https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-72).

**Academic Integrity Office (uWaterloo):**
http://uwaterloo.ca/academic-integrity/

**Accommodation for Students with Disabilities:**

**Note for Students with Disabilities:** The AccessAbility Services office, located on the first floor of the Needles Hall extension (NH 1401), collaborates with all academic departments to arrange appropriate accommodations for students with disabilities, without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with the AAS office at the beginning of each academic term.
Intellectual Property. Students should be aware that this course contains the intellectual property of the instructor, which can include:

- lecture handouts and presentations (e.g., PowerPoint slides)
- lecture content, both spoken and written (and any audio or video recording thereof)
- questions from various types of assessments (e.g., assignments, quizzes, tests, final exams)
- work protected by copyright (i.e., any work authored by the instructor)

Making available the intellectual property of instructors without their express written consent (e.g., uploading lecture notes or assignments to an online repository) is considered theft of intellectual property and subject to disciplinary sanctions as described in Policy 71 – Student Discipline. Students who become aware of the availability of what may be their instructor’s intellectual property in online repositories are encouraged to alert the instructor.

Mental Health Support
All of us need a support system. The faculty and staff in Arts encourage students to seek out mental health supports if they are needed.

On Campus
- Counselling Services: counselling.services@uwaterloo.ca / 519-888-4567 xt 32655
- MATES: one-to-one peer support program offered by Federation of Students (FEDS) and Counselling Services
- Health Services Emergency service: located across the creek form Student Life Centre

Off campus, 24/7
- Good2Talk: Free confidential help line for post-secondary students. Phone: 1-866-925-5454
- Grand River Hospital: Emergency care for mental health crisis. Phone: 519-749-433 ext. 6880
- Here 24/7: Mental Health and Crisis Service Team. Phone: 1-844-437-3247
- OK2BME: set of support services for lesbian, gay, bisexual, transgender or questioning teens in Waterloo. Phone: 519-884-0000 extension 213

Full details can be found online at the Faculty of ARTS website
Download UWaterloo and regional mental health resources (PDF)
Download the WatSafe app to your phone to quickly access mental health support information
A respectful living and learning environment for all

Everyone living, learning, and working at Renison University College is expected to contribute to creating a respectful environment free from harassment and discrimination.

If you experience or witness harassment or discrimination, seek help. You may contact Credence & Co., Renison’s external anti-harassment and anti-discrimination officers, by email (info@credenceandco.com) or by phone (519-883-8906). Credence & Co. is an independent K-W based firm which works with organizations toward thriving workplace cultures, including professional coaching, consulting, facilitation, policy development, conflict mediation and ombudsperson functions.

Harassment is unwanted attention in the form of disrespectful comments, unwanted text messages or images, degrading jokes, rude gestures, unwanted touching, or other behaviours meant to intimidate.

According to the Ontario Human Rights Code, discrimination means unequal or different treatment causing harm, whether intentional or not, because of race, disability, citizenship, ethnic origin, colour, age, creed, marital status, sex, sexual orientation, gender identity, and gender expression, or other personal characteristic.