## Course Schedule

**Important: ALL TIMES EASTERN - Please see the University Policies section of your Course Outline for details**

<table>
<thead>
<tr>
<th>Week</th>
<th>Module</th>
<th>Readings</th>
<th>Activities and Assignments</th>
<th>End/Due Date</th>
<th>Weight (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Quiz 1</td>
<td>Tuesday, May 24, 2022 at 11:59 PM</td>
<td>Best 15 of 19 worth 30%</td>
</tr>
<tr>
<td><strong>Week 2</strong></td>
<td><strong>Module 2:</strong> <em>Theories and Methods</em></td>
<td>The corresponding chapter for your Group Portfolio Presentation Assignment in Rathus, S., Rogerson, R., &amp; Berk, L. (2021). <em>HDEV</em> (4th ed.). Toronto, ON: Nelson Canada.</td>
<td><strong>Step 1: Select Your Group for Group Portfolio Presentation</strong></td>
<td>Tuesday, May 10, 2022 at 11:59 PM</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Reflective Journal 1</td>
<td>Tuesday, May 17, 2022 at</td>
<td>Best 5 of 6 worth</td>
</tr>
</tbody>
</table>
Week 3

Module 3: Viewing Lifespan from an Attachment Lens


Step 2: Research Agenda of Group Portfolio Presentation

Quiz 2

Tuesday, May 24, 2022 at 11:59 PM

2%

Tuesday, June 14, 2022 at 11:59 PM

Quiz 3

Quiz 4

Reflective Journal 2

Tuesday, May 24, 2022 at 11:59 PM

Tuesday, June 14, 2022 at 11:59 PM

Tuesday, May 31, 2022 at 11:59 PM

25%

20%

23%

Discussion and Peer Evaluation

Tuesday, June 7, 2022 at 11:59 PM

Week 4

Module 4: Resilience


Quiz 3

Quiz 4

Reflective Journal 2

Tuesday, June 14, 2022 at 11:59 PM

Tuesday, June 14, 2022 at 11:59 PM

Tuesday, May 31, 2022 at 11:59 PM

25%

20%

23%

Week 5

Module 5: Infancy


Infancy Groups

Step 3: Create and Share your Presentation and Step 4: Individual Reflection on Group Work of Group Portfolio Presentation

Friday, June 3, 2022 at 11:59 PM

23%
Week 6: Early Childhood

Module 6: Early Childhood

Canada.

Quiz 5
June 14, 2022 at 11:59 PM
Tuesday, June 14, 2022
11:59 PM

Quiz 6
Early Childhood Groups
Step 3: Create and Share your Presentation and Step 4: Individual Reflection on Group Work of Group Portfolio Presentation
Friday, June 10, 2022 at 11:59 PM


Discussion and Peer Evaluation
Tuesday, June 14, 2022 at 11:59 PM
Tuesday, June 28, 2022 at 11:59 PM

Quiz 7
Tuesday, June 28, 2022 at 11:59 PM

Quiz 8
Tuesday, June 28, 2022 at 11:59 PM

Reflective Journal 3
Friday, June 17, 2022 at 11:59 PM

Middle Childhood Groups
Step 3: Create and Share your Presentation and Step 4: Individual Reflection on Group
Work of Group Portfolio Presentation


**Discussion and Peer Evaluation**
Tuesday, June 21, 2022 at 11:59 PM

**Quiz 9**
Tuesday, June 28, 2022 at 11:59 PM

**Quiz 10**
Tuesday, June 28, 2022 at 11:59 PM

Adolescence Groups

Step 3: Create and Share your Presentation and Step 4: Individual Reflection on Group Work of Group Portfolio Presentation

Friday, June 24, 2022 at 11:59 PM


**Discussion and Peer Evaluation**
Tuesday, June 28, 2022 at 11:59 PM

**Quiz 11**
Tuesday, July 12, 2022 at 11:59 PM

**Quiz 12**
Tuesday, July 12, 2022 at 11:59 PM

**Reflective Journal 4**
Tuesday, June 28, 2022 at 11:59 PM
Week 9

Module 9: Early Adulthood


Early Adulthood Groups

Step 3: Create and Share your Presentation and Step 4: Individual Reflection on Group Work of Group Portfolio Presentation

Saturday, July 2, 2022 at 11:59 PM

Week 10

Module 10: Middle Adulthood


Middle Adulthood Groups

Step 3: Create and Share your Presentation and Step 4: Individual Reflection on Group Work of Group Portfolio Presentation

Friday, July 8, 2022 at 11:59 PM

Discussion and Peer Evaluation

Tuesday, July 5, 2022 at 11:59 PM

Quiz 13

Tuesday, July 12, 2022 at 11:59 PM

Quiz 14

Tuesday, July 12, 2022 at 11:59 PM

Discussion and Peer Evaluation

Tuesday, July 12, 2022 at 11:59 PM

Quiz 15

Tuesday, July 26, 2022 at 11:59 PM
Module 11: Late Adulthood

Week 11

**Chapters 17 and 18**


**Quiz 16**

Tuesday, July 26, 2022 at 11:59 PM

**Reflective Journal 5**

Tuesday, July 12, 2022 at 11:59 PM

Late Adulthood Groups

Step 3: Create and Share your Presentation and Step 4: Individual Reflection on Group Work of Group Portfolio Presentation

**Discussion and Peer Evaluation**

Friday, July 15, 2022 at 11:59 PM

**Quiz 17**

Tuesday, July 19, 2022 at 11:59 PM

**Quiz 18**

Tuesday, July 26, 2022 at 11:59 PM

End of Life Groups

Step 3: Create and Share your Presentation and Step 4: Individual Reflection on Group Work of Group Portfolio Presentation

**Discussion**

Tuesday, July 26, 2022

**Chapters 19**

Module 12: Death and Dying


There is no final examination for this course
Contact Information

Announcements

Your instructor uses the Announcements widget on the Course Home page during the term to communicate new or changing information regarding due dates, instructor absence, etc., as needed.

You are expected to read the announcements on a regular basis.

To ensure you are viewing the complete list of announcements, you may need to click Show All Announcements.

Discussions

A General Discussion topic* has also been made available to allow students to communicate with peers in the course. Your instructor may drop in at this discussion topic.

Contact Us

<table>
<thead>
<tr>
<th>Who and Why</th>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Instructor and TA</td>
<td>Post your course-related questions to the Ask the Instructor discussion topic*. This allows other students to benefit from your question as well.</td>
</tr>
<tr>
<td></td>
<td>Questions of a personal nature can be directed to your instructor.</td>
</tr>
<tr>
<td></td>
<td>Instructor: Debbie Wang</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:d30wang@uwaterloo.ca">d30wang@uwaterloo.ca</a></td>
</tr>
</tbody>
</table>
Your instructor checks email and the **Ask the Instructor** discussion topic* frequently and will make every effort to reply to your questions within 24–48 hours, Monday to Friday.

<table>
<thead>
<tr>
<th>Technical Support, Centre for Extended Learning</th>
<th><a href="mailto:learnhelp@uwaterloo.ca">learnhelp@uwaterloo.ca</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>• Technical problems with Waterloo LEARN</td>
<td>Include your full name, WatIAM user ID, student number, and course name and number.</td>
</tr>
<tr>
<td>• Questions about PebblePad</td>
<td>Technical support is available during regular business hours, Monday to Friday, 8:30 AM to 4:30 PM (Eastern Time).</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Learner Support Services, Centre for Extended Learning</th>
<th>Student Resources, <a href="mailto:extendedlearning@uwaterloo.ca">extendedlearning@uwaterloo.ca</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>• General inquiries</td>
<td>Include your full name, WatIAM user ID, student number, and course name and number.</td>
</tr>
<tr>
<td>• Examination information</td>
<td></td>
</tr>
</tbody>
</table>

*Discussions can be accessed from the **Course Home** page by clicking **Connect** and then **Discussions** on the course navigation bar.
Course Description and Learning Outcomes

Course Description

This course is an introduction to human development that spans conception to death. It provides an overview of events which occur throughout the course of life and consideration for how these may impact healthy development. The course applies a bio-psycho-social perspective and a scientific approach to understanding lifespan development. Human growth will be explored according to how biological and psychological determinants as well as how social environment impacts development. Students are encouraged to personally reflect on course material and examine the circumstances and experiences that have shaped them until now and those which may influence their future development.

Learning Outcomes

After completing this course, you will be able to:

- Describe key life events from conception to death
- Identify and describe major lifespan phases
- Define key changes and characteristics of each phase of life
- Implement the bio-psycho-social perspective and a scientific approach to lifespan issues
- Relate developmental theories and lifespan concepts to real-life situations
- Connect lifespan concepts to yourself and others, considering their implications

This online course was developed by Hsiao d’Ailly and Debbie Wang, with instructional design and multimedia development support provided by the Centre for Extended Learning. Further media production was provided by Instructional Technologies and Multimedia Services.
About the Course Authors

Hsiao d'Ailly — Course Author

Dr. Hsiao d'Ailly is an Associate Professor in Psychology and the past chair of Social Development Studies (2007-2013; 2015-2018). Her areas of teaching and research include social statistics, social research methods, motivation, educational psychology, cross-cultural psychology, and immigrant adaptation. Her most recent research is an evaluation study of a project called “Engaging wellness to reduce social isolation among people living with dementia and their care partners”. This project is funded by the Trillium foundation and implemented by three Alzheimer Societies in Grey-Bruce, Huron and Perth Counties.

Dr. d’Ailly has been an active member in the community and has taken on several leadership roles. She was the President of the Board for K-W Counseling Services (KWCS) from 2005-2007, a non-profit counseling agency in Waterloo region and continued to serve as a board director for that agency until 2010. Dr. d’Ailly was a member of the steering committee and later participated in program evaluation for “Taking Culture Seriously in Mental Health”, a 5-year Community University Research Alliance (CURA) project funded by Social Sciences and Humanities Research Council of Canada (SSHRC). Currently, Dr. d’Ailly is a board director and Vice Chair of the Center for Community Based Research (CCBR), and the Vice President of Chinese Canadian Woman's Federation (CCWF) in Waterloo Region.

Dr. d’Ailly grew up in Taiwan. She earned a teaching certificate with a specialization in Music from Taipei Municipal Junior Teachers College and taught in elementary schools before immigrating to Canada. She has a BA degree in English from The National Taiwan Normal University, a Master of Education degree and a Ph.D. in Psychology, both from The Western University. In her spare time, Hsiao enjoys travel, films, music, and long walks with friends.

Debbie Wang - Course Author and Instructor
Dr. Debbie Wang is a part-time faculty member at Renison University College. Her areas of teaching include Lifespan Processes, Social Work with Individuals, and Social Work with Families. At the graduate level, she has taught Reflexivity, Couples Therapy, and Integrating Theory and Practice at Wilfrid Laurier University. The main focus of Dr. Wang's research is to explore ways to incorporate attachment-informed couple relationship education into current prenatal education in order to help expectant couples build secure attachment for optimal mental health and family functioning, and to promote a smoother transition in partnering and parenting. She is the co-author of the textbook chapter on Attachment Theory in Theoretical Perspectives for Direct Social Work Practice: A Generalist-Eclectic Approach (2016).

With over 25 years of experience in the helping profession both in public sector and private practice, Dr. Wang is a skilled clinician, a certified Emotionally Focused Therapy therapist and supervisor. She is diligent in following new research findings and continues to learn cutting-edge approaches to be an effective practitioner. Her specialized areas are attachment-informed education and counselling, perinatal mental health, Adult Attachment Interview, betrayal trauma and sexual addiction, and using EMDR to treat trauma.

Dr. Wang believes in the value of relationships and their power to change lives and transform society. She is passionate about teaching that nurtures minds and empowers others to reach their potential. Dr. Wang received her PhD in Social Work and Master of Social Work degree from Wilfrid Laurier University. She earned her BSW from McMaster university and a BA in Psychology from the University of Tennessee. In her spare time, she enjoys cultural foods, nature, hiking, photo/videography and many other of life's simple joys.
Materials and Resources

Textbook(s)

Required


For textbook ordering information, please contact the [W Store | Course Materials + Supplies](#).

For your convenience, you can compile a list of required and optional course materials through [BookLook](#) using your Quest userID and password. If you are having difficulties ordering online and wish to call the Waterloo Bookstore, their phone number is +1 519-888-4673 or toll-free at +1 866-330-7933. Please be aware that textbook orders **CANNOT** be taken over the phone.

Course Reserves

Course Reserves can be accessed using the [Library Resources](#) widget on the [Course Home](#) page.

Resources

- Library services for [Co-op students on work term and students taking online courses](#)
Grade Breakdown

The following table represents the grade breakdown of this course.

<table>
<thead>
<tr>
<th>Activities and Assignments</th>
<th>Weight (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduce Yourself</td>
<td>Ungraded</td>
</tr>
<tr>
<td>Chapter Quizzes (best 15 out of 19)</td>
<td>30%</td>
</tr>
<tr>
<td>Reflective Journals (pick 5 out of 6)</td>
<td>25%</td>
</tr>
<tr>
<td>Group Portfolio Presentation</td>
<td>25%</td>
</tr>
<tr>
<td>Discussion and Peer Review</td>
<td>20%</td>
</tr>
</tbody>
</table>

Official Grades

Official Grades and Academic Standings are available through [Quest](https://quest.uwaterloo.ca).
Course and Department Policies

Course Policies

Late Policy

Please note, this course has been designed to create maximum flexibility with due dates and submissions. As such, late work will not be accepted without prior arrangements. Please reach out to the instructor as soon as you can if you are facing problems with completing required work.
University Policies

Submission Times

Please be aware that the University of Waterloo is located in the Eastern Time Zone (GMT or UTC-5 during standard time and UTC-4 during daylight saving time) and, as such, the time that your activities and/or assignments are due is based on this zone. If you are outside the Eastern Time Zone and require assistance with converting your time, please try the Ontario, Canada Time Converter.

Accommodation Due to Illness

If your instructor has provided specific procedures for you to follow if you miss assignment due dates, term tests, or a final examination, adhere to those instructions. Otherwise:

Missed Assignments/Tests/Quizzes

Contact the instructor as soon as you realize there will be a problem, and preferably within 48 hours, but no more than 72 hours, have a medical practitioner complete a Verification of Illness Form.

Email a scanned copy of the Verification of Illness Form to your instructor. In your email to the instructor, provide your name, student ID number, and exactly what course activity you missed.

Further information regarding Management of Requests for Accommodation Due to Illness can be found on the Accommodation due to illness page.

Missed Final Examinations

Your faculty determines academic accommodation; therefore we advise you to speak with your professor if you anticipate being unable to fulfill academic requirements due to illness or other
extenuating circumstances.

Further information about Examination Accommodations is available in the Undergraduate Calendar.

Academic Integrity

In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. **If you have not already completed the online tutorial regarding academic integrity you should do so as soon as possible.** Undergraduate students should see the Academic Integrity Tutorial and graduate students should see the Graduate Students and Academic Integrity website.

Proper citations are part of academic integrity. Citations in CEL course materials usually follow CEL style, which is based on APA style. Your course may follow a different style. If you are uncertain which style to use for an assignment, please confirm with your instructor or TA.

For further information on academic integrity, please visit the Office of Academic Integrity.

Turnitin

**Turnitin.com:** Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students’ submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin® in this course.

It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit the alternate assignment.

**Turnitin® at Waterloo**

Discipline

A student is expected to know what constitutes academic integrity to avoid committing an academic offence, and to take responsibility for his/her actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g.,
plagiarism, cheating) or about “rules” for group work/collaboration, should seek guidance from the course instructor, academic advisor, or the undergraduate Associate Dean. For information on categories of offences and types of penalties, students should refer to Policy 71 - Student Discipline. For typical penalties, check Guidelines for the Assessment of Penalties.

Appeals

A decision made or penalty imposed under Policy 70 - Student Petitions and Grievances, (other than a petition) or Policy 71 - Student Discipline, may be appealed if there is a ground. A student who believes he/she has a ground for an appeal should refer to Policy 72 - Student Appeals.

Grievance

A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read Policy 70 - Student Petitions and Grievances, Section 4. When in doubt please be certain to contact the department’s administrative assistant who will provide further assistance.

Final Grades

In accordance with Policy 46 - Information Management, Appendix A - Access to and Release of Student Information, the Centre for Extended Learning does not release final examination grades or final course grades to students. Students must go to Quest to see all final grades. Any grades posted in Waterloo LEARN are unofficial.

AccessAbility Services

AccessAbility Services, located in Needles Hall, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodation to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term and for each course.
Accessibility Statement

The Centre for Extended Learning strives to meet the needs of all our online learners. Our ongoing efforts to become aligned with the Accessibility for Ontarians with Disabilities Act (AODA) are guided by University of Waterloo accessibility Legislation and policy and the World Wide Web Consortium’s (W3C) Web Content Accessibility Guidelines (WCAG) 2.0. The majority of our online courses are currently delivered via the Desire2Learn Learning Environment. Learn more about Desire2Learn’s Accessibility Standards Compliance.

Use of Computing and Network Resources

Please see the Guidelines on Use of Waterloo Computing and Network Resources.

Copyright Information

UWaterloo's Web Pages

All rights, including copyright, images, slides, audio, and video components, of the content of this course are owned by the course author and the University of Waterloo, unless otherwise stated. By accessing this course, you agree that you may only download the content for your own personal, non-commercial use. You are not permitted to copy, broadcast, download, store (in any medium), transmit, show or play in public, adapt, or change in any way the content of these web pages for any other purpose whatsoever without the prior written permission of the course author and the University of Waterloo, Centre for Extended Learning.

Other Sources

Respect the copyright of others and abide by all copyright notices and regulations when using the computing facilities provided for your course of study by the University of Waterloo. No material on the Internet or World Wide Web may be reproduced or distributed in any material form or in any medium, without permission from copyright holders or their assignees. To support your course of study, the University of Waterloo has provided hypertext links to relevant websites, resources, and services on the web. These resources must be used in accordance with any registration requirements or conditions which may be specified. You must be aware that in providing such hypertext links, the University of Waterloo has not authorized any acts (including reproduction or distribution) which, if undertaken without permission of copyright owners or their assignees, may be infringement of copyright. Permission for such acts can only be granted by copyright owners or their assignees.

If there are any questions about this notice, please contact the University of Waterloo, Centre for