# Course Schedule

**IMPORTANT: ALL TIMES EASTERN**

Please see the [University Policies](#) section of your Syllabus for details.

<table>
<thead>
<tr>
<th>Week</th>
<th>Module</th>
<th>Readings</th>
<th>Activities and Assignments</th>
<th>Due Date</th>
<th>Weight (%)</th>
</tr>
</thead>
</table>
| **Week 1**  
(Jan. 6 - 12) | Module 1 – **Course Kickoff** | | **Introduce Yourself**  
Describe your interest in things you would like to learn more about via projects | Ungraded | |
| **Week 2**  
(Jan. 13 - 19) | Module 2 – **Introduction** | Chapter 1 | **Presentation** assignment:  
- Form groups of 1-4  
- Contact group members  
- Pick topics  
**Research Essay** assignment:  
- Form groups of 1-4  
- Contact group members  
- Pick topics  
(Feel free to work with different people) | Wednesday, January 15, 2020 at 11:59 PM  
Wednesday, January 15, 2020 at 11:59 PM | |
| **Week 3**  
(Jan. 20 - 26) | Module 3 – **Health** | Chapter 3 | Work on your **Presentation**  
Work on your **Research Essay** | | |
| **Week 4**  
(Jan. 27 - Feb. 2) | Module 4 – **Social Roles** | Chapter 5 | Submit your group's **Presentation** to the dropbox **and** discussion  
Work on your **Research Essay** | Sunday, February 2, 2020 at 11:59 PM  
Sunday, February 2, 2020 at 11:59 PM | 15% |
| **Week 5** | Module 5 – | Chapter 6 | Write feedback on the **Presentation** | Sunday, | |

**SDS 350R Adult Life Crises & Events**

Winter 2020  
SDS 350R Online  
University of Waterloo  
Generated by Centre for Extended Learning  
Created 11/02/2020
<table>
<thead>
<tr>
<th>Week 6 (Feb. 10 - 23)</th>
<th>Module 6 – Work Week for Essays</th>
<th>Submit your Draft Research Essay to the dropbox. Wait 30 minutes. Obtain Turnitin Similarity Report. Revise all problematic areas identified by Turnitin.</th>
<th>Preliminary Due Date: Monday, February 24, 2020 at 11:59 PM (Strongly Suggested)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 7 (Feb. 24 - Mar. 1)</td>
<td>Module 7 – Work and Retirement</td>
<td>Chapter 7</td>
<td>Finalize your Research Essay to the dropbox Sunday, March 1, 2020 at 11:59 PM 30%</td>
</tr>
<tr>
<td>Week 8 (Mar. 2 - 8)</td>
<td>Module 8 – Quest for Meaning</td>
<td>Chapters 8 and 9</td>
<td>Work on your Poster Sunday, March 15, 2020 at 11:59 PM 10%</td>
</tr>
<tr>
<td>Week 9 (Mar. 9 - 15)</td>
<td>Module 9 – Stress and Coping</td>
<td>Chapter 10</td>
<td>Submit your Poster to the dropbox and discussion Sunday, March 22, 2020 3%</td>
</tr>
<tr>
<td>Week 10 (Mar. 16 - 22)</td>
<td>Module 10 – Death and Coping</td>
<td>Chapter 11</td>
<td>Submit Reflection 2 to the dropbox Sunday, March 22, 2020 3%</td>
</tr>
</tbody>
</table>
Final Examination Arrangements and Schedule

Please carefully review the information about writing exams for online courses, including dates, locations, how to make examination arrangements, writing with a proctor, and deadlines.

If you are taking any on-campus courses, you will automatically be scheduled to write your exam on campus. No action is required.

If you are taking only online courses, do one of the following:

- If your address in QUEST is within 100 km of an examination centre, you must choose an exam centre in Quest by the end of the second week of term. This must be done each term.
- If your address in Quest is more than 100 km from an exam centre, you must arrange for a proctor. Please review the guidelines and deadlines for writing with a proctor. This must be done each term.

Your online course exam schedule will be available in Quest approximately four weeks before your exam date(s). Instructions on how to find your schedule are posted on the Quest Help page.

University of Waterloo Senate-approved academic regulations related to assignments, tests, and final exams can be found on the Registrar’s website.
Official Grades and Course Access

Official Grades and Academic Standings are available through [Quest](#).

Your access to this course will continue for the duration of the current term. You will not have access to this course once the next term begins.
Announcements

Your instructor uses the **Announcements** widget on the **Course Home** page during the term to communicate new or changing information regarding due dates, instructor absence, etc., as needed. You are expected to read the announcements on a regular basis.

To ensure you are viewing the complete list of announcements, you may need to click **Show All Announcements**.

Discussions

A **General Discussion** topic* has also been made available to allow students to communicate with peers in the course. Your instructor may drop in at this discussion topic.

Contact Us

<table>
<thead>
<tr>
<th>Who and Why</th>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Instructor and TA</strong></td>
<td></td>
</tr>
<tr>
<td>- Course-related questions (e.g., course content, deadlines, assignments, etc.)</td>
<td></td>
</tr>
<tr>
<td>- Questions of a personal nature</td>
<td></td>
</tr>
<tr>
<td><strong>Post your course-related questions</strong> to the <a href="#">Ask the Instructor</a> discussion topic*. This allows other students to benefit from your question as well.</td>
<td></td>
</tr>
<tr>
<td><strong>Questions of a personal nature</strong> can be directed to your instructor.</td>
<td></td>
</tr>
<tr>
<td><strong>Instructor:</strong> Dr. Sharon Roberts <a href="mailto:serobert@uwaterloo.ca">serobert@uwaterloo.ca</a> +1 519-888-4567 ext. 28676 (If you can't reach Dr. Roberts, leave a message or send an email to arrange a time for a phone call.)</td>
<td></td>
</tr>
<tr>
<td><strong>TA:</strong> Chelsea Davies-Kneis <a href="mailto:cb2davieskneis@uwaterloo.ca">cb2davieskneis@uwaterloo.ca</a></td>
<td></td>
</tr>
<tr>
<td>Your instructor and TA check email and the <a href="#">Ask the Instructor</a> discussion topic* frequently and will make every effort to reply to your questions within 24–48 hours, Monday to Friday.</td>
<td></td>
</tr>
</tbody>
</table>
### Technical Support

**Centre for Extended Learning**

- Technical problems with Waterloo LEARN

[learnhelp@uwaterloo.ca](mailto:learnhelp@uwaterloo.ca)

Include your full name, WatIAM user ID, student number, and course name and number.

Technical support is available during regular business hours, Monday to Friday, 8:30 AM to 4:30 PM (Eastern Time).

[LEARN Help Student Documentation](#)

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### Learner Support Services

**Centre for Extended Learning**

- General inquiries
- WatCards (Student ID Cards)
- Examination information

[Student Resources](mailto:extendedlearning@uwaterloo.ca)

+1 519-888-4002

Include your full name, WatIAM user ID, student number, and course name and number.

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*Discussion topics can be accessed by clicking **Connect** and then **Discussions** on the course navigation bar above.*
Course Description and Objectives

Description

This course will examine interdisciplinary ways of understanding normal development in adulthood. We will examine a range of theories related to theory and research, health, social roles, work, deriving meaning in life, stress and coping, and death and bereavement. Our purpose is to understand what happens during the adult years and the psychological and sociological contexts in which these events take place.

Objectives

At the course’s conclusion, you will be able to

- describe the events, transitions, and development that affect adult development;
- explain and discuss concepts of adult development;
- apply your research skills to describe and present information related to transitions and events in adulthood;
- better understand the social services that are available to assist with the challenges of adulthood;
- explore your passions within the contexts of academia and the “real” world;
- critically examine your own world through a theoretical lens; and
- raise consciousness about our social world—the role we play and the opportunity it affords us to contribute.

A Message From Your Instructor
This online course was developed by Dr. Sharon Roberts, with instructional design and multimedia development support provided by the Centre for Extended Learning. Further media production was provided by Instructional Technologies and Multimedia Services.
Sharon Roberts is an Associate Professor at Renison University College at the University of Waterloo. She received her PhD from the University of Western Ontario. Sharon has an interdisciplinary background with degrees in sociology and psychology, a certificate in program and policy evaluation, and a diverse research background that spans multiple methodologies and areas such as identity and the transition to adulthood, eating disorders, furries, risk taking in adolescence, and mixed-method evaluation of primary healthcare.

She is currently a co-investigator working on the mixed-method evaluation of the Quality Improvement & Innovation Partnership (QIIP) project (collaborating with Western and Queen's), is working as a co-principal investigator on the International Anthropomorphic Research Project, and a cross-cultural study of Identity Horizons with colleagues from Ontario, Miami, and Japan. Sharon currently teaches Introduction to Sociology, Deviance, Research Methods, and Adult Life Crisis and Events.

In her volunteer work, Sharon was a member of the board of directors at Hope’s Garden Eating Disorders Support and Resource Centre in London (2006-12). She is currently a board member and the Vice President of the Eating Disorders Foundation of Canada (since 2008). In her spare time, Sharon enjoys taking acoustic drum lessons from her hubby who is a professional musician.
Materials and Resources

Textbook

Required


For textbook ordering information, please contact the W Store | Course Materials + Supplies.

For your convenience, you can compile a list of required and optional course materials through BookLook using your Quest userID and password. If you are having difficulties ordering online and wish to call the Waterloo Bookstore, their phone number is +1 519-888-4673 or toll-free at +1 866-330-7933. Please be aware that textbook orders CANNOT be taken over the phone.

Resources

- Library services for Co-op students on work term and Extended Learning students
The following table represents the grade breakdown of this course.

<table>
<thead>
<tr>
<th>Activities and Assignments</th>
<th>Weight (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduce Yourself</td>
<td>Ungraded</td>
</tr>
<tr>
<td>Presentation (Groups of 1-4)</td>
<td>15%</td>
</tr>
<tr>
<td>Reflection 1 (Individual)</td>
<td>3%</td>
</tr>
<tr>
<td>Research Essay (Groups of 1-4)</td>
<td>30%</td>
</tr>
<tr>
<td>Poster (Individual or group of 2)</td>
<td>10%</td>
</tr>
<tr>
<td>Reflection 2 (Individual)</td>
<td>3%</td>
</tr>
<tr>
<td>Nuggets of Wisdom (Individual)</td>
<td>3%</td>
</tr>
<tr>
<td>Reflection 3 (Individual)</td>
<td>3%</td>
</tr>
<tr>
<td>Final Examination (Individual)</td>
<td>33%</td>
</tr>
</tbody>
</table>
Course Policies

Late Assignments

Late assignments will be deducted 3% per day including weekends.
Submission Times

Please be aware that the University of Waterloo is located in the Eastern Time Zone (GMT or UTC-5 during standard time and UTC-4 during daylight saving time) and, as such, the time that your activities and/or assignments are due is based on this zone. If you are outside the Eastern Time Zone and require assistance with converting your time, please try the Ontario, Canada Time Converter.

Accommodation Due to Illness

If your instructor has provided specific procedures for you to follow if you miss assignment due dates, term tests, or a final examination, adhere to those instructions. Otherwise:

Missed Assignments/Tests/Quizzes

Contact the instructor as soon as you realize there will be a problem, and preferably within 48 hours, but no more than 72 hours, have a medical practitioner complete a Verification of Illness Form.

Email a scanned copy of the Verification of Illness Form to your instructor. In your email to the instructor, provide your name, student ID number, and exactly what course activity you missed.

Further information regarding Management of Requests for Accommodation Due to Illness can be found on the Accommodation due to illness page.

Missed Final Examinations

If this course has a final exam and if you are unable to write a final examination due to illness, seek medical treatment and have a medical practitioner complete a Verification of Illness Form. Email a scanned copy to the Centre for Extended Learning (CEL) at extendedlearning@uwaterloo.ca within 48 hours of your missed exam. Make sure you include your name, student ID number, and the exam(s) missed. You will be REQUIRED to hand in the original completed form before you write the make-up examination.

After your completed Verification of Illness Form has been received and processed, you will be emailed
your alternate exam date and time. This can take up to 2 business days. If you are within 150 km of Waterloo you should be prepared to write in Waterloo on the additional CEL exam dates. If you live outside the 150 km radius, CEL will work with you to make suitable arrangements.

Further information about Examination Accommodation Due to Illness regulations is available in the Undergraduate Calendar.

Academic Integrity

In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. If you have not already completed the online tutorial regarding academic integrity you should do so as soon as possible. Undergraduate students should see the Academic Integrity Tutorial and graduate students should see the Graduate Students and Academic Integrity website.

Proper citations are part of academic integrity. Citations in CEL course materials usually follow CEL style, which is based on APA style. Your course may follow a different style. If you are uncertain which style to use for an assignment, please confirm with your instructor or TA.

For further information on academic integrity, please visit the Office of Academic Integrity.

Turnitin

Turnitin.com: Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students’ submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin® in this course.

It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit the alternate assignment.

Turnitin® at Waterloo
Discipline

A student is expected to know what constitutes academic integrity to avoid committing an academic offence, and to take responsibility for his/her actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration, should seek guidance from the course instructor, academic advisor, or the undergraduate Associate Dean. For information on categories of offences and types of penalties, students should refer to Policy 71 - Student Discipline. For typical penalties, check Guidelines for the Assessment of Penalties.

Appeals

A decision made or penalty imposed under Policy 70 - Student Petitions and Grievances, (other than a petition) or Policy 71 - Student Discipline, may be appealed if there is a ground. A student who believes he/she has a ground for an appeal should refer to Policy 72 - Student Appeals.

Grievance

A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read Policy 70 - Student Petitions and Grievances, Section 4. When in doubt please be certain to contact the department’s administrative assistant who will provide further assistance.

Final Grades

In accordance with Policy 46 - Information Management, Appendix A - Access to and Release of Student Information, the Centre for Extended Learning does not release final examination grades or final course grades to students. Students must go to Quest to see all final grades. Any grades posted in Waterloo LEARN are unofficial.
AccessAbility Services, located in Needles Hall, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodation to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term and for each course.

Accessibility Statement

The Centre for Extended Learning strives to meet the needs of all our online learners. Our ongoing efforts to become aligned with the Accessibility for Ontarians with Disabilities Act (AODA) are guided by University of Waterloo accessibility Legislation and policy and the World Wide Web Consortium's (W3C) Web Content Accessibility Guidelines (WCAG) 2.0. The majority of our online courses are currently delivered via the Desire2Learn Learning Environment. Learn more about Desire2Learn’s Accessibility Standards Compliance.

Use of Computing and Network Resources

Please see the Guidelines on Use of Waterloo Computing and Network Resources.

Copyright Information

UWaterloo's Web Pages

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If there are any questions about this notice, please contact the University of Waterloo, Centre for Extended Learning, Waterloo, Ontario, Canada, N2L 3G1 or extendedlearning@uwaterloo.ca.