SDS 350R Adult Life Crises & Events

Course Schedule

IMPORTANT: ALL TIMES EASTERN
Please see the [University Policies](#) section of your Syllabus for details.

Week	Module	Readings	Activities and Assignments	Due Date	Weight (%)
Week 1 (Sept. 8 - 13)	Module 1 – [Course Kickoff](#)		[Introduce Yourself](#) Describe your interest in things you would like to learn more about via projects		Ungraded
Week 2 (Sept. 14 - 20)	Module 2 – [Introduction](#)	Chapter 1	[Presentation](#) assignment: • Form groups of 1-4 • Contact group members • Pick topics	Wednesday, September 16, 2020 at 11:59 PM	
			[Research Essay](#) assignment: • Form groups of 1-4 • Contact group members • Pick topics (Feel free to work with different people)	Wednesday, September 16, 2020 at 11:59 PM	
Week 3 (Sept. 21 - 27)	Module 3 – [Health](#)	Chapter 3	Work on your [Presentation](#)		
			Work on your [Research Essay](#)		
Week 4 (Sept. 28 - Oct. 4)	Module 4 – [Social Roles](#)	Chapter 5	Submit your group's [Presentation](#) to the dropbox **and** discussion	Sunday, October 4, 2020 at 11:59 PM	15%
			Work on your [Research Essay](#)		
Week 5	Module 5 –	Chapter 6	Write feedback on the	Friday, October

(Oct. 5 - 9)	Social Relationships		Presentation of other groups. Please try to ensure that everyone receives peer feedback. Be responsible with your comments. Be constructive.	9, 2020 at 11:59 PM	
			Submit Reflection 1 to the dropbox	Friday, October 9, 2020 at 11:59 PM	3%
			Work on your Research Essay		
Reading Week (Saturday, October 10, 2020 to Sunday, October 18, 2020)					
Week 6 (Oct. 19 - 25)	Module 6 – Work Week for Essays		Submit your **Draft Research Essay** to the dropbox. Wait 30 minutes. Obtain Turnitin Similarity Report. Revise all problematic areas identified by Turnitin.	Preliminary Due Date: Sunday, October 25, 2020 at 11:59 PM (Strongly Suggested)	
Week 7 (Oct. 26 - Nov. 1)	Module 7 – Work and Retirement	Chapter 7	Finalize your Research Essay		
			Submit your **Final Research Essay** to the dropbox	Sunday, November 1, 2020 at 11:59 PM	30%
			Poster assignment: • Form groups of 1-2 • Contact group members • Pick agency	Sunday, November 1, 2020 at 11:59 PM	
Week 8 (Nov. 2 - 8)	Module 8 – Quest for Meaning	Chapters 8 and 9	Work on your Poster		
Week 9 (Nov. 9 - 15)	Module 9 – Stress and Coping	Chapter 10	Submit your Poster to the dropbox **and** discussion	Sunday, November 15, 2020 at 11:59 PM	10%
Week 10 (Nov. 16 - 22)	Module 10 – Death and	Chapter 11	Submit Reflection 2 to the dropbox	Sunday, November 22,	3%

	[Bereavement](#)			2020 at 11:59 PM	
			Write feedback on the [Poster](#) of other groups.	Sunday, November 22, 2020 at 11:59 PM	
Week 11 (Nov. 23 - 29)	Module 11 – [The Final Journey](#)	Chapter 12	Submit your [Nuggets of Wisdom](#) to the discussion. Video submissions are welcome, as are artwork pieces, etc.	Sunday, November 29, 2020 at 11:59 PM	3%
Week 12 (Nov. 30 - Dec. 6)	Module 12 – [Loose Ends](#)		Submit [Reflection 3](#) to the dropbox	Monday, December 7, 2020 at 11:59 PM	3%
			Prepare for [Final Test](#)		33%

Final Test

Information about final exams can be found on the [Final examination schedule](#) page on the Registrar's website, and their [Important dates](#) page outlines the final examination periods for this term and the following two terms.

Official Grades and Course Access

Official Grades and Academic Standings are available through [Quest](#).

Your access to this course will continue for the duration of the current term. You will not have access to this course once the next term begins.

Contact Information

Announcements

Your instructor uses the **Announcements** widget on the **Course Home** page during the term to communicate new or changing information regarding due dates, instructor absence, etc., as needed. You are expected to read the announcements on a regular basis.

To ensure you are viewing the complete list of announcements, you may need to click **Show All Announcements**.

Discussions

A [General Discussion](#) topic* has also been made available to allow students to communicate with peers in the course. Your instructor may drop in at this discussion topic.

Contact Us

Who and Why	Contact Details
Instructor and TA • Course-related questions (e.g., course content, deadlines, assignments, etc.) • Questions of a personal nature	**Post your course-related questions** to the [Ask the Instructor](#) discussion topic*. This allows other students to benefit from your question as well. **Questions of a personal nature** can be directed to your instructor. **Instructor:** Dr. Sharon Roberts serobert@uwaterloo.ca +1 519-888-4567 ext. 28676 (If you can't reach Dr. Roberts, leave a message or send an email to arrange a time for a phone call.) **TA**: TBA @uwaterloo.ca Your instructor and TA check email and the [Ask the Instructor](#) discussion topic* frequently and will make every effort to reply to your questions within 24–48 hours, Monday to Friday.
Technical Support, Centre for Extended Learning • Technical problems with Waterloo LEARN	learnhelp@uwaterloo.ca Include your full name, WatIAM user ID, student number, and course name and number.

	Technical support is available during regular business hours, Monday to Friday, 8:30 AM to 4:30 PM (Eastern Time). LEARN Help Student Documentation
Learner Support Services, Centre for Extended Learning • General inquiries • WatCards (Student ID Cards) • Examination information	Student Resources extendedlearning@uwaterloo.ca +1 519-888-4002 Include your full name, WatIAM user ID, student number, and course name and number.

*Discussion topics can be accessed by clicking **Connect** and then **Discussions** on the course navigation bar above.

Course Description and Objectives

Description

This course will examine interdisciplinary ways of understanding normal development in adulthood. We will examine a range of theories related to theory and research, health, social roles, work, deriving meaning in life, stress and coping, and death and bereavement. Our purpose is to understand what happens during the adult years and the psychological and sociological contexts in which these events take place.

Objectives

At the course's conclusion, you will be able to

- describe the events, transitions, and development that affect adult development;
- explain and discuss concepts of adult development;
- apply your research skills to describe and present information related to transitions and events in adulthood;

better understand the social services that are available to assist with the challenges of adulthood;

- explore your passions within the contexts of academia and the "real" world;
- critically examine your own world through a theoretical lens; and
- raise consciousness about our social world—the role we play and the opportunity it affords us to contribute.

A Message From Your Instructor

This online course was developed by Dr. Sharon Roberts, with instructional design and multimedia development support provided by the Centre for Extended Learning. Further media production was provided by Instructional Technologies and Multimedia Services.

About the Course Author

Course Author

Dr. Sharon Roberts

Sharon Roberts is an Associate Professor at Renison University College at the University of Waterloo. She received her PhD from the University of Western Ontario. Sharon has an interdisciplinary background with degrees in sociology and psychology, a certificate in program and policy evaluation, and a diverse research background that spans multiple methodologies and areas such as identity and the transition to adulthood, eating disorders, furries, risk taking in adolescence, and mixed-method evaluation of primary healthcare.

She is currently a co-investigator working on the mixed-method evaluation of the Quality Improvement & Innovation Partnership (QIIP) project (collaborating with Western and Queen's), is working as a co-principal investigator on the International Anthropomorphic Research Project, and a cross-cultural study of Identity Horizons with colleagues from Ontario, Miami, and Japan. Sharon currently teaches Introduction to Sociology, Deviance, Research Methods, and Adult Life Crisis and Events.

In her volunteer work, Sharon was a member of the board of directors at Hope's Garden Eating Disorders Support and Resource Centre in London (2006-12). She is currently a board member and the Vice President of the Eating Disorders Foundation of Canada (since 2008). In her spare time, Sharon enjoys taking acoustic drum lessons from her hubby who is a professional musician.

Materials and Resources

Textbook

Required

1. *The Journey of Adulthood*, 9th edition, Barbara R.Bjorklund, Pearson Education, 2019.

For textbook ordering information, please contact the [W Store | Course Materials + Supplies](#).

For your convenience, you can compile a list of required and optional course materials through [BookLook](#) using your Quest userID and password. If you are having difficulties ordering online and wish to call the Waterloo Bookstore, their phone number is +1 519-888-4673 or toll-free at +1 866-330-7933. Please be aware that textbook orders **CANNOT** be taken over the phone.

Resources

- Library services for [Co-op students on work term and Extended Learning students](#)

Grade Breakdown

The following table represents the grade breakdown of this course.

Activities and Assignments	Weight (%)
Introduce Yourself	Ungraded
Presentation (Groups of 1-4)	15%
Reflection 1 (Individual)	3%
Research Essay (Groups of 1-4)	30%
Poster (Individual or group of 2)	10%
Reflection 2 (Individual)	3%
Nuggets of Wisdom (Individual)	3%
Reflection 3 (Individual)	3%
Final Test (Individual)	33%

Course Policies

Late Assignments

Late assignments will be deducted 3% per day including weekends.

Submission Times

Please be aware that the University of Waterloo is located in the **Eastern Time Zone** (GMT or UTC-5 during standard time and UTC-4 during daylight saving time) and, as such, the time that your activities and/or assignments are due is based on this zone. If you are outside the Eastern Time Zone and require assistance with converting your time, please try the [Ontario, Canada Time Converter](#).

Accommodation Due to Illness

If your instructor has provided specific procedures for you to follow if you miss assignment due dates, term tests, or a final examination, adhere to those instructions. Otherwise:

Missed Assignments/Tests/Quizzes

Contact the instructor as soon as you realize there will be a problem, and preferably within 48 hours, but no more than 72 hours, have a medical practitioner complete a [Verification of Illness Form](#).

Email a scanned copy of the Verification of Illness Form to your instructor. In your email to the instructor, provide your name, student ID number, and exactly what course activity you missed.

Further information regarding Management of Requests for Accommodation Due to Illness can be found on the [Accommodation due to illness](#) page.

Missed Final Examinations

Your faculty determines academic accommodation; therefore we advise you to speak with your professor if you anticipate being unable to fulfill academic requirements due to illness or other extenuating circumstances.

Further information about Examination [Accommodations](#) is available in the Undergraduate Calendar.

Academic Integrity

In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. **If you have not already completed the online tutorial regarding academic integrity you should do so as soon as possible.** Undergraduate students should see the [Academic Integrity Tutorial](#) and graduate students should see the [Graduate Students and Academic Integrity](#) website.

Proper citations are part of academic integrity. Citations in CEL course materials usually follow CEL style,

which is based on APA style. Your course may follow a different style. If you are uncertain which style to use for an assignment, please confirm with your instructor or TA.

For further information on academic integrity, please visit the [Office of Academic Integrity](#).

Turnitin

Turnitin.com: Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students' submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin® in this course.

It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit the alternate assignment.

[Turnitin® at Waterloo](#)

Discipline

A student is expected to know what constitutes [academic integrity](#) to avoid committing an academic offence, and to take responsibility for his/her actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about "rules" for group work/collaboration, should seek guidance from the course instructor, academic advisor, or the undergraduate Associate Dean. For information on categories of offences and types of penalties, students should refer to [Policy 71 - Student Discipline](#). For typical penalties, check [Guidelines for the Assessment of Penalties](#).

Appeals

A decision made or penalty imposed under [Policy 70 - Student Petitions and Grievances](#), (other than a petition) or [Policy 71 - Student Discipline](#), may be appealed if there is a ground. A student who believes he/she has a ground for an appeal should refer to [Policy 72 - Student Appeals](#).

Grievance

A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read Policy 70 - Student Petitions and Grievances, Section 4. When in doubt please be certain to contact the department's administrative assistant who will provide further assistance.

Final Grades

In accordance with Policy 46 - Information Management, Appendix A - Access to and Release of Student Information, the Centre for Extended Learning does not release final examination grades or final course grades to students. Students must go to Quest to see all final grades. Any grades posted in Waterloo LEARN are unofficial.

AccessAbility Services

AccessAbility Services, located in Needles Hall, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodation to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term and for each course.

Accessibility Statement

The Centre for Extended Learning strives to meet the needs of all our online learners. Our ongoing efforts to become aligned with the Accessibility for Ontarians with Disabilities Act (AODA) are guided by University of Waterloo accessibility Legislation and policy and the World Wide Web Consortium's (W3C) Web Content Accessibility Guidelines (WCAG) 2.0. The majority of our online courses are currently delivered via the Desire2Learn Learning Environment. Learn more about Desire2Learn's Accessibility Standards Compliance.

Use of Computing and Network Resources

Please see the [Guidelines on Use of Waterloo Computing and Network Resources](#).

Copyright Information

UWaterloo's Web Pages

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Other Sources

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If there are any questions about this notice, please contact the University of Waterloo, Centre for Extended Learning, Waterloo, Ontario, Canada, N2L 3G1 or extendedlearning@uwaterloo.ca.